Editor's Note

Good Gentles,

This latest incarnation of our dance manual includes the following additional dances: Chirintana, Fia Guielmina, Fulgente Stella, Merry Merry Milk Maids, Petite Rose, Spanish Jeepsie, and Verçepe. Corrections were made to other dances.

A time signature is listed for each dance near the title of the dance as follows == In 4 ==. The right margin of the dance description lists the number of measures per step or group of steps. For example, in a dance that is == In 4 ==, a 2 at the right margin means that it takes 8 counts to do the step. The editors do not guarantee the accuracy of these signatures – if you notice errors, please send corrections to one of the e-mail addresses listed below.

In an effort to conserve space, but minimize splitting a dance between 2 pages, the dances in each category are not always in precise alphabetical order. Please consult the index if you have trouble finding a particular title. The Almans are listed in the order that the old measures are commonly danced when danced as a set.

In the index, we distinguish the reconstructor of a dance from the choreographer of a dance by placing a "/" in front of the choreographer. In the main text, we list the date and/or source and not necessarily the choreographer.

An online version of the Terpsichore dance manual is available online at our website: www.cynnabar.org/downloads.

Our heartfelt thanks to Mistress Rosina del Bosco Chiaro for her editorial review. A big thank you once again to Llewellyn the Useful who handles the technical aspects of publication every year, both for the print and online versions. Thanks also to all who have submitted comments and corrections - your feedback is much appreciated.

If any errors or variations are noticed in this editionof the book please contact Alina of Foxwood via e-mail at elainec@comcast.net or Midair MacCormaic at charles@umich.edu & we will try to correct them in future versions.

Many Thanks,
The Barony of Cynnabar

Standard Abbreviations

Clockwise	CW
Counter Clockwise	CCW
Left	L
Right	R
Couple	C
Lady	Ly
Lord	Ld

Pavannes

Belle Qui (Carolingian) Pavanne **(adapted from Arbeau 1589)**
(Couples in a line) **== In 4 ==**

L pavanne set fwd; R pavanne set fwd; L set fwd; R set backwd	2;2;2;2
Ly circles Ld using a L pavanne set; R pavanne set	2;2
Ld circles the Ly using a L pavanne set; R pavanne set	2;2

Earl of Salisbury Pavanne **(Mabel Dolmetch, 20th C)**
(Couples in a line) **== In 4 ==**

L pavanne set forward	2
Bransle [apart & together]; R double backward	1;1
L pavanne set forward [end facing with hands joined]	2
Bransle [up the line & back]; R double backward [away from partner]	1;1
L pavanne set [toward partner, pass R shoulders, end back to back]	2
R & L single [turning to face partner]; R double backward	1;1
L pavanne set forward [join both hands & turn, switching places]	2
Bransle [up the line & back, then face front]; R double backward	1;1

Le Loup Courant Pavanne **(SCA Choreography)**
(Couples in a line) **== In 4 ==**

V1	Rev; L pavanne set	2;2
	Lds P set away from partner; Lys P set to partner, all face down	2;2
	P set fwd & out 45º; P set fwd & in 45º & face partner	2;2
	P set back from partner; P set togeter & face fwd	2;2
	Lys P set fwd; Lds P set fwd	2;2
V2	2 P sets fwd & face; Lys P set away; Lds P set to partner, all face down	4;2;2
	P set fwd & out 45º; P set fwd & in 45º & face partner	2;2
	P set back from partner; P set togeter & face fwd	2;2
	Lds P set fwd; Lys P set fwd	2;2
V3	2 P sets fwd & face; Lds P set away; Lys P set to partner, all face down	4;2;2
	P set fwd & out 45º; P set fwd & in 45º & face partner	2;2
	P set back from partner; P set togeter & face fwd	2;2
	Lys P set fwd; Lds P set fwd in front of Ly & take hand; Rev	2;2;2

Minute Pavanne **(SCA Choreography)**
(Line of Couples) **== In 4 ==**

(facing ptnr) Step L& close; R & close; Switch CW in Double L (2x)	½;½;1 (2x)
Lds Rev; Lys Rev; (facing fwd) Double fwd & back	1;1;2
Lds Double fwd; Lys Double fwd; (face) Lds turn single; Lys turn single	1;1;1;1
Step L&close; R & close; Rev	½;½;1

Pavanne steps

A pavanne single is a step & close. A pavanne double is 3 steps & close.
A pavanne set is two singles & a double, starting alternating L & R.
A bransle is usually a step apart & together, unless otherwise noted.

Quadran Pavanne **(1570 - 1700)**
(Couples in a line) **== in 4 ==**

Sideways 1 single L; Sideways 1 single R; Double L forward	½;½ ;1
Sideways 1 single R; Sideways 1 single L; Double R backward	½;½ ;1

Possible Variation: first repeat face forward, second repeat face partner

Turkelone **(1570 – 1630)**
(Couples in a line) **== in 4 ==**

[2x] - Set L&R; Double L fwd; Double R back	1;1;1
[4x] - Double L fwd; Double R back	1;1

Earl of Essex Measure **(1570 - 1630)**
(Couples in a line) **== in 6 ==**

[4x] - Double L forward; Single R back	1;½ [4x]
Slow side L; Slow side R	1;1
Double L forward; Double R back	1;½

Tinternell **(1570 – 1630)**
(Couples in a line) **== in 4 ==**

Double L fwd; Double R back	1;1
Take R hands & Circle CW: Singles L&R, Double L	1;1
Take L hands & Circle CCW; Singles R&L; Double R	1;1
[3x] - Double L fwd; Double R back	1;1
As above, Take R hands & Circle CW; Take L hands & Circle CCW	2;2

Old Alman **(1570)**
(Couples in a line) **== in 4 ==**

Doubles LRLR fwd; Take 2 hands & circle CW: Singles L&R; Double L	4;1;1
Circle CCW: Singles R&L; Double R	1;1

Queen's Alman **(1650 - 1700)**
(Couples in a line) **== in 4 ==**

Doubles LRLR fwd	4
Double L forward; Double R backward (end facing partner)	1;1
Step L, Step R, Circle LRL (end facing forward)	2
Double R forward; Double L backward (end facing partner)	1;1
Step R, Step L, Circle RLR (end facing forward)	2

Madam Sosilia's Alman **(1650 - 1700)**
(Couples in a line) **== in 4 ==**

[2x] - L single; R single; L double; R single back	½;½;1;½
[2x] - [face partner] Step L; step R; reverance L	½;½;1
[switching places] Single L; single R; double L turning to face	½;½;1
Reverance R; single R; single L; embrace	½;½;½;½

Black Alman	**(1650 - 1700)**
(Couples in a line)	**== in 4 ==**
4 alman doubles, beginning with L [end facing partner]	4
L double backing away from partner; R double toward partner	1;1
[turn to own L] L double away from partner	1
[turn around] R double toward partner	1
Lds step L, step R; circle LRL; Lys step L, step R; circle LRL	1;1;1;1
[take hands with partner] L double switching places; 4 slides up the hall	1;1
L double switching places; 4 slides down the hall	1;1
L double backing away from partner; R double toward partner	1;1

Lady Layton's Measure	**(1570)**
(Couples in a line)	**== in 6 ==**
Honour; Fwd a Double; 2 Singles L; Back a Double	2;2;2;2
2 Singles Fwd & a quick Double Back diagonally R; That again by the L	2;2
[4x] - Slow Single Fwd & Quick Double back	2

Lorayne Alman	**(1570)**
(Couples in a line)	**== in 4 ==**
4 doubles with a hop fwd; beginning with L	4
[2x] - Double L forward; Double R back;	1;1
Double L forward; Double R circling away	1;1 (2x)

New Alman	**(1570)**
(Couples in a line)	**== in 4 ==**
4 doubles with a hop fwd; beginning with L [end facing partner]	4
Step L; Step R; Circle LRL; Step R; Step L; Circle RLR; reverance	½;½ ;1;½;½ ;1;1
Lds step L; Lys step L; All L double forward switching places	½;½ ;1
Lys step R; Lds step R; All R double forward switching places	½;½ ;1

Alman Steps
Alman Single - step & pause, with non-leading foot raised.
Alman Double - 3 steps & pause, with non-leading foot raised.

Bransles **(Arbeau)**

Aridan	**(1589)**
(Circle)	**== In 4 ==**
[2x] Double L; Kick LRL	1;1[2x]
[2x] Double L; Singles RLR; Double L; Kick LR; Double R	1;1;1;1;1
(DOUBLETIME) Double L, kick across, Single R, kick, pause	1[2x]

Burgundian	**(1589)**
(Circle)	**== In 4 ==**
Double L; kick R; Double R; kick L	1;½; 1;½

Candlestick (Torch) **(1589)**
(Lds w/ Candles, and Lys along edge of floor) **== In 4 ==**
Lds 8 Alman Doubles (start L) to find a partner 8
Ld 4 Alman Singles (8 in some recorded music) to approach partner 2
Repeat Alman Doubles & Singles, dancing w/ partner 8;2
Repeat, Ly takes torch and finds another partner 8;2

Cassandra **(1589)**
(Circle) **== In 4 ==**
[2x] - Double L&R; [2x] - Double L&R; Single L; Double R 2 [2x]; 21;½;1 [2x]

Charlotte **(1589)**
(Circle) **== In 4 ==**
[2x] - Double L; Kick LR; Double R 1;½;1[2x]
Double L; Kick LR; Single R; Kick LRL 1;½;½;1
Single L; Kick RLR; Double R ½;1;1

Clogs' **(1589)**
(Couples in a line or circle) **== In 2 ==**
[2x] - Double L; Double R 2;2[2x]
Single L, Single R; Lds tap R foot 3 times 2; 1½
Single L, Single R; Lys tap R foot 3 times 2; 1½

Double **(1589)**
(Circle) **== In 4 ==**
Double L; Double R; Double L; Single R; Kick LRL 1;1;1;1;1

Hermit's Bransle **(1589)**
(Circle) **== In 4 ==**
[2x] Double L&R; 2[2x]
[2x] (1/2 turn CCW) Kick RLR, feet together 1
(w/ arms crossed & bowing head) Tap toes RLR, feet together 1[2x]

Horses' **(1589)**
(Couple holding both hands with each other) **== In 2 ==**
[4x] - Double L; Double R (done by both Ld & Ly alike) 2;2 [4x]
Ld tapR foot 2x, Single R; TurnL (CCW) w/ Double L; Lys same 2;2;4

Maltese (Bransle de Malte) **(Arbeau 1589)**
(Circle) **== In 4 ==**
[2x] - Double L; Single R 1;½[2x]
(moving into the circle) slow singles L&R; fast Singles LRL, kick R ½;½
(turning & moving out of the circle) single R, kick L, single L, kick R 1
(turning to face into the circle) kick LRL, feet together ½
A caller may indicate actions for the dancers to do as they go in and out of the circle.

Michelaine **(SCA Choreography)**
(Line) **== In 4 ==**
[4x] - Double L; Kick LRL, hop 1;1[4x]
Double L, fast Double R, Double L&R, fast Double L, Double R 1;½;2;½;1

Montard **(1589)**
(Line of 4 people side by side) **== In 4 ==**
8 singles L (Lmost person weaves through after first time) 4
1st person turns in 4 kicks; 2nd , does same followed by 3rd & 4th 1;1;1;1

Official **(1589)**
(Circle of couples) **== In 4 ==**
[2x] - Double L&R (jumping jack style); 6 Singles L (jumping jack style) 2;3
Kick LR, Lds Lift Lys (no tossing, an assisted lift that stays in place) 1

Pease **(1589)**
(Circle of couples) **== In 4 ==**
[2x] Double L; Double R (2x) 1;1[2x]
Lds hop, Lys hop; Lds step L & hop 3x; Lys hop, Lds hop; Lys step L & hop 3x 1;1;1;1

Pinagay **(1589)**
(Circle) **== In 4 ==**
Double L; Kick L; Double L; Kick LRL; Double L; Double R 1;¼; 1;¾; 1;1

Poitou **(1589)**
(Circle) **== In 9 ==**
4 slow kicks beginning R; 4 fast kicks begin R, pause. Note: always moves L 4/3;2/3
Alt: 3 slow kicks (RLR); 7 fast kicks beginning L, pause. Note: always moves L 1;1

SCA Maltese (Turkish Bransle)) **(SCA Choreography)**
(Circle) **== In 4 ==**
[2x] - Double L&R; Snap as go in sideways & Clap 3x; repeat going out 2[2x];;1;1

Scottish/Escosse **(1589)**
(Circle) **== In 4 ==**
[2x] - Double L& R; Single L&R 2;1 [2x]
Double L; Single RL; Double RL; Single R; Kick LR; Saut & Capriole 1;1;2;½ ;1;½

Simple **(1589)**
(Circle) **== In 4 ==**
Double L; Single R. Repeat until end of music 1;½

Single **(1589)**
(Circle) **== In 4 ==**
Double L; Single R; Double L; Kick LRL 1;1;1;1

Bransles (Arbeau)

Trihory of Brittany **(1589)**
(Circle) **== In 4 ==**

Version 1: Double L, end w/ kick L; Spring L, feet together, kick LRL	1;1
V2: Double L, end w/kick L; Spring L, feet together, on toes point heels RLR raising L foot on the last point	1;1

Repeat either version until end of music or alternate between them

War **(1589)**
(Circle) **== In 4 ==**

[4x] - Double L; Double R	1;1 [4x]
(fast) Dl; Dr; Sl, Sr; Dl; Sr, Sl; Dr; Sl, Kick LRL, Capriole	1;1;1;1;1;1;½,1,½

Washer Woman's **(1589)**
(Circle of couples) **== In 4 ==**

[2x] - Double L; Double R	1;1 [2x]
(face partner) Singles L&R (Ld scolding); Singles L & R (Ly scolding)	1;1
(face center) Double L (clapping); Double R	1;1
Double L (clapping); Kick LRL (turning CCW); Saut Majeur	1;1;1

Steps

Single	step sideways & close.
Double	2 singles
Capriole	a small jump, kicking the feet back & forth
Saut	leap – end with feet together

Basse Dances – Burgundian/French

Bayonne **(Toulouze 1488)**
(Couples in a line) **== In 3 ==**

Reverance; Bransle L	1;1
Singles L&R; Doubles L R L; Singes R&L; Desmarches R L R; Bransle L	1;3;1;3;1
Singles L&R; Double L; Singles R&L; Desmarches R L R; Bransle L	1;1;1;3;1
Singles L&R; Doubles L R L; Singes R&L; Desmarches R L R; Bransle L	1;3;1;3;1
Singles L&R; Double L; Desmarches R L R; Bransle L; Reverance	1;1;3;1;1

Casuelle Novelle **(Toulouze 1488)**
(Couples in a line) **== In 3 ==**

Introduction	Reverance; Bransle L	1;1
Part A	Singles L&R, 5 Doubles L R L R L	1;5
	3 Reprises R L R; Bransle L	3;1
	Singles L&R; Double L; Singles R&L	1;1;1
	3 Reprises R L R ; Bransle L	3;1
Repeat Part A		
Part B	Singles L&R; 3 Doubles L R L	1;3
	3 Reprises R L R; Bransle L	3;1

Basse Dances – Burgundian/French

Danse de Cleves **(15th C. Brussels Ms)**

	(Couples)	**== In 3 ==**
P1	Reverance; Bransle L	1;1
	Singles L&R; Doubles LRL; Singles R&L; Double R back (drop hands)	1;3;1;1
P2	Singles L&R, Double L (Ld fwd & back stem as Ly CW petal)	1;1
	Singles R&L; Double R (Ly fwd & back stem as Ld CCW petal)	1;1
P3	Reverance; Bransle L; Singles L&R; Double L; Double R (half turn)	1;1;1;1
	Double L; Singles R&L; Double R (half turn in place)	1;1;1
P4	Repeat P2	4
P5	Singles L&R; Doubles LRL; Conge	1;1;1

Jouyssance Vous Donneray **(Arbeau 1589)**

	(Couples)	**== In 3 ==**
Seq	Rev; Bransle; Singles L&R; Double L; Riprese; Double L; Riprese; Bransle	
	Singles L&R; Doubles LRL; Riprese; Double L Riprese; Bransle	
	Singles L&R; Double L; Riprese; Bransle; Conge	
Ret	Bransle; Double L; Riprese; Bransle	
	Singles L&R; Doubles LRL; Riprese; Double L; Riprese; Bransle	

Basse Dances - Italian

Coronita Gentile **(Adapted from Guglielmo (Ambrosio))**

	(Couples facing from across room)	**== In 6 ==**
V1	Continenze L&R; Sempii L&R; Doppii L&R; RevL	1;1;2;1
	PtL,PtR (backwards); MV into RipL; RipR,	1;1;1
	Continenze L&R; Singles L&R; Doppii L&R	1;1;2
	MV into Chorus (Ripresa L; VT (2 Sempii R&L), Ripresa R)	1;2
V2	Continenze L&R; Sempii L&R; Doppii L&R	1;1;2
	Continenze L&R; RevL (touching R hands) Pt L&R (backwards)	1;1;1
	Sempii L&R, Doppii L&R (passing); MV into Chorus	1;2;3
V3	Con L&R; 6 Salt (home); RevL; PtL&R (back); MV into Ch	1;6;1;1;3
V4	Continenze L&R; Doppii L&R; Lds Sempii L&R; Doppii L&R	1;2;1;2
	R-hands Sempii L&R; Doppio L; L-hands Sempii R&L; Doppio R	2;2
	(smaller so change sides, facing partner); Chorus	3
V5	Continenze L&R; Lds Sempii L&R; Doppii L&R	1;1;2
	(back to prtnr); Ch; Sempii L&R; Doppii L&R; MV into Ch	3;1;2;3

Lauro **(Late 15th C Italian manuscripts)**

(Couples in a line)	**== In 3 ==**
Singles L&R; Doubles L&R; Reverance L	1;2;1
Reprises L&R; Singles L&R; Double L; Reprise R; Continenze L&R	2;1;1;1;1
[R hands], Singles L&R; Double L; [L hands] Singles R&L; Double R	1;1;1;1
Reprises L&R; Singles L&R;Doubles LR L; VdG; Reverance L	2;1;3;2;1

Mordred's Lullaby **(SCA Choreography)**

	(1 couple, separated, Ld on L side of hall, Ly on R)	**== In 6 ==**
Intro	Ld 6 passi (2/ bar) to start position; 1 bar no move	3;1
	Ly 6 passi, end L of Ld (lead pos);1 bar, Ly takes Ld's hand	3;1
Hush Chorus	Riprese L&R; 2 Sempii; 3 Doppii; VdG	2;1;3;2
V1	RevL, ¼ turn L, Ly leads Sempii L&R; Doppii L&R, MV	1;1;2
	Ld leads Sempii L&R; Doppii L&R, Ld MV to face; RevL	1;2;1
C1	Ly circles Ld CW with 4 Doppii starting L	4
V2	Sempii L&R; Doppio L; (Ld back, Ly fwd), VdG	1;1;2
	Sempii L&R; Doppio L; (Ly back Ld fwd), VT (S R&L DR CW)	1;1;2
C2	R hands, Semp L&R Dop L; L hands, Semp R&L Dop R, Ly MV	2;2
Hush Chorus		8
C3	Ly 4 Doppii around Ld CW, as Ld 8 steps CW, inside Ly's circle (End w/ Ly to L of Ld, further apart, do not hold hands)	4
V3	Sempii L&R Dop L&R; Ld Rip L&R as Ly Dop L&R ½ around Ld	3;2
	Sempii L&R; Doppii L&R, Ld backing up, Ly going forward	1;2
C4	Ly 4 Doppii in CW around Ld;MV, as Ld RipL&R into MV (2x)	4
Hush Chorus	(as before, except Ld leading)	8
Exit	Ly 4 passi (1/bar), go behind Ld & L (can continue on Ld's music)	4
	Ld 4 passi (1/bar), go off R & turn to look at the Ly at the end	4
	End in stillness. No Rev	

Reale **(Guglielmo (Ambrosio) 1463)**

(One couple)	**== In 6 ==**
Sempii L&R; Doppii LRLR; Rip L; Sempii R&L; Doppio R; Rip L&R	1;4;1;1;1;2
Sempii L&R; Doppio L; Rev R; Sempii R&L (back); Rip L&R; Con LRLR	1;1;1;1;2;2

Riunione **(SCA Choreography)**

	(One couple)	**== In 6 ==**
P1	Continenze L&R; Singles L& R; Ripresa L, Ld starting w/ a MV	1;1;1
	Singles R&L, passing R shoulders	1
P2	MV into Ripresa R; MV into Ripresa L; Double RLR, MV on last beat	1;1;3
	Saltarello LR L end L shoulders together (Ly facing down,the hall, Ld up)	3
P3	Reverenza Longa R ; Volta del Gioioso, rotating around each other	2;2
P4	Doubles LRLR in sep CCW circles - end facing other way (Ly up hall, Ld down)	4
	Take R hands, Singles L&R, Double L	2
	Take L hands, Singles R&L, Double R (End with Ly facing down, Ld up)	2
	Reverenza L & drop hands	1
P5	Riprese Portugalese back L&R; then forwards L; Single R; Pause	2;1;½;½
	Riprese L&R, Ly first doing a MV, holding hands	2
	Singles L&R; Doubles L R&L; Volta del Gioioso	1;3;2

Amoroso **(Ambrosio (Guglielmo) 1475)**

(Couples) **== In 4 ==**

12 piva (only 8 in some recordings)	12
Ld Singles L&R; Piva, Strutting singles RLR; Ly same to catch up	1;1;1½ ;3½
Ld Piva LRL, Single R; Lysame to catch up	4;4
Ld Singles L&R Piva; Singles RLR turn & Rev; 3 Piva & 1 single bk; Ly same	2;2;4;8

L'Amoroso **(Nürnberg Manuscript 1517)**

(One Couple, Ld on right) **== In 4 ==**

12 piva (only 8 in some recordings)	12
Ld 2 Pive; Ld slow Double; Ly same to catch up	2;1½ ;3½
Ld 2 Pive, slow Double, Movi; Ly same to catch up	3½;3½
Ld 3 Contrapassi w/ Rip on last, Ld Movi, Ly Rev, Ld Rev, Both Rev	5
Ld 2 Pive, slow Double, Movi	3½
Ly 3 Contrapassi w/ Rip on last, Ly Movi, Ld Rev; Ly Rev; Both Rev	5
Ly 2 Pive, slow Double	3½

Anello **(Domenico 1450)**

(2 couples facing) **== In 4 ==**

Intro	All join hands & circle L with 8 salterelli	8
P1	Movi [Lds then Lys]; Lds switch in 2 salt; Movi (Lys then Lds); Lys switch	1;2;1;2
P2	Movi [Lds 1st]; Lds turn single; Movi [Lys 1st]; Lys turn single	1;1;1;1
P3	Lds cast behind ptr & switch in 4 piva; Lys same	2;2
P4	Movimenti [Lds then Lys] 2x; Lds reprise; All reverenza	2;1;1

Repeat with Lys leading

Belfiore **(Domenico)**

(Set of 3 people) **== In 4 ==**

12 slow piva; L dancer double; Middle same; R same		12; 1;1;1
L dancer movimento; Middle same; R same	**== In 2 ==**	1;1;1
L dancer Voltatonda (in a double); Middle same; R same	**== In 4 ==**	1;1;1
L dancer 3 piva behind to R place; Middle same; R same	**== In 6 ==**	3;3;3
L & R dancers trade w/ a double (L behind, R in front)		2
Middle 4 piva CCW around new R dancer & behind new L dancer to L position		4

Repeat dance 2x to arrive in beginning positions

Belreguardo **(Domenico)**

(Couples) **== In 6 ==**

11 Saltarelli; Doubles LRLR; Contrapassi LLL; Singles R&L	11;4;2;1
Contrapassi RRR; Rip L&R	2;2
Saltarelli L&R; Rip L&R; Repeat	2;2;4
Singles L&R; Double L, Rev R; Rip R; Con L&R; Rev	1;1;1;1;1

La Chirintana **(Siena manuscript)**

(line of couples)

I:Processing: Line processes around room using 2 Continenze, 1 Double, 1 Continenza, always starting L. Repeat as long as the music is played for it. From here on out, use Pive.

II:The Snake Hay: CI, Ld leading Ly, leads to L, passing down & btwn C2 & C3. Once CI has completely passed C2, Ld2 leads Ly2 to follow CI, like a snake. Each couple follows in turn, forming a long snake. Meanwhile, C1 continues down the line. Once CI reaches the end, they stop, leaving room for C2 to continue between them & the end couple. Each "lead" couple does this in turn, until the line resets itself.

III: The In and Out Hay: Once the Snake hay is near completion, CI pivots as a couple, without dropping hands, to face down the set. C1 goes down betwn C2, as C2 drops hands, breaks & moves fwd into CI's spot. C2 then Pivots to face down the line. Meanwhile, CI has split, to allow C3 to move up betwn them, as they continue down the line. This pattern continues until all couples have been set in motion,& have returned to their orig positions.

IV: Circling: Once all the couples have been reset, and are standing still, Ld1 calls, "circle" & ALL couples take R hands with their prtnrs, & circle using 4 Pive. They switch hands & do 4 Pive in the opposite direction.

V: The Brigomania (Piva line dance):The column of couples forms a long line, LyI taking Ld2's hands, Ly2 Taking Ld3's hand, etc., with Ld I leading the line, using Pive. Ld1's job is to gallivant about the hall, leading the line like a snake, in serpentine movements, but NOT to try & tangle the line until it stops moving.

Colonnese **(Guglielmo (Ambrosio) 1463)**

(Line of 3 couples) **== In 6 ==**

16 Salterelli		16
C1 still, as C2 R hands - Sing L&R, Double L; L hands - Sing R&L, Double R; RevL, as C3 weave to top with Sing L&R, 4 Doubles, Ld ends on R; repeat 2x		5;10
Ld around partner CCW w/ 3 Piva LRL; Ly same CW w/ 3 Piva RLR	**(== In 2 ==)**	3;3
Movimenti (Ld, then Ly), Double R back, Doube L fwd & face front	**(== In 4 ==)**	3
Repeat dance, roles reversed		

Fia Giuelmina **(Domenico 1450)**

(One Couple)

P1	Ted L&R, drop hands, Ly MV; Singles L&R	**== In 4/4 ==**	2;1
	Rip R (angle away), face prtnr; Double R, Ld MV; repeat, Ld no MV		1;1;5
P2	Singles L&R (changing place, 1/4 circle); Rev L	**== In 6/4 ==**	1;1
P3	Singles L&R; Double L&R w/ MV	**== In 6/4 ==**	1;2
	Rip L w/ MV, Rip R; Double L&R w/ MV; Rev L		2;2;1
P4	Ly Double L, Movi; Ld Double L, Movi	**== In 4/4 ==**	1;1
	Ly Double L, Movi; Ld Single L, Movi, Ly Single L, Movi; VT (Salt L CW)		1;1;1
P5	Ly Pive LRLR (VT CW); Both Pive L&R;	**== In 6/8 ==**	4;2
	Pive LRLR w/R Hands, Ly MV		4

Gelosia **(Domenico 1450)**

(Line of 3 couples) **== In 4 ==**

8 Saltarelli	8
Ld1 3 piva pass in front of Ly1, end at R of Ly2; Rev; Ld2 Saltarello R to Ly1	1½ ;½;1
Ld1 3 piva in front of Ly2 , ending at R of Ly3; Rev; L3 Saltarello R to Ly2	1½ ;½;1
Ld1 Saltarello R behind Ly3, end to her L; All 8 Pive, holding hands with new prtnr	1;4
C1 double away in circle, end facing; C2 the same; C3 the same	1;1;1
Take R hands with partner, exchange places in Single L, R, L	1½
Take L hands, exchange back in Single RLR, Lds end w/ Mezzavolta R	1½
Repeat dance 2 times, until each Ld returns to original place	

Gioioso in Tre **(Guglielmo (Ambrosio) late 15th C)**

(1 Ly standing between 2 Lds) **== In 6 ==**

P1	Rip L&R; Ly single L&R; Arm L w/ Ld1 in Doubles L&R to place	2;1;2
	Repeat Rip & Arming, but Ly arms R with Ld2	5
P2	Rip L&R; Lds switch, pass L in front of Ly in Singles L&R, Doubles L&R	2;3
	Repeat Rip & Switching	5
P3	Rip L&R; Singles L&R; Double L;	2;1;1
	Ly Rip R&L as Lds VT (doubles R&L); VdG	2;2
	Repeat	8
P4	16 Saltarelli	16
P5	(musically in 6) **== In 4 to dance ==**	
	Movi (Ly, then Lds); Ly double; Movi (Lds, then Ly); Lds double to Ly	1;1;1;1
	Movi (Ly 1st); Ly double & turn; Movi (Lds 1st); Lds double to join & turn	1;1;1;1

Graziosa **(Guglielmo (Ambrosio) 1463)**

(Couples) **== In 4 ==**

Both TedL R L, Ld DR ½ around W; Both TedL R L, Ly DR to place on R	4;4
Ld TedL&R, Singles L&R, Double L; Ly same	4;4
SL, SR, DL, DR, Ld fwd, Ly ½ fwd, then back to start **== In 6 ==**	3
MvR (no time), RipL, RipR, RevL	3
SL, SR, DL, DR, Ly fwd, Ld meets her, then goes beside	3
Hands RipL, RipR, RevL	3
Circling = take R hands, PivL R L; L hands, PivR, L, R **== In 4 ==**	3;3
Movimenti (M,then W); Both DL Back, DR fwd	1;2

Leoncello Novo **(Domenico 1450)**

(1 Ly standing between 2 Lds) **== In 4 ==**

2 Saltarelli; Ly Double L, Lds Double L; Ly Double R, Lds Double R	2;2;2
Ly circle Lds (in Fig 8) starting to L w/ 3 Pive, 2 Singles, 3 Pive, 2 Singles	8
Lds 2 Saltarelli; VT in 4 steps; Ly same	2;1;3
All 3 Contrapassi fwd, MV; 3 Contrapassi fwd, MV	2;2
Ly Double L; Lds same; Ly Double R; Lds same, MV (all, to face)	1;1;1;1
All Riprese L&R; Con L&R, Rev; Ly Double L; Lds same	2;2;1;1
Ly Double R; Lds same, MV (Lds only); All Rev; Ly Movi, Lds Movi	1;1;1;1

Leoncello Vecchio **(Domenico 1450)**
(Couples) **== In 4 ==**

6 salterelli		6
Movi (Ld then Ly); Ld Salt to R of Ly; Repeat (exchanging roles)		1;1;2
Ld 4 Singles & 1 Double away; Ly same; Ld 3 quick Doubles away; Ly same		3;3;3;3
Ld 2 Singles & 2 Doubles away; Ly same to join	**== In 6 ==**	3;3
(both) Riprese L&R; 2 Singles; 2 Doubles; Riprese L&R; Movi (Ld then Ly)		2;1;2;2;

Marchesana **(Domenico 1450)**
(Couples) **== In 4 ==**

8 salterelli		8
Ld stamp LRL; then Double R; Ly stamp LR L; then Double R		1;1;1;1
Hold hands - Rip L&R (drop hands)	**== In 6 ==**	2
R hands - circle with Singles L&R; Double L drop hands; RipR; Same w/ L		1;1;1;3
Doubles L&R fwd, passing L shoulders & turn to face		2
Rip L&R; Continenza L&R; Ld Rev; Ly Rev		2;1;1;1
Movimenti (Ld then Ly); Both Double L fwd	**== In 4 ==**	1;1
Movimenti(Ly then Ld); Both Double R fwd (end w/ R shoulders together)		1;1
Double L turning (Ly VT & Ld MV) to face same way, Ly on L (next repeat, Ly leads)		1

Mercantia **(Domenico 1450)**
(Ly with 3 Lds A w/ Ly, B behind A, C behind Ly) **== In 6 ==**

11 Saltarelli; B & C separate with 6 Mrip (**== In 4 ==**)		11;6
Ly MV in Double L; A Double LRL	**== In 6 ==**	4
B to Ly in Singles L&R, Double L, touch R hands;		2
B Singles R&L Double R & MV, as Ly Volta del Gioioso		2
C repeats what B did, Ly also repeating the Volta del Gioioso; A turns around		4; ½
B & C switch places with SaltL&R, end side by side		2
A Salt L&R, ending behind & to L of Ly; Ly turns as A RipR	**== In 4 ==**	2; ½
A & Ly Rev L; All Con R&L	**== In 6 ==**	1;1
A & C switch places in Singles R&L, Double R, as B & Ly Volta del Gioioso		2
A is now B, B is C & C is A. Repeat dance twice more		

Petite Rose **(Domenico 1450)**
(couples)

16 Pive, holding hands
Ld Movi; Ly Movi; Ld VT w/ a Double L(CCW)
Ly Movi; Ld Movi; Ly VT w/ a Double L(CCW)
Double L fwd; Singles R&L back, switch feet; Repeat
Saltarelli L&R away and back to prtnr
The lead alternates between the Ld & Ly on subsequent repeats.

Petit Vriens **(Ambrosio (Guglielmo) 1475)**

(Set of 3 people) **== In 6 ==**

16 Piva; A 4 Piva; B 4 Piva to join A; C 4 Piva to join A&B	16;4;4;4
(musically in 6)	**== In 4 to dance ==**
A Double L; B Double L; C Double L	1;1;1
A & B Rev; C & B Rev; All Rev	1;1;1
DL backwards, fanning out; DR forward back to place	1;1
RipL; RipR; VT (DL going CCW)	½;½;1

Pizocara **(Domenico 1450)**

(Line of 4 couples) **== In 6 ==**

12 Pive; Lds circle partner with 4 Pive; Lys same	12;4;4
Lds RevR, All RipR, holding hands	2
Lds SL, SR, 11 Doppii, weaving through Lys & end to R of partner	12
Lys Rev L; All Rip L, holding hands	2
Lys, pause 1 bar, 9 Salt, starting L, weaving through Lds, end to R of partner	10
C1 separate with 2 MRip, then other Cs 4 Pive	2;4
C2 seperate with 2 MRip, then Cs 3 & 4 do 4 Pive	2;4
C3 separate with 2 MRip, then C4 does 4 Piva	2;4
Repeat the dance, with C4 leading	

Prexonera **(Domenico 1450)**

(couples) **== In 6/4 ==**

Con L&R; Singles LRL, Double R; Rev; Repeat	1;2;1;1;5
Ld Singles L&R; Contrapassi L&L, curve L to face Ly; Ly same (end apart to L)	1;2;3
Both Singles L&R; Con L&R; Repeat whole seq w/ Ly starting	1;1;8
8 piva (Ld grabbing Ly's hand, Ly following behind)	8
Ld Movi (jump twd Ly); Ly Respond (jump away); 4 passiti, Ld chasing Ly	1;1;2
Ly Movi (jump twd Ld); Ld Respond (jump away); 4 passiti, Ly chasing Ld	1;1;2
4 Saltarelli; Repeat dance w/ Ly leading contrapasso & piva sequences	4;46

Rosina **(Based on Ambrosio (Guglielmo) 1475)**

(3 people, one of one gender in center, 2 of other on sides) **== In 4 ==**

1	Double L&R, MV; Double L&R, MV	2;2
	Center Single L&R, Double L; Sides Single R&L, Double R	2;2
2	Center turns, All Double L&R, MV & Rip L&R	4
	CCW circle = Double L, MV, then RipR; Con LRLR	2;2
3	Single L&R, Double L fwd, Double R backward, Rev L	4
	CCW circle = Double L, MV, then RipR; Con LRLR	2;2
4	Center & Side to their R = take R hands & circle w/ 4 Pive	4
	Center & other Side take L hands & circle w/ 4 Pive	4
	Hey with 8 Pive, Center & R Side start by passing R shoulders	8

Rostiboli Gioioso **(Guglielmo (Ambrosio) 1463)**

(Couples) **== In 6 ==**

P1	Reprise L&R ; Ld Singles L&R; Doubles L&R	2;1;2
	(Ld MV) All Reprise L & R; Ld Singles L&R; Doubles L&R home	2;1;2
	Repeat above with Ly going out & back	10
P2	Reprise L&R; 2 Singles; 3 Doubles; VdG (2x)	2;1;3;2 (2x)
P3	16 Salterelli	16
P4	(musically in 6) **== In 4 to dance ==**	
	Movi (Ld then Ly); Ld Double L; Movi (Ly then Ld); Ly Double L to join Ld	1;1;1;1
	Repeat; Repeat entire dance, roles reversed	4

Spero **(Domenico 1450)**

(Set of 3 people) **== In 4 ==**

P1	4 SaltTed, beat Fwd	4
P2	Center Sempii L&R, Doppio L	2
	Ends Sempii R&L, Doppio R as Center MV w/ a Doppio R	2
P3	2 SaltTed, beat to side, MV	2
P4	Approach & Pass Center Betw in 4 Salt, MV R; Rip L&R **== In 6 ==**	4; 2
P5	Rev L, Sempio L back; approach w/ Rip Portugalese RLR, ends MV R	1;3
	Rip L; VT w/ Sepmi R&L, Rip R; Rev L	12;1
P6	Center & R End: Take R hands & circle in Piva LRL **== In 4 ==**	3
	Center & L Take L hands & circle in Piva RLR; Center Movi; Ends Movi	3;1;1
	Center VT in Doppio L; Ends same; Repeat dance	2;2

Tesara **(Domenico 1450)**

(4 couples in a line plus 1 shuttle at each end) **== In 6==**

P1	8 Saltarelli, starting L	8
P2	Couples separate in Meza Rip, shuttle A MV to face B	1
	A& B 4 Piva to switch (pass R), MV; C's switch 4 Meza Rip (Lds in front)	4;2
	Movimenti (Ld1, then 2, 3, 4, then Ly 4, 3, 2, 1); Repeat P2	4;11
P3	B take C4's ribbons & lead to front in 4 doppi w/ close & side cut	12
	A&B take R hands & switch in 2 piva; A to bottom in 3 piva, end in MV R	2;3
	A lead C3 to front (as B led C4);ü A&B switch & B return to bottom as before	12;5
P4	B take C2to front (holding ribbons) w/ Saltarelli LRL	3
	A&B R hands & switch in Saltarello R; A to bottom in Saltarelli L&R, MV R	1;2
	A lead C1 to front (as B led C2); A&B switch & B return to bottom as before	3;3
P5	C1&C4 switch w/ prtnr in Doppio & form ribbon arch; A&B Doppio under arch	1;1
	C2&C3 switch w/ prtnr in Doppio & form ribbon arch; A&B under arch & meet	1;1
	Repeat w/ C2&C3; Repeat w/ C1&C4	2;2
P6	A&B switch under arches in 4 piva, passing R shoulders, MV R	4
	Couples drop partner's ribbon; Lds MV to face down as Lys face up	1
P7	Hey A, B, Ld1 & Ly 4 weave CCW around 3 stationary people to new position	
	A&B always start to L of 1st stationary person (inside), Ld & Ly to R	4
	Repeat w/ A, B, Ld2 & Ly3; A, B, Ld3, Ly2; A, B, Ld4, Ly1	12
P8	Movi (Ld1,2, 3, 4, Ly 4, 3, 2, 1); Lds MV CCW in doppio L; Lys same	4;1;1

Verçepe **(Domenico 1450)**

(3 Lords & 2 Ladies) **== In 6 ==**

I	1 bar no movement; 11 Saltarelli, starting R	12
II	Ld2 & Ld3 Doppio LR, circling CCW halfway round Ly in front of him	2
	Ld2 & Ld 3 Contrapasso LL, continuing to circle, switch weight to L foot	1½
	Ld2 & Ld3 Rip R to orig places, moving on a curve; Lys VdG	1;2
	Lys circle Lds in front of them with same steps Lds used; Lds VdG	4½;2
III	Contrapasso LLL, MV; repeat **== In 4 ==**	2;2
	Ld MV (Step L, R CCW)	½
IV	Ld1 & Ld3 Hop on R foot **== In 6 ==**	1
	Ld1 & Ld3 exchange places in 4 Saltarelli starting L, weaving among other 3 (Ld1 to R of Ly1, L of Ld2, R of Ly2, then to end as Ld 3 to L of Ly2, R of Ld2, L of Ly1, then to front) Ld1 ends w/ MV R	4
V	Ly1 Doppio RLR, moving CW halfway round Ld 2 to Ly2's place as Ly2 Doppio LRL moving CW into Ly1's place	2
	Ld1 & Ld3 Hop on L foot; Ld1 & Ld3 Saltarelli RLR circling nearest Ly CW	1;2
	Ly1 Doppio LRL, moving CW to orig place as Ly2 Doppio RLR moving CW into orig place	2
	Ld2 Hop on R foot; Ld2 Saltarelli LRL circling Ly1 CCW	1;2
VI	Lds Movi, Lys Movi; Lds VT (4 steps starting L CCW) **== In 4 ==**	1;1
	Lys Movi, Lds Movi; Lys VT (4 steps starting L CCW)	1;1

Vita di Cholino **(Giovanninio)**

(Ly between 2 Lds) **== In 4 ==**

V1	Con L&R; Ly Singles L&R, MV R, as Lds Singles L&R back; RipL&R	1;1;2
Ch	Ly & Ld to her R Rev; Ly & Ld to L Rev; VT CW in Double R	1;1;1
V2	Ly & Ld to R take R hands & circle in Doubles L&R	2
	Ly & Ld to L take L hands & circle in Doubles L&R; Repeat Ch	2;3
V3	Doubles L&R (passing ea other), MV R; Rip L&R; Repeat Ch	2;2;3
V4	Zig Zag past in Doubles LRL, MV L; Double R together	3;1
Repeat Chorus touching hand while Rev (R hand w/ Ld1, L w/ Ld2)		3
V5	Hey in 8 pive, Ly starting and passing Ld to R by R	4
Repeat Chorus, but Lds replace VT w/ Double R, MV (end in line)		3

Vite de Colei **(Nürnberg Manuscript 1517)**

(One Couple, Ld on right) **== In 4 ==**

V1	8 Pive fwd, Ly turning to face Ld on the last	4
Ch	(holding both hands) Ld Rev; Ly Rev; Both VT	1;1;1
V2	8 Pive fwd, Ld turning to face Ly on the last	4
Repeat Chorus, Ly Rev first		3
V3	Ld fwd 2 Doubles, Rip w/ MV; Return w/ same (no MV)	2;2
Repeat Ch, Ld Rev first		3
V4	Ly same as Ld in V3; Repeat Chorus, Ly Rev fist	4;3
V5	R hands, circle CW w/ 4 Pive; L hands, circle CCW w/ 4 Pive	2;2
Repeat Chorus, Ld Rev first		3

Steps for 15th Century Italian Dance

Continenza (Con) - Shift weight to side, with bit of rise. Half bar.
Contrapasso – 4 steps, bending knee on first step
Doppio (Double) - 3 steps.
Passetino (PT) - a small step
Passo - an unornamented step
Piva - 3 steps, the 2nd cutting under first (ie place it under heel)
Meza Ripresa (Mrip) - Step to side, cut (put other foot under first)
Mezavolta (MV) - half turn. If not specified, it is a pivot in no time.
Movimento (Movi) (Shosso/Scosetto) - Rise on toes, directing attention at partner.
Reverance (Rev) - Kneel on knee given.
Ripresa (Rip) - Step to side, cut (put other foot under first), step to first side again.
Ripresa Portugalese (RipPort) – Rip on the diagonal (45 degree angle)
Saltarello (Salt) - 3 steps & hop. Put hop where pause is in doppio.
Saltarello Tedesco (Ted) - 3 steps & Meza Ripresa.
Sempio (Single) - step forward on foot given, on first beat. Half bar.
Volta tonda (VT) full turn - steps specified in each dance
Volta del Gioioso (VdG) - A small circle CCW, done with 2 sempii & a MV with a ripresa. Takes 2 bars in 6/4, as follows SR doing quarter turn CCW, SL doing quarter turn CCW, MV (half turn CCW in no time, pivot on L foot) & Ripresa R.

Italian Balli (16th Century & later)

Allegrezza d'Amore		**(Caroso 1600)**
(3 People in a Circle)		**== In 4 ==**
P1	*(Take hands)* Riverenza; *(Drop hands)* Saffici LR, flanking back	1;1
	Doppii Minimi (or Seguiti Semidoppii) L then R	2
	Seguiti Battuti del Canario L&R *(Leader first, then to R)*	3
	Seguiti Spezzati L&R, flanking forward	1
	Ripresa L, Fioretto L; Ripresa R, Fioretto R	½ ;½
	Trabuchetti L&R, Saffice L; Trabuchetti R&L, Saffice R	1;1
P2	Fioretti L&R; Trabuchetti L&R; Scorsi L, changing places	½ ;½;1
	Fioretti R&L; Trabuchetti R&L; Scorsi R, changing back	½;½;1
	Seguiti Battuti del Canario L&R *(Leader first, then to R)*	3
	Seguiti Spezzati L&R, turning L; Passi L&R; Saffice L, flanking back	1;½;½
	Seguiti Spezzati R&L, turning R; Passi R&L; Saffice R, flanking back	1;½;½
P3	Seguiti Spezzati *(chain, eight to get back to place)*	4
	Battuti di Piede LRLR *(Leader first, then to R)*	3
	Fioretti LR, Trabuchetti L&R; Ripresa L, Fioretto L; Ripresa R, Fioretto R	1;½ ; ½
	Puntati LR; Saffice LR, flanking back	1;1
P4	Fioretti L&R, Trab L&R; Doppio Minimo (or Seguito Semidoppio) L to L	1;1
	Fioretti R&L, Trab R&L; Doppio Minimo (or Seguito Semidoppio) R to R	1;1
	Seguiti Battuti del Canario L&R *(Leader first, then to R)*	3
	Passi Puntati L&R *(Leader first, then to R)*, changing places; Riverenza	3;1

Altezza d'Amore **(Caroso 1600)**

(Couples) **== In 4 ==**

P1 Riverenza; Continenze L&R; Groppo L; Fioretti L&R 1;1;½;½
Seg Semidoppio L; Groppo R; Fioretti R&L; Seg Semidoppio R 1;½ ;½ ; 1
Trab L&R; Seq Spez L; Trab R&L; Seg Spez R ½ ;½ ;½ ;½
4 Seg Scorsi LRLR (separating in S shape); Trab L&R 2;½

P2 Ld 4 variations L; Ly 4 variations L; Ld 4 vars R; Ly 4 vars R 4;4;4;4
easy galliard variationSeq Ord L&R flanking; Trab L&R; Seg Finto L 2;1;1
(complex varGroppo L; Fioretti L&R; Passi Minimi L&R backwards ½ ;½ ;½)
Fioretti L&R; Passi Minimi L&R forward; Trab L&R ½ ;½ ;½
Mezza Riverenza; Sottopiede L; Cadenza L ¼ ; ½ ; ¼

P3 Spez Alterati L&R; Fioretti L&R; Saffice L; same starting R 1;½ ;½ ; 2
Spez L&R (turning L); Seg Batt al Canario L R L; Stamp R&L 1;1½ ;½
Spez R&L (turning R); Seg Batt al Canario R L R; Stamp L&R 1;1½ ;½
Groppo L; Fioretti L&R; Spez Puntato L w/ Mezza Reverenza ½ ;½ ;1
Same starting R; Trab L&R 2;½

P4 Ld Stamp LR; Seg Canario L; Stamp RLR; Seg Can L; Ly same½ ;½;½;½ ;2
Ld Stamp RL; Seg Canario R; Stamp LRL; Seg Can R; Ly same½ ;½;½;½;2
Passo Puntato L; Mezza Riv; Passo Puntato R; Mezza Riv ½ ;½;½;½
Ld Trab L&R; Safice L (flanking out); Ly do same ½ ;½;½;½
Ld Trab R&L; Saffice R(flanking out); Ly do same ½ ;½;½;½
Seg Spez L&R (turning L); Passi Minimi L&R; Saffice L (flankng in) 1;½ ;½
Same starting R; Passi Puntati L&R; Riverenza 2;1;1

Alta Regina **(Caroso 1581)**

(One Couple, facing) **== In 4 ==**

V1 Rev; Scam L; Spez R&L to switch; Turn Single L: Spez R ,Cad 1;1;1;1
Ch: Facing, Puntati L fwd & R back; Turn Single L: Spez L, Cad 1;1
V2 Spez LRLR in CW wheel; Facing, Scam L&R ; Repeat Chorus 2;2;2
V3 Ld: Passi fwd L&R , Cad L ; Passi back R&L, Cad R; Trab LRLR; 1;1;1
Turn Single L: Spez, L Cad; All repeat chorus 1;2
V4 Ly do as Ld did in V3; All repeat chorus 4;2
V5 Trab LRLR; Doppio L; Trab RLRL; Doppio R; Repeat Chorus 1;1;1;1;2
V6 *Rip LL, Trab LR; Doppio L; Rip RR, Trab RL, Doppio R; Chorus* 1;1;1;1;2

Ballo del Fiore (for 2) **(Caroso 1581)**

(Lds with Flowers & Lys along edge of floor) **== In 4 ==**

Open Lds Riverenza; 2 doubles turning in place 2;2
V1 Lds 4 doubles to face a partner; 2 continenze, riverenza 4;4
V2 Face forward, 2 doubles; 2 Scorsi; (facing) 2 con, riverenza 2;2;4
V3 4 doubles in a J, passing partner & turn to face; 2 continenze, riverenza 4;4
V4 4 doubles –zigzag to partner;2 continenze, riverenza & pass flower 4;4
Repeat verses 1-4 with the Ly seeking a new Ld

Ballo del Fiore (for 3) **(Caroso 1581)**

Open:	Lds (holding flower) Riv; Con L&R	2;2
P1	Lds Passi LR; SegOrd L; Passi RL, SegOrd R to Ly; Con LR; Riv	1;1;1;1;2;2
	2 bars rest;Both Riv; SegOrd LRLR; Con L&R; Riv facing	2;2;4;2;2
P2	Lds Riverenza; Con L&R; Passi L&R; SegOrd L	2;2;1;1
	Lds Passi R&L; SegOrdR to meet new Ly; Con L&R; Rev; rest	1;1;2;2;2
	Both Riverenza; SegOrd LRLR to meet Ly1, place Ly2 to R, form triangle	2;4
	Con L&R, Riverenza	2;2
P3	SegOrd L&R turning L; SegOrd L CW (in wheel); SegOrd R CCW	2;1;1
	Con L&R; Riv	2;2
P4	SegOrdL&R to meet, Ld in middle, Ld doffs hat; Scorsi L&R to invert set	2;2
	Puntate L fwd & R back; Riv	2;2
P5	SegOrd L&R into smaller circle; Riv	2;2
	Ld & Ly1 R hands: Passi L&R, SegOrd L; R hands: Passi R&L, SegOrd R	2;2
	Ld & Ly2 R hands: Passi L&R, SegOrd L; R hands: Passi R&L, SegOrd R	2;2
	Con L&R; Riv	2;2
P6	Hey in 4 Scorsi; Con L&R; Riv, giving flower to Ly 1	4;2;2
P7	Ld & Ly2r 4 SegOrd tog as Ly1 same to find new Ld; Con L&R; Riv	4;2;2

Bella Gioiosa **(Caroso 1581)**

	(3 people in circle)	**== In 4 ==**
V1	Take hands & Riv w/ jump; Trab LR LR & drop hands	1;1
	Turn single L Spez L&R; Passi L&R; Cadenza	1;½ ;½
	Face L in wheel Spez LRLR;ScambiateL&R	2;2
Ch	Leader turn L in Spez L, Cadenza; #2 (to R of Leader) same; #3 same	1 (3x)
V2	Leader Passi L&R; Cadenza; Trab LRLR or Canario LRLRL	½ ;½ ;1
	(Leader only) Rip L&L, Trab L&R; (turn L in) Spez L; Cadenza	½ ;½;½;½
	Joust all L side in Spez L forward; Spez R back; Spez L&R to switch	½ ;½;1
	L side in Spez L fwd; Spez R back; Spez L&R to switch; Chorus	½ ;½;1;3
V3	Verse 2 with #2 (to R of Leader) as Leader; Chorus w/#2 leading	8;3
V4	Verse 2 with #3 as Leader; Chorus w/ #3 leading	8;3
V5	Face L in wheel Seg Semidoppio L&R; Rip L&L; Trab L&R	2;½ ;½
	Turn single L Spez L ; Cadenza	½ ;½
	Face R in wheel Seg Semidoppio R&L; Rip R&R; Trab R&L	2;½ ;½
	Turn single R Spez R; Cadenza; Chorus (w/ orig leader)	½ ;½;3
V6	Fioretti a pie pari L&R; Passi L&R (back)	½;½
	Spez L&R (change places, leader pass between)	1
	Fioretti a pie pari R&L; Passi R&L (back)	½;½
	Spez R&L (change places, leader pass between)	1
	Chain w/ 6 Seg Spez (leader between then L)	3
	Passi L&R; Cadenza; repeat Chorus	½;½;3
V7	4 Trab LRLR; 4 Seg Batt del Canario LRLR	1;1
	Rip L&L; Trab L&R; (turn L in) Spez L; Cadenza	½ ;½ ;½ ;½
	4 Trab RLRL; 4 Seg Batt del Canario RLRL	1;1
	Rip R&R; Trab R&L; (turn R in) Spez R; Cadenza; Chorus	½ ;½ ;½ ;½;3

Il Bianco Fiore **(Negri 1602)**

(2 couples in a diamond) **== In 6 ==**

V1:	Rev; Con L&R; Figure 8: turn L in Ord L&R, then R in Ordi L&R	2;2;4
	Lords: Passi (grave) L&R to center; Ord L; Turning R; Spez R&L; Ord R	2;1;1
	Ladies: Passi (grave) L&R to center; Ord L; Turning R; Spez R&L; Ord R	2;1;1
Ch:	3 Sottopiede L, Cad L, Trab R; Ord L turning L	1;1
	3 Sottopiede R, Cad R, Trab L; Ord R turning R	1;1
V2:	Lord s: Spez LRLR in CCW loop around partner; Ord L&R turning R	2;2
	Ladies: Spez LRLR in CCW loop around partner; Ord L&R turning R	2;2
	Lords: 4 measures of Galliard	4
	Ladies: Snub seq: Ord L to center; Rip R away; Ord R&L to center & back	1;1;2
Repeat Chorus		
V3:	Circle with partner (R hands) in 2 Ordinari; counter circle L in 2 Ordinari	2;2
	Circle with corner (L hands) in 2 Ordinari; counter circle R in 2 Ordinari	2;2
	Lords: 4 measures of Galliard; Ladies: 4 measures of Galliard	4;4
Repeat Chorus		
V4:	Grand R&L: Start R hands with prtnr & switch in Ord L; do 3 more switches	1;3
	Keeping L hands with corner, complete the turn with Ord L	1
	Take R hands with prtnr & switch in Ord R; continue with 2 more switches	1;2
	All do 4 measures of Galliard	4
	Fioretti L&R; turn L in Ord L; Fioretti R&L; turn R in Ordi R	1;1;1;1
Repeat Chorus		

Bizzaria d'Amore **(Negri 1602)**

(2 couples in a diamond) **== In 4 ==**

Verse 1	Lds Reverance; 2 Sottopiede L & 2 Sottopiede R; Lys same	2;2;4
Chorus	Hop; Hop; Rip Min L; Hop; Hop; Rip Min R	½;½;1(x2)
	Spez L&R backward at 45 deg to R; SegOrd to place	½;½;1
	Spez R&L backward at 45 deg to L; SegOrd to place	½;½;1
Verse 2	Lds Exchange places (pass R shoulders) Spez L&R; SegOrd L	1;1
	Counter circle in Spez R&L; SegOrd R; Lys same, but pass L	1;1;4
Repeat Chorus		8
Verse 3	Circle w/ partner (R hands) in 2 SegOrd; counter circle in 2 SegOrd	2;2
	Circle w/ corner (L hands) in 2 SegOrd; counter circle in 2 SegOrd	2;2
Repeat Chorus		8
Verse 4	Lds Exchange places (R hands) in SpezL&R; SegOrd L	1;1
	Counter circle in Spez R&L; SegOrd R; Lys same but L hands	1;1;4
Repeat Chorus		8
Verse 5	R hands w/ partner, SegOrd L to switch; L hands, SegOrd R to place	1;1
	Counter circle in SegOrd L&R	2
	L hands w/ corner, SegOrd L to switch; R hands, SegOrd R to place	1;1
	Counter circle in 2 SegOrd; repeat chorus	2;8
Verse 6	R hands w/ partner, circle in 2 SegOrd	2
	Grand R&L (L to corner 1st) in 4 SegOrd; L hands w/ corner, 2 SegOrd	4;2
Repeat Chorus		8

Brando di Cales **(Negri 1602)**

(3 couples in a circle) **== In 4 ==**

P1 C1 Reverance (grave); Rip L&R; 1;1
Passi L&R,Seguito grave L turning L; Passi R&L, Seguito grave R turning R 1;1
C2 do the same; C3 do the same 4;4
P2 Saltini a pie pari L&R 1
Take R hands w/partner & circle in 5 Battute (stamps); Galliard turning L 1¼;¾
Take L hands w/partner & circle in 5 Battute (stamps),;Galliard turning R 1¼;¾
P3 Lds Passi L&R, SegGrave L (fwd); Circle to place Passi R&L, SegGrave R 1;1
Lys do the same 2
P4 C1 Spez L&R, SegOrd L fwd; Spez R&L, SegOrd R back 1;1
C1 Rev breve to corner, then partner; 2 Saltini a pie pari 1;1
C1 SegOrd L&R fwd; drop hands, turn L to place in SegOrd R&L 1;1
C2 do the same; C3 do the same 6;6
P5 Hands in circle – 4 Rip L; Saltino; 4 Rip R; Saltino 2;½ ;2;½
P6 Lds SegOrd to pass partner inside to face on other side, take hands; saltino1;½
Lds SegOrd inside CCW to face next Ly on other side; saltino; repeat 1;½;1½
P7 Hands in circle; 4 Rip L; Saltino; 4 Rip R; Saltino 2;½;2;½
Lys SegOrd to pass partner inside to face on other side, take hands; saltino1;½
Lys SegOrd inside CW to face next Ld on other side; saltino; repeat 1;½;1½

La Castellana **(Caroso 1581)**

(one couple, facing) **== In 4 ==**

V1 Rev; (in wheel) Spez LRLR; (turn over L sh) Spez LR 1;2;1
Ch Flank fwd & back w/ Putati L&R; Trab LRLR 1;1
Spez sideways L & honor; Spez R; & honor 1;1
Rip L&L, Trab L&R; (Turn over L sh) Spez L, Cad R 1;1
Rip R&R, Trab R&L; (Turn over R sh) Spez R, Cad L 1;1
V2 Spez L&R to switch w/ R hands; Spez L&R to curl L 1;1
Spez L&R to switch w/ L hands; Spez L&R to curl R; Repeat Chorus 1;1;8
V3 (in wheel) Passi L&R, Cad L; Rip R&R, Trab R&L 1;1
Passi R&L, Cad R; Rip L&L, Trab L&R; repeat Chorus 1;1;8

Chiaranzana **(Caroso 1581)**

(Couples in a line) (Sequences, (S), then Patterns (P)) **== in 4 ==**

S1: Riverenza; Continenze L&R; Puntato L fwd & Puntato R back 1;1;1
S2: Passi L&R, Seg Ord L; Passi R&L back, Riprese RR; Con L&R 1;1;1
S3: Take hands, Passi L&R, Seg Ord L CW; Passi R&L, Seg Ord R CCW 1;1
Take R hands, Spez L, Mezza Rev; Take L hands Spez R, Mezza Rev ½;½
P1: (Procession) - S1:1x; S2: any number of times
P2: (Pass-Through) - Use S2: C1 convert; C1&C2 take hands; C1 pass-through; C1 & C3 take hands while C2 convert; Continue until C1 at head of set
P3: (Casting) - Cast around w/ Spezzati
P4: (Reel) - Use S3: C1 cross-over take hands w/C2; Continue til C1 at head of set
P5: (Exit) Spezzati around floor; Spezzati off floor; Rev

Chiara Stella **(Caroso 1581)**

(Couples, Ld facing Ly)

V1: Holding R hands, rev; drop hands, 8 spez in CW wheel, starting L
Scambiata & cadenza L, landing to face partner

Ch: 4 trabuchetti (LRLR);Passi trangati (singles) L&R flanking back
Rip L&L; TrabL&R; Spez L, turning over L sh; Cad to face prtnr
Rip R&R; TrabR&L; Spez R, turning Right sh; Cad to face prtnr

V2: Ld's solo: Spez L&R flanking fwd; Singles L&R fwd; Trab L&R
Spez L, Cad, turning over L sh to return to place; Repeat starting R

Repeat Chorus (both)

V3: Ly's solo: Lys do as Lds did in V2

Repeat Chorus

V4: Take R hands, Singles L&R; Trab L&R; Rip L&L, Trab L&R
Drop hands, Spez L, Cad, turning over L sh
Take L hands, Singles R&L; Trab R&L; Rip R&R, Trab R&L
Drop hands, Spez R, Cad, turning over R sh; Repeat Chorus.

Contentezza d'Amore **(Caroso 1581)**

(Couples)	**== in 4 ==**
V1 Rev; Con L&R; take hands, 4 Rip in circle L, then R	1;1;1;1
drop hands, con L&R; Reverance	1;1
V2 Ly away from prtnr Puntate L&R; Single L&R; Double L; Puntate R&L	1;1;1;1
Single R&L; Double R; Ly turn to face, both Puntata L fwd, & R back; Rev	1;1;1;1
V3 Ld join prtnr in same steps; Both facing head Puntata L fwd & R back; Rev	3;1
V4 Ly pass front of Ld in half circle Single L&R; Double L; Single R&L; Double R	4
Ld pass Ly in half circle with same steps; Puntata L fwd & R back; Rev	4;1;1
V5 Take hands & switch Puntate L&R; 6 Doubles to back of the hall, & face	1;6
Together Puntata L forward, Puntata R backward; Reverance	1;1
V 6 8 Spezzati in a figure 8; take hands & 8 Riprese in a circle L; then R	4;2;2
Drop hands; 4 Trabuchetti (LRLR); Reverance	1;1

Contrapasso in Due **(Caroso 1581)**

(Couples)	**== in 4 ==**
V1 Rev; Con L&R; Single L&R, Double L; Single R&L back, Rip R&R	2;2;2;2
Single L&R, Double L; Single R&L back, Rip R&R	2;2
V2 R hands w/prtnr & Single L&R, Double L; L hands Single R&L, Double R	2;2
Indiv figure 8 Turn L in Double L&R; Turn R in Double L&R	2;2
V3 Repeat V2, taking R then L arms w/ partner instead of hands	8
V4 Repeat V2, taking 2 hands. Lys figure 8 as Lds flank back & fwd (2 Doub ea)	8
V5 Take hands w/ partner & 8 doubles (12 in some versions of the music)	8
V6 Face partner & Rev; Con L&R; All figure 8	8
V7 Lds back Lys up Singles L&R, Double L; Lys back Lds up; All figure 8	8
V8 Lds Rev; Lys Rev; Lys figure 8 as Lds flank back & fwd	8

Il Conto Dell'Orco **(Caroso 1581)**

(1 couple, facing) **== in 4 ==**

V1	Rev; 3 SegOrd LRL	2;3
Ch	Trab RLR; Tranghi L&R; Spez L, Cad (turning L)	1;1;1
V2	5 Seg Ord around in a wheel; repeat Ch	5;3
V3	Ld Doppio L fwd; Passi R&L back; Trab R&L; Rip R&R; Ld Chorus	2;1;1;1;3
V4	Lys do as Lds did in V3	8
V5	Passi L&R, SegOrd L in wheel; Same R to R	2;2
	Doppio L twd prtnr; Passi R&L back; Trab R&L; Rip R&R; Repeat Ch	2;1;1;1; 3

Dolce Amorosa Fiamma **(Caroso 1581)**

(3 couples in a line) (Based on *Dolce Amoroso Fuoco*) **== In 4 ==**

V1	(Face head of hall) Rev; Con L&R; 2 SegOrd; 2 Scorsi - pass R & curl L	2;2;2;2
	2 SegOrd fwd; 2 Scorsi - pass L & curl R; (face prtner); Con L&R; Rev	2;2;2;2
V2	Lds Spez L&R to partner, Trab LRL; Spez R&L to place, Trab RLR	2;2;2;2
	All Con L&R, Rev; Lys same as Lds above; All Con L&R, Rev	2;2;8;2;2
V3	C1 begin grand R&L by giving R hands (1 SegOrd per exhange)	8
	Lds Rev Lys; Lys Rev Lds; All slow turn to face the Presence & Rev	2;2;2;2

Donna Leggiadra **(Caroso 1600)**

(1 couple) **== In 4 ==**

P1	Rev; (circle L) Spez LRLR; Saffice L&R; Puntato L fwd & R back	1;2;1;1
	Rip L&L, Trab L&R; Double L, Singles R&L	1;1
P2	(circlieR) Spez RLRLRL; Saffice R&L; Puntato R fwd & R back	3;1;1
	Rip R&R, Trab R&L; Double R, Singles L&R	1;1
P3	Lds Fioretti L&R, Trab L&R; Spez Puntato L (to L), Mezza Rev	1;1
	Fioretti R&L, Trab R&L; Spez Puntato R (to R), Mezza Rev	1;1
	Puntato L fwd & R back; Seg Semidoppio L&R (to L then R)	1;2
P4	Lys same steps as Lds did in P3	7
P5	Take R hands & Passi L&R; Seg Semidoppio L (circling CW)	1;1
	Take L hands & Passi R&L; Seg Semidoppio R (circling CCW)	1;1
	Puntato L fwd & R back; Rev grave	1;2

Fedelta **(Caroso 1581)**

(couples in a circle) **== In 4 ==**

V1	Rev min; Spez LRLR (CW wheel); Passi presti L&R; Cadenza L	2;4;1;1
V2	Spez LRLRLR (CCW wheel); Passi presti L&R; Cadenza L	6;1;1
Ch	Lds Ordinario L, turning L & Cadenza R; Lys same	2;2
V3	R hands w/ partner & Seg Semindoppii L&R (circling to place)	4
	Face partner & Rip L&L; Trab L&R; Spez L (turning L) & Cadenza	1;1;2
V4	L hands w/ contrary & Seg Semindoppii R&L (circling to place)	4
	Face contrary & Rip R&R; Trab R&L; Spez R (turning R) & Cadenza	1;1;2
Repeat Chorus		
V5	Seg Semidoppio L , circling L; Seg Semidoppio R, circling R	2;2
	2 Passi Presti, Cad (into circle); 2 Passi Prest, Cad back to place	2;2

Fedelta (cont)

V6	Scambiate L&R; Rip L&L; Trab L&R; Spez L (turning L) & Cadenza	4;1;1;2
Repeat Chorus or Alt Lds Rev; Lys Rev		2;2

Fedelta d'Amore		**(Negri 1602)**
	(Ly between 2 Lds)	**== In 4 ==**
P1	Rev; Rip L&R; Seg L&R turning L; Seg L&R turning R	2;2;2;2
	Twd foot of hallTake hands & Spez L&R; Seg L	1;1
	Spez R&L; Seg R & turn to face head of hall	1;1
	8 Spez grave (haye, Ly passes Ld on L until Ld on R in middle)	8
	Mid Ld take R hands w/ Ly & circle in 2 galliards; L hands, 2 galliards	2;2
	Mid Ld does same w/ Ld on L	4
P2	4 Seg to head of hall & turn to face foot	4
	Sottopiede L&L; Trab L&R; Seguito, turning L	½;½;1
	Sottopiede R&R; Trab R&L; Seguito, turning R	½;½;1
	8 Spez grave (haye, as before); 8 galliards, as before	8;8
P3	Twd foot of hall 2 Spez; Seg; 2 Spez; Seg (& face head)	1;1;1;1
	Rip L&R; Seg L&R, turning L	2;2
	8 Spez grave (haye, as before); 8 galliards, as before (to orig place)	8;8
P4	Seg L&R, Ly fwd, Lds turning L, end facing in triangle; Rip L&R	2;2
	Seg L&R circling L; Seg L&R fwd, turn L& to place; same, but turn R	2;2;2
	Trab presti L&R; Rip L; Trab presti R&L; Rip R; Seg L&R, circling L	1;1;1;1;2
(in 6)	Ly Passi fwd & back flat, fwd high, Cad; Rip R&L; Galliard turning R	1;1;1
	Lds Saltino onto R, passi grave back, Cad; Zopetti Fwd & back, Cad	1;1
	Lds 3 Passi L, rising on R; Fioretto R & Battute Fwd & back	½;2/3
	Lds Sottopiede L, Battuta R, Passo fwd, Cad L	5/6
P5	Spez L&R, Seg Ly circling L, Lds coming fwd to meet Ly	2
	Spez R&L, Seg, to head of hall, all turning L	2
	Rip L&R; Seg L&R, turning L; 4 scorsi in haye (Ly to orig place); Rev	2;2;4;2

Fiamma d'Amore		**(Caroso 1581)**
	(one couple, facing)	**== In 6 ==**
V1	Spez L, Rev; Spez R, Rev; Spez L&R to switch in CW wheel	1;1;1
	Trab LRLR; Spez LRLR in CW wheel; Scambiate L&R	1;2;2
Ch	Puntato L back, hop; Puntato R back, hop	1;1
	Spez L, turning over L shoulder, Cadenza	1
V2	Lds only: Spez LRL, Rev; Spez RLR, Rev	2;2
	Rip L&L, Trab L&R (flank back L); Passi L&R, Cadenza (return to prtnr)	1;1
	Rip R&R, Trab R&L (flank back R); Passi R&L, Cadenza (return to prtnr)	1;1
Repeat Chorus		3
V3	Lys do what Lds did in V2	8
Repeat Chorus		3
V4	Spiral in CW, Spez L&R, SemiDoppio L; CCW Spez R&L SemiDoppio R	2;2
	Rip L&L, Trab L&R (flank back L); Spez L & Rev (return & touch hands)	1;1
	Rip R&R, Trab R&L (flank back R); Spez R & Rev (return & touch hands)	1;1
Repeat Chorus		**3**

Fulgente Stella **(Caroso 1581)**

(one couple or two couples)

P1	Rev; Trab LRLR; Spez L & honor; Spez R & honor	2;2;2;2
	In CW Wheel, Spez LRLR; Scambiate L&R	4;4
	Rip L&L; Trab L&R; (turn L in) Spez L, Cadenza	1;1;2
	Rip R&R; Trab R&L; (turn R in) Spez R, Cadenza	1;1;2
P2	Ld: Passi L&R, Cad; Trab LRLR; Spez L & honor; Spez R & honor	2;2;2;2
	1 couple: L hand w/prtnr & Spez L&R to switch; turn R in Passi LR, Cad	2;2
	R hand w/prtnr & Spez L&R to switch; turn L in Passi LR Cad	2;2
	2 couple: R hand w/prtnr & Spez L&R to switch; turn L in Passi LR, Cad	2;2
	L hand w/prtnr & Spez L&R to switch; turn R in Passi LR Cad	2;2
	Rip L&L; Trab L&R; (turn L in) Spez L, Cadenza	1;1;2
	Rip R&R; Trab R&L; (turn R in) Spez R, Cadenza	1;1;2
P3	Ly do what Lord did in P2 and together do same braiding and end	24
	In 2 couple version, Ly dances with the Ld on her right	
P4	Trab LRLR; Seg Semidoppio L; Trab RLRL; Seg Semidoppio R	2;2;2;2
	Spez L & honor; Spez R & honor; Passi LRLR flanked back	2;2;4
	Rip L&L; Trab L&R; (turn L in) Spez L, Cadenza	1;1;2
	Rip R&R; Trab R&L; (turn R in) Spez R, Cadenza	1;1;2

Furioso **(Caroso 1581)**

(three couples)

P1	Rev; Con L&R;	2;2
P2	Mid C. meet SegOrd L&R, MezzaRev; switch w/ 2 Scorsi	2;2
	End C.'s same; Mirror haye (Lds R, Lys L) w/ 1 extra pass in 4 Scorsi	4;4
P3	Repeat P2 w/ new Mid C.; Repeat P2 w/ new Mid C.	12;12
P4	Rev; Con L&R; Lds haye in 8 Spez; Lys haye in 8 Spez	2;2;8
P5	Rev; 2 Scorsi to form circle; 8 Rip L; Indiv Fig 8's in 4 Spez	2;2;4;4
	8 Rip R; Indiv Fig 8's (as in Contrapasso)	4;4
P6	Lds Rev; Lys Rev; Spez L&R (turning L); 4 Spez to start; Rev	2;2;2;4;2

Gentilezza D'Amore **(Caroso 1581)**

(one couple) **== In 4 ==**

P1	Rev;Spez L, Cadenza, turning over L shoulder	1;1
	Spez L&R in CW wheel; Trab LRLR (turning to face)	1;1
	Tranghi L&R, flanking fwd; Spez L, Cadenza, turning over L shoulder	1;1
	Tranghi R&L, flanking fwd; Spez R, Cadenza, turning over R shoulder	1;1
P2	In CW Wheel: Passi L&R; Trab L&R; Spez L&R; repeat to finish wheel	½;½;1; 2
	Scambiate L&R; Rip L&L; Trab L&R; Spez L, Cadenza, turning over L	2;½;½;1
P3	Ld: Passi L&R, Spez L; Trab RLRL; back:Passi R&L, Spez R; Trab LRLR	1;1;1;1
	Both: Trangati L&R flanking back; Passi L&R, Cad fwd; repeat start R	1;1;2
P4	Repeat P3, with the Ly doing the Ld's solo part	8
P5	Seg Semidoppio L to L & R to R; Trab LRLR; Spez L, Cad turning L	2;1;1
	Trangati L&R flanking back; Passi L&R, Cad fwd; repeat start R; Rev	1;1;2;1

Il Gratioso **(Negri, 1602)**
(Ly between 2 Lyds) **== in 6==**

P1:	Rev; Barbell: Ly RipMin L&R as Lds SegOrd L&R over L sh	4;4
	Hands around, Passi L&R; SegOrd over L; Passi R&L; SegOrd over R	2;2;2;2
	Hay: RLd: 4 SegOrd to L of Ly, pass between Ly & Ld, around Ld's place & end middle as Ly & Ld 4 spez to switch (Ly in front) & 2 SegOrd over L; Rev	8;4
	Repeat; Repeat Hay (w/o Rev Grave)	12;8
P2:	Rev Grave; Triangle: Ly SegOrd fwd & over L sh as Lds 2 SegOrd over L	4;4
	Ly: RipMin L&R as Lds: take R hands & switch w/ 2 Passi Grave & 1 SegOrd over L sh	4
	Ly: 2 SegOrd over L sh as Lds exchange w/ L hands & turn R	4
	All: in CW wheel, 3 SegOrd; 1 SegOrd turning over L sh	6;2
	In CCW wheel, 3 SegOrd; 1 SegOrd turning over R sh	6;2
P3:	Rev Grave; Ly 2 SegOrd over L as Lds 2 SegOrd back to line	4;4
	Rip L&R; 1 SO over L sh; Rip R&L; 1 SegOrd over R sh	2;2;2;2
	Hay: 6 Scorsi, - to start, Ly and LLd exchang w/ 1 Scorsi	
	Then LLd & RLd, etc. until back to original place; Rev Grave	12;4

Gracca Amorosa **(Caroso 1581)**
(one couple)

V1	Rev; Spez L&R to switch; curl CCW in Spez L&R to face; Trab LRLR	2;2;2;2
	Spez sideways L & honor; Spez R; & honor	2;2
Ch	Spez L away from partner; Spez R away; 3 Rip & Trab all to L	1;1;2
	Spez R away from partner; Spez L away ; 3 Rip & Trab all to R	1;1;2
V2	circle CW with Spez LRLR to place; Trab LRLR	4;2
	curl CCW with Spez L&R to face; Scam L&R; Repeat ch	2;4;8
V3	Ld approaches with Spez L&R diagonally fwd; Ld Trab LRLR	2;2
	Ld curl to in Spez L&R; Ld Trab LRLR facing partner	2;2
	Ld Passo L & honor; Ld Passo R & honor; All repeat ch	2;2;8
V4	as v3, with genders reversed; All repeat ch	12;8
V5	SegOrd L; Rip RR, Trab RL; SegOrd R; Rip LL, Trab LR	4;4
	Step fwd & touch R hands; Step R & touch L hands; Repeat ch	2;2;8

Laccio d'Amore **(Caroso 1581)**
(one couple) **== In 4 ==**

V1	Rev; Face L in wheel Spez LRLR; Face prtnr Trab LRLR	1;2;1
	Spez L&R flanking back; turning L, Spez L, Cad R; Same starting R	1;1;2
V2	Ld's solo Passi L&R, Trab L&R; turning L, Spez L, Cad R	1;1
	Passi R&L, Trab R&L; turning R, Spez R, Cad L	1;1
	Take R hands & Spez L&R; Passi L&R, Cad L, Same w/L	1;1;2
V3	Ly's solo same as Ld's solo	8
V4	Fioretti a pie pari L&R, Passi L&R (flank bck); Seg Semidoppio L (turn L)	1;1
	Fioretti a pie pari R&L, Passi R&L (flank bck); Seg Semidoppio R (turn R)	1;1
	Passi L&R, Batt di Piedi L&R ; Spez L&R (flank bck)	1;1
	Rip L&L, Trab L&R; (turning L) Spez L, Cad R	1;1

Italian Balli (16th Century & later)

Griffoné d'Oro (A Lieta Vita) **(SCA Choreography)**
(one couple)

P1	Rev; Seg Semidoppio L, turn L; Spez R&L to switch; Seg Sem R, turn R	2;2;2;2
	Ld Spez L&R (flanking back); Ly Spez L&R (flanking back)	2;2
	Seg Semidoppio L, turning L; Seg Semidoppio R to place	2;2
P2	Ld Spez L&R to partner; Seg Semidoppio L turning to place	2;2
	Spez R&L to partner; Seg Semidoppio R turning to place	2;2
	Spez LRLR back& fwd in diamond; Seg Semidoppio L, turn L; All Rev	2;2;2;2
P3	Ly Spez L&R to partner; Seg Semidoppio L turning to place	2;2
	Spez R&L to partner; Seg Semidoppio R turning to place	2;2
	Spez L&R flanking back; Spez L&R flank fwd; Seg Semidoppio L, turn L	2;2;2
P4	Ld Spez L&R flanking back; Ly same; Both Seg Semidoppio L, turning L	2;2;2
	Seg Semidoppio R to place	2
P5	Take R hands & Spez L&R to switch; Seg Semidoppio L, turning L	2;2
	Take L hands & Spez R&L to switch; Seg Semidoppio R, turning R	2;2
	Spez L&R flanking back; Spez L&R flanking fwd (end w/ L shoulders)	2;2
	Seg Semidoppio L, turning L; Rev	2;2

Leggiadria d'Amore **(Caroso 1581)**
(Ld between two Lys) **== in 2 ==**

P1:	Riverenza; Continenze L&R; Seq Ord L&R, turning L	2;2;2
P2:	3 Seg Ord LRL; Seg Ord R, turning R	3;1
	Spez L; Passi RL, Cadenza; Battute di Campenella RR; Trab R	½;½;½;½
P3:	Ld Seg Ord LR; Seg Ord L, turning L; Trab RLR	2;1;1
	All Spez L; Passi RL, Cadenza; Battute di Campenella RR; Trab R	½;½;½;½
P4:	Lys Seg Ord LR; Seg Ord L, turning L; Trab RLR	2;1;1
	All Spez L; Passi RL, Cadenza; Battute di Campenella RR; Trab R	½;½;½;½
P5:	3 Scorsi Hey; Trab RLR; Spez L, Passi RL, Cad; Batt di Camp RR, Trab R	3;1;1;1
P6:	Take hands Passi LR, Seg Ord L CW; Passi RL, Seg Ord R CCW	2;2
	Drop hands Spez LR, flanking back; Trab LR	1;1
P7:	Seg Ord L fwd; Seg Ord R back; Seg Ord L, turning L; Trab RLR	1;1;1;1
	Ld Seg Ord LR, turning L 1-½ times, while Lys Scorsi LR; Rev	2

Maraviglia d'Amore **(Caroso 1581)**
(Couples) **== in 2 ==**

P1	Take R hands, Spez L to L, Rev; Rip RR; Trab RL; Repeat to R	2;1;1;4
	Spez LR, circling L; Trab LRLR; Scambiate LR	2;2;4
	Out L: Rip LL; Trab LR; Spiral in Passi LR, Cadenza; Repeat to R	1;1;2;4
P2	Ld Spez LR, flank back; Trab LRLR; Spez LR, turning L; Passi LR, Cad	2;2;2;2
	Both Trab LRLR; Spez L to L, Rev; Repeat to R	2;2;4
	Passi LR back; Trangato L fwd; Spez RL, turning R; Repeat to R	1;1;2;4
P3	(Ly Solo – See P2)	
P4	In CW Wheel Passi LR; Spez L; Repeat tCCW, starting R; Scamb LR	1;1;2;2
	Fioretti pari LR; Passi LR back; Spez LR, clap R hands; Repeat to R	1;1;2;4
	Trab LRLR; Spez L, turning, Cadenza; Repeat to R; Rev	2;2;2;2

Spagnoletta Regolata **(Caroso 1600)**

(Couples) **== In 4 ==**

V1	(face forward) Reverance; 4 Spezzati LRLR; 4 Passi LRLR	2;4;2
	(face partner) 2 Reprise L, Treb L&R; Seg Semidoppio L (CCW circle)	2;2
	2 Reprise R, Treb R&L; Seg Semidoppio R (in CW circle)	2;2
Chorus	Spez L (flank back L), Spez R (flank back R); Seg Semidoppio L to prtnr	2;2
	Spez R (flankback R), Spez L (flank back L); Seg Semidoppio R to prtnr	2;2
V2	Repeat Verse 1, replacing Rev w/ 2 Spezzati (6 Spez total)	16
Repeat Chorus		8
V3	(Ld's Solo) (face prtnr) Spez L&R, Passi L&R (in CCW circle); Saffice L	2;1;1
	Spez R&L, Passi R&L (turning in CW circle); Saffice R	2;1;1
	2 Sotto L, Treb L&R, Corinto L; 2 Sotto R, Treb R&L, Corinto R	2;2;2;2
Repeat Chorus		12
V4	Repeat Verse 3, but as Ly's solo	16
Repeat Chorus		12
V5	(face fwd) Passi L&R; Treb LR Saffice L;Passi RL; Treb RL Saffice R	2;2;2;2
	(face partner) 2 Sottopiede L, Treb L&R; Seg Semidoppio L (CCW circle)	2;2
	2 Sottopiede R, Treb R&L; Seg Semidoppio R (CW circle)	2;2
Final Ch	Saffice L (flank back L);Saffice R (flank back R); Spezi L&R (to prtnr)	1;1;2
	Saffice R (flank back R); Saffice L (flank back L);Puntati R&L (to prtnr)	1;1;2
	Reverance	2

Lo Spagnoletto **(Negri 1602)**

(2 Couples) **== In 4 ==**

V1	Rev w/ jump; Sequito L around circle, Fioretti L& R, Seguito L	2;2;2;2
Cha	3 Sottopiede L, Cadenza L, Trab R; Seguito L turning L	2;2
	3 Sottopiede R, Cadenza R, Trab L; Seguito R turning R	2;2
Chb	Passi L&R backward; Seguito L forward to place	2;2
	Passi R&L backward; Seguito R to place	2;2
V2	Lys 2 Passi (grave) L&R; Seguito L to other's place (turn to face)	2;2
	Spez R&L; Seguito R back to place	2;2
Cha	Lys only; Chb everone	8;8
V3	Lds same solo as Lys in V2	8
Cha	Lds only; Chb everyone	8;8
V4	(In wheel L) Spez L&R; Seguito L; Spez R&L; Seguito R	2;2;2;2
Ch	Everyone does both parts	16
V5	Lys Passi L&R; Trab L&R; Seguito L in tight circle	1;1;2
	Passi R&L passing; Trab R&L; Seguito R back to place	1;1;2
Cha	Lys only; Chb everone	8;8
V6	Lds same solo as Lys in V5	8
Cha	Lds only; Chb everyone	8;8
V7	(R hands w/partner) Spez L&R; Seguito L turning L	2;2
	(L hands w/contrary) Spez R&L; Seguito R turning R	2;2
Ch	Everyone does both parts	16

Torneo Amoroso **(Caroso 1581)**

	(Couples)	**==In 2==**
P1	(Fwd) Rev; Con LR; Puntati LR; Doppio L; Repeat w/R	4;4;4;4
	Seg Ord LRLR	8
Ch	(Drop hands & face) Rip LLRR; Passi LR (flanking)	4;2
	Seg Ord L (back)	2
	Rip RRLL; (change places w/) Passi RL; Seg Ord R	4;2;2
P2	(Fwd) Punt L (Ld); Punt L (Ly); Punt R (Ld); Punt R (Ly)	1;1;1;1
	Seg Ord LR (flanking Ld); Seg Ord LR (flanking Ly)	4;4
	Repeat above 2 lines	12
Chorus		
P3	Repeat part 2 w/ Ly moving first each time	
Chorus	(next part)	**==In 6==**
P4	Rev; Spez LR (turn L); Spez LRLR (away)	2;2;4
	(Face) Spez Scorsi LL* (strike R hands); Spez LR (away)	2;2
	Repeat (strike L)	2;2;4
	Spez LRLR (flanking); Trab LRLR (strike opposite hands)	4;2
	(Take hands) Rev (next part ==In 3==)	2
P5	(Face) Seg Ord LRLR (flanking back); Seg Ord LRLR (Figure 8)	8;8
	Seg Ord LRLR (change places); Seg Ord LRLR (flanking fwd)	8;8
	Ly Figure 8 as Ld: Seg Ord LR (turn L) & Seg Ord (to Ly); Rev	8

Villanella **(Caroso 1581)**

	(one or more couples)	**== In 4 ==**
P1	(Facing head of hall, holding usual hands)	
	Rx; Con L&R; 2 Seg forward (L&R); Con L, 2 Rip R	2;2;2;2
	2 Passi (L&R), Seg L; 2 Pas (R&L); Seg R; Con L, 2 Rip R; Rx	1;1;1;1;2;2
P2	Ld trace semi-circle around Ly Passi L&R; Seg L; Passi R&L; Seg R	1;1;1;1
	(Facing partner, taking R hands) Both Con L, 2 Rip R; Rx	2;2
	Repeat, beginning with Ly trace semi-circle around Ld	8
P3	Spez L&R to switch w/ R hands; Spez L&R to curl L; Con L, 2 Rip R; Rx	2;2;2;2
	Spez L&R to switch w/ L hands; Spez L&R to curl R; Con L, 2 Rip R; Rx	2;2;2;2

Villanicco **(Negri 1602)**

	(2 Lds & 2 Lys in a sqaure)	**== In 4 ==**
V1	Riverenza; SegOrd LRL	2;3
Ch	Passi RLR, Passo L w/ hop, turning R: Spez R&L, SegOrd R w/ Cad	1;2
V2	5 SegOrd LRLRL in CW wheel	5
Repeat chorus		3
V 3	(Lds only) 2 Passi (grave) L&R to center; SegOrdi L	1;1
	Puntato R back turn L hip to center; Con L&R; Rip R, Cad to face	1;1;1
Lds only Repeat chorus		8
V 4	Lys do what Lds did in V3	8
Lys only Repeat chorus		8

Villanicco (continued)

V5	Ld1: Take R hands w/Ly on R & SegOrd L&R, Drop hands	2
	SegOrd L&R, turning L ; Rip LLRR ; SegOrd L&R, turning L	2;2;2
	Ld1: Take R hands w/Ly on L & SegOrd L&R, Drop hands	2
	SegOrd L&R, turning L; SegOrd L&R to Ly & back; SegOrd L&R, turning L	2;2;2
V6	Ly1 repeats V5 (w/ Ld on R, then L)	16
V7	Ld2 repeats V5	16
V8	Ly2 repeats V5	16
V9	All repeat V5 together, begin w/ ptnr	16
V10	In CW wheel: Passi L&R, SegOrd L; CCW: Passi R&L, SegOrd R	2;2
V11	All together Repeat V 3	5
Repeat Chorus		3

For a shorter version of the dance, skip V5-V8

Steps for 16th Century Italian Dance

Bransle - shift weight slowly to side & back to center
Cadenza (Cad)– jump & land w/ lead foot slightly forward.
Continenza (Con) – A step to the side & close. Sink down on the ball of the foot as you step to the side, & rise up as you close with the other foot
Corinto - 3 reprises [or reprises sottopiede), followed by a trebucetto in same direction
Double (Doppio) – three steps, styling varies from dance to dance
Fioretto – kick lead foot forwards & to the side, leaping onto the toes of the foot. Bring the other foot across & land lightly on the flat of both feet.
Fioretto a Pie Pari – swing L foot to side & back, kicking the R foot to the other side.
Groppo - Trab L, R, L; cut R foot under left & kick L foot out in front
Puntata (Puntata Grave) - Step L. "Stab" R&Lift L heel off ground. Lower L heel.
Reverance (Rev) (lds) – move L foot forward, sweep L foot back, shift weight onto back leg with knee bent, straighten back leg back gracefully into standing position
Ripresa (Rip)– step sideways over onto the toe & lower to floor with weight on other foot
Ripresa minuita – "charleston" type step side to side (heels together, toes together)
Saffice – Sottopiede, followed by a Trebucetto in the same direction
Saltino a pie pari – jump straight up & land on both feet
Scambiote – Step sideways w/ lead foot, undercut, cadenza
Scorsi – Rise up on toes & scurry for 8 steps in 4 beats; lower heels.
Seguito Battuto al Carario – L heel forward, L toe back, close w/ a stamp.
Seguito Ordinario (SegOrd) – Caroso - three steps (for Negri, see Seguito Semidoppio)
Seguito Semidoppio – 2 Passi, & a spezatto (Negri - Seg Oridnario)
Single [Passo] – step lightly & carry through (do not close)
Sottopiede – step sideways, cut other foot under first foot
Spezzato (Spez)– 3 steps on the balls of the feet, with an undercut on the second step
Spezzato Alterato (L)– raise L foot & hop onto R, spez L
Spezzato Scorsi LL – Spez LRLR at double normal speed
Trabuchetto (Trab) – small jump sideways onto ball of foot

Adson's Saraband **(Playford 1651)**

	(3 couples in a line)	**== In 4 ==**
P1	Forward & back a double; Set & turn single; that again	2;2;4
	Lds double away from Lys & back; set & turn; Lys same	2;2;4
P2	Lds double down set as Lys up; pass & fall into ptnr's place;set & turn	1;1;2
	Lds double up set as Lys down; pass & fall into ptner's place; set & turn	1;1;2
P3	Half a hey for couples; set & turn; complete Hey; set & turn	2;2;2;2
P4	Double L; set & turn; Lds1&3 meet as Lys 1&3 meet & C2 meet;	1;2;1
	C2 turn as Ld1&Ld3 turn & Ly1&Ly3 turn; double to place; turn partner	2;1;2
	Switch w/ ptnr; set & turn; C1 lead down through middle & cast to place	1;2;4

All in a Garden Green **(Playford 1651)**

	(3 couples in a line)	**== In 4 ==**
V1	Forward & back a double; Set & turn single (2x)	2;2 (2x)
C1	Ld1 take R hands w/Ly1; L w/ Ly2; R then L w/Ly3; kiss 2x; turn	1;1;1;1;2
	Ld1 take R hands w/ Ly3; L w/ Ly2; R then L w/ Ly 1; kiss 2x; turn	1;1;1;1;2
V2	Partners Side R; Set & turn single; Side L; Set & turn single	2;2;2;2
C2	The same as Chorus 1, except first Ly dances with the Lds	12
V3	Partners Arm R; Set & turn single; Arm L; Set & turn single	2;2;2;2
C3	The same as Chorus 1	12

Argeers **(Playford 1651)**

	(2 couples facing)	**== In 4 ==**
V1	Corners join hands, slip out & back ;Turn corner ½ ; Turn partner 1½	1;1;2
	Forward a double; Turn corner ½ ; Turn partner 1½	1;1;2
C1	Lds switch; Lys switch; Set & turn; Lys switch; Lds switch; Set& turn	1;1;2;1;1;2
V2	Double out & back w/corner; Turn prtnr; Double back & fwd; Set & turn	2;2;2;2
C2	Lds slip R, Lys slip L (Lds inside);Slip back (Lys inside); Turn corner	1;1;2
	Lys forward & back a double; Lds do 8 ct single hey	2;2
V3	Lds push corner back; Slip to Ld's R ; Fall back; Set & turn	½;1;½;2
	Lds slip L, Lys R (Lds inside); Lds push Lys back & fall back; Set & turn	1;1;2
C3	Ld1 & Ly2 cast off & lead into partner's place; Cast again back to place	2;2
	Lds begin a single hey for 4, do half the hey; ladies join in	1;1
	Turn your partner; Fall back into line of 4 & reverance to presence	2

Beggar Boy **(Playford 1651)**

	(3 couples in a line)	**== In 4 ==**
V1	Forward a double; back a double (2x)	1;1 (2x)
C1	C1 & C3 double away from ptnr& to place, as C2 double to meet ptnr& back	2
	Lds take hands in a circle, Lys same & turn ½ to reverse order of line; repeat	2;4
V2	Partners side R; side L	2;2
C2	Lds 1&3 switch as Lys1&3 switch as C2 double back from prtnr & to place	2
	The first 4 full circle around while C in last place set & turn ; repeat	2;4
V3	Parners arm R; arm L	2;2
C3	Double back from prtnr & to place; Lds half hey as Lys half hey; repeat	2;2;4

Black Nag **(Playford 1665)**

	(3 couples in a line)	**== In 4 ==**
V1	Forward & back a double (2x)	2 (2x)
C1	Slip up the line (C1; C2; then C3); turn single; Slip down; turn single	1;1;1;1;3;1
V2	Side R with your partner; Side L with your partner	2;2
C2	Ld1 & Ly3 switch; then Ld3 & Ly1; then Ld2 & Ly2; All turn single	1;1;1;1
	Ld1 & Ly3 return; then Ld3 & Ly1; then Ld2 & Ly2; All turn single	1;1;1;1
V3	Arm R with your partner; Arm L with your partner	2;2
C3	Lds' Hey; Lys' Hey	4;4

Boate Man **(Playford 1651)**

	(3 couples in a line)	**== In 4 ==**
V1	Forward & back a double; set& turn; repeat	2;2;4
C1	Ld2 & C1 ½ triangle hey, while Ly2 & C3 the same; turn your partner	2;2
	Ld2 & C3 ½ triangle hey while Ly2 & C1 the same; turn your partner	2;2
V2	Side R w/ partner; set & turn; side Lw/ partner; set & turn	2;2;2;2
C2	Ld2 & C1 ½ circle, while Ly2 & C3 the same; (C2 meet &) turn partner	2;2
	Ld2 & C3 ½ circle, while Ly2 & C1 the same; (C2 meet &) turn partner	2;2
V3	Arm R w/ partner; set & turn; Arm L w/ partner; set & turn	2;2;2;2
C3	Ld1, Ly2,& Ld3 hands around Ld2; turn your partner	2;2
	Ly1, Ld2 & Ly3 hands around Ly2; turn your partner	2;2

Bonny Bonny Broom **(Playford 1651)**

	(4 couples in a line)	**== In 4 ==**
V1	Double fwd & back; C1&2 cast to place as C3&4 same; face down & repeat	2;2;4
C1	C1&3 meet & back; circle to place; C2&4 same	2;2;4
V2	Side R; Set & turn; Side L; Set & turn	2;2;2;2
C2	C1 & C2 switch(Ld w/Ld),; C3&C4 switch; set & turn; repeat	1;1;2;4
V3	Arm R; Set & turn; Arm L; Set & turn	2;2;2;2
C3	C1 fwd & back as Lds2&3 & Lys 2&3 away & back as C4 down & back	2
	Circle half around; repeat	2;4

Burley Mariners **(SCA choreography)**

	(3 couples in a line)	**== In 4 ==**
V1	Double fwd & back;; set & turn; repeat; Hey for couples; repeat	2;2 ;4;4;4
C1	Ld1 to bottom of set: Swittch by R hnd w/ Ly1; L-Ld 2; R-Ly2; L-Ld3	1;1;1;1
	Ld1 honor Ly3; Ly3 honor Ld1; 2 hand switch; all back to back	½;½;1;2
	Ly1 zig zag to bottom of set, as Ld1 did (incl honors, switch, & back to back)	8
V2	Side R with partner; set & turn L; Side L with partner; set & turn L	2;2;2;2
	Hey for Couples (twice through) – as in V1b above	4 (2x)
C2	Current Ld1 zig zags to bottom of set; current Ly1 same	8;8
V3	Arm R with partner; set & turn L; Arm L with partner; set & turn L	2;2;2;2
	Hey for Couples (twice through) – as in V1b above	4 (2x)
C3	Current Ld1 zig zags to bottom of set; current Ly1 same	8;8

Chestnut **(Playford 1651)**

	(3 couples in a line)	**== In 4 ==**
V1	Forward a double; back a double (2x)	1;1 (2x)
C1a	Ld & Ly back away in a double; Switch places with your partner	1;1
C1b	Ld join hands, Ly join hands & ea group full circle; repeat (to place)	2;4
V2	Arm R with your partner; Arm L with your partner	2;2
C2	Do C1a; Lds half hey, reversing order, as Ly same; repeat (to place)	2;2;4
V3	Side R with your partner; Side L with your partner	2;2
C3	Do C1a; C1 lead down betw other couples, who follow, reversing the line	2;2
This back again, but C1 (in C3 place) cast off (not lead between)		4

Cuckolds All A Row **(Playford 1651)**

	(2 couples facing)	**== In 4 ==**
V1	Forward & back a double (2x)	2 (2x)
C1	Back-to-back corner; Gypsy corner; Back-to-back partner; Gypsy partner	2;2;2;2
V2	Side R with your partner; Side L with your corner	2;2
C2	Lds switch places; Lys switch places; All join hands & circle L	1;1;2
	Lys switch places; Ldsswitch places; All join hands & circle R	1;1;2
V3	Arm R with your partner; Arm L with your corner	2;2
C3	Lds push corner back a double, Slip to Ld's R, Fall back to ptnr's place	2
	Lds cast R to old place and back to new place, partners following	2
	Lds push corner back a double, Slip to Ld's L, Fall back to orig place	2
	Lds cast L & back to place, partners following, all to orig place	2

Dargason **(Playford 1651)**

(single line - Ldsfacing equal number of Lys)	**== In 4 ==**
C1 side R; set & turn moving into each others place	2;2
Continue with new partners; progress until reach original place or other spot	2;2 (mult x)
C1 arm R; set & turn into each others place	2;2
Continue with new partners, & progress as before	2;2 (mult x)

Hey through entire set (grand R&L)

Variation 2 equal lines in a cross formation. Remain in original line; curve L when switching places in the middle. On Hey, do half a star to switch sides in the middle.

Dull Sir John **(Playford 1651)**

	(4 couples in a square)	**== In 4 ==**
P1	Heads Double in, cast off w/ opp & return to place; Sides same	2;2
P2	Head Lds switch; Head Lys switch; Circle to place; Sides same	1;1;2;4
P3	(Side Lds behind Lys) C1 split betw corners to C3 as C3 Double to C1's place	1
	Repeat w/ C3 giong through corners; Head Lds fall behind Lys; Sides same	1;2
P4	Heads (Lds still behind Lys) hey to place, end side by side; Sides same	2;2
P5	Lds cast behind partnr & advance 1 place R; Lys same; Repeat	1;1;2
P6	Heads back to back; R hands to opp & switch L to partner; Sides same	2;1;1;4

Epping Forest **(Playford 1651)**

(3 couples in a circle) **== In 4 ==**

V1	2 Doubles L; Set & turn single; 2 Doubles R; Set & turn single	2;2;2;2
Ch	Honor partnr & kiss or slow set L&R; Same to contrary	1;1
	Turn contrary full circle; turn partnr full circle	2;2
V2	Side R; Set & turn single; Side L; Set & turn single; Chorus	2;2;2;2;6
V3	Arm R; Set & turn single; Arm L; Set & turn single; Chorus	2;2;2;2;6

Faine I Would If I Could **(Playford 1651)**

(4 couples in a square) **== In 4 ==**

V1a	Double away from the set; turn & double back to place	1;1
V1b	2 hand switch w/corner; 2 hand switch across set (heads w/ partner)	1;1
V1c	Repeat V1a w/ new partner; Repeat V1b, end in orig square	1;1;1;1
C1a	Heads double fwd, 'pick up' Sides & double back	2
C1b	Meet & take R hands with person facing, sides (go wide) & do a quick full turn & break - heads do a tight full turn in the middle; fall into corner's orig. position	2
C1c	C1a, with side couples leading; C1b, falling into orginal square	2;2
V2	Side R with partner; V1b above; Side L w/new partner; V1b above	2;2;2;2
C2a	'Cloverleaf' - heads cast away from partner & walk small circle through nearest corner position & back to place, each corner following nearest leader	2
C2b	Each head couple & their corners take "4 hands round to your places"	2
C2c	C2a, but the sides lead ; C2b, but w/ each side couple & their corners	2;2
V3	Arm R with partner; V1b above; Arm L w/new partner; V1b above	2;2;2;2
C3a	Heads double in & turn back-to-back;,Sides hands & cirle R	2;2
C3b	C3a, but sides back-to-back while heads circle R & fall back in original square	4

Fine Companion **(Playford 1651)**

(4 couples in a circle) **== In 4 ==**

V1	Forward & back a double; Set & turn single (2x)	2;2 (2x)
C1	Ld double in & out; Ly in as Ld out; Ly double out as Ld in & circle	2;2
	Ly double in & out; Ld in as Ly out; Ld double out as Ly in & circle	2;2
V2	Side R; Set & turn single; Side L; Set & turn single	2;2;2;2
C2	Heads in & out; Sides in (as heads out) & out as Head in & circle	2;2
	Sides in & out; Heads in (as sides out) & out as Sides in & circle	2;2
V3	Arm R; Set & turn single; Arm L; Set & turn single	2;2;2;2
C3	Lds to center; Lys circle; Lds to place; repeat w/ Lds circle Lys	½;3;½;4

Gathering Peascods **(Playford 1651)**

(about 4 - 7 couples in a circle) **== In 2 ==**

V1	Circle L; Turn single; Circle R; Turn single	4;2 [2x]
C1	Lds take hands, circle round middle to places; Lys the same	6 [2x]
	Lds meet & clap; Lys same (as Lds out); Lds same, no clap, turn to place	2;2;4
	Lys meet & clap; Lds same (as Lys out); Lys same, no clap, turn to place	2;2;4
V2	Side R with prtnr; Turn single; Side L with prtnr; Turn single	4;2 [2x]
C2	Same as chorus 1, except Lys do everything 1st and Lds after	28
V3	Arm R with prtnr; Turn single; Arm L with prtnr; Turn single; Chorus 1	4;2 [2x];28

Glory of the West **(Playford 1651)**

(2 couples facing) **== In 4 ==**

V1	Forward & back a double ; back & forward a double	2;2
Ch1	Lds double back as Lys turn single; Lys double back as Lds turn	1;1
	Lds switch; Lys switch; Join hands & circle halfway; repeat chorus	1;1;1;5
V2	Side R with your corner; Side L with your partner	2;2
Ch2	Lds back-to-back with stationary Lys; then Lys w/ stationary Lds	2;2
	All turn single; Hey for 4; R hand star	1;2;2
V3	Arm R with your corner; Arm L with your partner	2;2
Ch3	Lds meet; Lys meet & make arch with R hands	1;1
	Lds go through arch back to place & make arch with R hands	2
	Lys go through arch back to place	2
	Take R hands with cnr & switch; Take L hands w/ ptnr & switch	2;2
	Join hands & circle halfway; Fall into line & reverance the presence	1;1

Goddesses **(Playford 1651)**

(4 couples in a line) **== In 4 ==**

V1	Forward & back a double (2x)	2 (2x)
Ch	C1 cast to foot of set as others follow; Cast from foot of set to place	2;2
V2	Ld1 lead Lds around the Lys; Ld3 leads line back; Repeat Chorus	2;2;4
V3	Lys take hands and go behind Lds & back; Repeat Chorus	4;4
V4-5	Lds circle Lys; Repeat Chorus; Lys circle Lds; Repeat Chorus	4;4;4;4
V6-7	Lds circle together; Repeat Chorus; Lys circle; repeat Chorus	4;4;4;4
V8	All circle; Repeat Chorus	4;4
V9-10	Lds Hey; Repeat Chorus; Lys Hey; Repeat Chorus	4;4;4;4
V11	Grand Hey (C1 & C4 start swtiching w/prtnr); Repeat Chorus	4;4

Grimstock **(Playford 1651)**

(3 couples in a line) **== In 4 ==**

Verse 1	Forward & back a double; Set & turn single (2x)	2;2 (2x)
Chorus 1	Switching - C1 goes in between C2 & outside of C3,	
	C2 goes in & out; C3 goes in & out (back to place)	4
Verse 2	Side R; Set & turn single; Side L; Set & turn single	2;2;2;2
Chorus 2	Arches - C1 goes under C2's arch & arches over C3,	
	C2 goes under & over; C3 goes under & over (back to place)	4
Verse 3	Arm R w/ partner; Set & turn single; Arm L ; Set & turn single	2;2;2;2
Chorus 3	Crossover Hey - C1 cross over & Hey down the set (on partner's side),	
	C1 crosses back at bottom of set & Hey up the set (on own side)	4

Heart's Ease **(Playford 1651)**

(2 couples facing) **== In 4 ==**

Verse 1	Forward & back a double (2x)	2 (2x)
Chorus	(facing partner) Double away from & toward partner; Turn corner	2;2
	(facing corner) double away from & toward corner; Turn partner	2;2
Verse 2	Side R with your partner; Side L with your corner; repeat Chorus	2;2;8
Verse 3	Arm R with your partner; Arm L with your corner; Repeat Chorus	2;2;8

Heralds in Love **(SCA Choreography)**

(4 couples in a line) **== In 4 ==**

Verse 1	Forward & back a double; set & turn single (2x)	2;2(2x)
Chorus 1	Ld1 & Ly2 switch w/ R hands, as Ld3 & Ly4 do same	
	(In improper sets, this chorus is all Lds); Ld1 & Ly4 switch w/	
	L hands; Ly2 & 4 switch w/ R hands as Ld1 & 3 do same;	
	Continue until all are back in their original places	1;1;1;5
Verse 2	Side R; Set & turn single; Side L; Set & turn single	2;2;2;2
Chorus 2	(In improper sets, this chorus is all Lys) Ld2 & Ly3 switch w/	
	R hands; Ld2 & 4 switch w/ L hands as Ly3 &1 do same;	
	Ly1 & Ld4 switch w/ R hands; continue until all are back to place	1;1;1;5
Verse 3	Arm R; Set & turn single; Arm L; Set & turn single	2;2;2;2
Chorus 3	Do chorus 1 & chorus 2 together; In improper sets, Lds will always	
	Be exchanging places with Lds, & Lys with Lys	8

Hit and Misse **(Playford 1651)**

(2 couples facing) **== In 4 ==**

Verse 1	Forward & back a double (2x)	2 (2x)
Chorus	Double in; Double out to side w/ opp	1;1
	Double in; Double back to place with prtnr	1;1
	Single Hey for 4, begin by passing R shoulders w/ opp	2
Verse 2	Side R with your partner; Side L with your partner; repeat chorus	2;2;6
Verse 3	Arm R with your partner; Arm L with your partner; repeat chorus	2;2;6

Hockley-in-the-Hole **(Playford 1651)**

(Longways for as Many as Will) **== In 4 ==**

V1:	Forward & Back a Double (2x)	2 (2x)
Ch:	Set and turn single (2x)	2(2x)
V2:	Ld1 & Last Ly Double to meet & Double back; Ly1 & Last Ld same; Ch	2;2;4
V3:	Ld1 & Last Ly Arm R; Ly1 & Last Ld Arm L; repeat Chorus	2;2;4
V4:	Ld1 2 Doubles to meet Last Ly at bottom of set	2
	2 Doubles for Ld1 & Last Ly to go to top of set (other Lys shiftt down); Ch	2;4
V5:	Last Ld 2 Doubles to meet his Ly at top of set	2
	Last C 2 Doubles to bottom of set as	
	C1 follow & pass through to become new Last C	2
	Repeat Chorus	4

If All the World Were Paper **(Playford 1651)**

(4 couples in a square) **== In 4 ==**

Double forward & back; Set & turn (2x)	2;2 (2x)
Heads-Lds switch places, then Lys; Rs & Ls to place (1st w/ partner); sides same	2;2;4
Side L; Set & turn; Side R; Set & turn	1;1;1;1
Heads-double in; take corner betw side; cast to place; 2 hand turn; sides same	1;1;2;4
Arm L; Set & turn; Arm R; Set & turn	1;1;1;1
Heads-Exten R hand to opp & change places, continue L&R to place; sides same	4;4

Hyde Park **(Playford 1651)**

(4 Couples in a square) **== In 4 ==**

Verse 1	Head C's forward & back a double; Sides same	2 ;2
Chorus 1	C1 & C3 slip into center to meet other C; slip out w/ corner through Nearest Inactive C; cast to place	1;1;2
	C2 & C4 slip into center to meet other C; slip out w/ corner through nearestInactive C; cast to place	1;1;2
Verse 2	Head C's forward & back a double; Sides same	2 ;2
Chorus 2	C2 & C4 change places w/ partner & make arch while C1 & C3 pass partner by R & continue around set to meet corner outside of arch; C1 & C3 go through arches to meet partner; fall back to place	2;1;1
	C1 & C3 change places with partner & make arch while C2 & C4 pass partner by R & continue around set to meet corner outside of arch; C2 & C4 go through arches to meet partner; fall back to place	2;1;1
Verse 3	Head C's forward & back a double; Sides same	2 ;2
Chorus 3	All Ldspass partner by the inside shoulder & continue around set, Going around the Lys by alternating shoulders	4
	All Lys pass partner by the inside shoulder do same around Lds	4

The Irish Gypsy (or Sionnain's Shamrock) **(SCA Choreography)**

(4 couples in a square) **== In 4 ==**

V1	Heads double fwd & back; Heads double fwd & cast to place; sides same	2;2;4
Ch1	Heads slip in; set LR; Slip w/ opp betw sides & cast to place; sides same	1;1;2;4
	½ hey begin by passing partner by R; gypsy w/ partner; repeat	2;2;4
V2	Side R w/prtnr; Set & turn; Side L w/corner; Set & turn (face center)	2;2;2;2
Ch2	Pass & post Heads walk through the set (Ldys pass on inside); give near arm to nearest Side & post to face into set; repeat 3x; Sides same	1;1;6; 8
V3	Arm R w/ partner; set & turn; Arm L w/ corner; set & turn	2;2;2;2
Ch3	Lds form for L hand star & pass in front of partner to next Ldy;	1
	Take Ldy by R hand & cirle 1x, ending back in the L hand star; repeat 3x	1;6
	Lys form for R hand star & do as Lds did	8

Jenny Pluck Pears **(Playford 1651)**

(3 couples in a circle) **== In 4 ==**

V1	Slide L; Set & turn single; Slide R; Set & turn single	2;2;2;2
Ch1	Ld1 turns Ly into center; Ld2 same; Ld 3 same; All reverance	1;1;1;1
	Lds skip around L; then R	4;4
	Ld1 turns Ly to place; Ld2 same; Ld3 same; All reverance	1;1;1;1
V2	Side R; Set & turn single; Side L; Set & turn single	2;2;2;2
Ch2	Same as chorus 1, except Ly turn Ld in & skip around	16
V3	Arm R; Set & turn single; Arm L; Set & turn single	2;2;2;2
Ch3	Same as chorus 1	16

Jack Pudding **(Playford 1651)**

(3 couples in a line) **= ln 4 =**

V1:	Double fwd; C1&C2 break hands, separate & Double back as C3 Double fwd	1;1
	C1 & C2 Double fwd (still apart) as C3 Double back	1
	C1 & C2 take hands & all Double back	1
Ch1:	C3 move between C1 & C2 as Lds 1&2 make an arch & Lys same	2
	C3 cast round C1, under arches & cast round C2, to place, proper	4
	C1 & C2 join hands & circle once around as C3 does full turn	2
V2:	Side R&L with partner	4
Ch2:	Lds form a circle & go once around, raising arms	2
	Lys under arches & turn partner back to place	2
	Repeat with genders reversed	4
V3:	Arm R&L with partner	4
Ch3:	C1 turn to face down as C3 heads up line	
	C2 moves to C3 place as C1 makes arch & C3 passes under	1
	C3 change places and face down as C1 turns to face up	1
	C1&C3 take hands & go once around; C2 heads up the line	2
	C1 moves to C3's original position as C2 makes an arch & C3 passes under	1
	C3 change places & face up as C2 turn to face down	1
	C2&C3 take hands & go once around; C2 turn to face up.	2

Kelsterne Gardens **(Playford 1726)**

(3 couples in a line) **= ln 4 =**

Hey for couples; C1 figure 8 crossing through C2, as C2 follows (start outside) 2;2
C1 &C2 circle; C1 cast down 1 place; C1&C3 circle; C1 cast to bottom of set 2;1;2;1

Kemps Jegg **(Playford 1651)**

(3 couples in a circle) = ln 4 =

P1	Ld1 lead Lys1&3 fwd & back a Double (2x)	2(2x)
	Ld1 honor Ly3, then Ly1; Ld1 turns Ly2 to progress to Ld2's place as Lds 2&3 rotate CCW into next place (Ly2 returns to own spot)	2;2
	Repeat 2x, w/ same active Ld until all are back to place	16
	Repeat entire Part 2x with Lds2&3 active	48
P2	Ld1 lead Lys1&3 fwd & back a Double (2x)	2(2x)
	Ld1 & Ly3 switch by R hands; Ld1 & Ly1 switch by L as Ly 3 to orig place	1;1
	Ld1 & Ly2 full turn as Ly 1 to place & Lds2&3 rotate CW to new places	2
	Repeat as in P1	16;48
P3	Ld1 w/ Lys1&3 Double fwd & back, hold Lys outsd hnds behind backs(2x)	2(2x)
	Ld1 unwinds Ly3 & kisses her; Ld1 unwinds Ly1 & kisses	1;1
	Ld1 turn Ly2 to progress as Lds2&3 rotate CCW	2
	Repeat as in P1	16;48

Short Version: Ignore direction to "repeat entire part 2x w/ same active Ld" – Ld 1 is now active for only 1 repeat of each verse. Lds 2&3 do likewise.

Egalitarian Version: Ignore direction to "repeat entire part 2x w/ same active Ld" Once the Lds all been active, the dance begins again with the Lys active.

Kettle Drum **(Playford 1651)**
(4 couples in a square) **== In 4 ==**

V1: Take hands, meet a double and back (2x) 2(2x)
Ch1: Lys R hand star; Lds same; Lds take ptnr R hand & turn to place 2;2;1
Lds L hand star; Lys same; Lys take ptnr L hand & turn to place 2;2;1
V2: Side R&L 4
Ch2: Heads in a double; Heads back as Sides in a double; 1;1
Sides R hand w/corner & turn into their place 1
Same with Sides doing what heads did and vice versa 3
V3: Arm R&L 4
Ch3: Ptnrs take 2 hands, swing in, out, & in, break hands & turn to crnr 2
Lean in & kiss crnr, lean back; repeat 1;1
Take corner by both hands & do same swings, face partner 2
Lean in and kiss partner, lean back; repeat 1;1

Lord of Carnavan's Jegg **(Playford 1651)**
(4 couples in a line) **== In 4 ==**

Part 1 Forward & back a double (2x); Do-Si-Do with partner (2x) 2(2x);2(2x)
Part 2 C1 cross over & go behind C2 into their place (on partner's side) 1
C1 cross over & go behind C3 into their place (on own side) 1
C1 go between C 4, cast off & lead line around; Arm R 2;2
(order from top to bottom is now C1, C4, C3, C2)
Repeat with C2 leading in other direction (order ends C3, C4, C1, C2) 14
Repeat with C3 leading in first direction (order ends C3, C2, C1, C4) 14
Repeat with C4 leading in other direction (order ends C1, C2, C3, C4) 14

Lord Sun & Lady Moon **(SCA Choreography)**
(3 couples In a line, the middle couple improper) **== In 4 ==**

I C1 & C2 take R hands across; Rotate CW halfway around 1
C1 & C3 take L hands across; Rotate CCW halfway around 1
C2 & C3 take R hands across; Rotate CW halfway around; all honor ptnr 1;1
II C1 & C2 take Lhands & Rotate CCW; C1 & C3 take R hands & Rotate CW 1;1
C2 & C3 take L hands across; Rotate CCW halfway around; all honor ptnr 1;1
III Lys walk in a CW circle (no hands) around Ld2 & back to place 2
IV Lds walk in a CW circle (no hands) around Ly2 & back to place 2
V C1 & C2 take hands in a circle of four & circle CW halfway around; 1
C2 drops hands while Ld1 turns Ly1 1
VI C1 & C3 take hands in a circle of four & circle CW halfway; All honor ptnr 1;1
(Order of couples is C2 , C3 (improper) C1, becoming C1, C2 & C3 for next repeat)

Lull Me Beyond Thee **(Playford 1651)**

(2 couples facing 2 couples C3, C1, C2, C4)) **== In 4 ==**

V1: Meet a double forward & back (2x) 2(2x)
Ch1a C3&C4 double twd ea other as others double away from set 1
New lines fall back a double; turn your opposite 1;2
Ch1b C3&C4 double away from ea other as others double together 1
Lines fall back a double; turn your partner 1;2
V2: Side R w/prtnr; C1&C2 side L w/corner as C3&C4 side L w/prtnr 2;2
Ch2a Lead away from prtnr, fall back into circle; go once around 2;2
Ch2b Lead away from corner, fall back into circle; go once around 2;2
V3: Arm R w/prtnr; Arm L w person you sided L with 2;2
Ch3a C1&C2 lead out & in (to wall & back) forming arch as
C3 & C4 lead in, then out w/corner under arch 2
C1& C2 lead out (to C3&C4 places) as rest lead in & all turn prtnr 2
Ch3b Repeat Ch3a w/ C3 & C4 leading out first 2;2

Mage on a Cree **(Playford 1651)**

(4 couples in a circle) **== In 4 ==**

V1 All join hands, Double fwd& back, Set & turn (2x) 4(2x)
C1 Lds1&4, Lds2&3 back to back; Lds turn corner Ly by R hand 2;2
Lys1&4, Lys2&3 back to back; Lys turn ptnr by R hand 2;2
V2 Side R; Set & turn turn single; Side L; Set & turn turn single 2;2;2;2
C2 Lds weave L in front of Co. Ly & behind next; Lds meet in middle & turn sing. 2;2
Lds weave L in front & behind 2 Lys; Lds meet in middle & turn to place 2;2
Lys do as Lds did, but weaving to the R 8
V3 Arm R; Set & turn single; Arm L; Set & turn single 2;2;2;2
C3 All turn Corner 1½ times to progress; continue until to place 8

Maid Peeped Out the Window **(Playford 1651)**

(4 couples in a line) **== In 4 ==**

V1 Forward & back a double (2x) 2(2x)
C1 C1 cast & lead to bottom; Set & turn; C1 cast& lead to top; Set & turn 2;2;2;2
V2 Side R with your partner; Side L with your partner 2;2
C2 All slide across at L diagonal; Double into partners place; Set & turn 1;1;2
All slide back at L diagonal; Double into own place; Set & turn single 1;1;2
V3 Arm R with your partner; Arm L with your partner 2;2
C3 Lds 1 & 3 push Lys 2 & 4 out, around, & across into Lds' place 1
Lds 2 & 4 push Lys 1 & 3 into men's place; Set & turn single 1;2
Repeat above, pushing Lys back itno own place; Set & turn 2;2

Maiden Lane **(Playford 1651)**

(3 couples in a line) **== In 4 ==**

P1: Forward & back a double (2x); Double L & back 2(2x);2
Double speed single Hey on both sides; Set & turn single (2x) 2;2(2x)
P2:: Sides R&L; Back a double & switch with prtnr; repeat; set & turn 2x 4;2;2;2(2x)
P3: Arm R&L;Ld1&Ly2 switch, Ld2&Ly1 switch as C3 switch 4;1;1
Ld1&Ly3 switch, Ld3&Ly1 switchas C2 switch; Set & turn2x 1;1;2(2x)
Couples should now be progressed, ready to do the dance 2 more times.

Martin's Bane **(SCA Choreography)**

(4 couples in a square) **==In 4==**

V1: Double in&out; switch w/prtnr; Double out∈ Switch w/prtnr 2:1:2:1
Ch1 Lds: R hand star halfway; Cast around opp to her corner's place 2:2
V2: Side R; switch w/ partner; Side L; switch w/partner 2:1:2:1
Ch2: Lys: Cast around prtnr to his corner's place; L hand star halfway 2:2
V3: Arm R; switch w/ partner; Arm L; switch w/partner 2:1:2:1
Ch3 Do Ch1 and Ch2 at the same time, ending on opposite side of set 4

Meeting of the Maydens **(SCA Choreography)**

(4 couples in a line) **==In 4==**

V1: Double back from prtnr & Fwd; w/prtnr Dbl Fwd & back 2;2
Ch1 Lords Hey as Ladies hey - Ly1 stop at bottom, others progress 4
V2: Double back & fwd; Double Fwd to L hand, turn and Dbl to place 2;2
Ch2 Ly2 weave between Ld1&Ld2, then between Ld2&Ld3; 2
Ly 2 Arm R w/Ld4 as rest Arm L w/next to progress 2
V3: Double back & fwd; Double Fwd to R hand, turn and Dbl to place 2;2
Ch3 Ly3&Ld1 lead cast to bottom; Cast to top as Ly3 stays at bottom 2;2
V4: Side R&L 4
Ch4 Lds Circle L&R as Lys circle L&R w/Ly4 ending at the bottom 4
V5: Arm R&L 4
Ch5 C2&C4 form arch as C1&C3 go under; Circle of 4 halfway 1;1
Switch w/prtnr; Turn single. 1;1

Merry Merry Milk Maids **(Playford 1651)**

(4 couples in a line) **== In 4 ==**

V1 Double forward & back; Set & turn single; repeat 2;2;4
C1 C1 & C3 double to meet prtnr; slip down betwn C below (who moves up) 1;1
In groups of 4, R hand star; L hand star 2;2
C2 & C4 (in new positions) same; R hand star; L hand star 2;2;2
V2 Side R; Set & turn turn single; Side L; Set & turn turn single 2;2;2;2
C2 Lds cast from front to invert set; Lys same; Set & turn single 2;2;2
Lds cast from bottom to orig place; Lys same; Set & turn single 2;2;2
V3 Arm R; Set & turn single; Arm L; Set & turn single 2;2;2;2
C3 Lds back & fwd a double; Lds hey 2;4
Lys back & fwd a double; Lys hey 2;4

Milke-Mayds Bobb **(Playford 1651)**

	(4 couples in a line)	**== ln 4 ==**
V1	Forward & back a double (2x)	2(2x)
C1	C1&2 Hey for 4, start w/ R hands to partner as C3&4 same	4
V2	Side R with your partner; Side L with your partner	2;2
C2	C1 2 hands & slip betw C2 as C3 slip betw C4; switch w/ ptnr	1;1
	C2 2 hands & slip betw C1 as C4 slip betw C3; switch w/ ptnr	1;1
V3	Arm R with your partner; Arm L with your partner	2;2
C3	Ld1 & Ly2 switch by R hands as Ld3& Ly4 ssame	1
	Ld2 & Ly1 switch by R hands; Ld4 & Ly3 same; repeat	1;2

Mirror Hall **(SCA Choreography)**

	(2 couples facing)	**== ln 4 ==**
Ch	Double fwd w/ prtnr & back w/ corner; Double fwd w/ corner& back to circle	2;2
	Grapevine L &R; double in & back w/ prtnr to place; Rev to ptnr, then corner	4;2;2
V1	Double to ptnrR & turn; Double back to ptnr's place	2;1
	Double to ptnr L & turn; double back to orig place	1;1;1
	Ptnrs R hands & switch; Set L&R (holding hands); turn; repeat w/L hands	1;1;1;3
	V2 Do chorus; Arm R halfway; take L hands & turn CW ; back to place	12;1;1;1
	Arm L (hands down) halfway; take R hands & turn CCW; back to place	1;1;1
	Ptnrs switch w/ R hands; Set L&R (w/ hands) & turn; repeat w/L hands	1;1;1;3
V3	Do Chorus; Lys R hands & switch; All switch w/ corner, then ptnr	12;1;2
	Lds L hands & switch; Corners R hands & full turn	1;2
	Lds R hands & switch; All switch w/ corner; All swtich w/ ptner	1;1;1
	Lys L hands & switch; Ptrner R hands & full turn	1;2

Newcastle **(Playford 1651)**

	(4 couples in a square)	**== ln 4 ==**
V1	Double in & out; Set to partner; Set to next of opp gender (2x)	2;2 (2x)
C1	Arm R with partner; Lds L hand into center as Lys circle	1;3
	Arm R with partner; Lys L hand into center as Lds circle	1;3
V2	Side R; Side L & pass; repeat w/ next	2;2;4
C2	Heads double fwd & back, make arch	2
	Sides cast behind, through arch & to place	2
	Sides double fwd & back, make arch	2
	Heads cast behind, through arch, & to place	2
V3	Arm R & L; Pass by in extra ½ turn; repeat w/ next	3;1;4
C3	Double back in line (heads split); turn single; double fwd & switch across	1;1;2
	Double back in line (sides split); turn single; double fwd & switch across	1;1;2

New Exchange **(Playford 1651)**

	(3 couples in a line)	**== In 4 ==**
V1	Double forward & back; set & switch w/ ptnr; repeat	2;2 ;4
C1	Ld1 set to Ly1; Ld2 set to Ly2; C3 2 hand turn back to place	1;1;1
	Ld3 set to Ly3; Ld2 set to Ly2; C1 2 hand turn back to place	1;1;1
V2	Side R; Set & switch w/ ptnr; Side L; Set & switch w/ ptnr	2;2;2;2
C2	Ld1 & Ly3 meet; Ld3 & Ly1 meet; Ld1 & Ly3 switch;	½;½;½
	Ld3 & Ly1 switch; C2 switch; Repeat entire chorus	½;;1; 3
V3	Arm R; Set & switch w/ ptnr; Arm L; Set & switch w/ ptnr	2;2;2;2
C3	Half hey for couples; Set & turn; Half hey for couples; Set & turn	1;2;1;2

The Night Peece **(Playford 1651)**

	(3 couples in a line)	**== In 4 ==**
V1	Forward & Back a double (2x)	2 (2x)
C1	C2 fall back a Double & slip up to C1 place as C1&3 switch(3X)	2 (3x)
V2	Side R&L with your partner	4
C2	C1 cross & cast to C2 place as C2 slides up; Same w/C3; Repeat 2x	1;1;2;2
V3	Arm R&L with your partner	4
C3	Ld1 & Ly2 switch; Ly1 & Ld2 switch; C3 switch	½;½;1
	Ld1 & Ly3 switch; Ly1 & Ld3 switch; C2 switches; Set & turn	½;½;1;2

Nonesuch **(Playford 1651)**

	(4 couples in a line)	**== In 4 ==**
V1	Forward & back a double (2x); Set & turn single (2x)	4;4
C1	C1 slip betw C2; C1 turn to face C2	1;1
	C1 push C2 & switch places twice, C2 ending in C1 position; C1 turn	4;2
	C1 repeat w/C3; then w/ C4 as C2 w/C3; C2 w/C4; C2 w/C1 as C3 w/ C4, etc	64
V2	Side R; Side L; Set & turn single (2x)	2;2;4
C2	Form a line (1 at a time) w/double to center - Ld1 1st face down, Ly1 next, etc.	8
V3	Arm R & L; 3 slips L & back; 3 slips R & back	4;2;2
C3	1 at a time as before, double to improper side	8
	Grand R&L in a "U", crossing at bottom - 1st swtitch is C1 w/C2 & C3 w/C4	8

The Old Mole **(Playford 1651)**

	(3 couples in a line)	**== In 4 ==**
V1	Double forward & back; set & turn; repeat	2;2 ;4
	Double L & back; set & turn; Double R & back; set & turn	2;2;2;2
V2	Ld1 & Ly3 switch (Double fwd & back, then past)	4
	Ly1 & Ld 3 same; C2 same	4;4
	Lys1& 2 & Lds2&3 arches (Dble fwd&back then through) 4x to place	4(4x)
	Ld1 & Ly3 switch as before; Ly1 & Ld 3 switch; Ld2 & Ly2 switch	4;4;4
V3	Lds hands,& Lys hands - double forward ; C1&C3 Double back	1;1
	C2 turn as Lys1&3 & Lds1&3 turn, then Side R; turn your own	1;2;1
V4	Lds single hey; Lys single hey; Double hey 2x	2;2;4
	Cast from front to place; Cast from the back to place	2;2

On the Banks of the Helicon **(SCA Choregraphy)**

(3 couples in a line) **== In 4 ==**

Verse 1	Double forward; Turn simple (away from ptnr); Double back (2x)	1;1;1(2x)
Chrous	Half-s-hey Ld2 w/ C1, Ly2 w/ C3 (C2 ends in ptnr's place)	2
	Half-s-hey Ld2 w/C3, Ly2 w/C1 (C2 ens in own place)	2
	C1 progress to bottom of set byC1 R hands & switch; L hands to next & switch; R hands to next & switch; C1 L hands & switch	1;1;1;1
Verse 2	Double forward (toward partner) to meet R shoulders,	1
	Turn simple (away from prtnr); fall back a double to place	1;1
	Repeat, this time meeting L shoulders	3
Repeat Chorus		8
Verse 3	Give R arm to partner & turn half-way; turn simple L	1;1
	Take R arms w/partner again & turn half-way to place	1
	Do same w/ L arm (w/ simple turn R); repeat chorus	3;8

Oranges & Lemons **(Playford 1665)**

(4 couples in a square) **== In 4 ==**

V1	Forward & Back a double (2x)	2 (2x)
C1	Lds rev to prtnr; rev to corner; Join hands & circle half around	½;½;2
	Lys rev to prtnr; rev to corner; Join hands & circle half around; repeat	½;½;2;6
V2	Partners side R & L	4
C2	Partners R hands & step R; L hands & step L	½;½
	Gr& R & L, starting with R to partner; repeat until back to place	2;3 (3x)
V3	Partners arm R & L (C1 moves to face C2; C3 moves to face C4)	4
C3	Rev to other C; rev to prtnr; Each pair of Cs circle halfway to the L	½;½;1
	C2 back into 3rd place, C1following as C4 backs into 1st place, C3 following	1
	Repeat this pattern until everyone returns to their places	3 (3x)

Parson's Farewell **(Playford 1651)**

(2 couples facing) **== In 4 ==**

V1	Forward a double; 4 slips L; back a double; 4 slips R	1;1;1;1
C1	Lds rise; Lys rise; alll rise 4x;2 hand turn w/ corner; repeat Lys start	½;½;1;2;4
V2	Forward a double; out w/ corner & return;double back to place w/ prtnr	1;2;1
C2	Lds meet, cross R hands then L, turn & switch places	1
	Turn corner w/ R hand; cross back & turn partner w/ L hand	1;2
	Repeat w/ Lys starting & crossing L hands then R	3
V3	Take hands w/ parter do 4 slips into set; take corner & slip out;	1;1
	Slip back in w/ corner & out to place w/ partner	1;1
C3	Turn partner by R hand; Half hey across formation Lds pass L shoulders	1
	curving into corner's place as Lys ½ turn R to prtnr's orig place, Lys pass L & curve to other Ly's orig place as Lds ½ turn R to other Lds orig place	2
	Turn pmtr by R hand; then by L hand	1;1
	Complete the hey w/ Lys starting (passing R to prtnr's orig place)	2
	Turn partner by L hand (Hey may be done as Grand R&L w/o hands)	1

Pennywren Road **(SCA Choreography)**

(3 couples in a line) **== In 4 ==**

P1 Long lines fwd & back; C2 cast to R to partner's place as end C's turn a square half way round L & form new long lines; Repeat 2;2;4

P2 C2 switch w/ R hands & then L to R-hand corner& R to that person's partner who puts them home; honour all. 1½;1½
C2 same w/ L hands & R to L-hand corner til home; C1 & C2 cast down one place while C3 slips up to the head of the set. 1½;1½

Picking of Sticks **(Playford 1651)**

(3 couples in a line) **== In 4 ==**

V1 Forward & back a double (2x) 2;2

C1 Top L switch back to back with 2nd R, then 3rd L; All fwd & back a double 2;2
Top R switch back to back with 2nd L, then 3rd R; All fwd & back a double 2;2
Repeat above until back to place 2;2(4x)

V2 Side R with your partner; Side L with your partner 2;2

C2 C1 slip betw C2 as they move up, then C2 slip betw C1 (2x) as C3 cross & skip around set; Repeat w/ C2&3 slipping & C1 around set 4;4

V3 Arm R with your partner; Arm L with your partner 2;2

C3 Sheepskin Hey - Lds weave through Lys; as last Ld passes second Ly, he cuts around to take the lead; Each Ld cuts once,
& then pass behind the Lys & back to place 8
Repeat above with Lys weaving between Lds 8

Prince William's Hey

(3 couples in a line) **== In 4 ==**

P1 C1 cross over hey between person 2 & 3 on the other side 4
All continue the hey on each side, until C1 is back in the 1st place
C1 cross back between person 2 & 3 on their own side 4
All continue the hey on each side, until C1 is back in the 1st place

P2 C1 take R hands & switch; Cast to C2 place as C2 slips to 1st place 1;1
C1 turn 2 hands, 1½ times around; C2 take R hands, switch places 2;1
C2 cast to 2nd place, as C1 slip to 1st ; C2 turn 2 hands, 1½ times around 1;2

P3 Ld1 to Ly3, while Ly1 to Ld2; Those 4 arm R; C1 arm L 2;2
Ld1 to Ly2, while Ly1 to Ld3; Those 4 arm R; C1 arm L 2;2

P4 C1 casts out between Ly 2 & 3, (hold L hands, so Ly's arm is across her body) 2
C1 returns to the center from the top & bottom of the set, & arm R 2
C1 casts out between Ld2 & 3, (hold R hands, so Ld 's arm is across his body)2
C1 turn two hands 1½ times, moving to the bottom of the set 2

Repeat the dance (with the couple at the head of the set now being C1, etc.)

Note: In the Heys, the person at either end always apsses to the inside of the set

Puzzle Box (Revised)		**(SCA choreography)**
	(4 couples in a square)	**== In 4 ==**
V1	Heads Double fwd & 2 hand switch w/ opp	2
	Heads Double back as sides fwd to meet & switch	2
Ch1	*Face across the short dimension of the set*	
	Lds honor Lys, then Lys Lds; Sides Double back & arch as heads Dbl fwd	1;1
	Heads lead opp through arch ; Heads cast to place as sides switch	1;1
	Face across short dimension of set Lys honor Lds, then Lds honor Lys	1
	Heads fall back a double & form arches while sides double forward	1
	Sides lead your opposite out through the arches, then cast back to place; Heads wait until heads have passed through, then use last 4 counts to trade place	2
V2	Sides back a Double as heads fwd to meet; Head hands around halfway	1;1
	Heads back Double as sides frwd to meet; Sides hands around halfway	1;1
Ch2	*Face across short dimension of set* Lds honor Lys, then Lys honor Lds	1
	Sides fall back a double while heads double forward	1
	Heads cast away & to place, sides each following nearest head	2
	Face across short dimension of set Lys honor Lds, then Lds honor Lys	1
	Heads fall back a double while sides double forward	1
	Sides cast away & to place, heads following nearest side	2
V 3	Take hands all around & circle with 8 slips to the L; 8 slips to the R	2;2
	While circling expand the set from its "collapsed" form back into a square	
Ch3	(Death Spiral) Lds honor the set; Lys honor the set	½;½
	Lds double forward to form a small square in the center	1
	Lds rotate the square CW & fall back to place	2
	Lys honor the set; Lds honor the set	½;½
	Lys do death sprial as Lds did	3

The Return of Spring		**(SCA Choregraphy)**
	(3 couples in a line)	**== In 4 ==**
Verse 1	Forward & back a double, set & turn ; repeat	2;2;2;2
Chorus	C1 R hands & switch; Ly1 & Ld2 switch w/ L hands as	
	Ld1 & Ly2 switch; C1 turn as C2 switch	1;1;2
	C1 take R hands & switch; Ly1 & Ly3 switch w/	
	L hands while Ld1 & Ld3 switch, C1 turn as C3 switch	1;1;2
Verse 2	Side R, Set & turn, Side L; Set & turn	2;2;2;2
	Repeat Chorus	8
Verse 3	Arm R, Set & turn, Arm L; Set & turn	2;2;2;2
	Repeat Chorus	8

Road to Lisdoonvarna **(SCA Choreography)**

(3 Couples Longways) **== In 4 ==**

V1	Forward & back a double (2x); Set & turn single (2x)	2(2x); 2(2x)
Ch1	(Lace the Bodice] All dancers face each other while changing places	
	Slip past ea other on diagonal, leading with closest shoulder	
	Ld1 & Ly2 switch w/ R shoulder; Ly1 & Ld2 switch w/ L shoulder	½;½
	Ld 1 & Ld 3 change places; Ly1 & Ly3 change places	½;½
	Ly2 & Ld 3 change places; Ld2 & Ly3 change places	½;½
	C1 then casts out & up to original place, with C2&3 following	1
V2	Sides all; That again; Set & turn single; That again	2;2;2;2
Ch2	(Celtic Horses) C1 faces up the hall, C3 faces down the hall	
	C2 take R hands & pass by R shoulders	
	Ly2 continues up the hall, while Ld 2 continues down	
	Ly2 takes hands with C1 & circles L as Ld2 does same with C3	2
	Ld 2 & Ly2 continue back to the middle of the set	
	Take L hands, & pass by L shoulders	
	Ld2 continues up the hall, while Ly2 continues down	
	Ld2 takes hands with C1 & circles R while Ly2 does same with C3	2
V3	Arms all;That again; Set & turn single;That again	2;2;2;2
Ch3	(Whipsaw Hey) Lds take hands down the line; Ld2 pulls Ld1 into set & between Lds2&3, while Ld2 moves up into Ld1's position	
	Hey continues as usual until all are back in place; Lys then do the same	2;2

St. Joan **(SCA Choreography (late 17th C style))**

(4 couples in a Square) **== In 4 ==**

P1	Heads double in; take corner between side C; cast to place	1;1;2
	Heads lead the grand square; reverse it home	4;4
	Sides double in; take corner between side C; cast to place	1;1;2
	Sides lead the grand square; reverse it home	4;4
P2	Lys set to the middle; R hand star; fall back to place	1;2;1
	Heads lead the grand square; reverse it home	4;4
	Lds set to the middle; R hand star; fall back to place	1;2;1
	Sides lead the grand square; reverse it home	4;4
P3	Heads split & pass between near side C to opposite place;	2
	Meet corner in middle, ½ R hand turn back to place	2
	Heads lead the grand square; reverse it home	4;4
	Sides the same; Sides lead grand square; reverse it	4;4;4
P4	Half a grand right & left; Heads lead the grand square; reverse it	4;4;4
	Repeat, with sides leading the grand square	12

Note Grand Square Heads double in as sides double back away from partner;
Heads double away from partner (w/corner), as sides double to meet corner;
Heads double away from corner as sides double in w/ corner;
Heads double to meet partner as sides fall out to place w/ partner

Rufty Tufty **(Playford 1651)**

(2 couples facing) **== In 4 ==**

Verse 1	Forward & back a double (2x)	4
Chorus	(facing partner) Set & turn single (2x)	4
	Lead partner out a Double & back; Turn single	2;1
	Lead corner out a Double & back; Turn single	2;1
Verse 2	Side R with your partner; Side L with your partner	2;2
Repeat Chorus		10
Verse 3	Arm R with your partner; Arm L with your partner	2;2
Repeat Chorus		10

Saint Martins **Playford 1651)**

(2 couples, facing) **== In 4 ==**

V1:	Double fwd to meet Corner; Partners Slip L 2 steps, Slip R 2 steps	1;1
	Turn Single out of list (Lds L, Lys R); Turn single into set	1;1
	Double fwd to meet Corner & pass through; Switch w/ Prtnr; Turn Single	2;1;1
Ch1:	Lds fall back a Double as Lys Turn Single, Lds switch by L hand	1;1
	Corners take R hand & turn 1 1/2 times	2
	Lys fall back a Double as Lds Turn Single; Lys switch by R hand	1;1
	Partners take L hands & turn 1 1/2 times (to orig place)	2
V2:	Double fwd to meet Corner & pass through; Set & turn; Repeat	2;2;4
Ch2	Lds meet & honor; Lys same; Circle L halfway slipping; Turn Single	1;1;1;1
	Lys meet & honor; Lds same; Circle L halfway (to place); Turn Single	1;1;1;1
V3:	Double Fwd to meet Corner; 2 Slip steps out, then in w/ Corner	1;1
	Lds cast over L shoulder, through Prtnr's place to place, as Prtners follow	2
	Prtnrs Double back; Prtnrs Switch, Ly in front	1;1
	Lds Gypsy & fall back to place, Lys doing same as Lds cross in middle	2
Ch3:	Lds meet & Honor; Lys same; Star R once around	1;1;2
	Lys meet & Honor; Lds same; Star L & fall into line to honor presence	1;1;2

Scotch Cap **(Playford 1651)**

(3 couples in a line) **== In 4 ==**

Verse 1	Double fwd & back (2x)	2(2x)
Chorus 1	Lys 1&2 back up; Lds 2&3 back up; those 4 switch; other 2 switch	1;1;1;1
	Same Lds back up; Same Lys same; the 4 switch; other 2 switch	1;1;1;1
Verse 2	Side R with your partner; Side L with your partner	2;2
Chorus 2	Sides Double back & fwd; Arm R (Lys 1&3, C 2, Lds 1&3)	2;2
	Ends (Ly2 w/ C3, Ld2 w/ C1) Double back & fwd; Arm L (w/ partner)	2;2
Verse 3	Arm R with your partner; Arm L with your partner	2;2
Chorus 3	Lds slip up hall as Lys slip down; Give R & L hands back to place	2;2
	Lys slip up hass asLds slip down; Give L & R hands back to place	2;2

Sellinger's Round **(Playford 1670)**

	(Couples in a circle)	**== In 4 ==**
V1	Slide L; Slide R	2;2
Ch	Lys Double fwd & clap; return to place	1;1
	(face partner) Set & turn single	2
	Lds Double fwd & clap; return; set & turn	1;1;2
V2	Beerhall Run Take hands, Doublein (whooping) & out (2x)	2(2x)
Repeat Chorus		8
V3	Side R with your partner; Side L with your partner	2;2
Repeat Chorus		8
V4	Arm R with your partner; Arm L with your partner	2;2
Repeat Chorus		8

Shepheard's Holiday/Labour in Vaine **(Playford, 1651)**

	(3 couples in a line)	**== In 4 ==**
V1:	Fwd & Back a Double; Switch w/ Prtnr; Down & back a Double; Switch	2;1;2;1
Ch1:	C1 slip down in front of C2; C3 slip up behind C2 to create line	1;1
	Ld1 & Ly1 each cast to L, leading gender lines to org places	2
	Repeat Chorus w/ C3 leading the slipping	4
V2:	Side R; Switch w/ Ptnr; Sidle L; Switch w/ Ptnr	2;1;2;1
Ch2:	Lds join hands & back a Double as Lys same	1
	Lds meet & make circle as Lys same; All circle L	1;2
	Gender lines back a Double, drop hands & meet backwards	2
	Join hands backward & circle L facing out to place	2
V3:	Arm R; Switch w/ Prtnr;Arm L; Switch w/ Prtnr	2;1;2;1
Ch3:	Ld1 & Ly2 switch; Ly1 & Ld2 switch; C3 switch	1;1;2
	Ld1 & Ly3 switch; Ly1 & Ld3 switch; C2 switch	1;1;2

Spanish Jeepsie **(Playford, 1651)**

	(4 Couples in a line)	**==In 4==**
V1:	Double fwd & back (2x)	2(2x)
	Turn your back to prtnr; turn to face prtnr; Half gypsy switch & back w/prtnr	1;1;2
Ch1:	End Couples Fwd & Back a Double (down the middle of the set)	2
	Turn your back to opp; turn to face opp; Full gypsy R, then L with opp	1;1;4
	Repeat ch w/ middle two couples	8
V2:	Side R with your partner; Side L with your partner	2;2
	Turn your back to prtnr; turn to face prtnr; Half gypsy switch & back w/prtnr	1;1;2
Ch2	Same as Ch1, except replace full gypsies w/join hands for 4 & cirle L&R	16
V3:	Arm R with your partner; Arm L with your partner	2;2
	your back to prtnr; turn to face prtnr; Half gypsy switch & back w/prtnr	1;1;2
Ch3:	Same as Ch1, except replace full gypsies R hand star then L hand star	16

Stingo **(Playford, 1651)**

(3 Couples in a line, facing) **==In 4==**

V1	Double back & fwd (away & tog); Double fwd & back (tog up hall)	2;2
Ch1	Lds R hand star; All set & turn; Lys L star; All set & turn	2;2;2;2
V2	Partners Side R & L	4
Ch2	Double to L & turn; Double R & face; Set & turn	1;1;2
	Double to R & turn; Double L & face; Set & turn	1;1;2
V3	Partners Arm R&L	4
Ch3	C1 double to cross & face C2; C1 Set to C2 (Ld1 to Ly2) & Set to C3	1;1
	C1 go back to place passing betw C3 & C2 & crossing at top of set	2
	C1 cast & return to place in 1 Double; C1 two hand turn in 1 Double	1;1
	C1 cast off and end at bottom of line, creating new C1	2

Tracks of the Wolf **(SCA Choreography)**

(Longways & circle for 4 couples) **==In 4==**

P1	Start with line of couples facing partner; 4-count reverence	1
	Double forward, passing partner by R shoulders; Single forward	1;½
	Turn to face partner; Double forward, passing by L shoulders	½;1
	4-count turn to face partner, take R hands; Reverance	1;2
P2	C1 (top of line) 4 counts to turn & face down line	1
	C2 move to Lys' side & face line; C3 move to Lds' side & face	1;1
	C4 move forward, completing a square of couples	1
P3	Side R&L w/ partner; Set & turn , end facing corner	4;2
	Side R&L w/ corner; Set & turn , end by partner facing center	4;2
P4	C1 & C4 to center; Turn Ly under into Ld place & turn to face out	1;1
	Move back to place; Turn Ly into orig place & turn to face in	1;1
	As C2 & C3 Turn Ly under into Ld place; move away from center	1;1
	Turn Ly under & into orig place; Move back to orig place	1;1
P5	Repeat Part 3 using arming	12
P6	Repeat Part 4 switching couple directions	4
P7	Ly form R hand star, move halfway around circle to opposite	1
	Ly extend L hand to opposite's L, turn under Ld arm & walk behind	1
	Ly form R hand star, move halfway around circle to partner	1
	Ly extend L hand to prtnr's L, Ld drop to knee, Ly walk around Ld	1
	Reverence or end with Lys on partner's knee	

Trip to Kilburn **(Playford 1718)**

(3 couples in a line) **== In 4 ==**

C2 & C3 join hands & circle L; C2 down through C3 & cast to place	2;2
C2 & C1 join hands & circle L; C2 up through C1 & cast to place	2;2
All join hands & circle L; C1 & C2 Hey for 4 start R hands to partner	4;2
C1 & C2 cast out and down one place, as C3 walks us to top place	2

Two Fat Ladies **(SCA Choreography , 18th C style)**
(4 Couples in a line) **== In 4 ==**

P1 Ends pull past partner by R hand & face center, as Centers ½ R hand star 1
& turn to face nearest End couple dancer; pull past that person by R hand 1
That again (switching End & Center roles) 3x 2(3x)
P2 Lines double to meet; Centers fall back double as Ends bend in the line 1;1
Lds Star R & Lys Star L, crossing over as they go down the middle & leading
out of the star on the other side to form longways set; honor your own 2;1
Lds Star L & Lys Star R, again crossing over & forming longways set 2
Progress Ends take hands down the middle to take Center position
as Centers come up & down the outside of the set to take up End position 1

Upon a Summer's Day **(Playford 1651)**
(3 couples in a line) **== In 4 ==**

V1: Forward & back a double; set & turn single (2x) 2;2 (2x)
Ch: Lines fwd & back a double (to and from other gender line) 2
C1 split & under arch on own side to C3 position; repeat 2x 2;8
V2 Side R; set & turn; Side L; set & turn 2;2;2;2
Repeat Chorus 12
V3 Arm R; set & turn; Arm L; set & turn 2;2;2;2
Repeat Chorus 12

Whirlygig **(Playford 1651)**
(3 couples in a line) **==In 4==**

Verse 1 Forward & back a double (2x) 2(2x)
Chorus 1A Mushrooms – C2 pass up between C1 & cast to place; C2 cross
over & go around C1 to place; Face down & do same between C 3 2;2;4
Chorus B C1 cast to bottom & make arch; C2 & C3 follow & go through to new place
(Order of set is C2, C3, C1); Repeat entire chorus (2x) 2;2;12;12
Verse 2 Side R with your partner; Side L with your partner 2;2
Chorus 2A Triangle-Heys - Ld2 pass through C1 passing Ly1by R shoulders &
Hey for 3 w/ C1 as Ly1 does the same w/ C3 4
Ld2 pass through C3 passing Ly3 by L shoulders & Hey for 3 w/ C3 as
Ly2 does the same w/ C; repeat Chorus B 4;4
Repeat entire chorus (2x) until all are back to original place 12;12
Verse 3 Arm R with your partner; Arm L with your partner 2;2
Chorus 3A ½ Cast to Star – C1 & C2 ½ cast down & to place; R hand
Star, At the same time, C3 set & turn single (2x) 2;2
Repeat w/ C2 & C3 casting up in L hand star as C1 sets & turns twice 4
Repeat Chorus B; Repeat entire chorus 2x 4;12;12

English Country

Woodicock **(Playford 1651)**

(3 couples in a line) **==In 4==**

Verse 1	Forward & back a double (2x); Set & turn (2x)	2(2x); 2(2x)
Chorus1	Couple 2 lead up between C1, cast off, return to place	2
	Couple 2 lead down between C3, cast off, return to place	2
	Set & turn (2x)	2(2x)
Verse 2	Side R with your partner; Side L with your partner; Set & turn (2x)	2;2; 2 (2x)
Chorus 2	Ld2 cross over & circle Ly1 to place as Ly 2 cross & circle Ld 1 to place	2
	Ld2 cross and circle Ly3 to place as Ly2 circle Ld3; Set & turn (2x)	2;2(2x)
Verse 3	Arm R with your partner; Arm L with your partner; Set & turn(2x)	2;2;2(2x)
Chorus 3	Lds Hay; Set & turn (2x); Lys Hay; Set & turn (2x)	2; 2(2x);2;2(2x)
	Double Hay; Set & turn (2x)	2; 2(2x)

Progression Dances

Female Sailor **(Recueil de Contradances 1706)**

(Couples in a line) **==In 4==**

(A) Up through line, around outside, & back to place	2
(A) Down through line, around outside, & back to place	2
(A) Cross over & down through line, around outside into ptnr's place; 2 hand turn	2;2
(A with I) (A face down set, I up) Back to back; Two hand turn	2;2
All with partner Back to back	2
(A) 1/2 two hand turn, cast off & move down the set as	
(I) full two hand turn, moving up the set	2

The Fryar and the Nun **(Playford 1651)**

(Coupes in a line) **== In 4 ==**

Intro:	Lds Double fwd & turn single, face down hall Lys same	2;2
	Lys Double down hall & turn single, face ptnr; Lds same	2;2
V1	Lds1&2 back a Double & turn single; Lys1&2 same	2;2
	Grand R&L start w/ ptnr (2 Doubles),;then corner (1 Double),;then ptnr	2;1;1
	Repeat pattern until all are back to original places	8(Nx)
V2	Lds1&2 take hands & trade places; Lys1&2 the same	1;1
	Keeping hands, slip to center; turn single	1;1
	Hands around to circle halfway; all turn single	1;1
	R hand Star halfway around; turn single	1;1
	Repeat pattern until all are back to original places	8 (Nx)

Half Hannigan **(Playford 1651)**

(Circle of couples) **== In 4 ==**

Forward & back a double (2x); Partners side R & L	2 (2x); 4
Partners arm R once around; arm L 1½ times to pass on to new partner	2;2

A Health to Betty **(Playford 1651)**
(couples in a line) **== In 4 ==**

V1: Fwd & back a Double, Set & turn (2x) 4(2x)
Ch1: C1 side R; C1 turn 1½ times to switch; C1 face down & same w/C2 2;2;4
Continue pattern w/ all couples until all return to place 8 (Nx)
V2: Side R, Set & turn, Side L; Set & turn 2;2;2;2
Ch2: C1 face & fwd & back a Double; C1 cast down 1 place as C2 move up 2;1
C1 full turn; continue pattern w/ all couples until all to place 1;4 (Nx)
V3: Arm R, Set & turn, Arm L; Set & turn 2;2;2;2
Ch3: C1 fall back a Double & meet; C1 slip into C2's place (C2 up) & turn single 2;2
Continue pattern w/all couples until all to place 4 (Nx)

Hole in the Wall **(Playford 1696)**
(Couples in a line) **== In 6 ==**

(A) Rev, Cast down through IC & to place, Rev; (I) same, casting up through AC 2;2
(A Ld, I Ly) Rev, switch, Rev; (I Ld, A Ly) Rev, switch, Rev 1;1
Hands around halfway; (A) cast down 1 place as (I) pass up betw them 1;1

Jamaica **(Playford 1670)**
(couples in a line) **== In 4 ==**

P1 C1 takes R hands 1st beat, L hands 3rd beat; turn halfway 1;1
C1 face C2, take hands similarly; turn halfway 1;1
C1 full figure eight through C2, half turn to end proper 4
Repeat pattern until all are back to original places (C1 start P2 when C2 free)
P2 Ld1 & Ly2 two hand turn; Ly1 & Ld2 two hand turn 2;2
Lds turn two hands 1½ while Lys turn two hands 1½ 2
All turn own partners 2 hands; Repeat pattern to orig places 2;8(Nx)

Jog On **(Playford 1651)**
(couples in a line) **== In 4 ==**

Intro: Double fwd& back, Set & turn (2x) 4(2x)
V1: Ld1 pull Ly1 twd himself, then push away; Ld1 push Ly1 betw C2 1;1
Ld1 join hands w/ C2 & circle Ly1 2
Repeat pattern until all are back to original places 4(Nx)
V2: Ld1 push Ly1 around Ly2 into C2's position (C2 moves up) 2
C1 two hand turn; Repeat pattern until all back to original places 2;4(Nx)
V3: C1 pass by R and stand behind C2; C1 push C2 diag up hall & make kiss 1;1
C1 arm R; Repeat pattern until all back to original places 2;4(Nx)
V4: C1 cast into C2 place as C2 double fwd & back up into C1's place 2
C1 arm R; ; Repeat pattern until all back to original places 2;4(Nx)

Juice of Barley **(Playford 1689)**
(couples in a line) **== In 4 ==**

	Back to back with partner; Two hand turn with partner	2;2
	Lds half figure 8 between Lys into other Ld 's place	2
	Clap (on down beat), Circle hands four, once around	2
	Lys half figure 8 as Lds did; Clap & circle	2;2

My Lady Cullen **(Playford 1651)**
(couples in a line) **== In 4 ==**

P1	Forward & back a double (2x); Set & turn single (2x)	2(2x); 2 (2x)
P2	(A) Cross by R shouldrs & behind (l); Cross R again to outside of (l)	1;1
	Taking hands 4 abreast, fwd & back a double to orig place	2
	R hand star; L hand star	2;2
P3	(A) cast out & below (l) & slip up betw; (l) cast out & above (A) & slip betw	2;2
	Arches (A) slip under (l) as (l) slip up; (l) under as (A) up; set & turn	2;2
P4	Cross as in P2	4
	Clap & (A) Ly & (l) Ly arm 1½ times as Lds do same; arm w/ partner	2;2

The Queen's Jigg **(Playford 1701)**
(Couples in a line) **== In 4 ==**

Part A:	Ld1 side to Ly2, then set & turn; Ld2 side to Ly1, then set & turn	4;4
Part B:	Ld1 & Ly2 switch; Ld2 & Ly1 switch; Double back, Switch w/ own	1;1;1;1
	R hand star; Turn Single; Repeat dance as desired	3;1; 16 (Nx)

Paul's Steeple **(Playford 1651)**
(couples in a line) **== In 4 ==**

V1:	Fwd & back a Double, Set & turn (2x)	4(2x)
Ch1:	C1 take near hands facing C2; Ld1 lead Ly1 a Double to Ly2	1;1
	Ld1 take Ly2 w/ R hand; Ld1 slip w; Lys1&2 to C1's place	1;1
	Ly2 cast to place; Ly1 same; Ld1 cast & turn to place	1;1;2
	Continue pattern w/ all couples until all return to place	8(Nx)
V2:	Side R, Set & turn, Side L; Set & turn	2;2;2;2
Ch2:	C1 take near hands & face C2; Ld1 leads Ly1 a Double to Ly2	1;1
	Ld1 1 take Ly2 w/ R hand; Ld1 slip w' Lys to C1's place	1;1
	Ld1 kiss Ly2's hand; Ld1 kiss Ly1's hand; All turn to place	1;1;2
	Continue pattern w/ all couples until all return to place	8(Nx)
V3:	Arm R, Set & turn, Arm L; Set & turn	2;2;2;2
Ch3:	C1 take near hands & face C2; Ld1 leads Ly1 a Double to Ly2	1;1
	Ld1 1 take Ly2 w/ R hand;Ld1 sets Lys back to back in center	1;1
	Ld1 kiss Ly2; Ld1 kiss Ly1; All turn to place	1;1;2
	Continue pattern w/ all couples until all return to place	8(Nx)

Peppers Black **(Playford 1651)**

(Circle of Couples, numbered CW) **== In 4 ==**

P1	Slide L; Slide R; Set & turn (2x)	2;2;2(2x)
P2	C1 Fwd & back to C2 (2x); Turn Corner; Turn Partner	2(2x);2;2
	Continue pattern until back to place, w/other couples following & performing The same pattern in order (Note: C2 starts when C1 gets to C4)	8 (mult x)
P3	C1 Fwd & back to C2 (2x); Hey, Lds start passing R	2(2x);4
	Continue until back to place w/ other couples following	8 (mult x)
P4	C1 & Ld2 Fwd & back (2x)	2(2x)
	Ld1 turn body ½ turn L, pulling Ly1 under L arm's arch	2
	Ld 1 pull Ld2 under R hand's arch; Ld 1 drop L hand & ½ turn R w/ Ly1	2
	Repeat w/ Ly 2; Continue til back to place, other couples following	4;8 (mult x)

Rose is White and Rose is Red **(Playford 1651)**

(Couples in a circle, numbered CCW) **== In 4 ==**

V1	Holding hands, Fwd & back a double; Set & turn; repeat	2;2;4
Chorus 1	C1 Fwd & back to Ld2; C1 take hands w/Ld2 & circle; repeat w/ Ly2	2;2;4
	Continue pattern until back to place, w/other couples following & performing The same pattern in order (Note: C2 starts when C1 gets to C4)	8 (mult x)
V2	Side R, Set & turn, Side L; Set & turn	2;2;2;2
Chorus 2	C1 Fwd & back to Ld2; C1 hey w/Ld2, Ld 1 starting; repeat w/ Ly2	2;2;4
	Continue until back to place w/ other couples following	8 (mult x)
V3	Arm R, Set & turn, Arm L; Set & turn	2;2;2;2
Chorus 3	C1 Fwd & back to Ld2; Ld2 pass under C1 arch, C1full turn	2;2
	Repeat w/ Ly2; Continue til back to place, other C's following	4; 8 (mult x)

The Scotch Morris **(Playford 1726)**

(Couples in a line) **== In 4 ==**

ALd set to ILy & turn single; ALd turns his own; ALy same w/ ILd & own	2;2;4
AC Figure 8 around IC to place; AC Clap & cast down hall 1 place	3;1
ALd switch w/ ILy; ALy switch w/ ILd; Hands around halfway; turn single	1;1;1;1

Stanes Morris **(Playford 1651)**

(couples in a line) **== In 4 ==**

P1:	Forward and Back a Double; that again	2;2
	Turn & Double L; Turn & Double R; Set & turn (2x)	1;1;2(2x)
P2:	Ld1 approach last Ly; Ld1 & last Ly side R; they take R hands, then L	2;2;2
	Ld1 & last Ly ½ turn to L & kiss; ½ turn to R & kiss; go to top of set	1;1;2

Repeat dance until all Lys have been active; Can have Ld1 cast to bottom on repeat.

Progression Dances

Trenchmore **(Playford 1722)**

(Couples in a line) **== in 4 ==**

Double forward & back (2x) 2(2x)
C1 take 3 steps fwd, & cast, leading other couples to bottom of set then to place 4
C1 face down & go under C2's arched hands, Over next C, etc, til all to place 1(Nx),
C1 arm R 1½; C1 arm L w/ C2; C1 arm R, etc. to end of line 8(Nx)
Repeat the dance with the new C1

Up Tailes All **(Playford 1651)**

(about 4-7 couples in a circle, numbered CCW) **==In 2==**

P1 [2x] Lead in a double forward & back; set & turn 4;4 (2x)
P2 C1 lead out between C2 & cast to inside & clap; C1 arms R 4;4
C1 same w/ C3 & so fwd, the rest following & doing the like4;4 (mult x)
P3 C1 lead & cast as in P2, C1 & C2 clap 4
take R hands across once round 4
C1 same w/ C3 & so fwd, the rest following & doing the like4;4 (mult x)
P4 C1 lead & cast as in P2, C1 & C2 clap 4
take hands & circle once round 4
C1 same w/ C3 & so fwd, the rest following & doing the like4;4 (mult x)

Dances from the Gresley Manuscript, circa 1500

Le Bens Distonys

(Couples) **== in 4 ==**

Inside Single, Outside Single; Double 1;1
Ld Double fwd & turn to face as Ly Double back 1
Double into ea other's original place (facing fwd) 1
Ly Double fwd & turn to face as Ld Double back 1
Double to own original place (facing fwd) 1
(together) Single fwd, Single back; turn single 1;1

Eglamour

(3 people, single file) **== in 6 ==**

Trace- 6 doubles 12
1 at a time, 3 singles fwd;1 at a time cast to back in 2 doubles 6;12
1 at a time, cast L forward 6
1& 3 switch in 2 doubles as 2 turns single; 2 cast to head of line 4;2
Repeat twice more with new leader.

Grene Gynger

(Couples) **== in 6 ==**

Single fwd, Single back, double fwd; Repeat 1;1;2;4
Heart: 2 Singles moving away from ptner; 1 Double casting to face 2;2
2 Slip steps down the hall holding leading hands; turn back to back 1;1
Still holding hands, 2 slip steps up the hall;turn to face 1;1
turn L, double away from your partner; turn, return in a double & face 2;2
Double back from partner and fwd to meet 4
Heart: facing down the hall, same as above 4

Prenes a Gard

	(set of 3 people abreast)	**== in 6 ==**
A:	Trace- 12 piva	12
B1:	1st jump, 2nd jump, 3rd turn	1;1;2
B2:	3rd jump, 2nd jump, 1st turn	1;1;2
B3:	1st jump, 3rd jump, 2nd turn	1;1;2
C:	2nd 3singles forward, 1& 3 3 singles back	3
	1st turn; 2nd 1/2 turn; 3rd jump	3
D:	1st & 3rd switch, 2nd through (2 doubles)	4
E:	1st turn, retrett, rake; 2nd turn, rake, retrett	
	3rd retrett, rake, turn	4
F:	flowrdelice; double to place	2;2

(The B parts happen sequentially. In parts C, D, and E each person does their own steps simultaneously

Talbott

	(couples)	**== in 3 ==**
A:	Trace 18 piva (end turning to face)	18
B1:	Single L fwd, Single R back, double fwd, passing R sh (pause)	2;2;1
B2:	Brawle L&R (facing),double fwd, not passing (pause)	2;2;1
C:	Single L forward, single R back, take R hands, switch in 3 singles.	5
D:	2 doubles forward, taking ordinary hands. (pause)	5
E:	Rake L&R, full turn in place.	2;3

REPEAT

Steps in Gresley Dances

Trett- Step forward & close
Retrett- Step backward & close
Brawle- Step sideways
Rake- Step diagonally forward, with a sweeping motion
Flowrdelice- 3 kicks

Other Dances

Bouffens **(Arbeau 1596)**

(4 fencers in a square) **== in 4 ==**

Opening Sequence

Feint, Forehand high; Backhand high, Turn L w/ Forehand low	1;1
Backhand low, Forehand high	1
Turn R w/ Backhand low, Forehand high, with pass to R	1

Three Cuts Sequence

Forehand high, Backhand low, Forehand high w/pass R to engage next 1
(SCA version often done at half speed, same tempo as opening (which would make it 1;1), but the Arbeau version is twice as fast, so just one measure for the sequence)

Corwyn's Folly **(Scottish 19th C. style - SCA Choreography)**
(Couples) **== In 4 ==**

Set & turn (2x); Arm L&R; Set & turn (2x) ;Back to back L&R2 (2x);4;2 (2x);4
Set & turn (2x); Waist turn R&L, end facing presence, improper 2(2x);4
(Waist turn R = R arm on partner's waist, L on partner's R, turn CW)
Set & turn (2x); Cast down the hall, Cast up the hall, end back to back 2 (2x);2;2
Set & box step (2x); Cast down the hall & turn to face presence 2 (2x);2
(Take inside hands) Double fwd & kick; Double back 2;2
(facing front) Set & turn (Ld CW, L CCW); Repeat, end facing partner w/o hands 2;2
Side R&L; take hands & set to rear & front; turn under rear hands & face front 2
Set L&R; Allem&e (turn, Ld kneels, Ly ends on Ld's knee) 1;1

Farew Farew **(Irisih 19th C style - SCA Choreography)**
(Couples in a line, facing) **== In 4 ==**

Take hands in long lines & Double fwd & back (2s) 2(2x)
Lds Stomp LR, Clap 2x & turn Single; Lys same 2;2
Lds take hands & Ld1 leads Lds around Lys to place; Lys same 2 (Nx);2 (Nx)
C1 start Grand R&L to bottom of set (improper),make arch, & other C's through 2(Nx)
Repeat dance w/ Lys starting everything

The Gulls on Ferny Hill (The Woozy Sea Gull) **(SCA Chor, 18th C Scottish style)**
(3 couples in a line) **== In 4 ==**

P1: C1 R hand turn 1½ as C2&3 hands halfway round & pull through to own side 2
¾ Hay, C1 begins on outside of set, and ends in 2nd position 2
C1 L hand turn 1½ ; C1 ½ Figure Eight down hall as C3 cast up 1 place 2;1
C1 loop around invisible couple and pass R to place 1
P2: Ld3 (middle) take Ly1's hand & lead up hall as Ldy1 up outside of set 2
Ld1 reclaim Ly1 & lead down hall to place (3rd posit) as Ld 3 follows to place 2
Repeat w/ Ly steadling Ld1 and Ly1 reclaiming him 4

Haymaker's Jig **(Irish - Late 19th C. Folk Revival)**
(Couples in a line, facing) **== In 4 ==**

Advance & retire (2x), holding hands in gender lines; In place, 2 jig steps 4(2x); 8
Advance & retire, holding hands in gender lines 4
Ld 1 & Ly 3 meet, turn w/ R hands & return to place; Ly 1 & Ld 3 same 4;4
Ld 1 & Ly 3 meet, turn w/ L hands & return to place; Ly 1 & Ld 3 same 4;4
Ld 1 & Ly 3 meet, caeli hold & spin, return to place; Ly 1& Ld 3 same 4;4
C1 turn w/ R hands 1½ 2
Ld1&Ly2 L hnd turn as Ly1& Ld 2 same; C1 R hnd turn; repeat to end 2;2;2;2(Nx)
C1 caeli hold & spin to front of line; C1 casts to back of line w/ rest of line following 2;2
C1 form arch & other couples pass through to place; repeat dance as desired 2

John Tallow's Canon **(Adaptation of Shaw 20th C)**

(2 couples in square, partner opposite) **== In 4 ==**

First couple starts dance; second couple repeats all steps 4 counts later	
Forward & back a double	2
Forward & curve around switching places (? pattern)	2
Repeat doubles & ? pattern	4
Take R hands & circle CW back to place; Step L&R, & turn single	2;2
Take L hands & circle CCW back to place; Step L&R, & turn single	2;2

Korobushka **(Russian - 20th C. Folk Revival)**

(Couples facing CCW around a circle) **== In 4 ==**

Part 1:	Step RR; Step LL; Step R L; Face partner	1;1;1;1
Part 2:	Spin away & clap; Spin back & clap (take hands)	1;1
	Come together & apart; switch sides	1;1
Part 3:	Repeat Part 2 to get to orginial position	4

Ma Navu **(Israeli Folkance 20th C)**

(As many as will in line, circle or individually) **== In 4 ==**

P1	Point R foot fwd; Point to R Side;Step Back on R	½;½;½
	Bring L foot back[put weight on L, Step fwd w/ R & bring L knee up	½
	Step Back on L & bring R Foot together;	½
	Step Fwd w/R & Bring L Knee Up; Step back on L & close w/R	½;½
	Switch weight to other foot; Repeat P1 starting L	½;4
P2	Side Step R, Step L&R [to L]; Pivot on R to face R	1
	Step L, Cut R foot under, Step L, Pause; repeat Part 2 3x	1;6

Mairi's Wedding **(Scottish - 19th C. Folk Revival)**

(4 couples in a line) **== In 4 ==**

C1 full turn with R hands & cast down (C2 move up); C1 full turn with L hands	2;2
C1 half reel of 4 with first corners (Ld2 & Ly3) (corners change places)	2
C1 half reel of 4 with second corners (Ld3 & Ly2) (corners change places)	2
C1 half reel of 4 with first corners (Ld2 & Ly3) (corners back to original place)	2
C1 half reel of 4 with second corners (Ld3 & Ly2) (corners back to original place)	2
Reel of 3 - Ly 1 with C 2 (up the set), Ld 1 with C 3 (down the set)	4
First three couples join hands - Circle L (8 counts); Circle R (8 counts)	2;2
C1 repeats above with third & fourth couples	20

Nika Nika (Noun Pourrié Ana Plus Mau) **(SCA choreography)**

(circle of people) **== In 4 ==**

Bransle double lL; single R (4x)	1;1/2 (4x)
Double in & out of circle; single in & out (2x)	2;1 (2x)

Michaela's Mayhem **(SCA choreography)**

	(3 people in a line Ly-Ld-Ly)	**== in 4 ==**
Ch	Ly 1 (on L) turns single; Ly 2 turns single	1;1
	Ly 1 goes through arch of Ld & Ly 2; Ly 2 goes through arch of Ld & Ly 1	1;1
	Ld does a figure 8 around Lys, begininning by going in front of Ly 1	2
V1	Holding hands, 4 piva forward	2
	Ly1 doubles L while Ly 2 doubles R &Ld doubles back; double to place	2
B	Ly 1 do 4 singles & turn; Ld same; Ly 2 same (reversing roles of Lys 1 & 2)	1;1;1
Repeat Chorus (with new Ly 1)		6
V2	Ld sides R with Ly 2;Ld sides L with Ly 1	1;1
Repeat Pt B and Chorus		9
V3	Ld arms R with Ly 2; Ld arms L with Ly 1	1;1
Repeat B; Final Ch Omit figure 8 – Ld Single fwd & turns to face Lys; Rev		3;1

Posten's Jig **(Scottish - 19th C. Folk Revival)**

	(4 couples in a line, outside couples are active)	**== In 4 ==**
Intro	Set out; Set in (Or point out, front, out, back), inside couples move out	½;½
	Lys cross in front of Ld through inactive couple to improper side	3
P1	Cross (Lds hold hands high, Lys hold hands low)	1
	Post (Turn around inactive person at corner)	1
	Cross (Couple going to head of hall hold hands high, other couple low)	1
	Post (Turn around inactive person at corner); Repeat Part 1	1;4
P2	R hand to partner & cross; L hand to other active (Ld to Ld, Ly to Ly) & cross	1;1
	R hand to partner & turn	2

Quen Quer Que na Virgen Fia **(SCA choreography)**

	(circle)	**== In 4 ==**
V	Double L&R; Single L&R; Double L; Single R	2;1;1;½
	Same, but spin on 1st Double L; Same but spin on 2nd Double L	4½;4½
	Same but spin on both Doubles L	4½
Ch	Same pattern of steps, but Sprial in & out (moving L) on Double L&R (2x)	4½(2x)
Repeat many times (music begins w/Ch; Ch repeats 2x at end of dance)		

Road to the Isles **(Scottish 19th C. style - SCA Choreography)**

(Couples)	**== in 4 ==**
Point L foot, Step behind L, to the side R, cross forward L, Point R foot	2
Step behind R, to the side L, cross forward R, Point L foot, Step back L	2
Step LRL hop; Step RLR hop & turn; Step LRL hop & turn; Back RLR hop	1;1;1;1
Step LRL hop & turn; Back RLR hop; Step LRL hop & turn; Back RLR hop	1;1;1;1
Ld walks forward with Ly turning under R arm	4
Come together, apart, & move back into original position	2

Saltarello II (Prendente in Gyro)		**(SCA choreography)**
	(Circle of 3 or more couples)	**== In 4 ==**
A	Beginning L, double in; double out	1;1
	Palm R with partner & switch in a double	1
	Palm L with partner & switch back in a double	1
	Palm R with contrary & switch; take hands in a circle	1
B	Beginning R, double in & drop contrary's hand	1
	Convert a double with partner; double out	1;1
	Dropping hands, palm R with partner & switch in a double	1
	Palm L with partner & switch in a double	1
C	Hey in 4 doubles, Lds CCW, Lys CW pass 4 people beginning with R shoulders & alternating	4
Repeat Part A; B		5;5
D	Palm L with partner & switch in a double (completing circle)	1
	Figure 8 circle around counter in 2 doubles, passing R shoulders	2
	Circle around partner in 2 doubles, passing L shoulders	2
	Circle around counter in 2 doubles, passing R shoulders	2
Repeat Part A; B; D		5;5;7
Repeat Part A,;B; C; A		5;5;4;5
Close	In & out a double, honors	1;1

Saltarello la Regina		**(SCA choreography)**
	(Couples)	
V1	Inside single; Outside single	½;½
Ch	Inside double; Outside single away from your partner	1;½
	Inside single toward your partner; Outside double backward	½;1
V2	Repeat V1; Chorus	1;3
V3	Ld turn under Ly's arm in 2 inside singles;Ly same under Ld 's arm	1;1
Chorus		3
V4	Repeat V3, Ly turning first; Chorus	2;3
V5	Ld circles around Ly in 4 singles; Chorus	2;3
V6	Repeat V5, Ly circling; Chorus	2;3
V7	The couple joins both hands & turns in a CW circle in 6 singles	3
Chorus		3
V8	Repeat V7, circling in the opposite direction; Chorus	3;3

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Dolce Amorosa Fiamma	Urraca Yriarte de Gamboa	23
Donna Leggiadra	Diana Cruickshank/Caroso	23
Double Bransle		5
Dull Sir John	Saltatoris Guild/	33
E		
Earl of Essex Measure		3
Earl of Salisbury Pavanne	/Mabel Dolmetch	2
Eglamour	Cait Webb	56
Epping Forest	Saltatoris Guild/	34
Escosse Bransle	Darius	6
F		
Faine I Would If I Could		34
Farew Farew	/Felice Debbage	58
Fedelta	Dafydd Arth/Caroso	23
Fedelta d'Amore	Sion Andreas o Wynedd/Negri	24
Female Sailor		52
Fia Giuelmina	Rosina del Bosco Chiaro/Domenico	11
Fiamma d'Amore	Various/Caroso	24
Fine Companion		34
Fryar and the Nun		52
Fulgente Stella	Alina of Foxwood/Caroso	25
Furioso	Sion Andreas o Wynedd/Caroso	25
G		
Gathering Peascods		34
Gelosia	/Domenico	12
Gentilezza D'Amore	Adele Desfontaines/Caroso	25
Gioioso in Tre	Rosina del Bosco Chiaro/Guglielmo	12
Glory of the West		35
Goddesses		35
Gracca Amorosa	Urraca Yriarte de Gamboa/Caroso	26

Gratioso	Lowrie Leulyn/Negri	26
Graziosa	Rosina del Bosco Chiaro/ Guglielmo	12
Grene Gynger	Emma Dansmeyla & Martin Bildner	56
Griffoné d'Oro (A Lieta Vita)	/Alina of Foxwood	27
Grimstock		35
Gulls on Ferny Hill	/Felice Debbage	58
H		
Half Hannigan		52
Haymaker's Jig		58
Health to Betty	Felice Debbage	53
Heart's Ease		35
Heralds in Love	/Iulstun Sigewealding	36
Hermit's Bransle	Darius	5
Hit and Misse		36
Hockley in the Hole	Aaron Drummond	36
Hole in the Wall		53
Horses' Bransle	Henry of Maldon	5
Hyde Park		37
I		
If All the World Were Paper		36
Il Bianco Fiore	Aidan Morgana Evans/Negri	20
Irish Gypsy	/Dafydd Arth	37
J		
Jack Pudding	Saltatoris Guild	38
Jamaica		53
Jenny Pluck Pears		37
Jog On	Felice Debbage	53
John Tallow's Canon	Sion Andreas o Wynedd/Shaw	59
Jouyssance Vous Donneray		8
Juice of Barley	Cecil Sharpe/	54
K		
Kelsterne Gardens		38
Kemps Jegg	Felice Debbage	38
Kettle Drum	Saltatoris Guild	39
Korobushka		59
L		
Labour in Vaine	See Shepheard's Holiday	49
Laccio d'Amore	Etienne de Clermont/Caroso	26
Lady Cullen		54
Lady Layton's Measure	Richard Powers	4
L'Amoroso (Nürnberg)	Thea of Jaravellir	10
Lauro	Brainard/Lorenzo de Medici	8
Le Bens Distonys	Emma Dansmeyla & Robyn Whistler	56
Leggiadria d'Amore	Urraca Yriarte de Gamboa/Caroso	27
Leoncello Novo	/Domenico	12
Leoncello Vecchio	/Domenico	13
Lo Spagnoletto	Delbert von Straßberg/Negri	28

Lorayne Alman		4
Lord of Carnavan's Jegg		39
Lord Sun & Lady Moon	/Dafydd Arth	39
Loup Courant Pavanne	/Michaela de La Chesnaye des Bois	2
Lull Me Beyond Thee	Gwommy Anpurpaidh	40
M		
Ma Navu		59
Madam Sosilia's Alman		3
Mage on a Cree	Felice Debbage	40
Maid Peeped Out the Window		40
Mairi's Wedding		59
Maltese Bransle	Felice Debbage	5
Maltese Bransle (SCA)		6
Maraviglia d'Amore	Diana Cruickshank /Caroso	27
Marchesana	Rosina del Bosco Chiaro/Domenico	13
Martin's Bane	/Gwommy & Ealdormere dancers	41
Mayden Lane	Aaron Drummond	41
Meeting of the Maydens	/Gwommy Anpurpaidh	41
Mercantia	Rosina del Bosco Chiaro/Domenico	13
Merry Merry Milk Maids	/Aaron Drummond	41
Michaela's Mayhem	/Michaela de La Chesnaye des Bois	60
Michelaine Bransle		6
Milke-Mayds Bobb	Saltatoris Dance Guild	42
Minute Pavanne	/Michaela de La Chesnaye des Bois	2
Mirror Hall	/Michaela de La Chesnaye des Bois	42
Monsieur's Alman	see Earl of Salisbury Pavanne	2
Montard Bransle		6
Mordred's Lullaby	/Rosina del Bosco Chiaro	9
My Lady Cullen		54
N		
New Alman		4
New Exchange	Saltatoris Dance Guild	43
Newcastle	Gwommy Anpurpaidh	42
Night Peece	Felice Debbage	43
Nika Nika	/Sion Andreas O'Wynedd	59
Nonesuch	Gwommy Anpurpaidh	43
Noun Pourrié Ana Plus Mau	/Sion Andreas o Wynedd	59
O		
Official Bransle	Felice Debbage	6
Old Alman	Traehern & Janelyn	3
Old Mole		43
On the Banks of the Helicon	/Daffyd Arth	44
Oranges & Lemons		44
P		
Parson's Farewell		44
Pauls Steeple	Felice Debbage	54
Pease Bransle		6

Pennywren Road		45
Peppers Black	Felice Debbage	55
Petit Vriens	Brainard&Rosina/Guglielmo	14
Petite Rose	Judith of Northumbria/	13
Picking of Sticks		45
Pinagay Bransle		6
Pizocara	Rosina del Bosco Chiaro/Domenico	14
Poitou Bransle	Darius	6
Posten's Jig		60
Prendente in Gyro	/Ihon Vinson macFergus	61
Prenes a Gard	Cait Webb	57
Prexonera	Delbert von Straßburg/Domenico	14
Prince William's Hey		45
Puzzle Box	/Dafydd Arth	46
Q		
Quadran Pavanne		3
Queen's Alman		3
Queen's Jigg	Felice Debbage	54
Quen Quer Que na Virgen Fia	/Sion Andreas o Wynedd	60
R		
Reale	/Gugliemo	9
Return of Spring	/Ellisif Flakkari	46
Riunione	/Rosina del Bosco Chiaro	9
Road to Lisdoonvarna	/Brodeur	47
Road to the Isles		60
Rose is White and Rose is Red	Felice Debbage	55
Rosina	Rosina del Bosco Chiaro/Guglielmo	14
Rostiboli Gioioso	Rosina del Bosco Chiaro/Domenico	15
Rufty Tufty		48
S		
Saint. Martin's	Aaron Drummond	48
Saltarello II	/Ihon Vinson macFergus	61
Saltarello la Regina	/Geffrei Louarn de Kaermeriadec	61
SCA Maltese Bransle		6
Scotch Cap		48
Scotch Morris	Felice Debbage	55
Scottish Bransle	Darius	6
Sellinger's Round		49
Shepheard's Holiday	Felice Debbage	49
Simple Bransle		6
Single Bransle		6
Sionnan's Shamrock	/Dafydd Arth	37
Spagnoletta Regolata	/Caroso	28
Spagnoletto	Delbert von Straßberg/Negri	28
Spanish Jeepsie		49
Spero	Rosina del Bosco Chiaro/Domenico	15
St. Joan	/Sion Andreas o Wynedd	47

Stanes Morris	Felice Debbage	55
Steps - 15th C Italian Dance		17
Steps - 16th C Italian Dance		30
Steps - Alman		4
Steps - Bransle		7
Steps - Gresley		57
Steps - Pavannes		2
Stingo		50
T		
Talbott	Cait Webb	57
Tesara	Rosina del Bosco Chiaro/Domenico	15
Tinternell	Treahern & Janelyn	3
Torch Bransle		5
Torneo Amoroso	Etienne de Clermont/Caroso	29
Tracks of the Wolf	/Michaela de La Chesnaye des Bois	50
Trenchmore		56
Trihory of Brittany	Darius	7
Trip to Kilburn		50
Turkelone	Traehern & Janelyn	3
Turkish Bransle		6
Two Fat Ladies	/Sion Andreas o Wynedd	51
U		
Up Tailes All	Henry of Maldon	56
Upon a Summer's Day		51
V		
Verçepe	Rosina del Bosco Chiaro/Domenico	16
Villanella	Urraca Yriarte de Gamboa/Caroso	29
Villanicco	Etienne de Clermont/Negri	29
Vita di Cholino	Rosina del Bosco Chiaro/Giovannino	16
Vite de Colei	Thea of Jaravellir	16
W		
War Bransle		7
Washer Woman's Bransle		7
Whirlygig		51
Woodicock	Felice Debbage	52
Woozy Seagull	/Felice Debbage	58

Inns of Court Cheat Sheet for Ball
(repeat each dance as needed)

Quadran Set LR, D forward, Set RL, D back

Turkelone
Set LR D forward D back (2x)
D forward, D back (4x)

Earl of Essex
D forward S back (4x)
Set LR, D forward, D back

Tinternell
D forward, D back
take R hands-Circle clockwise SS D
L hands-Circle counterclockwise SS D
D forward, D back (3x)
take R hands-Circle clockwise SS D
L hands-Circle counterclockwise SS D

Old DDDD, take both hands
Circling clockwise, SS D
Circling counterclockwise, SS D

Queens DDDD, D forward, D back
Face, set and turn left
D forward, D back
Face, set and turn right

Madam Sosilia
SS D, S backwards (2x), face
Set LR, Rv, SS D to switch, Rv, SS
Embrace
Set LR, Rv, SS D to switch, Rv, SS
Embrace

Black (as commonly done)