

## Editor's Note

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Good Gentles,

This latest incarnation of our dance manual includes the following new dances: Gratia d'Amore, Miller of Dee, Saint Barbara's, Traitor's Measure, and Violet's Fancy. The following dances, taught this year, were reinstated: Haymaker's Jig, John Tallow's Canon, Karpayet, Laendler, Moonshine, and Six Hand Reel. Corrections were made to Il Conto del Orco. A huge thank you to THL James Blackcloak and to THL Darius for their overall formatting corrections and complete overhaul for accuracy and consistency of the English Country Dance and Bransles sections, respectively. And thanks to all who submitted additions and corrections - your assistance is appreciated.

A time signature is listed for each dance near the title of the dance as follows == In 4 ==. The right margin of the dance description lists the number of measures per step or group of steps. For example, in a dance that is == In 4 ==, a 2 at the right margin means that it takes 8 counts to do the step. The editors do not guarantee the accuracy of these signatures - if you notice errors, please send corrections to one of the e-mail addresses listed below.

In an effort to conserve space, but minimize splitting a dance between 2 pages, the dances in each category are not always in precise alphabetical order. Please consult the index if you have trouble finding a particular title. The Almans are listed in the order that the old measures are commonly danced when danced as a set.

In the index, we distinguish the reconstructor of a dance from the choreographer of a dance by placing a "/" in front of the choreographer. In the main text, we list the date and/or source and not necessarily the choreographer.

An online version of the Terpsichore dance manual is available online at our website: <http://cynnabar.org/eurodance>.

Many thanks to Aaron Drummond for handling the technical aspects of publication, both for the print and online versions.

If any errors or variations are noticed in this edition of the book please contact Alina of Foxwood via e-mail at [elainecohen11@gmail.com](mailto:elainecohen11@gmail.com) or Midair MacCormaic at [charlesmidair@gmail.com](mailto:charlesmidair@gmail.com) & we will try to correct them in future versions.

Many Thanks,  
The Barony of Cynnabar

### Standard Abbreviations

Clockwise	CW
Counter Clockwise	CCW
Left	L
Right	R
Couple	C
Lady	Ly
Lord	Ld

## Pavannes

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### **Belle Qui (Carolingian) Pavanne** (adapted from Arbeau 1589) (Couples in a line) == In 4 ==

L pavanne set fwd; R pavanne set fwd; L set fwd; R set back	2;2;2;2
Ly circles Ld using a L pavanne set; R pavanne set	2;2
Ld circles the Ly using a L pavanne set; R pavanne set	2;2

### **Earl of Salisbury Pavanne** (Mabel Dolmetch, 20<sup>th</sup> C) (Couples in a line) == In 4 ==

P1 L pavanne set fwd	2
Side Singles RL; Double R back	1;1
P2 L pavanne set fwd [end facing w/ R hands joined]	2
Side Singles RL; Double R back [away from ptrnr]	1;1
P3 Singles LR [take R hands] Double L [to ptrnr's place, end facing]	2
Side Singles RL; Double R back [away from ptrnr]	1;1
P4 Singles LR [take R hands] Double L [to orig place, end facing]	2
Side Singles RL, [end facing up hall]; Double R back	1;1

### **Golden Pavanne** (SCA Choreography) (Couples in a line) == In 4 ==

2 Singles & 2 Doubles fwd; Bransle LR, end facing ptrnr	3; 1
Touching R hands, circle w/ 2 Singles & 1 Double; same back w/ L, end facing up	2;2
2 Singles & 2 Doubles fwd; Bransle LR, end facing up the hall	3;1
Turn over L shoulder w/ 2 Singles & 1 Double; Same over R shoulder	2;2

### **Le Loup Courant Pavanne** (SCA Choreography) (Couples in a line) == In 4 ==

V1 Rev; L pavanne set	2;2
Lds P set away from ptrnr; Lys P set to ptrnr, all face down	2;2
P set fwd & out 45°; P set fwd & in 45° & face ptrnr	2;2
P set back from ptrnr; P set together & face fwd	2;2
Lys P set fwd; Lds P set fwd	2;2
V2 2 P sets fwd & face; Lys P set away; Lds P set to ptrnr, all face down	4;2;2
P set fwd & out 45°; P set fwd & in 45° & face ptrnr	2;2
P set back from ptrnr; P set together & face fwd	2;2
Lds P set fwd; Lys P set fwd	2;2
V3 2 P sets fwd & face; Lds P set away; Lys P set to ptrnr, all face down	4;2;2
P set fwd & out 45°; P set fwd & in 45° & face ptrnr	2;2
P set back from ptrnr; P set together & face fwd	2;2
Lys P set fwd; Lds P set fwd in front of Ly & take hand; Rev	2;2;2

### **Pavanne steps**

A pavanne single is a step & close. A pavanne double is 3 steps & close.

A pavanne set is two singles & a double, starting alternating L & R.

A bransle is usually a step apart & together, unless otherwise noted.

<b>Quadran Pavanne</b>	<b>(1570 - 1700)</b>
<b>(Couples in a line)</b>	<b>== in 4 ==</b>
Sideways 1 single L; Sideways 1 single R; Double L fwd	½;½;1
Sideways 1 single R; Sideways 1 single L; Double R back	½;½;1
Possible Variation: first repeat face fwd, second repeat face ptrn	
<b>Turkelone</b>	<b>(1570 – 1630)</b>
<b>(Couples in a line)</b>	<b>== in 4 ==</b>
[2x] - Set LR; Double L fwd; Double R back	1;1;1
[4x] - Double L fwd; Double R back	1;1
<b>Earl of Essex Measure</b>	<b>(1570 - 1630)</b>
<b>(Couples in a line)</b>	<b>== in 6 ==</b>
[4x] - Double L fwd; Single R back	1;½ [4x]
Slow side L; Slow side R	1;1
Double L fwd; Double R back	1;½
<b>Tinternell</b>	<b>(1570 – 1630)</b>
<b>(Couples in a line)</b>	<b>== in 4 ==</b>
Double L fwd; Double R back	1;1
Take R hands & Circle CW; Singles LR, Double L	1;1
Take L hands & Circle CCW; Singles RL; Double R	1;1
[3x] - Double L fwd; Double R back	1;1
As above, Take R hands & Circle CW; Take L hands & Circle CCW	2;2
<b>Old Alman</b>	<b>(1570)</b>
<b>(Couples in a line)</b>	<b>== in 4 ==</b>
Doubles LRLR fwd; Take 2 hands & circle CW; Singles LR; Double L	4;1;1
Circle CCW; Singles RL; Double R	1;1
<b>Queen's Alman</b>	<b>(1650 - 1700)</b>
<b>(Couples in a line)</b>	<b>== in 4 ==</b>
Doubles LRLR fwd	4
Double L fwd; Double R back (end facing ptrn)	1;1
Step L, Step R, Circle LRL (end facing fwd)	2
Double R fwd; Double L back (end facing ptrn)	1;1
Step R, Step L, Circle RLR (end facing fwd)	2
<b>Madam Sosilia's Alman</b>	<b>(1570)</b>
<b>(Couples in a line)</b>	<b>== in 4 ==</b>
[2x] - L single; R single; L double; R single back	½;½;1;½
[2x] - [face ptrn] Step L; step R; Rev L	½;½;1
[switching places] Single L; single R; double L turning to face	½;½;1
Rev R; single R; single L; embrace	½;½;½;½

<b>Black Alman</b>	<b>(1605/6)</b>
<b>(Couples in a line)</b>	<b>== in 4 ==</b>
4 Doubles, beginning w/ L [end facing ptrnr]	4
Double L backing away from ptrnr; Double R toward ptrnr	1;1
[turn to own L] Double L away from ptrnr	1
[turn around] Double R toward ptrnr	1
Lds step L, step R; circle LRL; Lys step L, step R; circle LRL	1;1;1;1
[take hands w/ ptrnr] Double L switching places; 4 slides up the hall	1;1
Double L switching places; 4 slides down the hall	1;1
Double L backing away from ptrnr; Double R toward ptrnr	1;1

<b>Lady Layton's Measure</b>	<b>(1570)</b>
<b>(Couples in a line)</b>	<b>== in 6 ==</b>
Honour; Fwd a Double; 2 Singles L; Back a Double	2;2;2;2
2 Singles Fwd & a quick Double Back diagonally R; That again by the L	2;2
[4x] - Slow Single Fwd & Quick Double back	2

<b>Lorayne Alman</b>	<b>(1570)</b>
<b>(Couples in a line)</b>	<b>== in 4 ==</b>
4 doubles w/ a hop fwd; beginning w/ L	4
[2x] - Double L fwd; Double R back;	1;1
Double L fwd; Double R circling away	1;1 (2x)

<b>New Alman</b>	<b>(1570)</b>
<b>(Couples in a line)</b>	<b>== in 4 ==</b>
4 doubles w/ a hop fwd; beginning w/ L [end facing ptrnr]	4
Step L; Step R; Circle LRL; Step R; Step L; Circle RLR; Rev	$\frac{1}{2}; \frac{1}{2}; 1; \frac{1}{2}; \frac{1}{2}; 1; 1$
Lds step L; Lys step L; All L double fwd switching places	$\frac{1}{2}; \frac{1}{2}; 1$
Lys step R; Lds step R; All R double fwd switching places	$\frac{1}{2}; \frac{1}{2}; 1$

### Alman Steps

Alman Single - step & pause, w/ non-leading foot raised.

Alman Double - 3 steps & pause, w/ non-leading foot raised.

### Bransles

<b>Aridan</b>	<b>(Arbeau 1589)</b>
<b>(Circle)</b>	<b>== in 4 ==</b>
[2x] Double L; Kick LRL	$1; \frac{3}{4}$ [2x]
[2x] Double L; Singles RLR; Double L; Kick LR; Double R	$1; 1\frac{1}{2}; 1; \frac{1}{2}; 1$
(DOUBLETIME) Double L, end w/ kick R; Single R, kick L, pause	$\frac{1}{2}; \frac{1}{2}$ [2x]

<b>Burgundian</b>	<b>(Arbeau, 1589)</b>
<b>(Circle)</b>	<b>== in 4 ==</b>
Double L, ending w/ kick R; Double R, ending w/ kick L	1;1

## Bransles

<b>Candlestick (Torch)</b>	<b>(Arbeau 1589)</b>
<b>(Lds w/ Candles, and Lys along edge of floor)</b>	<b>== In 4 ==</b>
Lds 8 Alman Doubles (start L) to find a partner	8
Ld 8 Alman Singles (4 in some recorded music) to approach partner	4
Repeat Alman Doubles & Singles, dancing w/ partner	8;4
Repeat, Ld reverence while handing torch to Ly, Ly finds a new partner	8;4
<b>Cassandra</b>	<b>(Arbeau 1589)</b>
<b>(Circle)</b>	<b>== In 4 ==</b>
[2x] - Double LR; [2x] - Double LR; Single L; Double R	2 [2x]; 2; 1/2; 1 [2x]
<b>Charlotte</b>	<b>(Arbeau,1589)</b>
<b>(Circle)</b>	<b>== In 4 ==</b>
[2x] - Double L; Kick LR; Double R	1; 1/2; 1 [2x]
Double L; Kick LR; Single R; Kick LRL	1; 1/2; 1/2; 3/4
Single L; Kick RLR; Double R	1/2; 3/4; 1
<b>Clog</b>	<b>(Arbeau 1589)</b>
<b>(Couples in a line or circle)</b>	<b>== In 4 ==</b>
[2x] - Double L; Double R	1; 1 [2x]
[2x] - Single L, Single R; Tap R foot 3 times	1; 3/4 [2x]
Lds & Lys may take turns tapping, or other mimings can be made in place of taps	
<b>Double</b>	<b>(Arbeau,1589)</b>
<b>(Circle)</b>	<b>== In 4 ==</b>
Double LR; Double L; Single R; Kick LRL, pause holding the last kick	2; 1; 1/2; 1/2
<b>Gay</b>	<b>(Arbeau,1589)</b>
<b>(Circle)</b>	<b>== In 6 ==</b>
Kick RLRL; pause 2 beats holding the last kick. Note: always moves L	2; 3; 1/3
<b>Haye</b>	<b>(Arbeau,1589)</b>
<b>(Line of as many dancers as will)</b>	<b>== In 4 ==</b>
[4x] - Single, Single, Double (in the manner of the coranto)	2 [4x]
Doubles to Haye once through the set (wait for lead person to begin)	varies
<b>Hermits</b>	<b>(Arbeau 1589)</b>
<b>(Circle)</b>	<b>== In 4 ==</b>
[2x] Double LR;	2 [2x]
[2x] (1/2 turn CCW ) Kick RLR, feet together	1
(w/ arms crossed & bowing head) Tap toes RLR, feet together	1 [2x]
<b>Horses</b>	<b>(Arbeau,1589)</b>
<b>(Couple holding both hands with each other)</b>	<b>== In 4 ==</b>
[4x] - Double L; Double R	1; 1 [4x]
Ld tap R foot 2x, Single R; Turn L (CCW) w/ Double L; Ly same	1; 1; 2

## Bransles

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<b>Maltese (Bransle de Malte)</b> <b>(Circle)</b>	<b>(Arbeau 1589)</b> <b>== In 4 ==</b>
[2x] - Double L; Single R	1;½ [2x]
(moving into the circle) slow Singles LR; fast Singles LRL, kick R	½;½
(turning & moving out of the circle) single R, kick L, single L, kick R	⅞
(turning to face into the circle) kick LRL, feet together	⅝
A caller may indicate actions for the dancers to do as they go in and out of the circle.	
<b>Montarde</b> <b>(Line of 4+ people side by side, *music to be repeated)</b>	<b>(Arbeau 1589)</b> <b>== In 4 ==</b>
4 Doubles L (jumping jack style) (L most person weaves to end after first time)	4
1st person (turning) Kick LRL, feet together; then 2 <sup>nd</sup> ; followed by 3 <sup>rd</sup> , & 4th	1 [*4x+]
<b>Official</b> <b>(Circle of couples)</b>	<b>(Arbeau 1589)</b> <b>== In 4 ==</b>
[2x] - Double LR (jumping jack style); 6 Singles L (jumping jack style)	2 [2x];3
Kick LR, Lds Lift Lys (no tossing, an assisted lift that stays in place)	1
<b>Pease</b> <b>(Circle of couples)</b>	<b>(Arbeau 1589)</b> <b>== In 4 ==</b>
[2x] Double L; Double R	1;1 [2x]
Lds hop, Lys hop; Lds step L & hop 3x; Lys hop, Lds hop; Lys step L & hop 3x	1;1;1;1
<b>Pinagay</b> <b>(Circle)</b>	<b>(Arbeau 1589)</b> <b>== In 4 ==</b>
Double L; Kick L; Double L; Kick LRL; Double L; Double R	1;¼; 1;¾; 1;1
<b>Poitou</b> <b>(Circle)</b>	<b>(Arbeau 1589)</b> <b>== In 9 ==</b>
4 slow kicks beginning R; 4 fast kicks begin R, pause. Note: always moves L	1½;¾
Alt: 3 slow kicks (RLR); 7 fast kicks beginning L, pause. Note: always moves L	1;1
<b>Rondo Tutti Battuti</b> <b>or The Two Five Hundred Pound Canaries Bransle</b> <b>(Circle mixer for couples, Lys facing out, Lds in)</b>	<b>(SCA Choreography)</b> <b>== In 4 ==</b>
A Holding both hands, 4 Doubles, starting to Ld's L	4
B Ld 3 Canari LRL, stamp R; Spez L, Canario L, stamp R	4
Lys same	4
<b>SCA Maltese (Turkish Bransle)</b> <b>(Circle)</b>	<b>(SCA Choreography)</b> <b>== In 4 ==</b>
[2x] - Double LR; Snap as go in sideways & Clap 3x; repeat going out	2 [2x]; 2;2

## Bransles

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**Scottish/Escosse** (Arbeau 1589)  
(Circle) == In 4 ==  
[2x] - Double LR; Single LR 2;1 [2x]  
Double L; Single RL; Double RL; Single R; Kick RLR, Saut & Capriole 1;1;2;1/2;1  
NOTE: Do not close Singles and Doubles - end with a cross-kick

**Single** (Arbeau 1589)  
(Circle) == In 4 ==  
Double L; Single R; Double L; Kick LRL, pause holding the last kick 1;1/2; 1;1/2

**Trihory of Brittany** (Arbeau 1589)  
(Circle) == In 4 ==  
Version 1: Double L, end w/ kick L; Spring L & close, kick LRL 1;3/4  
Version 2: Double L, end w/ kick L; Spring L & close, on toes point heels RLR  
raising L foot on the last point 1;3/4  
Repeat either version until end of music or alternate between them

**War** (Arbeau 1589)  
(Circle) == In 4 ==  
[4x] - Double L; Double R 1;1 [4x]  
(fast) DI; Dr; SI, Sr; DI; Sr, SI; Dr; SI, Kick LRL, Saut&Capriole 1/2;1/2;1/2;1/2;1/2;1/2;1/4;1/2;1/4

**Washerwomen's** (Arbeau 1589)  
(Circle of couples) == In 4 ==  
[2x] - Double L; Double R 1;1 [2x]  
(face partner) Singles LR (Ld scolding); Singles LR (Ly scolding) 1;1  
(face center) Double L (clapping); Double R 1;1  
Double L (clapping); Kick LRL (turning CCW), Saut Majeur 1;1

## Steps

Single step sideways & close.  
Double 3 steps sideways & close  
Capriole a small jump, kicking the feet back & forth  
Saut leap – end with feet together

## Basse Dances – Burgundian/French

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**Alençon** (15<sup>th</sup> C. Brussels Ms)  
(Couples in a line) == In 3 ==  
Rev; Bransle L; Singles LR; Double L; Riprise R 1;1;1;1  
Singles LR; Doubles LRL; Singles RL; Ripreses RLR; Bransle L 1;3;1;3;1  
Singles LR; Double L; Singles RL; Ripreses RLR; Bransle L 1;1;1;3;1  
Singles LR; Doubles LRL; Singles RL; Ripreses RLR; Bransle L 1;3;1;3;1

## **Basse Dances – Burgundian/French**

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### **Barcelonne/Le mois de may** (15<sup>th</sup> C. Brussels Ms) (Couples in a line) == In 3 ==

Intro: Rev; Bransle L	1;1
Singles LR; 3 Doubles LRL; Singles RL; Reprises RLR; Bransle L	1;3;1;3;1
Singles LR; Double L; Singles RL; Reprises RLR; Bransle	1;1;1;3;1
Repeat lines 2 & 3; Rev	16;1

### **Casuelle Nouvelle/Castile la Novele** (Toulouse 1488) (Couples in a line) == In 3 ==

Intro: Rev; Bransle L	1;1
P1: Singles LR; 5 Doubles LRLRL; Reprises RLR; Bransle L	1;5;3;1
Singles LR; Double L; Singles RL; Reprises RLR; Bransle L	1;1;1;3;1
Repeat P1	
P2 Singles LR; 3 Doubles LRL; Reprises RLR; Bransle L	1;3;3;1

### **Danse de Cleves** (15<sup>th</sup> C. Brussels Ms) (Couples) == In 3 ==

P1 Rev; Bransle L	1;1
Singles LR; Doubles LRL; Singles RL; Double R back (drop hands)	1;3;1;1
P2 Singles LR, Double L (Ld fwd & back stem as Ly CW petal)	1;1
Singles RL; Double R (Ly fwd & back stem as Ld CCW petal)	1;1
P3 Rev; Bransle L; Singles LR; Double L; Double R (half turn)	1;1;1;1;1
Double L; Singles RL; Double R (half turn in place)	1;1;1
P4 Repeat P2	4
P5 Singles LR; Doubles LRL; Conge	1;3;1

### **Jouissance Vous Donneray** (Arbeau 1589) (Couples)

Seq Rev; Bransle; Singles LR; Double L; Riprese; Double L; Riprese; Bransle	
Singles LR; Doubles LRL; Riprese; Double L Riprese; Bransle	
Singles LR; Double L; Riprese; Bransle; Conge	
Ret Bransle; Double L; Riprese; Bransle	
Singles LR; Doubles LRL; Riprese; Double L; Riprese; Bransle	

## **Basse Dances - Italian**

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### **Ginevra Weasley** (Adapted from Guglielmo (Ambrosio) late 15<sup>th</sup> C) (Couples) == In 6 ==

P1 Singles LR, Doubles LR, Rev L; Back Singles LR, MV R	4;1
Voltacia (Rip L, Vt (SR, SL), Rip R)	3
P2 Repeat, going the other way, w/ Ly on L to start	8
P3 R hands: Singles LR, Double L; L hands: Singles RL, Double R	2;2
Rev L; Back Singles LR, MV R; Doubles LR, MV R	1;1;2
P4 Rip LR; Singles LR, Double L; VdGypsy, Ly MV R; Rip LR	2;2;2;2
Repeat dance Ld & Ly exchanging roles & going down the hall.	



## Basse Dances - Italian

<b>Coronita Gentile</b>		<b>(Adapted from Guglielmo (Ambrosio))</b>
<b>(Couples facing from across room)</b>		<b>== In 6 ==</b>
V1	Continenze LR; Sempii LR; Doppii LR; RevL PtL, PtR (back); MV into RipL; RipR, Continenze LR; Singles LR; Doppii LR MV into Chorus (Ripresa L; VT (2 Sempii RL), Ripresa R)	1;1;2;1 1;1;1 1;1;2 1;2
V2	Continenze LR; Sempii LR; Doppii LR Continenze LR; RevL (touching R hands) Pt LR (back) Sempii LR, Doppii LR (passing); MV into Chorus	1;1;2 1;1;1 1;2;3
V3	Con LR; 6 Salt (home); RevL; PtLR (back); MV into Ch	1;6;1;1;3
V4	Continenze LR; Doppii LR; Lds Sempii LR; Doppii LR R-hands Sempii LR; Doppio L; L-hands Sempii RL; Doppio R (smaller so change sides, facing ptrnr); Chorus	1;2;1;2 2;2 3
V5	Continenze LR; Lds Sempii LR; Doppii LR (back to ptrnr); Ch; Sempii LR; Doppii LR; MV into Ch	1;1;2 3;1;2;3

<b>Lauro</b>		<b>(Late 15<sup>th</sup> C Italian manuscripts)</b>
<b>(Couples in a line)</b>		<b>== In 3 ==</b>
	Singles LR; Doubles LR; Rev L	1;2;1
	Reprises LR; Singles LR; Double L; Reprise R; Continenze LR [R hands], Singles LR; Double L; [L hands] Singles RL; Double R	2;1;1;1;1 1;1;1;1
	Reprises LR; Singles LR; Doubles LR L; VdG; Rev L	2;1;3;2;1

<b>Mordred's Lullaby</b>		<b>(SCA Choreography)</b>
<b>(1 Couple, separated, Ld on L side of hall, Ly on R)</b>		<b>== In 6 ==</b>
Intro	Ld 6 passi (2/ bar) to start position; 1 bar no move Ly 6 passi, end L of Ld (lead pos); 1 bar, Ly takes Ld's hand	3;1 3;1
Hush	Chorus Riprese LR; 2 Sempii; 3 Doppii; VdG	2;1;3;2
V1	RevL, ¼ turn L, Ly leads Sempii LR; Doppii LR, MV Ld leads Sempii LR; Doppii LR, Ld MV to face; RevL	1;1;2 1;2;1
C1	Ly circles Ld CW w/ 4 Doppii starting L	4
V2	Sempii LR; Doppio L; (Ld back, Ly fwd), VdG Sempii LR; Doppio L; (Ly back Ld fwd), VT (S RL DR CW)	1;1;2 1;1;2
C2	R hands, Semp LR Dop L; L hands, Semp RL Dop R, Ly MV	2;2
Hush	Chorus	8
C3	Ly 4 Doppii around Ld CW, as Ld 8 steps CW, inside Ly's circle (End w/ Ly to L of Ld, further apart, do not hold hands)	4
V3	Sempii LR Dop LR; Ld Rip LR as Ly Dop LR ½ around Ld Sempii LR; Doppii LR, Ld backing up, Ly going fwd	3;2 1;2
C4	Ly 4 Doppii in CW around Ld; MV, as Ld RipLR into MV (2x)	4
Hush	Chorus (as before, except Ld leading)	8
Exit	Ly 4 passi (1/bar), go behind Ld & L (can continue on Ld's music) Ld 4 passi (1/bar), go off R & turn to look at the Ly at the end End in stillness. No Rev	4 4

## **Basse Dances - Italian**

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<b>Riunione</b>	<b>(SCA Choreography)</b>
<b>(Couples)</b>	<b>== In 6 ==</b>
P1 Continenze LR; Singles LR; Ripresa L, Ld starting w/ a MV Singles RL, passing R shoulders	1;1;1 1
P2 MV into Ripresa R; MV into Ripresa L; Double RLR, MV on last beat Saltarello LR L end L shoulders together (Ly facing down, the hall, Ld up)	1;1;3 3
P3 Reverenza Longa R ; Volta del Gioioso, rotating around each other	2;2
P4 Doubles LRLR in sep CCW circles - end facing other way (Ly up hall, Ld down) Take R hands, Singles LR, Double L Take L hands, Singles LR, Double R (End w/ Ly facing down, Ld up) Reverenza L & drop hands	2 2 1
P5 Riprese Portoguese back LR; then fwds L; Single R; Pause Riprese LR, Ly first doing a MV, holding hands Singles LR; Doubles L RL; Volta del Gioioso	2;1;½;½ 2 1;3;2

## **Italian Balli (15<sup>th</sup> Century)**

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<b>Amoroso</b>	<b>(Ambrosio (Guglielmo) 1475)</b>
<b>(Couples)</b>	<b>== In 4 ==</b>
12 piva (only 8 in some recordings)	12
Ld Singles LR; Piva, Strutting singles RLR; Ly same to catch up	1;1;1½;3½
Ld Piva LRL, Single R; Lysame to catch up	4;4
Ld Singles LR Piva; Singles RLR turn & Rev; 3 Piva & 1 single bk; Ly same	2;2;4;8

<b>L'Amoroso</b>	<b>(Nürnberg Manuscript 1517)</b>
<b>(One Couple, Ld on right)</b>	<b>== In 4 ==</b>
12 piva (only 8 in some recordings)	12
Ld 2 Pive; Ld slow Double; Ly same to catch up	2;1½;3½
Ld 2 Pive, slow Double, Movi; Ly same to catch up	3½;3½
Ld 3 Contrapassi w/ Rip on last, Ld Movi, Ly Rev, Ld Rev, Both Rev	5
Ld 2 Pive, slow Double, Movi	3½
Ly 3 Contrapassi w/ Rip on last, Ly Movi, Ld Rev; Ly Rev; Both Rev	5
Ly 2 Pive, slow Double	3½

<b>Anello</b>	<b>(Domenico 1450)</b>
<b>(2 Couples facing)</b>	<b>== In 4 ==</b>
Intro All join hands & circle L w/ 8 salterelli	8
P1 Movi [Lds then Lys]; Lds switch in 2 salt; Movi (Lys then Lds); Lys switch	1;2;1;2
P2 Movi [Lds 1st]; Lds Turn single; Movi [Lys 1st]; Lys Turn single	1;1;1;1
P3 Lds cast behind ptr & switch in 4 piva; Lys same	2;2
P4 Movimenti [Lds then Lys] 2x; Lds reprise; All reverenza	2;1;1
Repeat w/ Lys leading	

## Italian Balli (15<sup>th</sup> Century)

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<b>Belfiore</b>	<b>(Domenico)</b>
<b>(Set of 3 people)</b>	<b>== In 4 ==</b>
12 slow piva; L dancer double; Middle same; R same	12; 1;1;1
L dancer movimento; Middle same; R same	<b>== In 2 ==</b> 1;1;1
L dancer Voltatonda (in a double); Middle same; R same	<b>== In 4 ==</b> 1;1;1
L dancer 3 piva behind to R place; Middle same; R same	<b>== In 6 ==</b> 3;3;3
L & R dancers trade w/ a double (L behind, R in front)	2
Middle 4 piva CCW around new R dancer & behind new L dancer to L position	4
Repeat dance 2x to arrive in beginning positions	

<b>Belreguardo</b>	<b>(Domenico)</b>
<b>(Couples)</b>	<b>== In 6 ==</b>
11 Saltarelli; Doubles LRLR; Contrapassi LLL; Singles RL	11;4;2;1
Contrapassi RRR; Rip LR	2;2
Saltarelli LR; Rip LR; Repeat	2;2;4
Singles LR; Double L, Rev R; Rip R; Con LR; Rev	1;1;1;1;1

<b>La Chirintana</b>	<b>(Siena manuscript)</b>
<b>(Line of Couples)</b>	
P1 Process: Con LR, Double L, Con R. (until music changes).	
P2 Snake Hay: In Pive, C1, leads to L, passing betw C2 & C3. Once C1 has passed C2, Ld2 leads Ly2 to follow C1, etc..C1 stops when they reach the end of the line; other C's continue until the line resets.	
P3 In and Out Hay: C1 leads a Hay for Couples, in Pive	
P4 Circling: Ld1 calls, "circle" & all couples take R hands & circle in 4 Pive. Then take L hands & do 4 Pive in the opposite direction.	
P5 Brigomania: Couples form a long line, Lyl taking Ld2's hands, Ly2 Taking Ld3's hand, etc., w/ Ld 1 leading the line, using Pive.	

<b>Colonnese</b>	<b>(Guglielmo (Ambrosio) 1463)</b>
<b>(Line of 3 Couples)</b>	<b>== In 6 ==</b>
16 Salterelli	16
C1 still, as C2 R hands - Sing LR, Double L; L hands - Sing RL, Double R; RevL,	
as C3 weave to top w/ Sing LR, 4 Doubles, Ld ends on R; repeat 2x	5;10
Ld around ptrn CCW w/ 3 Piva LRL; Ly same CW w/ 3 Piva RLR ( <b>== In 2 ==</b> )	3;3
Movimenti (Ld, then Ly), Double R back, Doube L fwd & face front ( <b>== In 4 ==</b> )	3
Repeat dance, roles reversed	

## Italian Balli (15<sup>th</sup> Century)

### Fia Giuelmina

(Domenico 1450)

#### (Couples)

P1	Ted LR, drop hands, Ly MV; Singles LR	== In 4/4 ==	2;1
	Rip R (angle away), face ptrn; Double R, Ld MV; repeat, Ld no MV		1;1;5
P2	Singles LR (changing place, 1/4 circle); Rev L	== In 6/4 ==	1;1
P3	Singles LR; Double LR w/ MV	== In 6/4 ==	1;2
	Rip L w/ MV, Rip R; Double LR w/ MV; Rev L		2;2;1
P4	Ly Double L, Movi; Ld Double L, Movi	== In 4/4 ==	1;1
	Ly Double L, Movi; Ld Single L, Movi, Ly Single L, Movi; VT (Salt L CW)		1;1;1
P5	Ly Pive LRLR (VT CW); Both Pive LR;	== In 6/8 ==	4;2
	Pive LRLR w/R Hands, Ly MV		4

### Gelosia

(Domenico 1450)

#### (Line of 3 Couples)

== In 4 ==

8 Saltarelli			8
Ld1 3 piva pass in front of Ly1, end at R of Ly2; Rev; Ld2 Saltarello R to Ly1		1½ ;½;1	
Ld1 3 piva in front of Ly2, ending at R of Ly3; Rev; L3 Saltarello R to Ly2		1½ ;½;1	
Ld1 Saltarello R behind Ly3, end to her L; All 8 Pive, holding hands w/ new ptrn		1;4	
C1 double away in circle, end facing; C2 the same; C3 the same		1;1;1	
Take R hands w/ ptrn, exchange places in Single L, R, L			1½
Take L hands, exchange back in Single RLR, Lds end w/ Mezzavolta R			1½
Repeat dance 2 times, until each Ld returns to original place			

### Gioioso in Tre

(Guglielmo (Ambrosio) late 15<sup>th</sup> C)

#### (1 Ly standing betw 2 Lds)

== In 6 ==

P1	Rip LR; Ly single LR; Arm L w/ Ld1 in Doubles LR to place		2;1;2
	Repeat Rip & Arming, but Ly arms R w/ Ld2		5
P2	Rip LR; Lds switch, pass L in front of Ly in Singles LR, Doubles LR		2;3
	Repeat Rip & Switching		5
P3	Rip LR; Singles LR; Double L;		2;1;1
	Ly Rip RL as Lds VT (doubles RL); VdG ; Repeat		2;2;8
P4	16 Saltarelli		16
P5	(musically in 6)	== In 4 to dance ==	
	Movi (Ly, then Lds); Ly double; Movi (Lds, then Ly); Lds double to Ly		1;1;1;1
	Movi (Ly 1 <sup>st</sup> ); Ly double & turn; Movi (Lds 1 <sup>st</sup> ); Lds double to join & turn		1;1;1;1

### Graziosa

(Guglielmo (Ambrosio) 1463)

#### (Couples)

== In 4 ==

Both TedL R L, Ld DR ½ around W; Both TedL R L, Ly DR to place on R			4;4
Ld TedLR, Singles LR, Double L; Ly same			4;4
SL, SR, DL, DR, Ld fwd, Ly ½ fwd, then back to start		== In 6 ==	3
MvR (no time), RipL, RipR, RevL			3
SL, SR, DL, DR, Ly fwd, Ld meets her, then goes beside			3
Hands RipL, RipR, RevL			3
Circling = take R hands, PivL R L; L hands, PivR, L, R		== In 4 ==	3;3
Movimenti (M, then W); Both DL Back, DR fwd			1;2

**Italian Balli (15<sup>th</sup> Century)**

<b>Giove</b>	<b>(Domenico 1450)</b>
<b>(for 3 in column, ideally Ld, Ly, Ld)</b>	<b>== In 4 ==</b>
P1 Ted LRL, VdG (= In 6 =); repeat	3; 2
P2 Doubles RLR in 1/2 Hey, leader & center starting w/ R hands	== In 6 == 3
Singles LR, Double L fwd	2
Doubles RLR in 1/2 Hey, last & center starting w/ R hands	3
Singles LR, Double L fwd	2
P3 Leader MV L w/ a hop to face down as others hop onto R	== In 3 ==
Contrapassi LL, Leader weaves to bottom passing Center by L and Last by R,	
Leader & Center edning w/ MV L	3
Contrapassi LL, Center weaves to the bottom the same way	3
Contrapassi LL, Last weaves to the bottom the same way, end w/ all facing up 3	
P4 Salt LR fwd; Center still as Leader & Last Salt LR to switch places CW	2;2
Leader & Last stand still as Center VdG (= In 6 =); Repeat	2;6
P5 Leader MV R & Riv L w/ center, touching R hands	== In 6 == 1
Centr MV R & Riv L w/ Last, touch R hands, Centr & Leader MV to face fwd	1

**Leoncello Novo** **(Domenico 1450)****(1 Ly standing betw 2 Lds)** **== In 4 ==**

2 Saltarelli; Ly Double L, Lds Double L; Ly Double R, Lds Double R	2;2;2
Ly circle Lds (in Fig 8) starting to L w/ 3 Pive, 1 Single, 3 Pive, 1 Single	4
Lds 2 Saltarelli; VT in 4 steps; Lys 2 Saltarelli; MV	2;1;3
All 3 Contrapassi fwd, MV; 3 Contrapassi fwd, MV	2;2
Ly Double L; Lds same; Ly Double R; Lds same, MV (all, to face)	== In 6 == 1;1;1;1
All Riprese LR; Con LR, Rev; Ly Double L; Lds same	2;2;1;1
Ly Double R; Lds same, MV (Lds only); All Rev; Ly Movi, Lds Movi	1;1;1;1

**Leoncello Vecchio** **(Domenico 1450)****(Couples)** **== In 4 ==**

6 salterelli	6
Movi (Ld then Ly); Ld Salt to R of Ly; Repeat (exchanging roles)	1;1;2
Ld 4 Singles & 1 Double away; Ly same; Ld 3 quick Doubles away; Ly same	3;3;2;2
Ld 2 Singles & 2 Doubles away; Ly same to join	== In 6 == 3;3
(both) Riprese LR; 2 Singles; 2 Doubles; Riprese LR; Movi (Ld then Ly)	2;1;2;2;2

**Marchesana** **(Domenico 1450)****(Couples)** **== In 4 ==**

8 salterelli	8
Ld stamp LRL; then Double R; Ly stamp LR L; then Double R	1;1;1;1
Hold hands - Rip LR (drop hands)	== In 6 == 2
R hands - circle w/ Singles LR; Double L drop hands; RipR; Same w/ L	1;1;1;3
Doubles LR fwd, passing L shoulders & turn to face	2
Rip LR; Continenza LR; Ld Rev; Ly Rev	2;1;1;1
Movimenti (Ld then Ly); Both Double L fwd	== In 4 == 1;1
Movimenti (Ly then Ld); Both Double R fwd (end w/ R shoulders together)	1;1
Double L turning (Ly VT & Ld MV) to face same way, Ly on L (next repeat, Ly leads)	1

## Italian Balli (15<sup>th</sup> Century)

<b>Mercantia</b>	<b>(Domenico 1450)</b>
<b>(Ly w/ 3 Lds A w/ Ly, B behind A, C behind Ly)</b>	<b>== In 6 ==</b>
11 Saltarelli; B & C separate w/ 6 MRip (== In 4 ==)	11;6
Ly MV in Double L; A Double LRL	<b>== In 6 ==</b> 4
B to Ly in Singles LR, Double L, touch R hands;	2
B Singles RL Double R & MV, as Ly Volta del Gioioso	2
C repeats what B did, Ly also repeating the Volta del Gioioso; A turns around	4; ½
B & C switch places w/ SaltLR, end side by side	2
A Salt LR, ending behind & to L of Ly; Ly turns as A RipR	<b>== In 4 ==</b> 2; ½
A & Ly Rev L; All Con RL	<b>== In 6 ==</b> 1;1
A & C switch places in Singles RL, Double R, as B & Ly Volta del Gioioso	2
A is now B, B is C & C is A. Repeat dance twice more	

<b>Petit Vriens</b>	<b>(Ambrosio (Guglielmo) 1475)</b>
<b>(Set of 3 people)</b>	<b>== In 6 ==</b>
16 Piva; A 4 Piva; B 4 Piva to join A; C 4 Piva to join A&B	16;4;4;4
(musically in 6)	<b>== In 4 to dance ==</b>
A Double L; B Double L; C Double L	1;1;1
A & B Rev; C & B Rev; All Rev	1;1;1
DL back, fanning out; DR fwd back to place	1;1
RipL; RipR; VT (DL going CCW)	½;½;1

<b>Petite Rose</b>	<b>(Domenico 1450)</b>
<b>(Couples)</b>	<b>== In 6 ==</b>
16 Pive, holding hands	16
Ld Movi; Ly Movi; Ld VT w/ a Double L(CCW)	1;1;2
Ly Movi; Ld Movi; Ly VT w/ a Double L(CCW)	1;1;2
Double L fwd; Singles RL back, switch feet; Repeat 2x	2;1;1
Saltarelli LR away and back to ptrnr	2;2
The lead alternates between the Ld & Ly on subsequent repeats.	

<b>Pizocara</b>	<b>(Domenico 1450)</b>
<b>(Line of 4 Couples)</b>	<b>== In 6 ==</b>
12 Pive; Lds circle ptrnr w/ 4 Pive; Lys same	12;4;4
Lds RevR, All RipR, holding hands	2
Lds SL, SR, 11 Doppii, weaving through Lys & end to R of ptrnr	12
Lys Rev L; All Rip L, holding hands	2
Lys, pause 1 bar, 9 Salt, starting L, weaving through Lds, end to R of ptrnr	10
C1 separate w/ 2 MRip, then other Cs 4 Pive	2;4
C2 separate w/ 2 MRip, then Cs 3 & 4 do 4 Pive	2;4
C3 separate w/ 2 MRip, then C4 does 4 Piva	2;4
Repeat the dance, w/ C4 leading	

## Italian Balli (15<sup>th</sup> Century)

<b>Prexonera</b>	<b>(Domenico 1450)</b>
<b>(Couples)</b>	<b>== In 6/4 ==</b>
Con LR; Singles LRL, Double R; Rev; Repeat	1;2;1;1;5
Ld Singles LR; Contrapassi LL, curve L to face Ly; Ly same (end apart to L)	1;2;3
Both Singles LR; Con LR; Repeat whole seq w/ Ly starting	1;1;8
8 piva (Ld grabbing Ly's hand, Ly following behind)	8
Ld Movi (jump twd Ly); Ly Respond (jump away); 4 passiti, Ld chasing Ly	1;1;2
Ly Movi (jump twd Ld); Ld Respond (jump away); 4 passiti, Ly chasing Ld	1;1;2
4 Saltarelli; Repeat dance w/ Ly leading contrapasso & piva sequences	4;46

<b>Rosina</b>	<b>(Based on Ambrosio (Guglielmo) 1475)</b>
<b>(3 people, one of one gender in center, 2 of other on sides)</b>	<b>== In 4 ==</b>
1 Double LR, MV; Double LR, MV	2;2
Center Single LR, Double L; Sides Single RL, Double R	2;2
2 Center turns, All Double LR, MV & Rip LR	4
CCW circle = Double L, MV, then RipR; Con LRLR	2;2
3 Single LR, Double L fwd, Double R back, Rev L	4
CCW circle = Double L, MV, then RipR; Con LRLR	2;2
4 Center & Side to their R = take R hands & circle w/ 4 Pive	4
Center & other Side take L hands & circle w/ 4 Pive	4
Hey w/ 8 Pive, Center & R Side start by passing R shoulders	8

<b>Rostiboli Gioioso</b>	<b>(Guglielmo (Ambrosio) 1463)</b>
<b>(Couples)</b>	<b>== In 6 ==</b>
P1 Reprise LR; Ld Singles LR; Doubles LR	2;1;2
(Ld MV) All Reprise LR; Ld Singles LR; Doubles LR home	2;1;2
Repeat above w/ Ly going out & back	10
P2 Reprise LR; 2 Singles; 3 Doubles; VdG (2x)	2;1;3;2 (2x)
P3 16 Salterelli	16
P4 (musically in 6)	<b>== In 4 to dance ==</b>
Movi (Ld then Ly); Ld Double L; Movi (Ly then Ld); Ly Double L to join Ld	1;1;1;1
Repeat; Repeat entire dance, roles reversed	4

<b>Spero</b>	<b>(Domenico 1450)</b>
<b>(Set of 3 people)</b>	<b>== In 4 ==</b>
P1 4 Salted, beat Fwd	4
P2 Center Sempii LR, Doppio L	2
Ends Sempii RL, Doppio R as Center MV w/ a Doppio R	2
P3 2 Salted, beat to side, MV	2
P4 Approach & Pass Center Betw in 4 Salt, MV R; Rip LR	<b>== In 6 ==</b> 4; 2
P5 Rev L, Sempio L back; approach w/ Rip Portugalese RLR, ends MV R	1;3
Rip L; VT w/ Sepmi RL, Rip R; Rev L	12;1
P6 Center & R End: Take R hands & circle in Piva LRL	<b>== In 4 ==</b> 3
Center & L Take L hands & circle in Piva RLR; Center Movi; Ends Movi	3;1;1
Center VT in Doppio L; Ends same; Repeat dance	2;2

## Italian Balli (15<sup>th</sup> Century)

<b>Tesara</b>		<b>(Domenico 1450)</b>
<b>(4 Couples in a line plus 1 shuttle at each end)</b>		<b>== In 6 ==</b>
P1	8 Saltarelli, starting L	8
P2	Couples separate in Meza Rip, shuttle A MV to face B	1
	A& B 4 Piva to switch (pass R), MV; C's switch 4 Meza Rip (Lds in front)	4;2
	Movimenti (Ld1, then 2, 3, 4, then Ly 4, 3, 2, 1); Repeat P2	4;11
P3	B take C4's ribbons & lead to front in 4 doppi w/ close & side cut	12
	A&B take R hands & switch in 2 piva; A to bottom in 3 piva, end in MV R	2;3
	A lead C3 to front (as B led C4);ü A&B switch & B return to bottom as before	12;5
P4	B take C2 to front (holding ribbons) w/ Saltarelli LRL	3
	A&B R hands & switch in Saltarello R; A to bottom in Saltarelli LR, MV R	1;2
	A lead C1 to front (as B led C2); A&B switch & B return to bottom as before	3;3
P5	C1&C4 switch w/ ptrn in Doppio & form ribbon arch; A&B Doppio under arch	1;1
	C2&C3 switch w/ ptrn in Doppio & form ribbon arch; A&B under arch & meet	1;1
	Repeat w/ C2&C3; Repeat w/ C1&C4	2;2
P6	A&B switch under arches in 4 piva, passing R shoulders, MV R	4
	Couples drop ptrn's ribbon; Lds MV to face down as Lys face up	1
P7	Hey A, B, Ld1 & Ly 4 weave CCW around 3 stationary people to new position	
	A&B always start to L of 1 <sup>st</sup> stationary person (inside), Ld & Ly to R	4
	Repeat w/ A, B, Ld2 & Ly3; A, B, Ld3, Ly2; A, B, Ld4, Ly1	12
P8	Movi (Ld1,2, 3, 4, Ly 4, 3, 2, 1); Lds MV CCW in doppio L; Lys same	4;1;1
<b>Vercepe</b>		<b>(Domenico 1450)</b>
<b>(3 Lords &amp; 2 Ladies)</b>		<b>== In 6 ==</b>
I	1 bar no movement; 11 Saltarelli, starting R	12
II	Ld2 & Ld3 Doppio LR, circling CCW halfway round Ly in front of him	2
	Ld2 & Ld3 Contrapasso LL, continuing to circle, switch weight to L foot	1½
	Ld2 & Ld3 Rip R to orig places, moving on a curve; Lys VdG	1;2
	Lys circle Lds in front of them w/ same steps Lds used; Lds VdG	4½;2
III	Contrapasso LLL, MV; repeat	<b>== In 4 ==</b>
	Ld MV (Step L, R CCW)	½
IV	Ld1 & Ld3 Hop on R foot	<b>== In 6 ==</b>
	Ld1 & Ld3 exchange places in 4 Saltarelli starting L, weaving among other	1
	3 (Ld1 to R of Ly1, L of Ld2, R of Ly2, then to end as Ld 3 to L of Ly2, R of Ld2,	
	L of Ly1, then to front) Ld1 ends w/ MV R	4
V	Ly1 Doppio RLR, moving CW halfway round Ld 2 to Ly2's place as	
	Ly2 Doppio LRL moving CW into Ly1's place	2
	Ld1 & Ld3 Hop on L foot; Ld1 & Ld3 Saltarelli RLR circling nearest Ly CW	1;2
	Ly1 Doppio LRL, moving CW to orig place as	
	Ly2 Doppio RLR moving CW into orig place	2
	Ld2 Hop on R foot; Ld2 Saltarelli LRL circling Ly1 CCW	1;2
VI	Lds Movi, Lys Movi; Lds VT (4 steps starting L CCW)	<b>== In 4 ==</b>
	Lys Movi, Lds Movi; Lys VT (4 steps starting L CCW)	1;1



## Italian Balli (15<sup>th</sup> Century)

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### Vita di Cholino

(Giovanninio)

(Ly betw 2 Lds)

== In 4 ==

V1	Con LR; Ly Singles LR, MV R, as Lds Singles LR back; RipLR	1;1;2
Ch	Ly & Ld to her R Rev; Ly & Ld to L Rev; VT CW in Double R	1;1;1
V2	Ly & Ld to R take R hands & circle in Doubles LR	2
	Ly & Ld to L take L hands & circle in Doubles LR; Repeat Ch	2;3
V3	Doubles LR (passing ea other), MV R; Rip LR; Repeat Ch	2;2;3
V4	Zig Zag past in Doubles LRL, MV L; Double R together	3;1
	Repeat Chorus touching hand while Rev (R hand w/ Ld1, L w/ Ld2)	3
V5	Hey in 8 pive, Ly starting and passing Ld to R by R	4
	Repeat Chorus, but Lds replace VT w/ Double R, MV (end in line)	3

### Vite de Colei

(Nürnberg Manuscript 1517)

(One Couple, Ld on right)

== In 4 ==

V1	8 Pive fwd, Ly turning to face Ld on the last	4
Ch	(holding both hands) Ld Rev; Ly Rev; Both VT	1;1;1
V2	8 Pive fwd, Ld turning to face Ly on the last	4
	Repeat Chorus, Ly Rev first	3
V3	Ld fwd 2 Doubles, Rip w/ MV; Return w/ same (no MV)	2;2
	Repeat Ch, Ld Rev first	3
V4	Ly same as Ld in V3; Repeat Chorus, Ly Rev first	4;3
V5	R hands, circle CW w/ 4 Pive; L hands, circle CCW w/ 4 Pive	2;2
	Repeat Chorus, Ld Rev first	3

## Steps for 15th Century Italian Dance

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Continenza (Con) - Shift weight to side, w/ bit of rise. Half bar.

Contrapasso - 4 steps, bending knee on first step

Doppio (Double) - 3 steps.

Passetino (PT) - a small step

Passo - an unornamented step

Piva - 3 steps, the 2nd cutting under first (ie place it under heel)

Meza Ripresa (Mrip) - Step to side, cut (put other foot under first)

Mezavolta (MV) - half turn. If not specified, it is a pivot in no time.

Movimento (Movi) (Shosso/Scosetto) - Rise on toes, directing attention at ptrn.

Reverance (Rev) - Kneel on knee given.

Ripresa (Rip) - Step to side, cut (put other foot under first), step to first side again.

Ripresa Portogalese (RipPort) - Rip on the diagonal (45 degree angle)

Saltarello (Salt) - 3 steps & hop. Put hop where pause is in doppio.

Saltarello Tedesco (Ted) - 3 steps & Meza Ripresa.

Sempio (Single) - step fwd on foot given, on first beat. Half bar.

Volta tonda (VT) full turn - steps specified in each dance

Volta del Gioioso (VdG) - A small circle CCW, done w/ 2 sempii & a MV w/ a ripresa.

Takes 2 bars in 6/4, as follows SR doing quarter turn CCW, SL doing quarter turn CCW, MV (half turn CCW in no time, pivot on L foot) & Ripresa R.

## Italian Balli (16<sup>th</sup> Century & later)

<b>Allegrezza d'Amore</b>		<b>(Caroso 1600)</b>
<b>(3 People in a Circle)</b>		<b>== In 3 ==</b>
P1	Take hands & Rev; Drop hands & Saffici LR, flanking back	4;4
	Doppii (or Semidoppii) LR	8
	Canario LR (Leader first, then to R)	6
	Spez LR, flanking fwd	4
	Rip L, Fioretto L; Rip R, Fioretto R	2;2
	Trab LR, Saffice L; Trab RL, Saffice R	4;4
P2	Fioretti LR; Trab LR; Scorsi L, changing places	2;2;4
	Fioretti RL; Trab RL; Scorsi R, changing back	2;2;4
	Canario LR (Leader first, then to R)	6
	Spezi LR, turning L; Passi LR; Saffice L, flanking back	4;2;2
	Spezi RL, turning R; Passi RL; Saffice R, flanking back	4;2;2
P3	Chain w/ 8 Spez	16
	Stamp LRLR (Leader first, then to R)	6
	Fioretti LR, Trab LR; Rip L, Fioretto L; Rip R, Fioretto R	4;2;2
	Puntati LR; Saffice LR, flanking back	4;4
P4	Fioretti LR, Trab LR; Doppii (or Semidoppio) L to L	4;4
	Fioretti RL, Trab RL; Doppio (or Semidoppio) R to R	4;4
	Canario LR (Leader first, then to R)	6
	Passi Puntati LR (Leader first, then to R), changing places; Rev	12;4

<b>Altezza d'Amore</b>		<b>(Caroso 1600)</b>
<b>(Couples)</b>		<b>== In 6 ==</b>
P1	Rev; Con LR; Groppo L; Fioretti LR	1;1;½;½
	Semidoppio L; Groppo R; Fioretti RL; Semidoppio R	1;½;½;1
	Trab LR; Spez L; Trab RL; Spez R	½;½;½;½
	Scorsi LRLR (separating in S shape); Trab LR	2;½
P2	Ld 4 variations L; Ly 4 variations L; Ld 4 vars R; Ly 4 vars R	4;4;4;4
	easy galliard var: Ord LR flanking; Trab LR; Finto L	2;1;1
	complex var: Groppo L; Fioretti LR; Passi LR back	½;½;½;½
	Fioretti LR; Passi LR fwd; Trab LR	½;½;½;½
	Mezza Rev; Sottopiede L; Cad L	¼; ½; ¼
P3	Spez Alterati LR; Fioretti LR; Saffice L; same starting R	1;½;½;2
	Spez LR (turning L); Canario LRL; Stamp RL	1;1½;½
	Spez RL (turning R); Canario R L R; Stamp LR	1;1½;½
	Groppo L; Fioretti LR; Spez Puntato L w/ Mezza Reverenza	½;½;1
	Same starting R; Trab LR	2;½
P4	Ld Stamp LR; Canario L; Stamp RLR; Can L; Ly same	½;½;½;½;2
	Ld Stamp RL; Canario R; Stamp LRL; Can R; Ly same	½;½;½;½;2
	Passo Puntato L; Mezza Rev; Passo Puntato R; Mezza Rev	½;½;½;½
	Ld Trab LR; Saffice L (flanking out); Ly do same	½;½;½;½
	Ld Trab RL; Saffice R (flanking out); Ly do same	½;½;½;½
	Spez LR (turning L); Passi LR; Saffice L (flanking in)	1;½;½
	Same starting R; Puntate LR; Rev	2;1;1

## Italian Balli (16<sup>th</sup> Century & later)

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<b>Alta Regina</b>	<b>(Caroso 1581)</b>
<b>(One Couple, facing)</b>	<b>== In 3 ==</b>
V1 Rev; Scam L; Spez RL to switch; Turn L in Spez R, Cad	4;4;4;4
Ch: Facing, Puntate L fwd & R back; Turn L in Spez L, Cad	4;4
V2 Spez LRLR in CW wheel; Facing, Scam LR; Repeat Chorus	2;2;2
V3 Ld: Passi fwd LR, Cad L; Passi back RL, Cad R; Trab LRLR; Turn L in Spez, L, Cad; All repeat chorus	4;4;4 4;8
V4 Ly do as Ld did in V3; All repeat chorus	16;8
V5 Trab LRLR; Doppio L; Trab RLRL; Doppio R; Repeat Chorus	4;4;4;4;8
V6 Rip LL, Trab LR; Doppio L; Rip RR, Trab RL, Doppio R; Chorus	4;4;4;4;8

<b>Ballo del Fiore (for 2)</b>	<b>(Caroso 1581)</b>
<b>(Lds w/ Flowers &amp; Lys along edge of floor)</b>	<b>== In 4 ==</b>
Intro Lds only Rev; Ord LR turning in place	2;2
V1 Lds Ord LRLR to face a ptrn; Con LR, Rev	4;4
V2 Together, fwd, Ord LR; Scorsi LR; (facing) Con LR, Rev	2;2;4
V3 Ord LR turning L; Ord LR to pass ptrn & face; Con LR, Rev	2;2;4
V4 Ord LRLR – zigzag to ptrn; Con LR, Rev, Ld kiss & pass flower	4;4
Repeat verses 1-4 w/ Ly seeking a new Ld	

<b>Ballo del Fiore (for 3)</b>	<b>(Caroso 1581)</b>
Open: Lds (holding flower) Rev; Con LR	2;2
P1 Lds Passi LR; Ord L; Passi RL, Ord R to Ly; Con LR; Rev 2 bars rest; Both Rev; Ord LRLR; Con LR; Rev facing	1;1;1;1;2;2 2;2;4;2;2
P2 Lds Rev; Con LR; Passi LR; Ord L Lds Passi RL; Ord R to meet new Ly; Con LR; Rev; rest Both Rev; Ord LRLR to meet Ly1, place Ly2 to R, form triangle Con LR, Rev	2;2;1;1 1;1;2;2;2 2;4 2;2
P3 Ord LR turning L; Ord L CW (in wheel); Ord R CCW Con LR; Rev	2;1;1 2;2
P4 Ord LR to meet, Ld in middle, Ld doffs hat; Scorsi LR to invert set Puntate L fwd & R back; Rev	2;2 2;2
P5 Ord LR into smaller circle; Rev Ld & Ly1 R hands: Passi LR, Ord L; R hands: Passi RL, Ord R Ld & Ly2 R hands: Passi LR, Ord L; R hands: Passi RL, Ord R Con LR; Rev	2;2 2;2 2;2 2;2
P6 Hey in 4 Scorsi; Con LR; Rev, giving flower to Ly 1	4;2;2
P7 Ld & Ly2r 4 Ord tog as Ly1 same to find new Ld; Con LR; Rev	4;2;2

## Italian Balli (16<sup>th</sup> Century & later)

<b>Bella Gioiosa</b>		<b>(Caroso 1581)</b>
<b>(3 people in circle)</b>		<b>== In 6 ==</b>
V1	Take hands & Rev w/ jump; Trab LRLR & drop hands Turn L: Spez LR, Passi LR; Cad Face L in wheel Spez LRLR; Scam LR	2;2 2;1;1 4;4
Ch	Leader turn L in Spez L, Cad; #2 (to R of Leader) same; #3 same	2 (3x)
V2	Leader Passi LR; Cad; Trab LRLR or Canario LRLRL (Leader only) Rip LL, Trab LR; (turn L in) Spez L; Cad Joust all L side in Spez L fwd; Spez R back; Spez LR to switch L side in Spez L fwd; Spez R back; Spez LR to switch; Chorus	1;1;2 1;1;1;1 1;1;2 1;1;2;6
V3	Verse 2 w/ #2 (to R of Leader) as Leader; Chorus w/#2 leading	16;6
V4	Verse 2 w/ #3 as Leader; Chorus w/ #3 leading	16;6
V5	Face L in wheel Semidoppio LR; Rip LL; Trab LR Turn L in Spez L, Cad Face R in wheel Semidoppio RL; Rip RR; Trab RL Turn R in Spez R, Cad; Chorus (w/ orig leader)	4;1;1 2 4;1;1 2;6
V6	Fioretti a pie pari LR; Passi LR (back) Spez LR (change places, leader pass betw) Fioretti a pie pari RL; Passi RL (back) Spez RL (change places, leader pass betw) Chain w/ 6 Spez (leader betw then L) Passi LR; Cad; repeat Chorus	1;1 2 1;1 2 6 1;1;6
V7	Trab LRLR; Canario LRLR Rip LL; Trab LR; (turn L in) Spez L; Cad Trab RLRL; Canario RLRL Rip RR; Trab RL; (turn R in) Spez R; Cad; Chorus	2;2 1;1;1;1 2;2 1;1;1;6
<b>Chiara Stella</b>		<b>(Caroso 1581)</b>
<b>(Couples, Ld facing Ly)</b>		<b>== In 6 ==</b>
V1:	Hold R hands, Rev; drop hands, 8 spez in CW wheel, starting L Scambiata L, Cad L, landing to face ptrn	2;8 2
Ch:	Trab LRLR; Passi Trangati LR flanking back Rip LL; Trab LR; turn L in Spez L, Cad Rip RR; Trab RL; turn iR n Spez R, Cad	2;2 1;1;2 1;1;2
V2:	Ld's solo: Spez LR flanking fwd; Passi LR fwd; Trab LR Turn in Spez L, Cad; Repeat starting R	2;1;1 2;6
	Repeat Chorus (both)	12
V3:	Ly's solo: Lys do as Lds did in V2 Repeat Chorus	12 12
V4:	Take R hands, Passi LR; Trab LR; Rip LL, Trab LR Drop hands, Turn L in Spez L, Cad Take L hands, Passi RL; Trab RL; Rip RR, Trab RL Drop hands, Turn R in Spez R, Cad; Repeat Chorus.	1;1;2 2 1;1;2 2;12

## Italian Balli (16<sup>th</sup> Century & later)

<b>Il Bianco Fiore</b>		<b>(Negri 1602)</b>
<b>(2 Couples in a diamond)</b>		<b>== In 6 ==</b>
V1:	Rev; Con LR; Figure 8: turn L in Ord LR, then R in Ord LR	2;2;4
	Lords: Passi (grave) LR to center; Ord L; Turning R; Spez RL; Ord R	2;1;1
	Ladies: Passi (grave) LR to center; Ord L; Turning R; Spez RL; Ord R	2;1;1
Ch:	Sottopiede LLL, Cad L, Trab R; Ord L turning L	1;1
	Sottopiede RRR, Cad R, Trab L; Ord R turning R	1;1
V2:	Lords: Spez LRLR in CCW loop around ptrnr; Ord LR turning R	2;2
	Ladies: Spez LRLR in CCW loop around ptrnr; Ord LR turning R	2;2
	Lords: 4 measures of Galliard	4
	Ladies: Snub seq; Ord L to center; Rip R away; Ord RL to center & back	1;1;2
Repeat Chorus		
V3:	Circle w/ ptrnr (R hands) in Ord LR; counter circle L Ord LR	2;2
	Circle w/ corner (L hands) in Ord LR; counter circle R in Ord LR	2;2
	Lords: 4 measures of Galliard; Ladies: 4 measures of Galliard	4;4
Repeat Chorus		
V4:	Grand RL: Start R hands w/ ptrnr & switch in Ord L; do 3 more switches	1;3
	Keeping L hands w/ corner, complete the turn w/ Ord L	1
	Take R hands w/ ptrnr & switch in Ord R; continue w/ 2 more switches	1;2
	All do 4 measures of Galliard	4
	Fioretti LR; turn L in Ord L; Fioretti RL; turn R in Ord R	1;1;1;1
Repeat Chorus		
<b>Bizzaria d'Amore</b>		<b>(Negri 1602)</b>
<b>(2 Couples in a diamond)</b>		<b>== In 4 ==</b>
Verse 1	Lds Rev; Sottopiede LL & Sottopiede RR; Lys same	4;4;8
Chorus	Hop; Hop; Rip Min L; Hop; Hop; Rip Min R	1;1;2;1;1;2
	Spez LR back at 45 deg to R; Ord to place	1;1;2
	Spez RL back at 45 deg to L; Ord to place	1;1;2
Verse 2	Lds Exchange places (pass R shoulders) Spez LR; Ord L	2;2
	Counter circle in Spez RL; Ord R; Lys same, but pass L	2;2;8
Repeat Chorus		
Verse 3	Circle w/ ptrnr (R hands) in 2 Ord; counter circle in 2 Ord	4;4
	Circle w/ corner (L hands) in 2 Ord; counter circle in 2 Ord	4;4
Repeat Chorus		
Verse 4	Lds Exchange places (R hands) in SpezLR; Ord L	2;2
	Counter circle in Spez RL; Ord R; Lys same but L hands	2;2;8
Repeat Chorus		
Verse 5	R hands w/ ptrnr, Ord L to switch; L hands, Ord R to place	2;2
	Counter circle in Ord LR	4
	L hands w/ corner, Ord L to switch; R hands, Ord R to place	2;2
	Counter circle in 2 Ord; repeat chorus	4;16
Verse 6	R hands w/ ptrnr, circle in 2 Ord	4
	Grand RL (L to corner 1 <sup>st</sup> ) in 4 Ord; L hands w/corner, 2 Ord	8;4
Repeat Chorus		

## Italian Balli (16<sup>th</sup> Century & later)

<b>Brando di Cales</b>		<b>(Negri 1602)</b>
<b>(3 Couples in a circle)</b>		<b>== In 6 ==</b>
P1	C1 Rev (grave); Rip LR;	1;1
	Passi LR, Ord L turning L; Passi RL, Ord R turning R	1;1
	C2 do the same; C3 do the same	4;4
P2	Saltini a pie pari LR	1
	Take R hands w/ ptr & circle in 5 Battute (stamps); Galliard turning L	1 $\frac{1}{4}$ ; $\frac{3}{4}$
	Take L hands w/ ptr & circle in 5 Battute (stamps); Galliard turning R	1 $\frac{1}{4}$ ; $\frac{3}{4}$
P3	Lds Passi LR, Ord L (fwd); Circle to place Passi RL, Ord R	1;1
	Lys do the same	2
P4	C1 Spez LR, Ord L fwd; Spez RL, Ord R back	1;1
	C1 Rev breve to corner, then ; 2 Saltini a pie pari	1;1
	C1 Ord LR fwd; drop hands, turn L to place in Ord RL	1;1
	C2 do the same; C3 do the same	6;6
P5	Hands in circle – 4 Rip L; Saltino; 4 Rip R; Saltino	2; $\frac{1}{2}$ ; 2; $\frac{1}{2}$
P6	Lds Ord to pass ptr inside to face on other side, take hands; saltino	1; $\frac{1}{2}$
	Lds Ord inside CCW to face next Ly on other side; saltino; repeat	1; $\frac{1}{2}$ ; 1; $\frac{1}{2}$
P7	Hands in circle; 4 Rip L; Saltino; 4 Rip R; Saltino	2; $\frac{1}{2}$ ; 2; $\frac{1}{2}$
	Lys Ord to pass ptr inside to face on other side, take hands; saltino	1; $\frac{1}{2}$
	Lys Ord inside CW to face next Ld on other side; saltino; repeat	1; $\frac{1}{2}$ ; 1; $\frac{1}{2}$

## **Candida Luna** **(Caroso 1581)**

<b>(1 Couple, facing)</b>		<b>== In 3 ==</b>
V1	Rev; Trab LRLR; Spez LR in wheel; Turn in Spez L, Cad	4;4;4;4
Ch	Spez sideways L & honor; Spez R; & honor	4;4
	Trangi LR diag back; Rip LL, Trab L to place	4;4
	Spez sideways R & honor; Spez L; & honor	4;4
	Trangi RL diag back; Rip RR, Trab R to place	4;4
	Rip LL, Trab LR; (Turn over L sh) Spez L, Cad R	4;4
	Rip RR, Trab RL; (Turn over R sh) Spez R, Cad L	4;4
V2	Take R hands & Spez LR; Trab LRLR; Take L hands & same	4;4;8
	Repeat Chorus	48
V3	Turn L & Passi LR, Cad; Turn R & same; Trab LRLR; Turn in Spez L, Cad	4;4;4;4;4
	Repeat Chorus	48

## **La Castellana** **(Caroso 1581)**

<b>(1 Couple, facing)</b>		<b>== In 3 ==</b>
V1	Rev; (in wheel) Spez LRLR; (turn over L sh) Spez LR	4;8;4
Ch	Flank fwd & back w/ Putate LR; Trab LRLR; Spez L & rev; Spez R; & rev	4;4;4;4;4
	Rip LL, Trab LR; (Turn over L sh) Spez L, Cad R	4;4
	Rip RR, Trab RL; (Turn over R sh) Spez R, Cad L	4;4
V2	Spez LR to switch w/ R hands; Spez LR to curl L	4;4
	Spez LR to switch w/ L hands; Spez LR to curl R; Repeat Chorus	4;4;32
V3	(in wheel) Passi LR, Cad L; Rip RR, Trab RL	4;4
	Passi RL, Cad R; Rip LL, Trab LR; repeat Chorus	4;4;32

## Italian Balli (16<sup>th</sup> Century & later)

<b>Chiaranzana</b>	<b>(Caroso 1581)</b>
<b>(Couples in a line)</b> (Sequences, (S), then Patterns (P))	<b>== in 3 ==</b>
S1: Rev; Continenze LR; Puntata L fwd & Puntata R back	4;4;4
S2: Passi LR, Ord L; Passi RL back, Riprese RR; Con LR	4;4;4
S3: Take hands, Passi LR, Ord L CW; Passi RL, Ord R CCW	4;4
Take R hands, Spez L, Mezza Rev; Take L hands Spez R, Mezza Rev	2;2
P1: (Procession) - S1:1x; S2: any number of times	
P2: (Pass-Through) - Use S2: C1 convert; C1&C2 take hands; C1 pass-through; C1 & C3 take hands while C2 convert; Continue until C1 at head of set	
P3: (Casting) - Cast around w/ Spezzati	
P4: (Reel) - Use S3: C1 cross-over take hands w/C2; Continue til C1 at head of set	
P5: (Exit) Spezzati around floor; Spezzati off floor; Rev	

<b>Contentezza d'Amore (Il Ballarino)</b>	<b>(Caroso 1581)</b>
<b>(Couples)</b>	<b>== in 4 ==</b>
V1 Take hands, Rev; Con LR; 4 Rip in circle L, then R	4;4;4;4
Con LR; Rev, drop hands	4;4
V2 Ly away from ptrn Puntate LR; Passi LR; Double L; Puntate RL	4;2;2;4
Passi RL; Double R; Ly turn to face, both Puntata L fwd, & R back; Rev	;2;2;4;4
V3 Ld join ptrn in same steps; Both facing head Puntata L fwd & R back; Rev	16;4;4
V4 Ly pass front of Ld in 1/2 circle Passi LR, Double L; Passi RL, Double R	4;4
Ld pass Ly in half circle w/ same steps; Puntata L fwd & R back; Rev	8;4;4
V5 Take hands & switch Puntate LR; 6 Doubles to back of the hall, & face	4;12
Together Puntata L fwd, Puntata R back; Rev	4;4
V6 Take L hands & 2 Spez to switch; 6 Spez up the hall	<b>== in 3 ==</b> 4;12
Take hands & 8 Rip in a circle L, then R; drop hands & 4 Trab; Rev	8;8;4;4

<b>Contentezza d'Amore (Nobiltà di Dame)</b>	<b>(Caroso 1600)</b>
<b>(Couples)</b>	<b>== in 4 ==</b>
V1 Take hands, Rev; Con LR; Cicle CW in 2 Rip, 2 Trab, Ord L	4;4;4
Circle CCW in 2 Rip, 2 Trab, Ord R; Con LR; Rev, take ord hands	4;4;4
V2 Up the hall: Puntate LR; Passi LR, Ord L; Puntate RL	4;4;4
Passi RL, Ord L; (Facing) Trab LR; Trab LRL; Con RL	4; 2;2;4
V3 Down the hall: Puntate RL; Passi RL, Ord R; Puntate LR	4;4;4
Passi LR, Ord R; (Facing) Trab RL; Trab RLR; Con LR	4;2;2;4
V4 Take R hands, Ord LR CW; Curl L, Ord LR	4;4
Puntate LR (twd ptrn); Ord LR flanking	4;4
Trab LR; Destice L, Puntate RL	2;2;4
V5 Take L hands, Ord RL CCW; Curl R, Ord RL	4;4
Puntate RL (twd ptrn); Ord RL flanking	4;4
Trab RL; Destice R, Puntate LR	2;2;4
V6 Take both hands, Spez LR CW; Curl L in Passi LR, Spez L	<b>== in 3 ==</b> 4;4
Take both hands, Spez RL CCW; Curl R in Passi RL, Spez R	4;4
Facing: RipLL, Trab LR; Passi LR, Saffice L	4;4
Rip RR, Trab RL; Passi RL, Saffice R; Puntate LR; Rev	4;4;4;4

## Italian Balli (16<sup>th</sup> Century & later)

<b>Il Conto dell 'Orco</b>	<b>(Caroso 1581)</b>
<b>(1 Couple, facing)</b>	<b>== in 4 ==</b>
V1 Rev; Ord LRL in wheel to change places	2;3
Ch Trab RLR; Trang flanking back LR; Turn L in Spez L, Cad	1;1;1
V2 Ord LRLRL circling to starting place; repeat Ch	5;3
V3 Ld Doppio L; Passi RL diagonal back; Slow Trab RL; Rip RR; Chorus	2;1;1;1;3
V4 Ly same as Lds in V3	8
V5 Turn L: Passi gravi LR, Ord L; Turn R: Passi Gravi RL, Ord R	2;2
Face: quick Doppio L; Repeat Ch; Rev	1;3

<b>Contrapasso</b>	<b>(Chigi Manuscripts, c1560's)</b>
<b>(Circle of Couples)</b>	<b>== in 6 ==</b>
V1 Rev; Con LR; Turn L & Passi LR, SdgOrd L; Passi RL, Ord R	4;4;4;4
V2 R hands w/ptnr & Passi LR, Doppio L; L hands Passi RL, Doppio R	4;4
Indiv figure 8 Turn L in Ord LR; Turn R in Ord LR	4;4
V3 Repeat V2, taking R then L arms w/ ptnr instead of hands, all figure 8	16
V4 Repeat V2, taking 2 hands. all figure 8	16
V5 Hey in 8 Ord, starting R hands w/ptnr, then move around circle	16
V6 Face ptnr & Rev; Con LR; All figure 8	4;4;8
V7 Lds back Lys up Passi LR, Doppio L; Lys back Lds up; All figure 8	4;4;8
V8 Lds Rev L; Lys Rev L; all figure 8; Rev	4;4;8

<b>Contrapasso in Due</b>	<b>(Caroso 1581)</b>
<b>(Couples)</b>	<b>== in 6 ==</b>
V1 Rev L; Con LR; Passi LR, Doppio L; back Passi RL, Rip RR	4;4;4;4
Passi RL, Doppio R; back Passi LR, Rip LL	4;4
V2 R hands w/ptnr & Passi LR, Doppio L; L hands Passi RL, Doppio R	4;4
Indiv figure 8 Turn L in Ord LR, M Rev; Turn R in Ord LR	4;4
V3 Repeat V2, taking R then L arms w/ ptnr instead of hands, all figure 8	16
V4 Repeat V2, taking 2 hands. Lys figure 8 as Lds flank back & fwd (4 Ord)	16
V5 Take hands w/ ptnr & 8 Ord, starting L (12 in some music)	16
V6 Face ptnr & Rev L; Con LR; All figure 8	4;4;8
V7 Lds back Lys up Passi LR, Doppio L; Lys back Lds up; All figure 8	4;4;8
V8 Lds Rev L; Lys Rev L; Lys figure 8 as Lds flank back & fwd	4;4;8

<b>Dolce Amorosa Fiamma</b>	<b>(Caroso 1581)</b>
<b>(3 Couples in a line) (Based on <i>Dolce Amoroso Fuoco</i>)</b>	<b>== In 4 ==</b>
V1 (Face head of hall) Rev; Con LR; 2 Ord; 2 Scorsi - pass R & curl L	2;2;2;2
2 Ord fwd; 2 Scorsi - pass L & curl R; (face ptnr); Con LR; Rev	2;2;2;2
V2 Lds Spez LR to ptnr, Trab LRL; Spez RL to place, Trab RLR	2;2;2;2
All Con LR, Rev; Lys same as Lds above; All Con LR, Rev	2;2;8;2;2
V3 C1 begin grand RL by giving R hands (1 Ord per exchange)	8
Lds Rev Lys; Lys Rev Lds; All slow turn to face the Presence & Rev	2;2;2;2



## Italian Balli (16<sup>th</sup> Century & later)

<b>Donna Leggiadra</b>		<b>(Caroso 1600)</b>
<b>(1 Couple)</b>		<b>== In 4 ==</b>
P1	Rev; (circle L) Spez LRLR; Saffice LR; Puntato L fwd & R back Rip LL, Trab LR; Double L, Passi RL	1;2;1;1 1;1
P2	(circleR) Spez RLRLRL; Saffice RL; Puntato R fwd & R back Rip RR, Trab RL; Double R, Passi LR	3;1;1 1;1
P3	Lds Fioretti LR, Trab LR; Spez Puntato L (to L), Mezza Rev Fioretti LR, Trab RL; Spez Puntato R (to R), Mezza Rev Puntato L fwd & R back; Semidoppio LR (to L then R)	1;1 1;1 1;2
P4	Lys same steps as Lds did in P3	7
P5	Take R hands & Passi LR; Semidoppio L (circling CW) Take L hands & Passi RL; Semidoppio R (circling CCW) Puntato L fwd & R back; Rev grave	1;1 1;1 1;2

<b>Fedelta</b>		<b>(Caroso 1581)</b>
<b>(Couples in a circle)</b>		<b>== In 3 ==</b>
V1-2	Rev; Spez LRLR (CW wheel); Passi LR; Cad Spez RLRLRL (CCW wheel); Passi RL; Cad	4;8;2;2 12;2;2
Ch	Lds turn L in Ord L, Cad; Lys same	4;4
V3-4	R hands w/ ptrn & Semidoppio LR (circling to place) Face ptrn & Rip LL; Trab LR; Turn L in Spez L, Cad L hands w/ ptrn & Semidoppio RL (circling to place) Face ptrn & Rip RR; Trab RL; Turn R in Spez R, Cad	8 2;2;4 8 2;2;4
Repeat Chorus		4;4
V5	Semidoppio L to L & R to R; Passi LR, Cad into circle; Passi RL, Cad out Scambiate LR; Rip LL; Trab LR; Turn L in Spez L, Cad	8;8 8;2;2;4
Repeat Chorus		4;4

<b>Fiamma d'Amore</b>		<b>(Caroso 1581)</b>
<b>(1 Couple, facing)</b>		<b>== In 3 ==</b>
V1	Spez L, Rev; Spez R, Rev; Spez LR to switch in CW wheel Trab LRLR; Spez LRLR in CW wheel; Scambiate LR	4;4;4 4;8;8
Ch	Puntata L back, hop; Puntata R back, hop Spez L, turning over L shoulder, Cad	3;3 4
V2	Lds only: Spez LRL, Rev; Spez RLR, Rev Rip LL, Trab LR (flank back L); Passi LR, Cad (return to ptrn) Rip RR, Trab RL (flank back R); Passi RL, Cad (return to ptrn)	8;8 4;4 4;4
Repeat Chorus		3
V3	Lys do what Lds did in V2	32
Repeat Chorus		3
V4	Spiral in CW, Spez LR, SemiDoppio L; CCW Spez RL SemiDoppio R Rip LL, Trab LR (flank back L); Spez L & Rev (return & touch hands) Rip RR, Trab RL (flank back R); Spez R & Rev (return & touch hands)	8;8 4;4 4;4
Repeat Chorus		3

**Italian Balli (16<sup>th</sup> Century & later)**

<b>Fedelta d'Amore</b>		<b>(Negri 1602)</b>
<b>(Ly betw 2 Lds)</b>		<b>== In 4 ==</b>
P1	Rev; Rip LR; Ord LR turning L; Ord LR turning R	2;2;2;2
	Twd foot of hall Take hands & Spez LR; Ord L	1;1
	Spez RL; Ord R & tum to face head of hall	1;1
	8 Spez grave (haye, Ly passes Ld on L until Ld on R in middle)	8
	Mid Ld take R hands w/ Ly & circle in 2 galliards; L hands, 2 galliards	2;2
	Mid Ld does same w/ Ld on L	4
P2	4 Ord to head of hall & tum to face foot	4
	Sottopiede LL; Trab LR; Ord, turning L	½;½;1
	Sottopiede RR; Trab RL; Ord, turning R	½;½;1
	8 Spez grave (haye, as before); 8 galliards, as before	8;8
P3	Twd foot of hall 2 Spez; Ord; 2 Spez; Ord (& face head)	1;1;1;1
	Rip LR; Ord LR, turning L	2;2
	8 Spez grave (haye, as before); 8 galliards, as before (to orig place)	8;8
P4	Ord LR, Ly fwd, Lds turning L, end facing in triangle; Rip LR	2;2
	Ord LR circling L; Ord LR fwd, tum L & to place; same, but tum R	2;2;2
	Trab presti LR; Rip L; Trab presti RL; Rip R; Ord LR, circling L	1;1;1;1;2
(in 6)	Ly Passi fwd & back flat, fwd high, Cad; Rip RL; Galliard turning R	1;1;1
	Lds Saltino onto R, passi grave back, Cad; Zopetti Fwd & back, Cad	1;1
	Lds 3 Passi L, rising on R; Fioretto R & Battute Fwd & back	½;2/3
	Lds Sottopiede L, Battuta R, Passo fwd, Cad L	5/6
P5	Spez LR, Ord Ly circling L, Lds coming fwd to meet Ly	2
	Spez RL, Ord, to head of hall, all turning L	2
	Rip LR; Ord LR, turning L; 4 scorsi in haye (Ly to orig place); Rev	2;2;4;2
<b>Fulgente Stella</b>		<b>(Caroso 1581)</b>
<b>(1 or 2 Couples)</b>		<b>== In 6 ==</b>
P1	Rev; Trab LRLR; Spez L & honor; Spez R & honor	2;2;2;2
	In CW Wheel, Spez LRLR; Scambiate LR	4;4
	Rip LL; Trab LR; (tum L in) Spez L, Cad	1;1;2
	Rip RR; Trab RL; (tum R in) Spez R, Cad	1;1;2
P2	Ld: Passi LR, Cad; Trab LRLR; Spez L & honor; Spez R & honor	2;2;2;2
	1 Couple: L hand w/ptnr & Spez LR to switch; tum R in Passi LR, Cad	2;2
	R hand w/ptnr & Spez LR to switch; tum L in Passi LR Cad	2;2
	2 Couples: Same as for 1 Couple, but start w/ R hand, then L	8
	Rip LL; Trab LR; (tum L in) Spez L, Cad	1;1;2
	Rip RR; Trab RL; (tum R in) Spez R, Cad	1;1;2
P3	Ly do what Lord did in P2 and together do same braiding and end	24
	In 2 Couple version, Ly dances w/ the Ld on her right	
P4	Trab LRLR; Semidoppio L; Trab RLRL; Semidoppio R	2;2;2;2
	Spez L & honor; Spez R & honor; Passi LRLR flanked back	2;2;4
	Rip LL; Trab LR; (tum L in) Spez L, Cad	1;1;2
	Rip RR; Trab RL; (tum R in) Spez R, Cad	1;1;2

## Italian Balli (16<sup>th</sup> Century & later)

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<b>Furioso</b>		<b>(Caroso 1581)</b>
<b>(3 Couples)</b>		<b>== In 4 ==</b>
P1	Rev; Con LR;	4;4
P2	Mid C. meet Ord LR, MezzaRev; switch w/ 2 Scorsi End C.'s same; Mirror haye (Lds R, Lys L) w/ 1 extra pass in 4 Scorsi	4;4 8;8
P3	Repeat P2 w/ new Mid C.; Repeat P2 w/ new Mid C.	24;24
P4	Rev; Con LR; Lds haye in 8 Spez; Lys haye in 8 Spez	4;4;16
P5	Rev; 2 Scorsi to form circle; 8 Rip L; Indiv Fig 8's in 4 Spez 8 Rip R; Indiv Fig 8's (as in Contrapasso)	4;4;8;8 8;8
P6	Lds Rev; Lys Rev; Spez LR (turning L); 4 Spez to start; Rev	4;4;4;8;4

<b>Gentilezza D'Amore</b>		<b>(Caroso 1581)</b>
<b>(Couples)</b>		<b>== In 4 ==</b>
P1	Rev;Spez L, Cad, turning over L shoulder Spez LR in CW wheel; Trab LRLR (turning to face) Tranghi LR, flanking fwd; Spez L, Cad, turning over L shoulder Tranghi RL, flanking fwd; Spez R, Cad, turning over R shoulder	1;1 1;1 1;1 1;1
P2	In CW Wheel: Passi LR; Trab LR; Spez LR; repeat to finish wheel Scambiate LR; Rip LL; Trab LR; Spez L, Cad, turning over L	½;½;1; 2 2;½;½;1
P3	Ld: Passi LR, Spez L; Trab RLRL; back:Passi RL, Spez R; Trab LRLR Both: Trangati LR flanking back; Passi LR, Cad fwd; repeat start R	1;1;1;1 1;1;2
P4	Repeat P3, w/ the Ly doing the Ld's solo part	8
P5	Semidoppio L to L & R to R; Trab LRLR; Spez L, Cad turning L Trangati LR flanking back; Passi LR, Cad fwd; repeat start R; Rev	2;1;1 1;1;2;1

<b>Gracca Amorosa</b>		<b>(Caroso 1581)</b>
<b>(Couples)</b>		<b>== In 6 ==</b>
V1	Rev; Spez LR to switch; curl CCW in Spez LR to face; Trab LRLR Spez sideways L & honor; Spez R; & honor	2;2;2;2 2;2
Ch	Spez L away from ptr; Spez R away; 3 Rip & Trab all to L Spez R away from ptr; Spez L away; 3 Rip & Trab all to R	1;1;2 1;1;2
V2	circle CW w/ Spez LRLR to place; Trab LRLR curl CCW w/ Spez LR to face; Scam LR; Repeat ch	4;2 2;4;8
V3	Ld approaches w/ Spez LR diagonally fwd; Ld Trab LRLR Ld curl to in Spez LR; Ld Trab LRLR facing ptr Ld Passo L & honor; Ld Passo R & honor; All repeat ch	2;2 2;2 2;2;8
V4	as v3, w/ genders reversed; All repeat ch	12;8
V5	Ord L; Rip RR, Trab RL; Ord R; Rip LL, Trab LR Step fwd & touch R hands; Step R & touch L hands; Repeat ch	4;4 2;2;8

## Italian Balli (16<sup>th</sup> Century & later)

<b>Gratia d'Amore</b>		<b>(Caroso 1581)</b>
<b>(Couples)</b>		<b>== in 3==</b>
P1-2	Rev (hold both hands); Turn L in Ord LR; Con LR, touch hands Passi LR; OrdL; Passi RL back; Rip RR; Con LR	4;4;4 2;2;2;2;4
Opt.	Ord LRLR; Con LR	8;4
P3-4	R hands & Passi LR, Ord L ; L hands & Passi RL, Ord R; Con LR Passi LR; Cast in Ord L; Passi RL down hall, Cast in Ord R Con LR	4;4;4 4;4 4
P5	Rev; Trade places & curl in Sepz LRLR; Trab LR (Sciolta) == in 6== Turn L inSpez L, Cad R	4;4;2 ,2
P6	Fioretti a piede pari LR; Passi LR back; Spez LR, clap R hands as pass Fioretti a piede pari LR; Passi LR back, Spez LR, clap L hands as pass Trab LR; Turn L in Spez L, Cad R	1;1;2 1;1;2 2;2
P7	Spez LRLR flank fwd; Con LR, touch hands, Puntata L fwd, R back	4;4;4

<b>Il Gratoso</b>		<b>(Negri 1602)</b>
<b>(Ly betw 2 Lyds)</b>		<b>== in 6==</b>
P1:	Rev; Barbell: Ly RipMin LR as Lds Ord LR over L sh Hands around, Passi LR; Ord over L; Passi RL; Ord over R Hay: RLd: 4 Ord to L of Ly, pass betw Ly & Ld, around Ld's place & end middle as Ly & Ld 4 spez to switch (Ly in front) & 2 Ord over L; Rev Repeat; Repeat Hay (w/o Rev Grave)	4;4 2;2;2;2 8;4 12;8
P2:	Rev Grave; Triangle: Ly Ord fwd & over L sh as Lds 2 Ord over L Ly: RipMin LR as Lds: take R hands & switch w/ 2 Passi Grave & 1 Ord over L sh Ly: 2 Ord over L sh as Lds exchange w/ L hands & turn R All: in CW wheel, 3 Ord; 1 Ord turning over L sh In CCW wheel, 3 Ord; 1 Ord turning over R sh	4;4 4 6;2 6;2
P3:	Rev Grave; Ly 2 Ord over L as Lds 2 Ord back to line Rip LR; 1 SO over L sh; Rip RL; 1 Ord over R sh Hay: 6 Scorsi, - to start, Ly and LLd exchang w/ 1 Scorsi Then LLd & RLd, etc. until back to original place; Rev Grave	4;4 2;2;2;2 12;4

<b>Laccio d'Amore</b>		<b>(Caroso 1581)</b>
<b>(Couples)</b>		<b>== In 4 ==</b>
V1	Rev; Face L in wheel Spez LRLR; Face ptrn Trab LRLR Spez LR flanking back; turning L, Spez L, Cad R; Same starting R	1;2;1 1;1;2
V2	Ld's solo Passi LR, Trab LR; turning L, Spez L, Cad R Passi RL, Trab RL; turning R, Spez R, Cad L Take R hands & Spez LR; Passi LR, Cad L, Same w/L	1;1 1;1 1;1;2
V3	Ly's solo same as Ld's solo	8
V4	Fioretti a pie pari LR, Passi LR (flank bck); Semidoppio L (turn L) Fioretti a pie pari RL, Passi RL (flank bck); Semidoppio R (turn R) Passi LR, Batt di Piedi LR ; Spez LR (flank bck) Rip LL, Trab LR; (turning L ) Spez L, Cad R	1;1 1;1 1;1 1;1

## Italian Balli (16<sup>th</sup> Century & later)

### Griffoné d'Oro (A Lieta Vita) (SCA Choreography) (Couples) == in 3 ==

P1	Rev; Semidoppio L, turn L; Spez RL to switch; Semidoppio R, turn R Ld Spez LR (flanking back); Ly Spez LR (flanking back) Semidoppio L, turning L; Semidoppio R to place	4;4;4;4 4;4 4;4
P2	Ld Spez LR to ptrn; Semidoppio L turning to place Spez RL to ptrn; Semidoppio R turning to place Spez LRLR back& fwd in diamond; Semidoppio L, turn L; All Rev	4;4 4;4 4;4;4;4
P3	Ly Spez LR to ptrn; Semidoppio L turning to place Spez RL to ptrn; Semidoppio R turning to place Spez LR flanking back; Spez LR flank fwd; Semidoppio L, turn L	4;4 4;4 4;4;4
P4	Ld Spez LR flanking back; Ly same; Both Semidoppio L, turning L Semidoppio R to place	4;4;4 4
P5	Take R hands & Spez LR to switch; Semidoppio L, turning L Take L hands & Spez RL to switch; Semidoppio R, turning R Spez LR flanking back; Spez LR flanking fwd (end w/ L shoulders) Semidoppio L, turning L; Rev	4;4 4;4 4;4 4;4

### Leggiadria d'Amore (Caroso 1581) (Ld betw two Lys) == in 2 ==

P1:	Rev; ContLR; Ord LR, turning L	2;2;2
P2:	3 Ord LRL; Ord R, turning R Spez L; Passi RL, Cad; Battute di Campenella RR; Trab R	3;1 1/2;1/2;1/2;1/2
P3:	Ld Ord LR; Ord L, turning L; Trab RLR All Spez L; Passi RL, Cad; Battute di Campenella RR; Trab R	2;1;1 1/2;1/2;1/2;1/2
P4:	Lys Ord LR; Ord L, turning L; Trab RLR All Spez L; Passi RL, Cad; Battute di Campenella RR; Trab R	2;1;1 1/2;1/2;1/2;1/2
P5:	3 Scorsi Hey; Trab RLR; Spez L, Passi RL, Cad; Batt di Camp RR, Trab R3;1;1;1	2,2
P6:	Take hands Passi LR, Ord L CW; Passi RL, Ord R CCW Drop hands Spez LR, flanking back; Trab LR	1;1
P7:	Ord L fwd; Ord R back; Ord L, turning L; Trab RLR Ld Ord LR, turning L 1-1/2 times, while Lys Scorsi LR; Rev	1;1;1;1 2

### Maraviglia d'Amore (Caroso 1581) (Couples) == in 3 ==

P1	Take R hands, Spez L to L, Rev; Rip RR; Trab RL; Repeat to R Spez LR, circling L; Trab LRLR; Scambiate LR Out L: Rip LL; Trab LR; Spiral in Passi LR, Cad; Repeat to R	4;2;2;8 4;4;2 2;2;4;8
P2	Ld Spez LR, flank back; Trab LRLR; Spez LR, turning L; Passi LR, Cad Both Trab LRLR; Spez L to L, Rev; Repeat to R Passi LR back; Trangato L fwd; Spez RL, turning R; Repeat to R	4;4;4;4 4;4;8 2;2;4;8
P3	(Ly Solo – See P2)	48
P4	In CW Wheel Passi LR; Spez L; Repeat tCCW, starting R; Scamb LR Fioretti pari LR; Passi LR back; Spez LR, clap R hands; Repeat to R Trab LRLR; Spez L, turning, Cad; Repeat to R; Rev	2;2;4;8 2;2;4;8 4;4;4;4

## Italian Balli (16<sup>th</sup> Century & later)

<b>Spagnoletta Regolata</b>		<b>(Caroso 1600)</b>
<b>(Couples)</b>		<b>== In 6 ==</b>
V1	(face fwd) Rev; 4 Spezzati LRLR; 4 Passi LRLR	2;4;2
	(face ptrn) 2 Reprise L, Treb LR; Semidoppio L (CCW circle)	2;2
	2 Reprise R, Treb RL; Semidoppio R (in CW circle)	2;2
Chorus	Spez L (flank back L), Spez R (flank back R); Semidoppio L to ptrn	2;2
	Spez R (flankback R), Spez L (flank back L); Semidoppio R to ptrn	2;2
V2	Repeat Verse 1, replacing Rev w/ 2 Spezzati (6 Spez total)	16
	Repeat Chorus	8
V3	(Ld's Solo) (face ptrn) Spez LR, Passi LR (in CCW circle); Saffice L	2;1;1
	Spez RL, Passi RL (turning in CW circle); Saffice R	2;1;1
	2 Sotto L, Treb LR, Corinto L; 2 Sotto R, Treb RL, Corinto R	2;2;2;2
	Repeat Chorus	12
V4	Repeat Verse 3, but as Ly's solo	16
	Repeat Chorus	12
V5	(face fwd) Passi LR; Treb LR Saffice L; Passi RL; Treb RL Saffice R	2;2;2;2
	(face ptrn) 2 Sottopiede L, Treb LR; Semidoppio L (CCW circle)	2;2
	2 Sottopiede R, Treb RL; Semidoppio R (CW circle)	2;2
Final Ch	Saffice L (flank back L); Saffice R (flank back R); Spezi LR (to ptrn)	1;1;2
	Saffice R (flank back R); Saffice L (flank back L); Puntati RL (to ptrn)	1;1;2
	Rev	2

<b>Lo Spagnoletto</b>		<b>(Negri 1602)</b>
<b>(2 Couples)</b>		<b>== In 6 ==</b>
V1	Rev w/ jump; Ord L around circle, Spez LR, Ord L	2;2;2;2
Cha	Sottopiede LLL, Cad L, Trab R; Ord L turning L	2;2
	Sottopiede RRR, Cad R, Trab L; Ord R turning R	2;2
Chb	Passi LR back; Ord L fwd to place	2;2
	Passi RL back; Ord R to place	2;2
V2	Lys 2 Passi (grave) LR; Ord L to other's place (turn to face)	2;2
	Spez RL; Ord R back to place	2;2
Cha	Lys only; Chb everone	8;8
V3	Lds same solo as Lys in V2	8
Cha	Lds only; Chb everyone	8;8
V4	(In wheel L) Spez LR; Ord L; Spez RL; Ord R	2;2;2;2
Ch	Everyone does both parts	16
V5	Lys turn L and Passi LR; Trab LR; Ord L	1;1;2
	Return to place in Passi RL; Trab RL; Ord R	1;1;2
Cha	Lys only; Chb everone	8;8
V6	Lds same solo as Lys in V5	8
Cha	Lds only; Chb everyone	8;8
V7	(R hands w/ptrn) Spez LR; Ord L turning L	2;2
	(L hands w/contrary) Spez RL; Ord R turning R	2;2
Ch	Everyone does both parts	16

## Italian Balli (16<sup>th</sup> Century & later)

<b>Torneo Amoroso</b>		<b>(Caroso 1581)</b>
<b>(Couples)</b>		<b>==In 2==</b>
P1	(Fwd) Rev; Con LR; Puntate LR; Doppio L; Repeat w/R Ord LRLR	4;4;4;4 8
Ch	(Drop hands & face) Rip LLRR; Passi LR (flanking) Ord L (back) Rip RRL; (change places w/) Passi RL; Ord R	4;2 2 4;2;2
P2	(Fwd) Punt L (Ld); Punt L (Ly); Punt R (Ld); Punt R (Ly) Ord LR (flanking Ld); Ord LR (flanking Ly) Repeat above 2 lines	1;1;1;1 4;4 12
Chorus		
P3	Repeat part 2 w/ Ly moving first each time	
Chorus		(next part) ==In 6==
P4	Rev; Spez LR (turn L); Spez LRLR (away) (Face) Spez Scorsi LL* (strike R hands); Spez LR (away) Repeat (strike L) Spez LRLR (flanking); Trab LRLR (strike opposite hands) (Take hands) Rev (next part ==In 3==)	2;2;4 2;2 2;2;4 4;2 2
P5	(Face) Ord LRLR (flanking back); Ord LRLR (Figure 8) Ord LRLR (change places); Ord LRLR (flanking fwd) Ly Figure 8 as Ld: Ord LR (turn L) & Ord (to Ly); Rev	8;8 8;8 8
<b>Villanico (Negri 1602)</b>		
<b>(2 Lds &amp; 2 Lys in a square)</b>		<b>== In 4 ==</b>
V1	Rev; Ord LRL	2;3
Ch	Passi RLR, Passo L w/ hop, turning R: Spez RL, Ord R w/ Cad	1;2
V2	5 Ord LRLRL in CW wheel Repeat chorus	5 3
V3	(Lds only) 2 Passi (grave) LR to center; Ord L Puntato R back turn L hip to center; Con LR; Rip R, Cad to face	1;1 1;1;1
Lds only Repeat chorus		
V4	Lds do what Lds did in V3	8
Lys only Repeat chorus		
V5	Ld1: Take R hands w/Ly on R & Ord LR, Drop hands Ord LR, turning L; Rip LLRR; Ord LR, turning L Ld1: Take R hands w/Ly on L & Ord LR, Drop hands Ord LR, turning L; Ord LR to Ly & back; Ord LR, turning L	2 2;2;2 2 2;2;2
V6	Ly1 repeats V5 (w/ Ld on R, then L)	16
V7	Ld2 repeats V5	16
V8	Ly2 repeats V5	16
V9	All repeat V5 together, begin w/ ptrn	16
V10	In CW wheel: Passi LR, Ord L; CCW: Passi RL, Ord R	2;2
V11	All together Repeat V3	5
Repeat Chorus		3
For a shorter version of the dance, skip V5-V8		

## Italian Balli (16<sup>th</sup> Century & later)

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<b>Villanella</b>		<b>(Caroso 1581)</b>
<b>(one or more couples)</b>		<b>== In 3 ==</b>
V1	Facing ptrnr, Rev; Con LR; Ord LR fwd; Con L, Rip RR	4;4;4;4
V2	Fwd Passi LR, Ord L; Passi RL, Ord R; Con L, Rip RR; Rev	4;4;4;4
V3	Ld in front of Ly to her R: Passi LR, Ord L; Passi RL, Ord R Together: Con L, Rip RR; Rev	4;4 4;4
V4	Repeat, beginning w/ Ly passing in front Ld to his R	16
V5	Cast off to face down hall in Passi LR, Ord L; Cast off to face up the hall in Passi RL, Ord R; Con L, Rip RR; Rev	4 4;4
V6	Fast Spez LR to switch w/ R hands; Spez LR to curl L Spez LR to switch w/ L hands; Spez LR to curl R; Con L, Rip RR; Rev	2;2 2;2;4;4

## Steps for 16<sup>th</sup> Century Italian Dance

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Bransle - shift weight slowly to side & back to center

Cadenza (Cad)– jump & land w/ lead foot slightly fwd.

Canario (Seguito Battuto al Carario) – L heel fwd, L toe back, close w/ a stamp.

Continenza (Con) – A step to the side & close. Sink down on the ball of the foot as you step to the side, & rise up as you close w/ the other foot

Corinto - 3 reprises [or reprises sottopiede), followed by a trebucetto in same direction

Double (Doppio) – three steps, styling varies from dance to dance

Fioretto – kick lead foot fwds & to the side, leaping onto the toes of the foot. Bring the other foot across & land lightly on the flat of both feet.

Fioretto a Pie Pari – swing L foot to side & back, kicking the R foot to the other side.

Gropo - Trab L, R, L; cut R foot under left & kick L foot out in front

Passo – step lightly & carry through (do not close)

Puntata (Puntata Grave) - Step L. "Stab" RLift L heel off ground. Lower L heel.

Reverance (Rev) (lds) – move L foot fwd, sweep L foot back, shift weight onto back leg w/ knee bent, straighten back leg back gracefully into standing position

Ripresa (Rip)– step sideways over onto the toe & lower to floor w/ weight on other foot

Ripresa minuita – "charleston" type step side to side (heels together, toes together)

Saffice – Sottopiede, followed by a Trebucetto in the same direction

Saltino a pie pari – jump straight up & land on both feet

Scambiote – Step sideways w/ lead foot, undercut, cadenza

Scorsi – Rise up on toes & scurry for 8 steps in 4 beats; lower heels.

Seguito Ordinario (Ord) – Caroso - three steps (for Negri, see Seguito Semidoppio)

Seguito Semidoppio (Semidoppio)– 2 Passi, & a spezatto (Negri - Seg Ordinario)

Sottopiede – step sideways, cut other foot under first foot

Spezzato (Spez)– 3 steps on the balls of the feet, w/ an undercut on the second step

Spezzato Alterato (L)– raise L foot & hop onto R, spez L

Spezzato Scorsi LL – Spez LRLR at double normal speed

Trabuchetto (Trab) – small jump sideways onto ball of foot

Trangato (Trang) - Ste, bend both knees, come up (R heel, then L & R foot) & close



## Galliard Variations from Compasso (*Ballo della Gagliarda*, 1560)

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### 5-Step Basic Cinque Passi

1. In place.
2. Going to the side.
3. Going around the room.
4. Turning and going around the room.
5. As the *molinello*, i.e., one set turning over the left shoulder, and one set over the right.

### Balzo (Bound, or Large Bound)

1. In quarter turns, w/ one beat per turn segment.
2. In quarter turns, w/ two or four beats per turn segment.
3. In quarter turns, w/ two or four beats per turn segment, and ending w/ feet together.
4. While turning for an unspecified amount of rotation, landing w/ feet together.

### Campanella (Little Bell) and Balzetto (Little Bounds w/ Feet Together)

1. *Campanella*, in place.
2. *Campanella*, turning.
3. Two *balzetti* to the side, plus half a *campanella*.
4. Two *balzetti* to the side, plus half a turning *campanella*.
5. One *balzetto* turning 180°, plus three "rings" on the *campanella*, ending w/ feet closed.

### Ponte è Calcagno (Toe and Heel)

1. In place.
2. Turning.
3. Going around the room.
4. Just one set of toe and heel, plus half a turning *campanella*.
5. Just one set of toe and heel, plus a two beat *Rev* to the side.

### Zoppetto (Limping Hop)

1. Going around the room.
2. Two *zoppetti* (w/ working leg flat and syncopated), plus half a *campanella*.
3. Two *zoppetti* (w/ "lame" foot high), plus a two-beat *sottopiede*.
4. Two *zoppetti* (w/ "lame" foot high), plus a two beat *Rev*.

### One-Off Variations

1. *La Ripresa in Sottopiede*.  
One full *ripresa in sottopiede*.
2. *La Volta con la Gamba Alta*.  
180° turn done w/ one leg higher in the air, plus half a *campanella*.
3. *La Gambata* (Shaking Leg).  
Two beats of *gambata*, plus half a turning *campanella*.

## English Country

<b>Adson's Saraband</b>		<b>(Playford 1651)</b>
<b>(3 Couples in a line)</b>		<b>== In 4 ==</b>
P1	Double fwd & back; Set & turn; repeat	2;2;4
	Lds Double away from Lys & back; Set & turn; Lys same	2;2;4
P2	Lds Double down set as Lys up; pass & fall into ptrn's place; Set & turn	1;1;2
	Lds Double up set as Lys down; pass & fall into ptrn's place; Set & turn	1;1;2
P3	Half a Hey for couples; Set & turn; complete Hey; Set & turn	2;2;2;2
P4	Lds Double away, Lys catch up; Set & turn	2;2
	Lds 1&3 meet & back as Lys 1&3 same & C2 same; turn who you meet	2;2
	Switch w/ ptrn; Set & turn; C1 lead down middle & lead all L to place	2;2;4

<b>All in a Garden Green</b>		<b>(Playford 1651)</b>
<b>(3 Couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; Set & turn; repeat	2;2;4
C1	Ld1 take R hands w/ Ly1; L w/ Ly2; R then L w/ Ly3; kiss 2x; turn	1;1;1;1;1
	Ld1 take R hands w/ Ly3; L w/ Ly2; R then L w/ Ly 1; kiss 2x; turn	1;1;1;1;1
V2	Side R; Set & turn; Side L; Set & turn	2;2;2;2
C2	The same as Chorus 1, except first Ly dances w/ the Lds	10
V3	Arm R; Set & turn; Arm L; Set & turn	2;2;2;2
C3	The same as Chorus 1	10

<b>Argeers</b>		<b>(Playford 1651)</b>
<b>(2 Couples facing)</b>		<b>== In 4 ==</b>
V1	Corners join hands, Slip out & back ; Turn corner ½ ; Turn ptrn 1½	1;1;2
	Double fwd; Turn corner ½ ; Turn ptrn 1½	1;1;2
C1	Lds switch; Lys switch; Set & turn; Lys switch; Lds switch; Set & turn	1;1;2;1;1;2
V2	Double out & back w/ corner; Turn ptrn; Double back & fwd; Set & turn	2;2;2;2
C2	Lds slip R, Lys slip L (Lds inside); Slip back (Lys inside); Turn corner	1;1;2
	Lys fwd & back a double; Lds do single Hey to place	2;2
V3	Lds push corner back; Slip to Ld's R; Fall back; Set & turn	½;1;½;2
	Lds slip L, Lys R (Lds inside); Lds push Lys back & fall back; Set & turn	1;1;2
C3	Ld1 & Ly2 cast off & lead into ptrn's place; Cast again back to place	2;2
	Lds begin a single Hey for 4, do half the Hey; ladies join in	1;1
	Turn ptrn; Fall back into line of 4 & honor presence	2

<b>Beggar Boy</b>		<b>(Playford 1651)</b>
<b>(3 Couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; repeat	2;2
C1	C1 & C3 double away from ptrn & to place, as C2 double to meet ptrn & back	2
	Lds take hands in a circle, Lys same & turn ½ to reverse order of line; repeat	2;4
V2	Side RL	4
C2	Lds 1&3 switch as Lys 1&3 switch as C2 double back from ptrn & to place	2
	The first 4 full circle around while C in last place Set & turn; repeat	2;4
V3	Arm RL	4
C3	Double back from ptrn & to place; Lds half Hey as Lys half Hey; repeat	2;2;4

## English Country

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<b>Black Nag</b>	<b>(Playford 1665)</b>
<b>(3 Couples in a line)</b>	<b>== In 4 ==</b>
V1 Double fwd & back; repeat	2;2
C1 Slip up the line (C1; C2; then C3); Turn single; Slip down; Turn single 1;1;1;1;3;1	1;1;1;1
V2 Side RL	2;2
C2 Ld1 & Ly3 switch; then Ld3 & Ly1; then Ld2 & Ly2; Turn single	1;1;1;1
Ld1 & Ly3 return; then Ld3 & Ly1; then Ld2 & Ly2; Turn single	1;1;1;1
V3 Arm RL	2;2
C3 Lds Hey; Lys Hey	4;4

<b>Boate Man</b>	<b>(Playford 1651)</b>
<b>(3 Couples in a line)</b>	<b>== In 4 ==</b>
V1 Double fwd & back; Set & turn; repeat	2;2;4
C1 Ld2 & C1 ½ triangle Hey, while Ly2 & C3 the same; turn ptr	2;2
Ld2 & C3 ½ triangle Hey, while Ly2 & C1 the same; turn ptr	2;2
V2 Side R; Set & turn; side L; Set & turn	2;2;2;2
C2 Ld2 & C1 ½ circle, while Ly2 & C3 the same; (C2 meet &) turn ptr	2;2
Ld2 & C3 ½ circle, while Ly2 & C1 the same; (C2 meet &) turn ptr	2;2
V3 Arm R; Set & turn; Arm L; Set & turn	2;2;2;2
C3 Ld1, Ly2 & Ld3 hands around Ld2; C2 turn ptr	2;2
Ly1, Ld2 & Ly3 hands around Ly2; C2 turn ptr	2;2

<b>Bonny Bonny Broom</b>	<b>(Playford 1651)</b>
<b>(4 Couples in a line)</b>	<b>== In 4 ==</b>
V1 Double fwd & back; C1&2 cast to place as C3&4 same; face down & repeat	2;2;4
C1 C1&3 meet & back; circle to place; C2&4 same	2;2;4
V2 Side R; Set & turn; Side L; Set & turn	2;2;2;2
C2 C1 & C2 switch(Ld w/Ld); C3&C4 switch; Set & turn; repeat	1;1;2;4
V3 Arm R; Set & turn; Arm L; Set & turn	2;2;2;2
C3 C1 fwd & back as Lds2&3 & Lys 2&3 away & back as C4 down & back	2
Circle half around; repeat	2;4

<b>Burley Mariners</b>	<b>(SCA choreography)</b>
<b>(3 Couples in a line)</b>	<b>== In 4 ==</b>
V1 Double fwd & back; Set & turn; repeat; Hey for Couples; repeat	2;2;4;4;4
C1 Ld1 to bottom of set: Switch by R hnd w/ Ly1; L-Ld 2; R-Ly2; L-Ld3	1;1;1;1
Ld1 honor Ly3; Ly3 honor Ld1; 2 hand switch; all back-to-back	½;½;1;2
Ly1 zig zag to bottom of set, as Ld1 did (incl honors, switch, & back-to-back)	8
V2 Side R; Set & turn; Side L; Set & turn	2;2;2;2
Hey for Couples; repeat	4 (2x)
C2 Current Ld1 zig zags to bottom of set; current Ly1 same	8;8
V3 Arm R; Set & turn; Arm L; Set & turn	2;2;2;2
Hey for Couples; repeat	4 (2x)
C3 Current Ld1 zig zags to bottom of set; current Ly1 same	8;8

## English Country

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<b>Confesse</b>		<b>(Playford 1651)</b>
<b>(2 lines of Ly, Ld, Ly facing each other)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; repeat	2;2
C1	Lds go betw the 2 Lys to his L, lead out a Double, turn and lead back a Double; Turn the person you are facing	2;2
	Lds lead their 2 Lys out of the set in a Double, turn and lead back in a Double	2
	Turn the person you are facing	2
V2	Slip L; Slip R	2;2
C2	Ld1 choose a Ly & bring into center; all others join hands and circle this couple, then fall to place, Ld1 & Ly fall back to place; That again w/ Ld 2	1;2;1;4
V3	Slip R; Slip L	2;2
C3	Lys Double away as Lds turn & Double away; Double to place	1;1
	Lds staying in center, Lys join hands & circle for 4 as Lds Turn single	2
	Lys Double away as Lds turn & Double away; Double to place	1;1
	Lys Turn single as Lds turn ea. other	2
V4	Fwd & back a double (2x)	2 (2x)
C4	Lds take hand of Ly to R & all back and fwd a Double as "spare" Lys come behind and through the arch made by hand holders	2
	Couples turn as "spares" meet and turn & all fall into place	2
	That again, Lds taking hand of Ly to L	4

<b>Chestnut</b>		<b>(Playford 1651)</b>
<b>(3 Couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; repeat	2;2
C1a	Lds & Lys back away in a Double; Switch places w/ ptrn	1;1
C1b	Lds join hands, Lys join hands & ea group full circle; repeat (to place)	2;4
V2	Arm RL	4
C2	Do C1a; Lds half Hey, reversing order, as Lys same; repeat (to place)	2;2;4
V3	Side RL	4
C3	Do C1a; C1 lead down betw other couples, who follow, reversing the line	2;2
	This back again, but C1 (in C3 place) Cast off (not lead betw)	4

<b>Crossed Purposes</b>		<b>(SCA Choreography)</b>
<b>(6 Couples in a cross (square for 4 w/2 Couples inside))</b>		<b>== In 4 ==</b>
V1	In lines across hall, Double fwd & back 2x; face down the hall & repeat	4;4
Ch	Middle Couples TAG (Two Fat Ladies) Hey up & down set, as Sides Back-to-back into a Gypsy & the contrary, til all come home	8
	Middle Couples TAG Hey across set as Heads back to back into gypsy	8
V2	Middles face Heads & Side RL as Sides same w/ own;	4
	Middles face Sides & Side RL as Heads same w/ own; repeat Ch	4;16
V3	Middles face Heads & Arm RL as Sides same w/ own;	4
	Middles face Sides & Arm RL as Heads same w/ own; repeat Ch	4;16

## English Country

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<b>Cuckolds All A Row</b>		<b>(Playford 1651)</b>
<b>(2 Couples facing)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; repeat	2;2
C1	Back-to-back corner; Gypsy corner; Back-to-back ptrnr; Gypsy ptrnr	2;2;2;2
V2	Side R w/ ptrnr; Side L w/ corner	2;2
C2	Lds switch places; Lys switch places; All join hands & circle L	1;1;2
	Lys switch places; Lds switch places; All join hands & circle L	1;1;2
V3	Arm R w/ ptrnr; Arm L w/ corner	2;2
C3	Lds push corner back a double, Slip to Ld's R, Fall back to ptrnr's place	2
	Lds cast R to old place and back to new place, ptrnrs following	2
	Lds push corner back a double, Slip to Ld's L, Fall back to orig place	2
	Lds cast L & back to place, ptrnrs following, all to orig place	2

<b>Dargason</b>		<b>(Playford 1651)</b>
<b>(single line – Lds facing equal number of Lys)</b>		<b>== In 4 ==</b>
P1	C1 side R; Set & turn moving into each others place	2;2
	Continue w/ new ptrnrs; progress until reach original place	2;2 (mult x)
P2	C1 arm R; Set & turn into each others place	2;2
	Continue w/ new ptrnrs, & progress as before	2;2 (mult x)
P3	Hey through entire set (grand RL)	½ (mult x)
Variation: 2 equal lines in a cross formation. Remain in original line; curve L when switching places in the middle. On Hey, do half a star to switch sides in the middle.		

<b>Dull Sir John</b>		<b>(Playford 1651)</b>
<b>(4 Couples in a square)</b>		<b>== In 4 ==</b>
V1	Heads Double in, cast off w/ opp & return to place; Sides same	2;2
C1	Head Lds switch; Head Lys switch; Circle to place; Sides same	1;1;2;4
V2	(Side Lds behind Lys) C1 split betw corners to C3 as C3 Double to C1's place 1	
	Repeat w/ C3 going through corners; Head Lds fall behind Lys; Sides same	1;2
C2	Heads (Lds still behind Lys) Hey to place, end side by side; Sides same	4;4
V3	Lds cast behind ptrnr & advance 1 place R; Lys same; Repeat	1;1;2
C3	Heads Back-to-back; R hands to opp & switch L to ptrnr; Sides same	2;1;1;4

<b>Epping Forest</b>		<b>(Playford 1670)</b>
<b>(3 Couples in a circle)</b>		<b>== In 4 ==</b>
V1	2 Doubles L; Set & turn; 2 Doubles R; Set & turn	2;2;2;2
Ch	Honor ptrnr & kiss or Slow Set LR; Same to corner	2;2
	Turn corner full circle; turn ptrnr full circle	2;2
V2	Side R; Set & turn; Side L; Set & turn; Chorus	2;2;2;2;8
V3	Arm R; Set & turn; Arm L; Set & turn; Chorus	2;2;2;2;8

## English Country

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<b>Faine I Would If I Could</b>		<b>(Playford 1651)</b>
<b>(4 Couples in a square)</b>		<b>== In 4 ==</b>
V1a	Double away from the set; turn & Double back to place	1;1
V1b	2 hand switch w/ corner; 2 hand switch across set (Heads w/ ptrnr)	1;1
V1c	Repeat V1a w/ opposite; Repeat V1b, end in orig square	1;1;1;1
C1a	Heads Double fwd, 'pick up' Sides & double back	2
C1b	All turn opposite and fall into corner's original position	2
C1c	C1a, w/ Sides leading; C1b, falling into original square	2;2
V2	Side R w/ ptrnr; V1b above; Side L w/ opposite; V1b above	2;2;2;2
C2a	'Cloverleaf' - Heads cast away from ptrnr & walk small circle through nearest corner position & back to place, each corner following nearest leader	2
C2b	Each head couple & their corners take 4 hands round to your places	2
C2c	C2a, but the Sides lead; C2b, but w/ each Side couple & their corners	2;2
V3	Arm R w/ ptrnr; V1b above; Arm L w/ opposite; V1b above	2;2;2;2
C3a	Heads double in & turn back-to-back; Sides hands & circle R	2;2
C3b	C3a, but Sides back-to-back while Heads circle R & fall back in original square	4

<b>Fine Companion</b>		<b>(Playford 1651)</b>
<b>(4 Couples in a circle)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; Set & turn; repeat	2;2;4
C1	Lds double in & out; Lys in as Lds out; Lys out as Lds in & circle	2;2
	Lys double in & out; Lds in as Lys out; Lds out as Lys in & circle	2;2
V2	Side R; Set & turn; Side L; Set & turn	2;2;2;2
C2	Heads in & out; Sides in (as Heads out) & out as Heads in & circle	2;2
	Sides in & out; Heads in (as Sides out) & out as Sides in & circle	2;2
V3	Arm R; Set & turn; Arm L; Set & turn	2;2;2;2
C3	Lds to center; Lys circle; Lds to place; repeat w/ Lds circle Lys	½;3;½;4

<b>Gathering Peascods</b>		<b>(Playford 1651)</b>
<b>(About 4 - 7 Couples in a circle)</b>		<b>== In 2 ==</b>
V1	Slip L; Turn single; Slip R; Turn single	4;2 [2x]
C1	Lds take hands, Circle round to places; Lys the same	6 [2x]
	Lds meet & clap; Lys same (as Lds out); Lds same, no clap, turn to place	2;2;4
	Lys meet & clap; Lds same (as Lys out); Lys same, no clap, turn to place	2;2;4
V2	Side R; Turn single; Side L; Turn single	4;2 [2x]
C2	Same as chorus 1, except Lys do everything 1st and Lds after	28
V3	Arm R; Turn single; Arm L; Turn single; Chorus 1	4;2 [2x];28

## English Country

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### Glory of the West

(Playford 1651)

#### (2 Couples facing)

== In 4 ==

V1	Double fwd & back; Slow Set away from ptrnr & back	2;2
	Double back & fwd; Slow Set away from ptrnr & back	2;2
C1	Lds Double back; Lys Turn single; Lys Double back; Lds Turn single	1;1;1;1
	Lds switch in 2 Doubles; Lys switch; All circle to place	2;2;2
V2	Side R w/ corner; Slow Set; Side L w/ ptrnr; Slow Set	2;2;2;2
C2	Lds cast L to stand back to back w/ ptrnr, then cast back	2
	Lys same to R; Hey for 4 start R hands w/corner; R hand star	2;4;2
V3	Arm R w/ corner; Slow Set; Arm L w/ ptrnr; Slow Set	2;2;2;2
C3	Lds meet & take R hands; Lys same	1;1
	Lds circle under arch to place; Lys same	2;2
	Switch w/ corner by R, then ptrnr by L	2
	Circle halfway, then open up to face presence	2

### Goddesses

(Playford 1651)

#### (4 Couples in a line)

== In 4 ==

V1	Double fwd & back; repeat	2;2
Ch	C1 cast to foot of set as others follow; Cast from foot of set to place	2;2
V2	Ld1 lead Lds around the Lys; Last Ld leads line back; repeat Chorus	2;2;4
V3	Lys take hands and go behind Lds & back; repeat Chorus	4;4
V4-5	Lds circle Lys; repeat Chorus; Lys circle Lds; repeat Chorus	4;4;4;4
V6-8	Lds circle together; Chorus; Lys circle; Chorus; All Circle; Chorus	4;4;4;4;4;4
V9-10	Lds Hey; repeat Chorus; Lys Hey; repeat Chorus	4;4;4;4
V11	All Hey; repeat Chorus	4;4

### Grimstock

(Playford 1651)

#### (3 couples in a line)

== In 4 ==

V1	Double fwd & back; Set & turn; repeat	2;2;4
C1	Hey for Couples	4
V2	Side R; Set & turn; Side L; Set & turn	2;2;2;2
C2	Hey for Couples w/ arches	4
V3	Arm R; Set & turn; Arm L; Set & turn	2;2;2;2
C3	Crossover Hey - C1 cross over & Hey down the set (on ptrnr's side), C1 crosses back at bottom of set & Hey up the set (on own side)	4

### Heart's Ease

(Playford 1651)

#### (2 Couples facing)

== In 4 ==

V1	Double fwd & back; repeat	2;2
Ch	(facing ptrnr) Double away from & toward ptrnr; Turn corner	2;2
	(facing corner) Double away from & toward corner; Turn ptrnr	2;2
V2	Side R & L; repeat Chorus	2;2;8
V3	Arm R & L; repeat Chorus	2;2;8

## English Country

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### The Health

(Playford 1651)

#### (4 Couples in a line)

== In 4 ==

- P1 Double fwd & back; Slow Set (2x) 2;2 (2x)  
C1 & C4 Double together as others Double back 1  
C1 & C4 turn to face away from ea other 1  
C1 & C4 cast, the others following til back to current position 2  
C2 & C3 the same 4
- P2 All take hands in circle facing out & go halfway; Slow Set (2x) 2;2 (2x)  
C1 & C4 Double together as others Double back 1  
C1 & C4 turn to face away from ea other 1  
C1 & C4 take hands facing out & circle 2  
C2 & C3 the same 4
- P3 Switch w/ ptrn w/both hands; C1&C2 switch as C3&C4 switch; Slow Sets 2;2(2x)  
Ld1 & Ly4 Double together & take R hands; Ly1 & Ld4 the same 1;1  
C1 & C4 R hand star; C2 & C 3 the same 2;4

### Heralds in Love

(SCA Choreography)

#### (4 Couples in a line)

== In 4 ==

- V1 Double fwd & back; Set & turn; repeat 2;2;4
- C1 (In improper sets, this chorus is all Lds) Ld1 & Ly2 switch w/ R hands,  
as Ld3 & Ly4 do same; Ld1 & Ly4 switch w/ L hands;  
Continue until all are back in their original places 1;1;6
- V2 Side R; Set & turn; Side L; Set & turn 2;2;2;2
- C2 (In improper sets, this chorus is all Lys) Ld2 & Ly3 switch w/ R hands;  
Ld2 & 4 switch w/ L hands as Ly3 & 1 do same;  
Continue until all are back to place 1;1;6
- V3 Arm R; Set & turn; Arm L; Set & turn 2;2;2;2
- C3 Do chorus 1 & chorus 2 together 8

### Hit and Misse

(Playford 1651)

#### (2 Couples facing)

== In 4 ==

- V1 Double fwd & back; repeat 2;2
- Ch Double in; Double out to side w/ opp 1;1  
Double in; Double back to place w/ ptrn 1;1  
Single Hey for 4, begin by passing R shoulders w/ opp (3 or 4)
- V2 Side R & L; repeat Chorus 4;(7 or 8)
- V3 Arm R & L; repeat Chorus 4;(7 or 8)



## English Country

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<b>Hockley-in-the-Hole</b>		<b>(Playford 1651)</b>
<b>(Longways for as Many as Will)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; repeat	2;2
Ch	Set and turn; repeat	2;2
V2	Ld1 & Last Ly Double to meet & back; Ly1 & Last Ld same; repeat Chorus	2;2;4
V3	Ld1 & Last Ly Arm R; Ly1 & Last Ld Arm L; repeat Chorus	2;2;4
V4	Ld1 2 Doubles to meet Last Ly at bottom of set	2
	2 Doubles for Ld1 & Last Ly to go to top of set (other Lys shift down)	2
	repeat Chorus	4
V5	Last Ld 2 Doubles to meet his Ly at top of set	2
	Last C 2 Doubles to bottom of set as C1 follow & pass through to become new Last C; repeat Chorus	2;4
<b>Hyde Park</b>		<b>(Playford 1651)</b>
<b>(4 Couples in a square)</b>		<b>== In 4 ==</b>
V1	Heads Double fwd & back; Sides same	2;2
C1	Heads slip into center to meet other C; slip out w/ corner through nearest Inactive C; cast to place	1;1;2
	Sides same	4
V2	Heads Double fwd & back; Sides same	2;2
C2	Sides change places w/ ptrn & make arch while Heads pass ptrn by R & continue around set to meet corner outside of arch; Heads go through arches to meet ptrn; fall back to place	2;1;1
	This again, Heads and Sides switching roles	4
V3	Heads Double fwd & back; Sides same	2;2
C3	All Lds pass ptrn by the inside shoulder & continue around set, Going around the Lys by alternating shoulders	4
	All Lys pass ptrn by the inside shoulder do same around Lds	4
<b>If All the World Were Paper</b>		<b>(Playford 1651)</b>
<b>(4 Couples in a square)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; Set & turn (2x)	2;2 (2x)
C1	Head Lds switch places, then Lys; Hey to place; Sides same	2;2;4
V2	Side L; Set & turn; Side R; Set & turn	1;1;1;1
C2	Heads double in; take corner betw Sides; cast to place; 2 hand turn; Sides same	1;1;2;4
V3	Arm L; Set & turn; Arm R; Set & turn	1;1;1;1
C3	Heads do Hey for 4 start R hands w/ opposite; Sides same	4;4

## English Country

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<b>The Irish Gypsy (or Sionnain's Shamrock)</b>		<b>(SCA Choreography)</b>
<b>(4 Couples in a square)</b>		<b>== In 4 ==</b>
V1	Heads double fwd & back; Heads double fwd & cast to place; Sides same	2;2;4
C1	Heads slip in; set LR; Slip w/ opp betw Sides & cast to place; Sides same	1;1;2;4
	½ Hey begin by passing ptrn by R; gypsy w/ ptrn; repeat	2;2;4
V2	Side R w/ ptrn; Set & turn; Side L w/ corner; Set & turn	2;2;2;2
C2	Pass & post Heads walk through the set (Ldys pass on inside); give near arm to nearest Side & post to face into set; repeat 3x; Sides same	1;1;6; 8
V3	Arm R w/ ptrn; Set & turn; Arm L w/ corner; Set & turn	2;2;2;2
C3	Lds form for L hand star & pass in front of ptrn to next Ldy;	1
	Take Ldy by R hand & circle 1x, ending back in the L hand star; repeat 3x	1;6
	Lys form for R hand star & do as Lds did	8

<b>Jenny Pluck Pears</b>		<b>(Playford 1651)</b>
<b>(3 Couples in a circle)</b>		<b>== In 4 ==</b>
V1	Slip L; Set & turn; Slip R; Set & turn	2;2;2;2
C1	Ld1 turns Ly into center; Ld2 same; Ld 3 same; All Rev	1;1;1;1
	Lds skip around L; then R	4;4
	Ld1 turns Ly to place; Ld2 same; Ld3 same; All Rev	1;1;1;1
V2	Side R; Set & turn; Side L; Set & turn	2;2;2;2
C2	Same as C1, except Ly turn Ld in & skip around	16
V3	Arm R; Set & turn; Arm L; Set & turn	2;2;2;2
C3	Same as C1	16

<b>Jack Pudding</b>		<b>(Playford 1651)</b>
<b>(3 Couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd; C1 & C2 separate & Double back as C3 Double fwd	1;1
	C1 & C2 Double fwd (still apart) as C3 Double back	1
	C1 & C2 take hands & all Double back	1
C1	C3 move betw C1 & C2 as Lds 1&2 make an arch & Lys same	2
	C3 cast round C1, under arches & cast round C2, to place, proper	4
	C1 & C2 join hands & circle once around as C3 does full turn	2
V2	Side RL	4
C2	Lds form a circle & go once around, raising arms	2
	Lys under arches & turn ptrn back to place	2
	Repeat w/ genders reversed 4	
V3	Arm RL	4
C3	C1 turn to face down as C3 heads up line	
	C2 moves to C3 place as C1 makes arch & C3 passes under	1
	C3 change places and face down as C1 turns to face up	1
	C1 & C3 take hands & go once around; C2 heads up the line	2
	C1 moves to C3's original position as C2 makes an arch & C3 passes under	1
	C3 change places & face up as C2 turn to face down	1
	C2 & C3 take hands & go once around; C2 turn to face up	2

## English Country

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### Kelsterne Gardens

(Playford 1726)

(3 Couples in a line)

== In 4 ==

Hey for Couples; C1 figure 8 crossing through C2, as C2 follows (start outside) 2;2  
C1 & C2 circle; C1 cast down 1 place; C1&C3 circle; C1 cast to bottom of set 2;1;2;1

### Kemps Jegg

(Playford 1651)

(3 Couples in a circle)

== In 4 ==

P1 Ld1 lead Lys1&3 fwd & back a Double (2x) 2(2x)  
Ld1 honor Ly3, then Ly1; Ld1 turns Ly2 to progress to Ld2's place as  
Lds2&3 rotate CCW into next place (Ly2 returns to own spot) 2;2  
Repeat 2x, w/ same active Ld until all are back to place 16  
Repeat entire Part 2x w/ Lds2&3 active 48  
P2 Ld1 lead Lys1&3 fwd & back a Double (2x) 2(2x)  
Ld1 & Ly3 switch by R hands; Ld1 & Ly1 switch by L as Ly3 to orig place 1;1  
Ld1 & Ly2 full turn as Ly1 to place & Lds2&3 rotate CW to new places 2  
Repeat as in P1 16;48  
P3 Ld1 w/ Lys1&3 Double fwd & back, hold Lys outsd hnds behind backs(2x) 2(2x)  
Ld1 unwinds Ly3 & kisses her; Ld1 unwinds Ly1 & kisses 1;1  
Ld1 turn Ly2 to progress as Lds2&3 rotate CCW 2  
Repeat as in P1 16;48

**Short Version:** Ignore direction to "repeat entire part 2x w/ same active Ld" – Ld 1 is now active for only 1 repeat of each verse. Lds2&3 do likewise.

**Egalitarian Version:** Ignore direction to "repeat entire part 2x w/ same active Ld" Once the Lds all been active, the dance begins again w/ the Lys active.

### Kettle Drum

(Playford 1651)

(4 Couples in a square)

== In 4 ==

V1 Double fwd & back; repeat 2;2  
C1 Lys R hands across; Lds same; all turn ptrn by R hand 1;1;2  
Lds L hands across; Lys same; all turn ptrn by L hand 1;1;2  
V2 Side RL 4  
C2 Heads in a double; Heads back as Sides in a double; 1;1  
Sides R hand w/ corner & turn into their place 2  
Same w/ Sides doing what Heads did and vice versa 4  
V3 Arm RL 4  
C3 Ptrns take 2 hands, swing in, out, & in, break hands & turn to cmr 2  
Lean in & kiss corner, lean back; repeat 1;1  
Take corner by both hands & do same swings, face ptrn 2  
Lean in & kiss ptrn, lean back; repeat 1;1

## English Country

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<b>Lord of Carnavan's Jegg</b>		<b>(Playford 1651)</b>
<b>(4 Couples in a line)</b>		<b>== In 4 ==</b>
P1	Double Fwd & back (2x); Do-Si-Do w/ ptrn (2x)	2(2x);2(2x)
P2	C1 cross over & go behind C2 into their place (on ptrn's side)	2
	C1 cross over & go behind C3 into their place (on own side)	2
	C1 go betw C4, cast off & lead line around; Arm R 1½	2;2
	(order from top to bottom is now C1, C4, C3, C2)	
	Repeat w/ C2 leading in other direction (order ends C3, C4, C1, C2)	16
	Repeat w/ C3 leading in first direction (order ends C3, C2, C1, C4)	16
	Repeat w/ C4 leading in other direction (order ends C1, C2, C3, C4)	16

<b>Lord Sun &amp; Lady Moon</b>		<b>(SCA Choreography)</b>
<b>(3 Couples In a line, the middle Couple improper)</b>		<b>== In 4 ==</b>
P1	C1 & C2 take R hands across; Rotate CW halfway around	1
	C1 & C3 take L hands across; Rotate CCW halfway around	1
	C2 & C3 take R hands across; Rotate CW halfway around; all honor ptrn	1;1
P2	C1 & C2 take L hands & Rotate CCW; C1 & C3 take R hands & Rotate CW	1;1
	C2 & C3 take L hands across; Rotate CCW halfway around; all honor ptrn	1;1
P3	Lys walk in a CW circle (no hands) around Ld2 & back to place	2
P4	Lds walk in a CW circle (no hands) around Ly2 & back to place	2
P5	C1 & C2 take hands in a circle of four & circle CW halfway around;	1
	C2 drops hands while Ld1 turns Ly1	1
P6	C1 & C3 take hands in a circle of four & circle CW halfway; All honor ptrn	1;1
	(Order of couples is C2, C3 (improper), C1, becoming C1, C2 & C3 for next repeat)	

<b>Lull Me Beyond Thee</b>		<b>(Playford 1651)</b>
<b>(2 Couples facing 2 Couples C3, C1, C2, C4))</b>		<b>== In 4 ==</b>
V1	Double fwd & back (2x)	2(2x)
C1	C3 & C4 double twd ea other as others double away from set	1
	New lines fall back a double; turn your opposite	1;2
	C3 & C4 double away from ea other as others double together	1
	Lines fall back a double; turn ptrn	1;2
V2	Side R w/ ptrn; C1 & C2 side L w/ comer as C3 & C4 side L w/ ptrn	2;2
C2	Lead away from ptrn, fall back into circle; go once around	2;2
	Lead away from comer, fall back into circle; go once around	2;2
V3	Arm R w/ ptrn; Arm L w/ person you sided L w/	2;2
C3	C1 & C2 lead out & in (to wall & back) forming arch as	
	C3 & C4 lead in, then out w/comer under arch	2
	C1 & C2 lead out (to C3 & C4 places) as rest lead in & all turn ptrn	2
	Repeat w/ C3 & C4 leading out first	2;2

## English Country

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<b>Mage on a Cree</b>		<b>(Playford 1651)</b>
<b>(4 Couples in a circle)</b>		<b>== In 4 ==</b>
V1	All join hands, Double fwd & back, Set & turn (2x)	4(2x)
C1	Lds circle facing out; turn Corner; Lys circle facing out; turn ptrnr	2;2;2;2
V2	Side R; Set & turn; Side L; Set & turn	2;2;2;2
C2	Lds weave L in front of Co. Ly & behind next; Lds meet, clap & Double back	2;2
	Lds weave L in front & behind 2 Lys; Lds meet, clap & Double back	2;2
	Lys do as Lds did, but weaving to the R	8
V3	Arm R; Set & turn; Arm L; Set & turn	2;2;2;2
C3	All turn Corner 1½ times to progress; continue until to place	8

<b>Maid Peeped Out the Window</b>		<b>(Playford 1651)</b>
<b>(4 Couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back (2x)	2(2x)
C1	C1 Cast & lead to bottom; Set & turn; C1 Cast & lead to top; Set & turn	2;2;2;2
V2	Side RL	4
C2	All slide across at L diagonal; Double into ptrnrs place; Set & turn	1;1;2
	All slide back at L diagonal; Double into own place; Set & turn	1;1;2
V3	Arm RL	4
C3	Lds 1&3 push Lys 2&4 out, around, & across into Lds' place	1
	Lds 2&4 push Lys 1&3 into men's place; Set & turn	1;2
	Repeat above, pushing Lys back into own place; Set & turn	2;2

<b>Maiden Lane</b>		<b>(Playford 1651)</b>
<b>(3 Couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back (2x); Double L & back	4;2
	Double speed single Hey on both sides; Set & turn (2x)	2;4
V2	Side RL; Back a double & switch w/ ptrnr; repeat; Set & turn (2x)	4;2;2;4
V3	Arm RL; Ld1 & Ly2 switch, Ld2 & Ly1 switch as C3 switch	4;1;1
	Ld1 & Ly3 switch, Ld3 & Ly1 switch as C2 switch; Set & turn (2x)	1;1;4
Couples should now be progressed, ready to do the dance 2 more times.		

<b>Merry Merry Milk Maids</b>		<b>(Playford 1651)</b>
<b>(4 Couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; Set & turn; repeat	2;2;4
C1	C1 & C3 Double to meet ptrnr; slip down betw C below (who moves up)	1;1
	In groups of 4, R hand star; L hand star	2;2
	C2 & C4 (in new positions) same; R hand star; L hand star	2;2;2
V2	Side R; Set & turn; Side L; Set & turn	2;2;2;2
C2	Lds cast from front to invert set; Lys same; Set & turn	2;2;2
	Lds cast from bottom to orig place; Lys same; Set & turn	2;2;2
V3	Arm R; Set & turn; Arm L; Set & turn	2;2;2;2
C3	Lds back & fwd a double; Lds Hey; Lys back & fwd a double; Lys Hey	2;4;2;4

## English Country

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<b>Milke-Mayds Bobb</b>		<b>(Playford 1651)</b>
<b>(4 Couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back (2x)	2(2x)
C1	C1&2 Hey for 4, start w/ R hands to ptrnr as C3&4 same	4
V2	Side RL	4
C2	C1 2 hands & slip betw C2 as C3 slip betw C4; switch w/ ptrnr	1;1
	C2 2 hands & slip betw C1 as C4 slip betw C3; switch w/ ptrnr	1;1
V3	Arm RL	4
C3	Ld1 & Ly2 switch by R hands as Ld3 & Ly4 same	1
	Ld2 & Ly1 switch by R hands as Ld4 & Ly3 same; repeat	1;2

<b>The Miller of Dee</b>		<b>(SCA Choreography)</b>
<b>(2 Couples facing)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; repeat; Head C lead Double Figure 8	2;2;4
V2	Take hands and circle L&R; Bottom C lead Double Figure 8	4;4
V3	Side RL w/ptrnr; R C lead Double Figure 8	4;4
V4	Side RL w/comer; L C lead Double Figure 8	4;4
V5	Arm RL w/ptrnr; Head C lead Double Figure 8	4;4
V6	Arm RL w/comer; Bottom C lead Double Figure 8	4;4

<b>Newcastle</b>		<b>(Playford 1651)</b>
<b>(4 Couples in a square)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; Set to ptrnr; Set to next of opp gender (2x)	2;2 (2x)
C1	Arm R w/ ptrnr; Lds L hand into center as Lys circle around set	1;3
	Arm R w/ ptrnr; Lys L hand into center as Lds circle around set	1;3
V2	Side R; Side L & pass; repeat w/ next	2;2;4
C2	Heads Double fwd & back, make arch	2
	Sides Cast behind, through arch & to place	2
	Sides Double fwd & back, make arch	2
	Heads Cast behind, through arch, & to place	2
V3	Arm RL; Pass by in extra ½ turn; repeat w/ next	3;1;4
C3	Double back in line (Heads split); Turn single; Double fwd & switch across	1;1;2
	Double back in line (Sides split); Turn single; Double fwd & switch across	1;1;2

<b>New Exchange</b>		<b>(Playford 1651)</b>
<b>(3 Couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; Set & switch w/ ptrnr; repeat	2;2;4
C1	Ld1 Set to Ly1; Ld2 Set to Ly2; C3 2 hand turn back to place	1;1;2
	Ld3 Set to Ly3; Ld2 Set to Ly2; C1 2 hand turn back to place	1;1;2
V2	Side R; Set & switch w/ ptrnr; Side L; Set & switch w/ ptrnr	2;2;2;2
C2	Ld1 & Ly3 meet; Ld3 & Ly1 meet; Ld1 & Ly3 switch;	1;1;½;
	Ld3 & Ly1 switch; C2 switch; Repeat entire chorus	½;1;4
V3	Arm R; Set & switch w/ ptrnr; Arm L; Set & switch w/ ptrnr	2;2;2;2
C3	Half Hey for Couples; Set & turn; Half Hey for Couples; Set & turn	2;2;2;2

## English Country

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<b>The Night Peece</b>		<b>(Playford 1651)</b>
<b>(3 Couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back (2x)	2 (2x)
C1	C2 fall back a Double & slip up to C1 place as C1&3 switch(3X)	2 (3x)
V2	Side RL	4
C2	C1 cross & cast to C2 place as C2 slides up; Same w/ C3; Repeat 2x	1;1;2;2
V3	Arm RL	4
C3	Ld1 & Ly2 switch; Ly1 & Ld2 switch; C3 switch	½;½;1
	Ld1 & Ly3 switch; Ly1 & Ld3 switch; C2 switch; Set & turn	½;½;1;2

<b>Nonesuch</b>		<b>(Playford 1651)</b>
<b>(4 Couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back (2x); Set & turn (2x)	4;4
C1	C1 slip betw C2; C1 turn to face C2	1;1
	C1 push C2 & switch places twice, C2 ending in C1 position; C1 turn	4;2
	C1 repeat w/C3; then w/ C4 as C2 w/C3; C2 w/C4, etc	64
V2	Side R; Side L; Set & turn (2x)	2;2;4
C2	Form a line (1 at a time) w/ double to center - Ld1 face down, Ly1 next, etc.	8
V3	Arm R & L; 3 slips L & back; 3 slips R & back	4;2;2
C3	1 at a time as before, double to improper side	8
	Grand RL in a "U", crossing at bottom - 1st switch is C1 w/ C2 & C3 w/C4	8

<b>The North Tower</b>		<b>(SCA Choreography)</b>
<b>(2 Couples facing)</b>		<b>== In 4 ==</b>
V1	Double back & fwd w/ ptrn (2x); Double back & fwd w/ corner (2x)	2(2x);2(2x)
Ch	Switch by R w/ corner, turn; Switch by L w/ ptrn, turn; Set & turn; repeat	1;1;2;4
V2	Side RL w/ ptrn; Side RL w/ corner; repeat Chorus	4;4;4
V3	Arm RL w/ ptrn; Arm RL w/ corner; repeat Chorus	4;4;4

<b>The Old Mole</b>		<b>(Playford 1651)</b>
<b>(3 Couples in a line)</b>		<b>== In 4 ==</b>
P1	Double fwd & back; Set & turn; repeat	2;2;4
	Double L & back; Set & turn; Double R & back; Set & turn	2;2;2;2
P2	Ld1 & Ly3 switch (Double fwd & back, then past)	4
	Ly1 & Ld3 same; C2 same	4;4
	Lys 1&2 & Lds 2&3 arches (Double fwd & back then through) 4x to place	4(4x)
	Ld1 & Ly3 switch as before; Ly1 & Ld 3 switch; Ld2 & Ly2 switch	4;4;4
P3	Lds hands, & Lys hands - Double fwd; C1&C3 Double back	1;1
	C2 turn as Lys 1&3 turn & Lds 1&3 turn, then Side R; turn your own	1;2;1
P4	Lds single Hey; Lys single Hey; Hey for Couples 2x	2;2;4
	Cast from front to place; Cast from the back to place	2;2

## English Country

### On the Banks of the Helicon

(SCA Choreography)

(3 Couples in a line)

== In 4 ==

V1	Double fwd; Turn single (away from ptrn); Double back (2x)	1;1;1(2x)
Ch	Half-S-Hey Ld2 w/ C1, Ly2 w/ C3 (C2 ends in ptrn's place)	2
	Half-S-Hey Ld2 w/ C3, Ly2 w/ C1 (C2 ends in own place)	2
	C1 R hands & switch; L hands to next & switch;	
	R hands to next & switch; C1 L hands & switch	1;1;1;1
V2	Double fwd (toward ptrn) to meet R shoulders,	1
	Turn single (away from ptrn); fall back a Double to place	1;1
	Repeat, this time meeting L shoulders; repeat chorus	3;8
V3	Give R arm to ptrn & turn half-way; turn single L	1;1
	Take R arms w/ ptrn again & turn half-way to place	1
	Do same w/ L arm (w/ single turn R); repeat chorus	3;8

### Oranges & Lemons

(Playford 1665)

(4 Couples in a square)

== In 4 ==

V1	Double fwd & back (2x)	2 (2x)
C1	Lds rev to ptrn; rev to corner; Join hands & circle half around	1/2;1/2;2
	Lys rev to ptrn; rev to corner; Join hands & circle half around; repeat	1/2;1/2;2;6
V2	Side RL	4
C2	Ptrns R hands & step R; L hands & step L	1/2;1/2
	Switch R and then L w/ next; repeat until back to place	2;3 (3x)
V3	Arm RL (C1 moves to face C2; C3 moves to face C4)	4
C3	Rev to other C; Rev to ptrn; Each pair of Cs circle halfway to the L	1/2;1/2;1
	C2 back into 3rd place, C1 following as C4 backs into 1 <sup>st</sup> place, C3 following	1
	Repeat this pattern until everyone returns to their places	3 (3x)

### Parson's Farewell

(Playford 1651)

(2 Couples facing)

== In 4 ==

V1	Double fwd; 4 slips L; Double back; 4 slips R	1;1;1;1
C1	Lds rise; Lys rise; all rise 4x; 2 hand turn w/ corner; repeat Lys start	1/2;1/2;1;2;4
V2	Double fwd; out w/ corner & return; Double back to place w/ ptrn	1;2;1
C2	Lds meet, cross R hands then L, turn & switch places	1
	Turn corner w/ R hand; cross back & turn ptrn w/ L hand	1;2
	Repeat w/ Lys starting & crossing L hands then R	3
V3	Take hands w/ ptrn do 4 slips into set; take corner & slip out;	1;1
	Slip back in w/ corner & out to place w/ ptrn	1;1
C3	Turn ptrn by R hand; Half Hey across formation	
	Lds pass L shoulders	1
	curving into corner's place as Lys 1/2 turn R to ptrn's orig place, Lys pass L	
	& curve to other Ly's orig place as Lds 1/2 turn R to other Lds orig place	2
	Turn ptrn by R hand; then by L hand	1;1
	Complete the Hey w/ Lys starting (passing R to ptrn's orig place)	2
	Turn ptrn by L hand (Hey may be done as Grand RL w/o hands)	1



## English Country

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<b>Pennsic Dance</b>		<b>(SCA Choreography)</b>
<b>(4 Couples in a square)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; Set & turn; repeat	2;2;4
C1	Heads Double in & L hand star half way; Hey half way along lines; turn next	2;2;2
	Repeat w/ Sides; Turn ptr	6;2
V2	Side R; Set & turn; Side L; Set & turn	2;2;2;2
C2	Heads cast away from ptr, through nearest corner position to place, each corner following nearest head;	2
	Each Head couple & their corners take 4 hands half way round	1
	Heads back a Double as Sides fwd to meet; circle half way to opposite place	1;2
	Repeat; Turn ptr	6;2
V3	Arm R; Set & turn; Arm L; Set & turn	2;2;2;2
C3	Face Corner & Heads Hey as Sides Gypsy; Sides Hey as Heads Gypsy;	2;2
	Turn Corner. Sides Hey as Head Gypsy; Heads Hey as Sides Gypsy	2;2;2
	Turn Corner; Turn ptr	2;2

<b>Picking of Sticks</b>		<b>(Playford 1651)</b>
<b>(3 Couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back (2x)	2;2
C1	Top L switch back to back w/ 2nd R, then 3rd L; All fwd & back a Double	2;2
	Top R switch back to back w/ 2nd L, then 3rd R; All fwd & back a Double	2;2
	Repeat above until back to place	2;2(4x)
V2	Side RL	2;2
C2	C1 slip betw C2 as tHey move up, then C2 slip betw C1 (2x) as	
	C3 cross & skip around set; Repeat w/ C2&3 slipping & C1 around set	4;4
V3	Arm RL	2;2
C3	Sheepskin Hey - Lds weave through Lys; as last Ld passes	
	second Ly, he cuts around to take the lead; Each Ld cuts once,	
	& then pass behind the Lys & back to place	8
	Repeat above w/ Lys weaving betw Lds	8

<b>Prince William's Hey</b>		<b>(Walsh 1731)</b>
<b>(3 Couples in a line)</b>		<b>== In 4 ==</b>
P1	C1 cross over Hey betw person 2 & 3 on the other side	4
	C1 cross back and Hey as before	4
P2	C1 take R hands & switch; Cast to C2 place as C2 slips to 1 <sup>st</sup> place	1;1
	C1 turn 2 hands, 1½ times around; C2 take R hands & switch	2;1
	C2 cast home, as C1 slip up ; C2 turn 2 hands, 1½ times around	1;2
P3	Ld1 to Ly3, while Ly1 to Ld2; Those 4 arm R; C1 arm L	2;2
	Ld1 to Ly2, while Ly1 to Ld3; Those 4 arm R; C1 arm L	2;2
P4	C1 casts out betw Ly 2 & 3, (hold L hands, so Ly's arm is across her body)	2
	C1 returns to the center from the top & bottom of the set, & arm R	2
	C1 casts out betw Ld2 & 3, (hold R hands, so Ld 's arm is across his body)	2
	C1 turn two hands 1½ times, moving to the bottom of the set	2
Repeat the dance (w/ the couple at the head of the set now being C1, etc.)		

## English Country

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<b>Puzzle Box (Revised)</b>		<b>(SCA choreography)</b>
<b>(4 Couples in a square)</b>		<b>== In 4 ==</b>
V1	Heads Double fwd & 2 hand switch w/ opp	2
	Heads Double back as Sides fwd to meet & switch	2
C1	<i>Face across the short dimension of the set</i>	
	Lds honor Lys, then Lys Lds; Sides Double back & arch as Heads Dbl fwd	1;1
	Heads lead opp through arch; Heads Cast to place as Sides switch	1;1
	<i>Face across short dimension of set</i> Lys honor Lds, then Lds honor Lys	1
	Heads back a Double & form arches while Sides Double fwd	1
	Sides lead opp out through the arches, then cast back to place; Heads wait until Sides have passed through, then use last 4 counts to trade places	2
V2	Sides back a Double as Heads fwd to meet; Head hands around halfway	1;1
	Heads back a Double as Sides fwd to meet; Sides hands around halfway	1;1
C2	<i>Face across short dimension of set</i> Lds honor Lys, then Lys honor Lds	1
	Sides back a Double while Heads Double fwd	1
	Heads cast away & to place, Sides each following nearest Head	2
	<i>Face across short dimension of set</i> Lys honor Lds, then Lds honor Lys	1
	Heads back a Double while Sides Double fwd	1
	Sides cast away & to place, Heads following nearest Side	2
V3	Take hands all around & circle w/ 8 slips to the L; 8 slips to the R	2;2
	<i>While circling expand the set from its "collapsed" form back into a square</i>	
C3	(Death Spiral) Lds honor the set; Lys honor the set	½;½
	Lds Double fwd to form a small square in the center	1
	Lds rotate the square CW & fall back to place	2
	Lys honor the set; Lds honor the set	½;½
	Lys do death spiral as Lds did	3
<b>The Return of Spring</b>		<b>(SCA Choreography)</b>
<b>(3 Couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; Set & turn; repeat	2;2;4
Ch	C1 R hands & switch; Ly1 & Ld2 switch w/ L hands as	
	Ld1 & Ly2 switch; C1 turn as C2 switch	1;1;2
	C1 take R hands & switch; Ly1 & Ly3 switch w/	
	L hands while Ld1 & Ld3 switch, C1 turn as C3 switch	1;1;2
V2	Side R, Set & turn, Side L; Set & turn; repeat Chorus	2;2;2;2;8
V3	Arm R, Set & turn, Arm L; Set & turn; repeat Chorus	2;2;2;2;8

## English Country

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<b>Ruffy Tufty</b>		<b>(Playford 1651)</b>
<b>(2 Couples facing)</b>		<b>== In 4 ==</b>
V1	Double fwd & back (2x)	4
Ch	(facing ptrn) Set & turn (2x)	4
	Lead ptrn out a Double & back; Turn single	2;1
	Lead corner out a Double & back; Turn single	2;1
V2	Side RL; repeat Chorus	4;10
V3	Arm RL; repeat Chorus	4;10

<b>St. Joan</b>		<b>(SCA Choreography (late 17<sup>th</sup> C style))</b>
<b>(4 Couples in a Square)</b>		<b>== In 4 ==</b>
P1	Heads Double in; take corner betw side C; cast to place	1;1;2
	Heads lead the Grand square; reverse it home	4;4
	Sides Double in; take corner betw side C; cast to place	1;1;2
	Sides lead the Grand square; reverse it home	4;4
P2	Lys Set to the middle; R hand star; fall back to place	1;2;1
	Heads lead the Grand square; reverse it home	4;4
	Lds Set to the middle; R hand star; fall back to place	1;2;1
	Sides lead the Grand square; reverse it home	4;4
P3	Heads split & pass betw near side C to opposite place;	2
	Meet corner in middle, ½ R hand turn back to place	2
	Heads lead the Grand square; reverse it home	4;4
	Sides the same; Sides lead Grand square; reverse it	4;4;4
P4	Half a grand right & left; Heads lead the Grand square; reverse it	4;4;4
	Repeat, w/ Sides leading the Grand square	12
Note	Grand Square: Heads Double in as Sides Double back away from ptrn;	
	Heads Double away from ptrn (w/corner), as Sides Double to meet corner;	
	Heads Double away from corner as Sides Double in w/ corner;	
	Heads Double to meet ptrn as Sides fall out to place w/ ptrn	

<b>Scotch Cap</b>		<b>(Playford 1651)</b>
<b>(3 Couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back (2x)	2(2x)
C1	Top 2 Lys & Last 2 Lds back up; tHey switch; other 2 switch	1;1;2
	Repeat 5 more times	20
V2	Side RL	2;2
C2	Gender lines Double back & fwd; Arm R (Lys 1&3, C 2, Lds 1&3)	2;2
	Ends (Ly2 w/ C3, Ld2 w/ C1) Double back & fwd; Arm L (w/ ptrn)	2;2
V3	Arm RL	2;2
C3	Lds slip up hall as Lys slip down; Give RL hands back to place	2;2
	Lys slip up hall as Lds slip down; Give LR hands back to place	2;2

## English Country

<b>Saint Martins</b>		<b>Playford 1651)</b>
<b>(2 Couples, facing)</b>		<b>== In 4 ==</b>
V1	Double fwd to meet Corner; ptrns Slip out & in 2 steps	1;1
	Turn single out of set (Lds L, Lys R); Turn single into set	1;1
	Double fwd to meet Corner & pass through; Switch w/ Ptrnr; Turn single	2;1;1
C1	Lds fall back a Double as Lys Turn single, Lds switch by L hand	1;1
	Corners take R hand & turn 1 1/2 times	2
	Lys fall back a Double as Lds Turn single; Lys switch by R hand	1;1
	Ptrns take L hands & turn 1 1/2 times (to orig place)	2
V2	Double fwd to meet Corner & pass through; Set & turn; Repeat	2;2;4
C2	Lds meet; Lys same; Circle L halfway slipping; Turn single	1;1;1;1
	Lys meet; Lds same; Circle L halfway (to place); Turn single	1;1;1;1
V3	Double Fwd to meet Corner; 2 Slip steps out, then in w/ Corner	1;1
	Lds cast over L shoulder, through Ptrnr's place to place, as Ptrns follow	2
	Double back; Switch w/ ptrnr, Ly in front	1;1
	Lds Gypsy & fall back to place, Lys doing same as Lds cross in middle	2
C3	Lds Honor; Lys same; Star R once around	1;1;2
	Lys Honor; Lds same; Star L & fall into line to honor presence	1;1;2
<b>Sellinger's Round</b>		<b>(Playford 1670)</b>
<b>(Couples in a circle)</b>		<b>== In 4 ==</b>
V1	Slip L; Slip R	2;2
Ch	Lys Double fwd & clap; return to place; Set & turn (Facing ptrnr)	1;1;2
	Lds Double fwd & clap; return; Set & turn	1;1;2
V2	Take hands, Double in (whooping) & out (2x); repeat Chorus	2(2x);8
V3	Side RL; repeat Chorus	4;8
V4	Arm RL; repeat Chorus	4;8
<b>Shepherd's Holiday/Labour in Vaine</b>		<b>(Playford, 1651)</b>
<b>(3 Couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; Switch w/ Ptrnr; Double down & back; Switch	2;1;2;1
C1	C1 slip down in front of C2; C3 slip up behind C2 to create line	1;1
	Ld1 & Ly1 each cast to L, leading gender lines to orig places	2
	Repeat Chorus w/ C3 leading the slipping	4
V2	Side R; Switch w/ Ptrnr; Sidle L; Switch w/ Ptrnr	2;1;2;1
C2	Gender lines back a Double	1
	Lds meet & make circle as Lys same; All circle L	1;2
	Gender lines back a Double	2
	Lines meet in circles facing out; All circle L	1;2
V3	Arm R; Switch w/ Ptrnr; Arm L; Switch w/ Ptrnr	2;1;2;1
C3	Ld1 & Ly2 switch; Ly1 & Ld2 switch; C3 switch	1;1;2
	Ld1 & Ly3 switch; Ly1 & Ld3 switch; C2 switch	1;1;2

## English Country

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<b>Spanish Jeespie</b>		<b>(Playford, 1651)</b>
<b>(4 Couples in a line)</b>		<b>==In 4==</b>
V1	Double fwd & back (2x) Turn your back to ptrn; turn to face ptrn; Half gypsy switch & back w/ ptrn	2(2x) 1;1;2
C1	End Couples Fwd & Back a Double (down the middle of the set) Turn your back to opp; turn to face opp; Full gypsy R, then L w/ opp Repeat Ch w/ middle two couples	2 1;1;4 8
V2	Side RL Turn your back to ptrn; turn to face ptrn; Half gypsy switch & back w/ ptrn	4 1;1;2
C2	Same as C1, except replace full gypsies w/ join hands for 4 & circle LR	16
V3	Arm RL your back to ptrn; turn to face ptrn; Half gypsy switch & back w/ptrn	4 1;1;2
C3	Same as C1, except replace full gypsies w/ R hand star then L hand star	16

<b>Stingo</b>		<b>(Playford, 1651)</b>
<b>(3 Couples in a line, facing)</b>		<b>==In 4==</b>
V1	Double back & fwd from ptrn; Double fwd & back w/ ptrn	2;2
C1	Lds R hand star; All Set & turn; Lys L star; All Set & turn	2;2;2;2
V2	Side RL	4
C2	Double to L & turn; Double R & face; Set & turn Double to R & turn; Double L & face; Set & turn	1;1;2 1;1;2
V3	Arm RL	4
C3	C1 Double to cross & face C2; C1 Set to C2 (Ld1 to Ly2) & Set to C3 C1 go back to place passing betw C3 & C2 & crossing at top of set C1 cast & return to place in 1 Double; C1 two hand turn in 1 Double C1 cast off and end at bottom of line, creating new C1	1;1 2 1;1 2

<b>Sweet Nothings</b>		<b>(SCA Choreography)</b>
<b>(2 Couples facing)</b>		<b>==In 4==</b>
V1	Double fwd & back (2x); Set and turn	2(2x); 2
Ch	Lead ptrn out & back a Double; Lead your Corner the same	2;2
V2	Hands 4 & Circle L, then R; Set & turn; Repeat Chorus	4;2;4
V3	Lds Side LR; Set & turn; Repeat Chorus	4;2;4
V4	Lys Side LR; Set & turn; Repeat Chorus	4;2;4
V5	Arm w/ ptrn RL; Set & turn; Repeat Chorus	4;2;4

<b>Upon a Summer's Day</b>		<b>(Playford 1651)</b>
<b>(3 Couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; Set & turn (2x)	2;2 (2x)
Ch	Lds hands, & Lys hands - Double fwd & back; C1 split & under arch on own side to C3 position; repeat 2x	2 2;8
V2	Side R; Set & turn; Side L; Set & turn; repeat Chorus	2;2;2;2;12
V3	Arm R; Set & turn; Arm L; Set & turn; repeat Chorus	2;2;2;2;12

## English Country

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<b>Two Fat Ladies</b>		<b>(SCA Choreography , 18<sup>th</sup> C style)</b>
<b>(4 Couples in a line)</b>		<b>== In 4 ==</b>
P1	Ends pull past ptrn by R hand & face center, as Centers ½ R hand star & turn to face nearest End couple dancer; pull past that person by R hand That again (switching End & Center roles) 3x	1 1 2(3x)
P2	Lines Double to meet; Centers fall back Double as Ends bend in the line Lds Star R & Lys Star L, crossing over as they go down the middle & leading out of the star on the other side to form longways set; honor your own Lds Star L & Lys Star R, again crossing over & forming longways set Progress: Couple 1 takes hands and leads down the middle to take C4 position as other couples move up one place.	1;1 2;1 2 1

<b>Violets Fancie</b>		<b>(SCA Choreography)</b>
<b>(3 Couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; Slow Set; repeat	2;2;4
C1	Ld1 & Ly 3 Cast off L (others following); Furl turn ptrn C2 as much; Ld3 & Ly1 as much	2;2 4;4
V2	Side R; Slow Set; Side L Slow Set	2;2;2;2
C2	C1 lead full Crossover Hey and 1 extra pass; Reverse back to place	4;4
V3	Arm R; Slow Set; Arm L; Slow Set	2;2;2;2
C3	Ld1 change places with Ly2; Ld2; Ly3; Honor. Ly2 as much, etc. (4x)	1;1;1;1 4(4x)

<b>Whirlygig</b>		<b>(Playford 1651)</b>
<b>(3 Couples in a line)</b>		<b>==In 4==</b>
V1	Double fwd & back (2x)	2(2x)
C1A	Mushrooms – C2 pass up betw C1 & cast to place; C2 cross over & go around C1 to place; Face down & do same betw C3	2;2;4
ChB	C1 cast to bottom & make arch; C2 & C3 follow & go through to new place (Order of set is C2, C3, C1); Repeat entire chorus (2x)	2;2;12;12
V2	Side RL	2;2
C2A	Triangle-Heys - Ld2 pass through C1 passing Ly1 by R shoulders & Hey for 3 w/ C1 as Ly1 does the same w/ C3 Same w/ Ld2 through C3 by L shoulders & Ly2 w/ C1; Chorus B Repeat entire chorus (2x) until all are back to original place	4 4;4 12;12
V3	Arm RL	2;2
C3A	½ Cast to Star – C1 & C2 ½ cast down & to place; R hand Star Repeat w/ C2 & C3 casting up in L hand star Repeat Chorus B; Repeat entire chorus 2x	2;2 4 4;12;12

## English Country

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<b>Woodcock</b>		<b>(Playford 1651)</b>
<b>(3 Couples in a line)</b>		<b>==In 4==</b>
V1	Double fwd & back (2x); Set & turn (2x)	2(2x); 2(2x)
C1	Couple 2 lead up betw C1, Cast off, return to place	2
	Couple 2 lead down betw C3, Cast off, return to place	2
	Set & turn (2x)	2(2x)
V2	Side RL; Set & turn (2x)	4;2(2x)
C2	Ld2 cross over & circle Ly1 to place as Ly 2 cross & circle Ld 1 to place	2
	Ld2 cross and circle Ly3 to place as Ly2 circle Ld3; Set & turn (2x)	2;2(2x)
V3	Arm RL; Set & turn(2x)	4;2(2x)
C3	Lds Hey; Set & turn (2x); Lys Hay; Set & turn (2x)	2; 2(2x);2;2(2x)
	Double Hey; Set & turn (2x)	2; 2(2x)

## Progression Dances

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<b>Female Sailor</b>		<b>(Recueil de Contradances 1706)</b>
<b>(Couples in a line)</b>		<b>==In 4==</b>
(A)	Up through line, around outside, & back to place	2
(A)	Down through line, around outside, & back to place	2
(A)	Cross over & down through line, around outside into ptrn's place; 2 hand turn	2;2
(A w/ l)	(A face down set, l up) Back to back; Two hand turn	2;2
All w/ ptrn	Back to back	2
(A)	1/2 two hand turn, cast off & move down the set as	
(l)	full two hand turn, moving up the set	2

<b>The Fryar and the Nun</b>		<b>(Playford 1651)</b>
<b>(Couples in a line)</b>		<b>== In 4 ==</b>
Intro	Lds Double fwd & Turn single, face down hall Lys same	2;2
	Lys Double down hall & Turn single, face ptrn; Lds same	2;2
V1	Lds 1&2 back a Double & Turn single; Lys1&2 same	2;2
	Grand RL start w/ ptrn (2 Doubles);then corner (1 Double);then ptrn	2;1;1
	Repeat pattern until all are back to original places	8(Nx)
V2	Lds 1&2 take hands & trade places; Lys1&2 the same	1;1
	Keeping hands, slip to center; Turn single	1;1
	Hands around to circle halfway; all Turn single	1;1
	R hand Star halfway around; Turn single	1;1
	Repeat pattern until all are back to original places	8 (Nx)

<b>Half Hannigan</b>		<b>(Playford 1651)</b>
<b>(Circle of Couples)</b>		<b>== In 4 ==</b>
	Double fwd & back (2x); Ptrns side R & L	2 (2x); 4
	Ptrns arm R once around; arm L 1 ½ times to pass on to new ptrn	2;2

## Progression Dances

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<b>A Health to Betty</b>		<b>(Playford 1651)</b>
<b>(Couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back, Set & turn (2x)	4(2x)
C1	C1 side R; C1 turn 1½ times to switch; C1 face down & same w/C2	2;2;4
	Continue pattern w/ all couples until all return to place	8 (Nx)
V2	Side R, Set & turn, Side L; Set & turn	2;2;2;2
C2	C1 face & fwd & back a Double; C1 cast down 1 place as C2 move up	2;1
	C1 full turn; continue pattern w/ all couples until all to place	1;4 (Nx)
V3	Arm R, Set & turn, Arm L; Set & turn	2;2;2;2
C3	C1 fall back a Double & meet; C1 slip into C2's place (C2 up) & Turn single	2;2
	Continue pattern w/all couples until all to place	4 (Nx)

<b>Hole in the Wall</b>		<b>(Playford 1696)</b>
<b>(Couples in a line)</b>		<b>== In 6 ==</b>
(A) Rev,	Cast down through IC & to place, Rev; (I) same, casting up through AC	2;2
(A Ld, I Ly) Rev,	switch, Rev; (I Ld, A Ly) Rev, switch, Rev	1;1
Hands around halfway;	(A) cast down 1 place as (I) pass up betw them	1;1

<b>Jamaica</b>		<b>(Playford 1670)</b>
<b>(Couples in a line)</b>		<b>== In 4 ==</b>
P1	C1 takes R hands 1 <sup>st</sup> beat, L hands 3 <sup>rd</sup> beat; turn half way	1;1
	C1 face C2, take hands similarly; turn half way	1;1
	C1 full figure eight through C2, half turn to end proper	4
	Repeat pattern until all are back to original places (C1 start P2 when C2 free)	
P2	Ld1 & Ly2 two hand turn; Ly1 & Ld2 two hand turn	2;2
	Lds turn two hands 1½ while Lys turn two hands 1½	2
	All turn own ptrns 2 hands; Repeat pattern to orig places	2;8(Nx)

<b>Jog On</b>		<b>(Playford 1651)</b>
<b>(Couples in a line)</b>		<b>== In 4 ==</b>
Intro	Double fwd& back, Set & turn (2x)	4(2x)
V1	Ld1 pull Ly1 twd himself, then push away; Ld1 push Ly1 betw C2	1;1
	Ld1 join hands w/ C2 & circle Ly1	2
	Repeat pattern until all are back to original places	4(Nx)
V2	Ld1 push Ly1 around Ly2 into C2's position (C2 moves up)	2
	C1 two hand turn; Repeat pattern until all back to original places	2;4(Nx)
V3	C1 pass by R and stand behind C2; C1 push C2 diag up hall & make kiss	1;1
	C1 arm R; Repeat pattern until all back to original places	2;4(Nx)
V4	C1 cast into C2 place as C2 double fwd & back up into C1's place	2
	C1 arm R; ; Repeat pattern until all back to original places	2;4(Nx)



## Progression Dances

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<b>Juice of Barley</b>	<b>(Playford 1689)</b>
<b>(Couples in a line)</b>	<b>== In 4 ==</b>
Back to back w/ ptrn; Two hand turn w/ ptrn	2;2
Lds half figure 8 betw Lys into other Ld's place	2
Clap (on down beat), Circle hands four, once around	2
Lys half figure 8 as Lds did; Clap & circle	2;2

<b>My Lady Cullen</b>	<b>(Playford 1651)</b>
<b>(Couples in a line)</b>	<b>== In 4 ==</b>
P1 Double fwd & back (2x); Set & Turn single (2x)	2(2x); 2 (2x)
P2 (A) Cross by R shouldrs & behind (l); Cross R again to outside of (l)	1;1
Taking hands 4 abreast, fwd & back a double to orig place	2
R hand star; L hand star	2;2
P3 (A) cast out & below (l) & slip up betw; (l) cast out & above (A) & slip betw	2;2
Arches (A) slip under (l) as (l) slip up; (l) under as (A) up; set & turn	2;2
P4 Cross as in P2	4
Clap & (A) Ly & (l) Ly arm 1½ times as Lds do same; arm w/ ptrn	2;2

<b>The Queen's Jigg</b>	<b>(Playford 1701)</b>
<b>(Couples in a line)</b>	<b>== In 4 ==</b>
P1 Ld1 side to Ly2, then set & turn; Ld2 side to Ly1, then set & turn	4;4
P2 Ld1 & Ly2 switch; Ld2 & Ly1 switch; Double back, Switch w/ own	1;1;1;1
R hand star; Turn single; Repeat dance as desired	3;1; 16 (Nx)

<b>Paul's Steeple</b>	<b>(Playford 1651)</b>
<b>(Couples in a line)</b>	<b>== In 4 ==</b>
V1 Double fwd & back, Set & turn (2x)	4(2x)
C1 C1 take near hands facing C2; Ld1 lead Ly1 a Double to Ly2	1;1
Ld1 take Ly2 w/ R hand; Ld1 slip w; Lys1&2 to C1's place	1;1
Ly2 cast to place; Ly1 same; Ld1 cast & turn to place	1;1;2
Continue pattern w/ all couples until all return to place	8(Nx)
V2 Side R, Set & turn, Side L; Set & turn	2;2;2;2
C2 C1 take near hands & face C2; Ld1 leads Ly1 a Double to Ly2	1;1
Ld1 1 take Ly2 w/ R hand; Ld1 slip w' Lys to C1's place	1;1
Ld1 kiss Ly2's hand; Ld1 kiss Ly1's hand; All turn to place	1;1;2
Continue pattern w/ all couples until all return to place	8(Nx)
V3 Arm R, Set & turn, Arm L; Set & turn	2;2;2;2
C3 C1 take near hands & face C2; Ld1 leads Ly1 a Double to Ly2	1;1
Ld1 1 take Ly2 w/ R hand; Ld1 sets Lys back to back in center	1;1
Ld1 kiss Ly2; Ld1 kiss Ly1; All turn to place	1;1;2
Continue pattern w/ all couples until all return to place	8(Nx)

## Progression Dances

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### Peppers Black

(Playford 1651)

(Circle of Couples, numbered CW)

== In 4 ==

- P1 Slide L; Slide R; Set & turn (2x) 2;2;2(2x)  
P2 C1 Fwd & back to C2 (2x); Turn Corner; Turn Ptrn 2(2x);2;2  
Continue pattern until back to place, w/other couples following & performing  
The same pattern in order (Note: C2 starts when C1 gets to C4) 8 (mult x)  
P3 C1 Fwd & back to C2 (2x); Hey, Lds start passing R 2(2x);4  
Continue until back to place w/ other couples following 8 (mult x)  
P4 C1 & Ld2 Fwd & back (2x) 2(2x)  
Ld1 turn body ½ turn L, pulling Ly1 under L arm's arch 2  
Ld 1 pull Ld2 under R hand's arch; Ld 1 drop L hand & ½ turn R w/ Ly1 2  
Repeat w/ Ly 2; Continue til back to place, other couples following 4;8 (mult x)

### Rose is White and Rose is Red

(Playford 1651)

(Couples in a circle, numbered CCW)

== In 4 ==

- V1 Holding hands, Double fwd & back; Set & turn; repeat 2;2;4  
C1 C1 Fwd & back to Ld2; C1 take hands w/Ld2 & circle; repeat w/ Ly2 2;2;4  
Continue pattern until back to place, w/ other couples following & performing  
The same pattern in order (Note: C2 starts when C1 gets to C4) 8 (mult x)  
V2 Side R, Set & turn, Side L; Set & turn 2;2;2;2  
C2 C1 Fwd & back to Ld2; C1 Hey w/Ld2, Ld 1 starting; repeat w/ Ly2 2;2;4  
Continue until back to place w/ other couples following 8 (mult x)  
V3 Arm R, Set & turn, Arm L; Set & turn 2;2;2;2  
C3 C1 Fwd & back to Ld2; Ld2 pass under C1 arch, C1 full turn 2;2  
Repeat w/ Ly2; Continue til back to place, other C's following 4; 8 (mult x)

### The Scotch Morris

(Playford 1726)

(Couples in a line)

== In 4 ==

- ALd set to lLy & Turn single; ALd turns his own; ALy same w/ lLd & own 2;2;4  
AC Figure 8 around lC to place; AC Clap & cast down hall 1 place 3;1  
ALd switch w/ lLy; ALy switch w/ lLd; Hands around halfway; Turn single 1;1;1;1

### Stanes Morris

(Playford 1651)

(Couples in a line)

== In 4 ==

- P1 Double fwd & back; that again 2;2  
Turn & Double L; Turn & Double R; Set & turn (2x) 1;1;2(2x)  
P2 Ld1 approach last Ly; Ld1 & last Ly side R; they take R hands, then L 2;2;2  
Ld1 & last Ly ½ turn to L & kiss; ½ turn to R & kiss; go to top of set 1;1;2  
Repeat dance until all Lys have been active; Can have Ld1 cast to bottom on repeat.

## Progression Dances

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### Trenchmore

(Playford 1722)

(Couples in a line)

== in 4 ==

Double fwd & back (2x) 2(2x)  
C1 take 3 steps fwd, & cast, leading other couples to bottom of set then to place 4  
C1 face down & go under C2's arched hands, Over next C, etc, til all to place 1(Nx),  
C1 arm R 1½; C1 arm L w/ C2; C1 arm R, etc. to end of line 8(Nx)  
Repeat the dance w/ the new C1

### Up Tailles All

(Playford 1651)

(about 4-7 Couples in a circle, numbered CCW)

==In 2==

P1 Double fwd & back; set & turn; repeat 4;4 (2x)  
P2 C1 lead out betw C2 & cast to inside & clap; C1 arms R 4;4  
C1 same w/ C3 & so fwd, the rest following & doing the like 4;4 (mult x)  
P3 C1 lead & cast as in P2, C1 & C2 clap 4  
take R hands across once round 4  
C1 same w/ C3 & so fwd, the rest following & doing the like 4;4 (mult x)  
P4 C1 lead & cast as in P2, C1 & C2 clap 4  
take hands & circle once round 4  
C1 same w/ C3 & so fwd, the rest following & doing the like 4;4 (mult x)

## Dances from the Gresley Manuscript, circa 1500

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### Le Bens Distonys

(Couples)

== in 4 ==

Inside Single, Outside Single; Double 1;1  
Ld Double fwd & turn to face as Ly Double back 1  
Double into ea other's original place (facing fwd) 1  
Ly Double fwd & turn to face as Ld Double back 1  
Double to own original place (facing fwd) 1  
(together) Single fwd, Single back; Turn single 1;1

### Eglamour

(3 people, single file)

== in 6 ==

Trace- 6 doubles 12  
1 at a time, 3 singles fwd; 1 at a time cast to back in 2 doubles 6;12  
1 at a time, cast L fwd 6  
1&3 switch in 2 doubles as 2 turns single; 2 cast to head of line 4;2  
Repeat twice more w/ new leader.

### Grene Gynger

== in 6 ==

Single fwd, Single back, double fwd; Repeat 1;1;2;4  
Heart: 2 Singles moving away from ptrnr; 1 Double casting to face 2;2  
2 Slip steps down the hall holding leading hands; turn back to back 1;1  
Still holding hands, 2 slip steps up the hall; turn to face 1;1  
turn L, double away from your ptrnr; turn, return in a double & face 2;2  
Double back from ptrnr and fwd to meet 4  
Heart: facing down the hall, same as above 4

## Dances from the Gresley Manuscript, circa 1500

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### New Yer de Tribus

(set of 3 people in a file)

	<b>== in 6 ==</b>
4 Doubles fwd	8
Ld1 Double away; Ld2 Double to catch up; Ld3 same	2;2;2
All half turn in a Double 3x	2(3x)
Ld3 Double away; Ld2 Double to catch up; Ld1 same	2;2;2
All half turn in a double to reset in orig direction	2

### Prenes a Gard

(set of 3 people abreast)

	<b>== in 6 ==</b>
A Trace- 12 piva	12
B1 1st jump, 2nd jump, 3rd turn	1;1;2
B2 3rd jump, 2nd jump, 1st turn	1;1;2
B3 1st jump, 3rd jump, 2nd turn	1;1;2
C 2nd 3 singles fwd, 1&3 3 singles back	3
1st turn; 2nd 1/2 turn; 3rd jump	3
D 1st & 3rd switch, 2nd through (2 doubles)	4
E 1st turn, retreat, rake; 2nd turn, rake, retreat	
3rd retreat, rake, turn	4
F flowdelice; double to place	2;2

(The B parts happen sequentially. In parts C, D, and E each person does their own steps simultaneously)

### Rawty de Duobus

(Couples)

	<b>== in 6 ==</b>
Single fwd, Single back; Double fwd w/stomp; Double back w/stomp; repeat	2;2;2;6
Ld Single fwd, Single back, Double Fwd & turn; Both 3 kicks; Double to meet	4;2;2
Gallop L ; 3 Kicks; Double fwd to meet	2;2;2

### Talbott

(Couples)

	<b>== in 3 ==</b>
A Trace 18 piva (end turning to face)	18
B1 Single L fwd, Single R back, double fwd, passing R sh (pause)	2;2;1
B2 Brawle LR (facing), double fwd, not passing (pause)	2;2;1
C Single L fwd, single R back, take R hands, switch in 3 singles.	5
D 2 doubles fwd, taking ordinary hands. (pause)	5
E Rake LR, full turn in place.	2;3

REPEAT

### Steps in Gresley Dances

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- Trett- Step fwd & close
- Retrett- Step back & close
- Brawle- Step sideways
- Rake- Step diagonally fwd, w/ a sweeping motion
- Flowrdelice- 3 kicks

## Other Dances

### Haymaker's Jig

(Couples in a line, facing)

== In 4 ==

Advance & retire (2x), holding hands in gender lines; In place, 2 jig steps	4(2x); 8
Advance & retire, holding hands in gender lines	4
Ld 1 & Ly 3 meet, turn w/ R hands & return to place; Ly 1 & Ld 3 same	4;4
Ld 1 & Ly 3 meet, turn w/ L hands & return to place; Ly 1 & Ld 3 same	4;4
Ld 1 & Ly 3 meet, caeli hold & spin, return to place; Ly 1 & Ld 3 same	4;4
C1 turn w/ R hands 1½	2
Ld1&Ly2 L hnd turn as Ly1& Ld 2 same; C1 R hnd turn; repeat to end	2;2;2(Nx)
C1 caeli hold & spin to front of line; C1 casts to back of line w/ rest of line following	2;2
C1 form arch & other couples pass through to place	2
Repeat as many times as will	

### John Tallow's Canon

(Adaptation of Shaw 20<sup>th</sup> C)

(2 couples in square, partner opposite)

== In 4 ==

First couple starts dance; second couple repeats all steps 4 counts later	
Forward & back a double	2
Forward & curve around switching places (? pattern)	2
Repeat doubles & ? pattern	4
Take R hands & circle CW back to place; Step L&R, & turn single	2;2
Take L hands & circle CCW back to place; Step L&R, & turn single	2;2

### Kohanoshka

(Couples)

== In 4 ==

Step out, 2, 3; Step in, 2, 3; Step out, 2, 3; Turn under joined hands (2x)	½;½;1 (2x)
[2x] - Step forward, 2, 3; back, 2, 3; fwd 2, 3; fwd, 2,3	½;½;½;½;(2x)
(fng prtnr) Slap own hands (2x); Step back, 2, 3 (2x); Leap back, stomp (3x)	½;1;½
Slap hands (2x); Step fwd, 2, 3(2x); Leap fwd, stomp (3x) (adv past partner)	½;1;½
Slap own hands (2x); Step back, 2, 3; Step back, 2, 3;	
Leap back, stomp (3x)	½;½;½;½
Slap hands (2x); Step forward, 2, 3; Step forward, 2, 3	½;½
Ly swings at Ld & spins around as Ld ducks with a squat &	
Rises to catch her & start the dance over	½

### Korobushka

(Russian - 20th C. Folk Revival)

(Couples facing CCW around a circle)

== In 4 ==

P1 Step RR; Step LL; Step R L; Face ptrn	1;1;1;1
P2 Spin away & clap; Spin back & clap (take hands)	1;1
Come together & apart; switch sides	1;1
P3 Repeat Part 2 to get to orginal position	4

## Other Dances

---

### Moonshine

(Couples)

== In 4 ==

(L hands joined) move R hand out, in, out, in	1
Spin away (3 counts) & clap; Spin back (3 counts) & clap	1½;1½
(Hook R arms behind back) Circle forward	2
(L hands joined) move R hand out, in, out, in	1
Spin away (3 counts) & clap; Spin back (3 counts) & clap	1½;1½
Hook R arms & circle fwd; R arm on partner's waist & circle forward	2;2
Circle backward, kicking L foot	2

### Ländler

(Austrian Folk Dance)

(Couples)

== In 6 ==

Turn out, in, out, & turn under joined arms; Repeat (2x)	2;2(2x)
Ly turns under Ld 's arm 3 times	2;2
(w/ Ld facing fwd, taking hands)Ld moves fwd & Ly back, swinging arms out & in	4
Ly turns under outside arm & waltz around	4
Ly turns back to face & under other arm & waltz around	4
Drop hands into country waltz hold & free waltz	4
Ländler Polka (step, close, step, hop) (4x), change direction each time	1(4x)
(join hands R to R, L to L, R on top) Ly goes behind to Ld 's R side, lead around	4
Ly moves to Ld 's L side, lead around	4
Turn into R little window & waltz around; Turn into L little window; & waltz around	8;8
Turn into R big window & waltz around; Turn into L big window & waltz around	4;4
Drop hands into country waltz hold & free waltz	4
Ländler Polka (step, close, step, hop) (4x), change direction each time	1(4x)

### Quen Quer Que na Virgen Fia

(SCA choreography)

(circle)

== In 4 ==

V Double LR; Single LR; Double L; Single R	2;1;1;½
Same, but spin on 1 <sup>st</sup> Double L; Same but spin on 2 <sup>nd</sup> Double L	4½;4½
Same but spin on both Doubles L	4½
Ch Same pattern of steps, but Sprial in & out (moving L) on Double LR (2x)	4½(2x)
Repeat many times (music begins w/Ch; Ch repeats 2x at end of dance)	

### Road to the Isles

(Scottish 19th C. style - SCA Choreography)

(Couples)

== in 4 ==

Point L foot, Step behind L, to the side R, cross fwd L, Point R foot	2
Step behind R, to the side L, cross fwd R, Point L foot, Step back L	2
Step LRL hop; Step RLR hop & turn; Step LRL hop & turn; Back RLR hop	1;1;1;1
Step LRL hop & turn; Back RLR hop; Step LRL hop & turn; Back RLR hop	1;1;1;1
Ld walks fwd w/ Ly turning under R arm	4
Come together, apart, & move back into original position	2

## Other Dances

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### Saint Barbara's (SCA Choreography) (Longways for as Many as Will) == In 4 ==

C1 dances as normal, each other C dances 2 bars behind the one in front.		
V1	Double fwd & back; Set & turn; repeat	2;2;4
C1	Double fwd; Turn single away from Ptnr; Cast down 2 places	1;1;2
	Double fwd; Turn single away from Ptnr; Turn Ptnr	1;1;2
V2	Side R; Set & turn; Side L; Set & turn	2;2;2;2
C2	Take R hands w/Ptnr; Star 1/4 w/ 2 Singles	1
	Lead down center of set to next C; Star 1/4 w/ 2 Singles	1;1
	Turn single up the set to Ptnr's position; repeat	1;4
V3	Arm R; Set & turn; Arm L; Set & turn	2;2;2;2
C3	Pass down betw C below & cast to place; repeat w/ C above	2;2
	Cast around C below and lead to place; repeat w/ C above	2;2

### Saltarello II (Prendente in Gyro) (SCA choreography) (Circle of 3 or more Couples) == In 4 ==

A	Beginning L, double in; double out	1;1
	Palm R w/ ptnr & switch in a double	1
	Palm L w/ ptnr & switch back in a double	1
	Palm R w/ contrary & switch; take hands in a circle	1
B	Beginning R, double in & drop contrary's hand	1
	Convert a double w/ ptnr; double out	1;1
	Dropping hands, palm R w/ ptnr & switch in a double	1
	Palm L w/ ptnr & switch in a double	1
C	Hey in 4 doubles, Lds CCW, Lys CW pass 4 people beginning w/ R shoulders & alternating	4
Repeat Part A; B		5;5
D	Palm L w/ ptnr & switch in a double (completing circle)	1
	Figure 8 circle around counter in 2 doubles, passing R shoulders	2
	Circle around ptnr in 2 doubles, passing L shoulders	2
	Circle around counter in 2 doubles, passing R shoulders	2
Repeat Part A; B; D		5;5;7
Repeat Part A;B; C; A		5;5;4;5
Close	In & out a double, honors	1;1

## Other Dances

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<b>Saltarello la Regina</b>		<b>(SCA Choreography)</b>
<b>(Couples)</b>		
V1	Inside single; Outside single	1/2;1/2
Ch	Inside double; Outside single away from your ptrn Inside single toward your ptrn; Outside double back	1;1/2 1/2;1
V2	Repeat V1; Chorus	1;3
V3	Ld turn under Ly's arm in 2 inside singles; Ly same under Ld's arm	1;1
Chorus		3
V4	Repeat V3, Ly turning first; Chorus	2;3
V5	Ld circles around Ly in 4 singles; Chorus	2;3
V6	Repeat V5, Ly circling; Chorus	2;3
V7	The couple joins both hands & turns in a CW circle in 6 singles	3
Chorus		3
V8	Repeat V7, circling in the opposite direction; Chorus	3;3

<b>Six Hand Reel</b>		<b>== In 4 ==</b>
<b>(Sets of 1 Ld , 2 Lys facing another set around a circle, Ld in center)</b>		
Advance & retire 2x, & join hands in circle; 7's R&L & fall back to place		4(2x);4
Advance & retire 2x, & join hands in circle; 7's L&R & fall back to place		4(2x);4
Ld turn to Ly on R, 7's inside & back as other Ly 7's to vacated spot & back		4
Ld turn to Ly on L, 7's inside & back as other Ly 7's to vacated spot & back		4
Lds meet in middle touching R hands; Dance a four-count star CW		1
Lds turn & touch L hands; Dance a four-count star CCW		1
Ld chains with Ly on L, Ly on R, Ly on L		2;2;2
Doing 7's, Lds move to the R forming a diamond		
1Ld – between 1Ly & 3Ly, 2Ld's spot, between 4Ly & 2Ly, back to original spot		
2Ld – between 4Ly & 2Ly, 1Ld's spot, between 1Ly & 3Ly, back to original spot		
While Lys dance 7's to the R, ending at original spot		8
Each side takes hands & do arches		
1Ly under 2Ly & 1Ld, 2Ly under 1Ld & 1Ly, 1Ly under 2Ly & 1Ld		
4Ly under 3Ly & 2Ld, 3Ly under 2Ld & 4Ly, 4Ly under 3Ly & 2Ld		6
Still holding hands, advance & retire once; Advance & pass through		4;4

<b>The Traitor's Measure</b>		<b>(SCA Choreography)</b>
<b>(Couples in a line)</b>		<b>== In 3 ==</b>
P1	Singles LR; Double L; Riprese RLR; Bransle L; Repeat starting R	2;2;3;1;8
P2	Take R hands & Singles LR; Double L; Riprese RLR; Bransle L	2;2;3;1
	Take L hands & Singles RL; Double R; Riprese LRL; Bransle R	2;2;3;1
P3	Ld: turn over L in quick Doubles LR; turn over R in Doubles LR	2;2
	Ld backs Ly up Singles LR, Double L, Ly Rev	4
P4	Repeat P3 w/ Ly leading	8



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## **Inns of Court Cheat Sheet for Ball**

(repeat each dance as needed)

**Quadran** Set LR, D forward, Set RL, D back

### **Turkelone**

Set LR D forward D back (2x)

D forward, D back (4x)

### **Earl of Essex**

D forward S back (4x)

Set LR, D forward, D back

### **Tinternell**

D forward, D back

take R hands-Circle clockwise SS D

L hands-Circle counterclockwise SS D

D forward, D back (3x)

take R hands-Circle clockwise SS D

L hands-Circle counterclockwise SS D

### **Old**

DDDD, take both hands

Circling clockwise, SS D

Circling counterclockwise, SS D

### **Queens**

DDDD, D forward, D back

Face, set and turn left

D forward, D back

Face, set and turn right

### **Madam Sosilia**

SS D, S back (2x), face

Set LR, Rv, SS D to switch, Rv, SS

Embrace

Set LR, Rv, SS D to switch, Rv, SS

Embrace

**Black** (as commonly done)