

Editor's Note

Good Gentles,

This latest incarnation of our dance manual includes the following new dances: Allegrezza d'Amore (from Nobiltà). Bayonne, Contrapasso Nuovo, Contrapasso in Ruota, Dafydd's Delight, In Forma Inglese (The English Fit), Orleans, Partita Crudele La Rochelle, and Salcanio. Corrections were made to Beautiful Joy, Danse des Cleves, and Maid Peep Out the Window (among others). Many thanks to all who submitted additions and corrections - your assistance is appreciated.

A time signature is listed for each dance near the title of the dance as follows == In 4 ==. The right margin of the dance description lists the number of measures per step or group of steps. For example, in a dance that is == In 4 ==, a 2 at the right margin means that it takes 8 counts to do the step. The editors do not guarantee the accuracy of these signatures – if you notice errors, please send corrections to one of the e-mail addresses listed below.

In an effort to conserve space, but minimize splitting a dance between 2 pages, the dances in each category are not always in precise alphabetical order. Please consult the index if you have trouble finding a particular title. The Almans are listed in the order that the old measures are commonly danced when danced as a set. There are also even more concise shorthand notes for the set of them after the index.

In the index, we distinguish the reconstructor of a dance from the choreographer of a dance by placing a “/” in front of the choreographer. In the main text, we list the date and/or source and not necessarily the choreographer.

An online version of the Terpsichore dance manual is available online at our website: <http://cynnabar.org/eurodance>.

Many thanks to Aaron Drummond for handling the technical aspects of publication, both for the print and online versions.

If any errors or variations are noticed in this edition of the book please contact Alina of Foxwood via e-mail at elainecohen11@gmail.com or Midair MacCormaic at charlesmidair@gmail.com & we will try to correct them in future versions.

Many Thanks,
The Barony of Cynnabar

Standard Abbreviations

Clockwise	CW
Counter Clockwise	CCW
Left	L
Right	R
Couple	C
Lady	Ly
Lord	Ld

Pavannes

Belle Qui (Carolingian) Pavanne (adapted from Arbeau 1589) (Couples in a line) == In 4 ==

L pavanne set fwd; R pavanne set fwd; L set fwd; R set back	2;2;2;2
Ly circles Ld using a L pavanne set; R pavanne set	2;2
Ld circles the Ly using a L pavanne set; R pavanne set	2;2

Earl of Salisbury Pavanne (Mabel Dolmetch, 20th C) (Couples in a line) == In 4 ==

P1 L pavanne set fwd	2
Side Singles RL; Double R back	1;1
P2 L pavanne set fwd [end facing w/ R hands joined]	2
Side Singles RL; Double R back [away from ptrnr]	1;1
P3 Singles LR [take R hands] Double L [to ptrnr's place, end facing]	2
Side Singles RL; Double R back [away from ptrnr]	1;1
P4 Singles LR [take R hands] Double L [to orig place, end facing]	2
Side Singles RL, [end facing up hall]; Double R back	1;1

Golden Pavanne (SCA Choreography) (Couples in a line) == In 4 ==

2 Singles & 2 Doubles fwd; Bransle LR, end facing ptrnr	3;1
Touching R hands, circle w/ 2 Singles & 1 Double; same back w/ L, end facing up	2;2
2 Singles & 2 Doubles fwd; Bransle LR, end facing up the hall	3;1
Turn over L shoulder w/ 2 Singles & 1 Double; Same over R shoulder	2;2

Le Loup Courant Pavanne (SCA Choreography) (Couples in a line) == In 4 ==

V1 Rev; L pavanne set	2;2
Lds P set away from ptrnr; Lys P set to ptrnr, all face down	2;2
P set fwd & out 45°; P set fwd & in 45° & face ptrnr	2;2
P set back from ptrnr; P set together & face fwd	2;2
Lys P set fwd; Lds P set fwd	2;2
V2 2 P sets fwd & face; Lys P set away; Lds P set to ptrnr, all face down	4;2;2
P set fwd & out 45°; P set fwd & in 45° & face ptrnr	2;2
P set back from ptrnr; P set together & face fwd	2;2
Lds P set fwd; Lys P set fwd	2;2
V3 2 P sets fwd & face; Lds P set away; Lys P set to ptrnr, all face down	4;2;2
P set fwd & out 45°; P set fwd & in 45° & face ptrnr	2;2
P set back from ptrnr; P set together & face fwd	2;2
Lys P set fwd; Lds P set fwd in front of Ly & take hand; Rev	2;2;2

Pavanne steps

A pavanne single is a step & close. A pavanne double is 3 steps & close.

A pavanne set is two singles & a double, starting alternating L & R.

A bransle is usually a step apart & together, unless otherwise noted.

Quadran Pavanne	(1570 - 1700)
(Couples in a line)	== in 4 ==
Sideways 1 single L; Sideways 1 single R; Double L fwd	½;½;1
Sideways 1 single R; Sideways 1 single L; Double R back	½;½;1
Possible Variation: first repeat face fwd, second repeat face ptr	
Turkelone	(1570 - 1630)
(Couples in a line)	== in 4 ==
[2x] - Set LR; Double L fwd; Double R back	1;1;1
[4x] - Double L fwd; Double R back	1;1
Earl of Essex Measure	(1570 - 1630)
(Couples in a line)	== in 6 ==
[4x] - Double L fwd; Single R back	1;½ [4x]
Slow side L; Slow side R	1;1
Double L fwd; Double R back	1;½
Tinternell	(1570 - 1630)
(Couples in a line)	== in 4 ==
Double L fwd; Double R back	1;1
Take R hands & Circle CW; Singles LR, Double L	1;1
Take L hands & Circle CCW; Singles RL; Double R	1;1
[3x] - Double L fwd; Double R back	1;1
As above, Take R hands & Circle CW; Take L hands & Circle CCW	2;2
Old Alman	(1570)
(Couples in a line)	== in 4 ==
Doubles LRLR fwd; Take 2 hands & circle CW; Singles LR; Double L	4;1;1
Circle CCW; Singles RL; Double R	1;1
Queen's Alman	(1650 - 1700)
(Couples in a line)	== in 4 ==
Doubles LRLR fwd	4
Double L fwd; Double R back (end facing ptr)	1;1
Step L, Step R, Circle LRL (end facing fwd)	2
Double R fwd; Double L back (end facing ptr)	1;1
Step R, Step L, Circle RLR (end facing fwd)	2
Madam Sosilia's Alman	(1570)
(Couples in a line)	== in 4 ==
[2x] - L single; R single; L double; R single back	½;½;1;½
[2x] - [face ptr] Step L; step R; Rev L	½;½;1
[switching places] Single L; single R; double L turning to face	½;½;1
Rev R; single R; single L; embrace	½;½;½;½

Black Alman	(1605/6)
(Couples in a line)	== in 4 ==
4 Doubles, beginning w/ L [end facing ptrnr]	4
Double L backing away from ptrnr; Double R toward ptrnr	1;1
[turn to own L] Double L away from ptrnr	1
[turn around] Double R toward ptrnr	1
Lds step L, step R; circle LRL; Lys step L, step R; circle LRL	1;1;1;1
[take hands w/ ptrnr] Double L switching places; 4 slides up the hall	1;1
Double L switching places; 4 slides down the hall	1;1
Double L backing away from ptrnr; Double R toward ptrnr	1;1

Lady Layton's Measure	(1570)
(Couples in a line)	== in 6 ==
Honour; Fwd a Double; 2 Singles L; Back a Double	2;2;2;2
2 Singles Fwd & a quick Double Back diagonally R; That again by the L	2;2
[4x] - Slow Single Fwd & Quick Double back	2

Lorayne Alman	(1570)
(Couples in a line)	== in 4 ==
4 doubles w/ a hop fwd; beginning w/ L	4
[2x] - Double L fwd; Double R back;	1;1
Double L fwd; Double R circling away	1;1 (2x)

New Alman	(1570)
(Couples in a line)	== in 4 ==
4 doubles w/ a hop fwd; beginning w/ L [end facing ptrnr]	4
Step L; Step R; Circle LRL; Step R; Step L; Circle RLR; Rev	$\frac{1}{2}; \frac{1}{2}; 1; 1; \frac{1}{2}; \frac{1}{2}; 1; 1$
Lds step L; Lys step L; All L double fwd switching places	$\frac{1}{2}; \frac{1}{2}; 1$
Lys step R; Lds step R; All R double fwd switching places	$\frac{1}{2}; \frac{1}{2}; 1$

Alman Steps

Alman Single - step & pause, w/ non-leading foot raised.

Alman Double - 3 steps & pause, w/ non-leading foot raised.

Bransles

Aridan	(Arbeau 1589)
(Circle)	== in 4 ==
[2x] Double L; Kick LRL	$1; \frac{3}{4}$ [2x]
[2x] Double L; Singles RLR; Double L; Kick LR; Double R	$1; 1\frac{1}{2}; 1; \frac{1}{2}; 1$
(DOUBLETIME) Double L, end w/ kick R; Single R, kick L, pause	$\frac{1}{2}; \frac{1}{2}$ [2x]

Burgundian	(Arbeau, 1589)
(Circle)	== in 4 ==
Double L, ending w/ kick R; Double R, ending w/ kick L	1;1

Bransles

Candlestick (Torch)	(Arbeau 1589)
(Lds w/ Candles, and Lys along edge of floor)	== In 4 ==
Lds 8 Alman Doubles (start L) to find a partner	8
Ld 8 Alman Singles (4 in some recorded music) to approach partner	4
Repeat Alman Doubles & Singles, dancing w/ partner	8;4
Repeat, Ld reverence while handing torch to Ly, Ly finds a new partner	8;4
Cassandra	(Arbeau 1589)
(Circle)	== In 4 ==
[2x] - Double LR; [2x] - Double LR; Single L; Double R	2 [2x]; 2;½;1 [2x]
Charlotte	(Arbeau,1589)
(Circle)	== In 4 ==
[2x] - Double L; Kick LR; Double R	1;½;1 [2x]
Double L; Kick LR; Single R; Kick LRL	1;½; ½;¾
Single L; Kick RLR; Double R	½;¾; 1
Clog	(Arbeau 1589)
(Couples in a line or circle)	== In 4 ==
[2x] - Double L; Double R	1;1 [2x]
[2x] - Single L, Single R; Tap R foot 3 times	1;¾ [2x]
Lds & Lys may take turns tapping, or other mimings can be made in place of taps	
Double	(Arbeau,1589)
(Circle)	== In 4 ==
Double LR; Double L; Single R; Kick LRL, pause holding the last kick	2; 1;½;½
Gay	(Arbeau,1589)
(Circle)	== In 6 ==
Kick RLRL; pause 2 beats holding the last kick. Note: always moves L	¾;½
Haye	(Arbeau,1589)
(Line of as many dancers as will)	== In 4 ==
[4x] - Single, Single, Double (in the manner of the coranto)	2 [4x]
Doubles to Haye once through the set (wait for lead person to begin)	varies
Hermits	(Arbeau 1589)
(Circle)	== In 4 ==
[2x] Double LR;	2 [2x]
[2x] (1/2 turn CCW) Kick RLR, feet together	1
(w/ arms crossed & bowing head) Tap toes RLR, feet together	1 [2x]
Horses	(Arbeau,1589)
(Couple holding both hands with each other)	== In 4 ==
[4x] - Double L; Double R	1;1 [4x]
Ld tap R foot 2x, Single R; Turn L (CCW) w/ Double L; Ly same	1;1;2

Bransles

Maltese (Bransle de Malte) (Circle)	(Arbeau 1589) == In 4 ==
[2x] - Double L; Single R	1;½ [2x]
(moving into the circle) slow Singles LR; fast Singles LRL, kick R	½;½
(turning & moving out of the circle) single R, kick L, single L, kick R	⅞
(turning to face into the circle) kick LRL, feet together	⅝
A caller may indicate actions for the dancers to do as they go in and out of the circle.	
Montarde (Line of 4+ people side by side, *music to be repeated)	(Arbeau 1589) == In 4 ==
4 Doubles L (jumping jack style) (L most person weaves to end after first time)	4
1st person (turning) Kick LRL, feet together; then 2 nd ; followed by 3 rd , & 4th	1 [*4x+]
Official (Circle of couples)	(Arbeau 1589) == In 4 ==
[2x] - Double LR (jumping jack style); 6 Singles L (jumping jack style)	2 [2x];3
Kick LR, Lds Lift Lys (no tossing, an assisted lift that stays in place)	1
Pease (Circle of couples)	(Arbeau 1589) == In 4 ==
[2x] Double L; Double R	1;1 [2x]
Lds hop, Lys hop; Lds step L & hop 3x; Lys hop, Lds hop; Lys step L & hop 3x	1;1;1;1
Pinagay (Circle)	(Arbeau 1589) == In 4 ==
Double L; Kick L; Double L; Kick LRL; Double L; Double R	1;¼; 1;¾; 1;1
Poitou (Circle)	(Arbeau 1589) == In 9 ==
4 slow kicks beginning R; 4 fast kicks begin R, pause. Note: always moves L	1⅓;¾
Alt: 3 slow kicks (RLR); 7 fast kicks beginning L, pause. Note: always moves L	1;1
Rondo Tutti Battuti or The Two Five Hundred Pound Canaries Bransle (Circle mixer for couples, Lys facing out, Lds in)	(SCA Choreography) == In 4 ==
A Holding both hands, 4 Doubles, starting to Ld's L	4
B Ld 3 Canari LRL, stamp R; Spez L, Canario L, stamp R	4
Lys same	4
SCA Maltese (Turkish Bransle) (Circle)	(SCA Choreography) == In 4 ==
[2x] - Double LR; Snap as go in sideways & Clap 3x; repeat going out	2 [2x]; 2;2

Bransles

Scottish/Escosse (Arbeau 1589)
(Circle) == In 4 ==
[2x] - Double LR; Single LR 2;1 [2x]
Double L; Single RL; Double RL; Single R; Kick RLR, Saut & Capriole 1;1;2;½;1
NOTE: Do not close Singles and Doubles - end with a cross-kick

Single (Arbeau 1589)
(Circle) == In 4 ==
Double L; Single R; Double L; Kick LRL, pause holding the last kick 1;½; 1;½

Trihory of Brittany (Arbeau 1589)
(Circle) == In 4 ==
Version 1: Double L, end w/ kick L; Spring L & close, kick LRL 1;¾
Version 2: Double L, end w/ kick L; Spring L & close, on toes point heels RLR
raising L foot on the last point 1;¾
Repeat either version until end of music or alternate between them

War (Arbeau 1589)
(Circle) == In 4 ==
[4x] - Double L; Double R 1;1 [4x]
(fast) D; Dr; Sl; Sr; D; Sr; Sl; Dr; Sl, Kick LRL, Saut&Capriole ½;½;½;½;½;½;½;¼;½;¼

Washerwomen's (Arbeau 1589)
(Circle of couples) == In 4 ==
[2x] - Double L; Double R 1;1 [2x]
(face partner) Singles LR (Ld scolding); Singles LR (Ly scolding) 1;1
(face center) Double L (clapping); Double R 1;1
Double L (clapping); Kick LRL (turning CCW), Saut Majeur 1;1

Steps

Single step sideways & close.
Double 3 steps sideways & close
Capriole a small jump, kicking the feet back & forth
Saut leap – end with feet together

Basse Dances – Burgundian/French

Alençon (15th C. Brussels Ms)
(Couples in a line) == In 3 ==
Rev; Bransle L; Single LR; Double L; Riprise R 1;1;1;1
Single LR; Double LRL; Single RL; Riprese RLR; Bransle L 1;3;1;3;1
Single LR; Double L; Single RL; Riprese RLR; Bransle L 1;1;1;3;1
Single LR; Double LRL; Single RL; Riprese RLR; Bransle L 1;3;1;3;1

Basse Dances – Burgundian/French

Barcelonne/Le moys de may	(15th C. Brussels Ms)
(Couples in a line)	== In 3 ==
Rev; Bransle L	1;1
Single LR; Double LRL; Single RL; Desmarche RLR; Bransle L	1;3;1;3;1
Single LR; Double L; Single RL; Desmarche RLR; Bransle L	1;1;1;3;1
Repeat lines 2 & 3; Rev	16;1

Bayonne	(15th C. Brussels Ms)
(Couples in a line)	== In 3 ==
Rev; Bransle L	1;1
Single LR; Double L; Desmarche R	1;1;1
Single LR; Double LRL; Single RL; Desmarche RLR; Bransle L	1;3;1;3;1
Single LR; Double L; Desmarche R; Bransle L	1;1;1;1
Single LR; Double L; Desmarche R	1;1;1
Single LR; Double LRL; Desmarche RLR; Bransle L	1;3;3;1
Single LR; Double L; Desmarche R; Bransle L	1;1;1;1

Casuelle Nouvelle/Castile la Novele	(Toulouse 1488)
(Couples in a line)	== In 3 ==
Rev; Bransle L	1;1
Single LR; Double LRLRL; Desmarche RLR; Bransle L	1;5;3;1
Single LR; Double L; Single RL; Desmarche RLR; Bransle L	1;1;1;3;1
Single LR; Double LRLRL; Desmarche RLR; Bransle L	1;5;3;1
Single LR; Double L; Single RL; Desmarche RLR; Bransle L	1;1;1;3;1
Single LR; Double LRL; Desmarche RLR; Bransle L	1;3;3;1

Danse de Cleves	(15th C. Brussels Ms)
(Couples)	== In 3 ==
P1 Rev; Bransle L	1;1
Single LR; Double LRL; Single RL; Double R back (drop hands)	1;3;1;1
P2 Flower: Singles LR, Double L (Ld fwd & back stem as Ly CW petal)	1;1
Single RL; Double R (Ly fwd & back stem as Ld CCW petal)	1;1
P3 Single LR; Double L; Single RL; Double R back	1;1;1;1
P4 Heart: Single LR; Double L (half turn)	1;1;1
Single RL; Double R (half turn to face fwd)	1;1;1
P5 Single LR; Double LRL; Single RL; Double R back; Bransle L; Conge	1;3;1;1;1

Jouissance Vous Donneray	(Arbeau 1589)
(Couples)	== In 3 ==
Seq Rev; Bransle; Single LR; Double L; Riprese; Double L; Riprese; Bransle	
Single LR; Double LRL; Riprese; Double L Riprese; Bransle	
Single LR; Double L; Riprese; Bransle; Conge	
Ret Bransle; Double L; Riprese; Bransle	
Single LR; Double LRL; Riprese; Double L; Riprese; Bransle	

Basse Dances – Burgundian/French

Orleans	(Toulouse 1488 and 15th C. Brussels Ms)	
(Couples in a line)		== In 3 ==
Rev; Bransle L		1;1
Single LR; Double LRLRL; Single RL; Desmarche RLR; Bransle L		1;5;1;3;1
Single LR; Double LRL; Desmarche RLR; Bransle L		1;3;3;1
Single LR; Double L; Single RL; Desmarche RLR; Bransle L		1;1;1;3;1
Single LR; Double LRL; Desmarche RLR; Bransle L		1;3;3;1

La Rochelle	(15th C. Brussels Ms)	
(Couples in a line)		== In 3 ==
Rev; Bransle L		1;1
Single LR; Double LRL; Single RL; Desmarche RLR; Bransle L		1;3;1;3;1
Single LR; Double L; Desmarche RLR; Bransle L		1;1;3;1
Single LR; Double LRL; Single RL; Desmarche RLR; Bransle L		1;3;1;3;1
Single LR; Double L; Desmarche RLR; Bransle L		1;1;3;1

Basse Dances - Italian

Ginevra Weasley	(Adapted from Guglielmo (Ambrosio) late 15th C)	
(One Couple)		== In 6 ==
P1 Singles LR, Doubles LR, Rev L; Back Singles LR, MV R		4;1
Voltacia (Rip L, Vt (SR, SL), Rip R)		3
P2 Repeat, going the other way, w/ Ly on L to start		8
P3 R hands: Singles LR, Double L; L hands: Singles RL, Double R		2;2
Rev L; Back Singles LR, MV R; Doubles LR, MV R		1;1;2
P4 Rip LR; Singles LR, Double L; VdGypsy, Ly MV R; Rip LR		2;2;2;2
Repeat dance Ld & Ly exchanging roles & going down the hall.		

Coronita Gentile	(Adapted from Guglielmo (Ambrosio))	
(Couples facing from across room)		== In 6 ==
V1 Continenze LR; Sempii LR; Doppii LR; RevL		1;1;2;1
PtL, PtR (back); MV into RipL; RipR,		1;1;1
Continenze LR; Singles LR; Doppii LR		1;1;2
MV into Chorus (Ripresa L; VT (2 Sempii RL), Ripresa R)		1;2
V2 Continenze LR; Sempii LR; Doppii LR		1;1;2
Continenze LR; RevL (touching R hands) Pt LR (back)		1;1;1
Sempii LR, Doppii LR (passing); MV into Chorus		1;2;3
V3 Con LR; 6 Salt (home); RevL; PtLR (back); MV into Ch		1;6;1;1;3
V4 Continenze LR; Doppii LR; Lds Sempii LR; Doppii LR		1;2;1;2
R-hands Sempii LR; Doppio L; L-hands Sempii RL; Doppio R		2;2
(smaller so change sides, facing ptrn); Chorus		3
V5 Continenze LR; Lds Sempii LR; Doppii LR		1;1;2
(back to ptrn); Ch; Sempii LR; Doppii LR; MV into Ch		3;1;2;3

Basse Dances - Italian

Lauro	(Late 15th C Italian manuscripts)	
(Couples in a line)		== In 3 ==
Singles LR; Doubles LR; Rev L		1;2;1
Reprises LR; Singles LR; Double L; Reprise R; Continenze LR		2;1;1;1;1
[R hands], Singles LR; Double L; [L hands] Singles RL; Double R		1;1;1;1
Reprises LR; Singles LR; Doubles LR L; VdG; Rev L		2;1;3;2;1
Mordred's Lullaby	(SCA Choreography)	
(1 Couple, separated, Ld on L side of hall, Ly on R)		== In 6 ==
Intro Ld 6 passi (2/ bar) to start position; 1 bar no move		3;1
Ly 6 passi, end L of Ld (lead pos); 1 bar, Ly takes Ld's hand		3;1
Hush Chorus Riprese LR; 2 Sempii; 3 Doppii; VdG		2;1;3;2
V1 RevL, ¼ turn L, Ly leads Sempii LR; Doppii LR, MV		1;1;2
Ld leads Sempii LR; Doppii LR, Ld MV to face; RevL		1;2;1
C1 Ly circles Ld CW w/ 4 Doppii starting L		4
V2 Sempii LR; Doppio L; (Ld back, Ly fwd), VdG		1;1;2
Sempii LR; Doppio L; (Ly back Ld fwd), VT (S RL DR CW)		1;1;2
C2 R hands, Semp LR Dop L; L hands, Semp RL Dop R, Ly MV		2;2
Hush Chorus		8
C3 Ly 4 Doppii around Ld CW, as Ld 8 steps CW, inside Ly's circle (End w/ Ly to L of Ld, further apart, do not hold hands)		4
V3 Sempii LR Dop LR; Ld Rip LR as Ly Dop LR ½ around Ld		3;2
Sempii LR; Doppii LR, Ld backing up, Ly going fwd		1;2
C4 Ly 4 Doppii in CW around Ld; MV, as Ld RipLR into MV (2x)		4
Hush Chorus (as before, except Ld leading)		8
Exit Ly 4 passi (1/bar), go behind Ld & L (can continue on Ld's music)		4
Ld 4 passi (1/bar), go off R & turn to look at the Ly at the end		4
End in stillness. No Rev		

Basse Dances - Italian

Riunione	(SCA Choreography)	
(Couples)		== In 6 ==
P1 Continenze LR; Singles LR; Ripresa L, Ld starting w/ a MV		1;1;1
Singles RL, passing R shoulders		1
P2 MV into Ripresa R; MV into Ripresa L; Double RLR, MV on last beat		1;1;3
Saltarello LR L end L shoulders together (Ly facing down, the hall, Ld up)		3
P3 Reverenza Longa R; Volta del Gioioso, rotating around each other		2;2
P4 Doubles LRLR in sep CCW circles - end facing other way (Ly up hall, Ld down)		4
Take R hands, Singles LR, Double L		2
Take L hands, Singles RL, Double R (End w/ Ly facing down, Ld up)		2
Reverenza L & drop hands		1
P5 Riprese Portoguese back LR; then fwds L; Single R; Pause		2;1;½;½
Riprese LR, Ly first doing a MV, holding hands		2
Singles LR; Doubles L RL; Volta del Gioioso		1;3;2

Basse Dances - Italian

Partita Crudele		(Adapted from Guglielmo (Ambrosio))
(One Couple)		== In 6 ==
P1	Con LR; Singles LR, Rev L; MV Rip L; Repeat starting R Face, take R hands, Rev L & step L to end side by side – “Goodbye”	1;2;1;3 1
P2	Rip Port RLR fwd, end w/ MV; Singles LR, Double L together, Rev R Take R hands, Singles LR, Double, Ld MV to face front (Ly in lead)	3;2;1 2
P3	Voltacia (Rip L, Vt (SR, SL), Rip R); Rev L; Salt LRL; Rev R	3;1;3or2;1
P4	“Crenelate” (SR, SL, MV Rip L, SR, SL, MV Rip R) Turn L & Gallop L (L, R under 3x); Rip LR; Rev L	4 1;2;1

Italian Balli (15th Century)

Amoroso		(Ambrosio (Guglielmo) 1475)
(Couples)		== In 4 ==
12 piva (only 8 in some recordings)		12
Ld Singles LR; Piva, Strutting singles RLR; Ly same to catch up		1;1;1½;3½
Ld Piva LRL, Single R; Lysame to catch up		4;4
Ld Singles LR Piva; Singles RLR turn & Rev; 3 Piva & 1 single bk; Ly same		2;2;4;8

L'Amoroso		(Nürnberg Manuscript 1517)
(One Couple, Ld on right)		== In 4 ==
12 piva (only 8 in some recordings)		12
Ld 2 Pive; Ld slow Double; Ly same to catch up		2;1½;3½
Ld 2 Pive, slow Double, Movi; Ly same to catch up		3½;3½
Ld 3 Contrapassi w/ Rip on last, Ld Movi, Ly Rev, Ld Rev, Both Rev		5
Ld 2 Pive, slow Double, Movi		3½
Ly 3 Contrapassi w/ Rip on last, Ly Movi, Ld Rev; Ly Rev; Both Rev		5
Ly 2 Pive, slow Double		3½

Anello		(Domenico 1450)
(2 Couples facing)		== In 4 ==
Intro	All join hands & circle L w/ 8 salterelli	8
P1	Movi [Lds then Lys]; Lds switch in 2 salt; Movi (Lys then Lds); Lys switch	1;2;1;2
P2	Movi [Lds 1st]; Lds Turn single; Movi [Lys 1st]; Lys Turn single	1;1;1;1
P3	Lds cast behind ptr & switch in 4 piva; Lys same	2;2
P4	Movimenti [Lds then Lys] 2x; Lds reprise; All reverenza	2;1;1
Repeat w/ Lys leading		

Belguardo		(Domenico)
(Couples)		== In 6 ==
11 Saltarelli; Doubles LRLR; Contrapassi LLL; Singles RL		11;4;2;1
Contrapassi RRR; Rip LR; Saltarelli LR; Rip LR; Repeat		2;2;2;2;4
Singles LR; Double L, Rev R; Rip R; Con LR; Rev		1;1;1;1;1

Italian Balli (15th Century)

Belfiore		(Domenico)
(Set of 3 people)		== In 4 ==
12 slow piva; L dancer double; Middle same; R same		12; 1;1;1
L dancer movimento; Middle same; R same	== In 2 ==	1;1;1
L dancer Voltatonda (in a double); Middle same; R same	== In 4 ==	1;1;1
L dancer 3 piva behind to R place; Middle same; R same	== In 6 ==	3;3;3
L & R dancers trade w/ a double (L behind, R in front)		2
Middle 4 piva CCW around new R dancer & behind new L dancer to L position		4
Repeat dance 2x to arrive in beginning positions		

La Chirintana **(Siena manuscript)**

(Line of Couples)

- P1 Process: Con LR, Double L, Con R. (until music changes).
- P2 Snake Hay: In Pive, C1, leads to L, passing betw C2 & C3. Once C1 has passed C2, Ld2 leads Ly2 to follow C1, etc..C1 stops when they reach the end of the line; other C's continue until the line resets.
- P3 In and Out Hay: C1 leads a Hey for Couples, in Pive
- P4 Circling: Ld1 calls, "circle" & all couples take R hands & circle in 4 Pive. Then take L hands & do 4 Pive in the opposite direction.
- P5 Brigomania: Couples form a long line, Ly1 taking Ld2's hands, Ly2 Taking Ld3's hand, etc., w/ Ld 1 leading the line, using Pive.

Colonnese **(Guglielmo (Ambrosio) 1463)**

(Line of 3 Couples)

- 16 Salterelli 16
- C1 still, as C2 R hands - Sing LR, Double L; L hands - Sing RL, Double R; RevL, as C3 weave to top w/ Sing LR, 4 Doubles, Ld ends on R; repeat 2x 5;10
- Ld around ptrn CCW w/ 3 Piva LRL; Ly same CW w/ 3 Piva RLR (**== In 2 ==**) 3;3
- Movimenti (Ld, then Ly), Double R back, Double L fwd & face front (**== In 4 ==**) 3
- Repeat dance, roles reversed

Fia Giuelmina **(Domenico 1450)**

(Couples)

- P1 Ted LR, drop hands, Ly MV; Singles LR **== In 4/4 ==** 2;1
Rip R (angle away), face ptrn; Double R, Ld MV; repeat, Ld no MV 1;1;5
- P2 Singles LR (changing place, 1/4 circle); Rev L **== In 6/4 ==** 1;1
- P3 Singles LR; Double LR w/ MV **== In 6/4 ==** 1;2
Rip L w/ MV, Rip R; Double LR w/ MV; Rev L 2;2;1
- P4 Ly Double L, Mov; Ld Double L, Mov **== In 4/4 ==** 1;1
Ly Double L, Mov; Ld Single L, Mov, Ly Single L, Mov; VT (Salt L CW) 1;1;1
- P5 Ly Pive LRLR (VT CW); Both Pive LR; **== In 6/8 ==** 4;2
Pive LRLR w/R Hands, Ly MV 4

Italian Balli (15th Century)

Gelosia	(Domenico 1450)
(Line of 3 Couples)	== In 4 ==
8 Saltarelli	8
Ld1 3 piva pass in front of Ly1, end at R of Ly2; Rev; Ld2 Saltarello R to Ly1	1½ ;½;1
Ld1 3 piva in front of Ly2, ending at R of Ly3; Rev; L3 Saltarello R to Ly2	1½ ;½;1
Ld1 Saltarello R behind Ly3, end to her L; All 8 Pive, holding hands w/ new ptr	1;4
C1 double away in circle, end facing; C2 the same; C3 the same	1;1;1
Take R hands w/ ptr, exchange places in Single L, R, L	1½
Take L hands, exchange back in Single RLR, Lds end w/ Mezzavolta R	1½
Repeat dance 2 times, until each Ld returns to original place	

Gioioso in Tre	(Guglielmo (Ambrosio) late 15th C)
(1 Ly standing betw 2 Lds)	== In 6 ==
P1 Rip LR; Ly single LR; Arm L w/ Ld1 in Doubles LR to place	2;1;2
Repeat Rip & Arming, but Ly arms R w/ Ld2	5
P2 Rip LR; Lds switch, pass L in front of Ly in Singles LR, Doubles LR	2;3
Repeat Rip & Switching	5
P3 Rip LR; Singles LR; Double L;	2;1;1
Ly Rip RL as Lds VT (doubles RL); VdG; Repeat	2;2;8
P4 16 Saltarelli	16
P5 (musically in 6)	== In 4 to dance ==
Movi (Ly, then Lds); Ly double; Movi (Lds, then Ly); Lds double to Ly	1;1;1;1
Movi (Ly 1 st); Ly double & turn; Movi (Lds 1 st); Lds double to join & turn	1;1;1;1

Giove	(Domenico 1450)
(for 3 in column, ideally Ld, Ly, Ld)	== In 4 ==
P1 Ted LRL, VdG (= In 6 =); repeat	3;2
P2 Doubles RLR in 1/2 Hey, leader & center starting w/ R hands	== In 6 == 3
Singles LR, Double L fwd	2
Doubles RLR in 1/2 Hey, last & center starting w/ R hands	3
Singles LR, Double L fwd	2
P3 Leader MV L w/ a hop to face down as others hop onto R	== In 3 ==
Contrapassi LL, Leader weaves to bottom passing Center by L and Last by R,	
Leader & Center edning w/ MV L	3
Contrapassi LL, Center weaves to the bottom the same way	3
Contrapassi LL, Last weaves to the bottom the same way, end w/ all facing up 3	
P4 Salt LR fwd; Center still as Leader & Last Salt LR to switch places CW	2;2
Leader & Last stand still as Center VdG (= In 6 =); Repeat	2;6
P5 Leader MV R & Riv L w/ center, touching R hands	== In 6 == 1
Centr MV R & Riv L w/ Last, touch R hands, Centr & Leader MV to face fwd	1

Italian Balli (15th Century)

Graziosa	(Guglielmo (Ambrosio) 1463)
(Couples)	== In 4 ==
Both TedL R L, Ld DR ½ around W; Both TedL R L, Ly DR to place on R	4;4
Ld TedLR, Singles LR, Double L; Ly same	4;4
SL, SR, DL, DR, Ld fwd, Ly ½ fwd, then back to start	== In 6 == 3
MvR (no time), RipL, RipR, RevL	3
SL, SR, DL, DR, Ly fwd, Ld meets her, then goes beside	3
Hands RipL, RipR, RevL	3
Circling = take R hands, PivL R L; L hands, PivR, L, R	== In 4 == 3;3
Movimenti (M, then W); Both DL Back, DR fwd	1;2

Leoncello Novo	(Domenico 1450)
(1 Ly standing betw 2 Lds)	== In 4 ==
2 Saltarelli; Ly Double L, Lds Double L; Ly Double R, Lds Double R	2;2;2
Ly circle Lds (in Fig 8) starting to L w/ 3 Pive, 1 Single, 3 Pive, 1 Single	4
Lds 2 Saltarelli; VT in 4 steps; Lys 2 Saltarelli; MV	2;1;3
All 3 Contrapassi fwd, MV; 3 Contrapassi fwd, MV	2;2
Ly Double L; Lds same; Ly Double R; Lds same, MV (all, to face)	== In 6 == 1;1;1;1
All Riprese LR; Con LR, Rev; Ly Double L; Lds same	2;2;1;1
Ly Double R; Lds same, MV (Lds only); All Rev; Ly Movi, Lds Movi	1;1;1;1

Leoncello Vecchio	(Domenico 1450)
(Couples)	== In 4 ==
6 salterelli	6
Movi (Ld then Ly); Ld Salt to R of Ly; Repeat (exchanging roles)	1;1;2
Ld 4 Singles & 1 Double away; Ly same; Ld 3 quick Doubles away; Ly same	3;3;2;2
Ld 2 Singles & 2 Doubles away; Ly same to join	== In 6 == 3;3
(both) Riprese LR; 2 Singles; 2 Doubles; Riprese LR; Movi (Ld then Ly)	2;1;2;2;2

Marchesana	(Domenico 1450)
(Couples)	== In 4 ==
8 salterelli	8
Ld stamp LRL; then Double R; Ly stamp LR L; then Double R	1;1;1;1
Hold hands - Rip LR (drop hands)	== In 6 == 2
R hands - circle w/ Singles LR; Double L drop hands; RipR; Same w/ L	1;1;1;3
Doubles LR fwd, passing L shoulders & turn to face	2
Rip LR; Continenza LR; Ld Rev; Ly Rev	2;1;1;1
Movimenti (Ld then Ly); Both Double L fwd	== In 4 == 1;1
Movimenti (Ly then Ld); Both Double R fwd (end w/ R shoulders together)	1;1
Double L turning (Ly VT & Ld MV) to face same way, Ly on L (next repeat, Ly leads)	1

Italian Balli (15th Century)

Mercantia	(Domenico 1450)
(Ly w/ 3 Lds A w/ Ly, B behind A, C behind Ly)	== In 6 ==
11 Saltarelli; B & C separate w/ 6 Mrip (== In 4 ==)	11;6
Ly MV in Double L; A Double LRL	== In 6 == 4
B to Ly in Singles LR, Double L, touch R hands;	2
B Singles RL Double R & MV, as Ly Volta del Gioioso	2
C repeats what B did, Ly also repeating the Volta del Gioioso; A turns around	4; ½
B & C switch places w/ SaltLR, end side by side	2
A Salt LR, ending behind & to L of Ly; Ly turns as A RipR	== In 4 == 2; ½
A & Ly Rev L; All Con RL	== In 6 == 1;1
A & C switch places in Singles RL, Double R, as B & Ly Volta del Gioioso	2
A is now B, B is C & C is A. Repeat dance twice more	

Petit Vriens	(Ambrosio (Guglielmo) 1475)
(Set of 3 people)	== In 6 ==
16 Piva; A 4 Piva; B 4 Piva to join A; C 4 Piva to join A&B	16;4;4;4
(musically in 6)	== In 4 to dance ==
A Double L; B Double L; C Double L	1;1;1
A & B Rev; C & B Rev; All Rev	1;1;1
DL back, fanning out; DR fwd back to place	1;1
RipL; RipR; VT (DL going CCW)	½;½;1

Petite Rose	(Domenico 1450)
(Couples)	== In 6 ==
16 Pive, holding hands	16
Ld Movi; Ly Movi; Ld VT w/ a Double L(CCW)	1;1;2
Ly Movi; Ld Movi; Ly VT w/ a Double L(CCW)	1;1;2
Double L fwd; Singles RL back, switch feet; Repeat 2x	2;1;1
Saltarelli LR away and back to ptrnr	2;2
The lead alternates between the Ld & Ly on subsequent repeats.	

Pizocara	(Domenico 1450)
(Line of 4 Couples)	== In 6 ==
12 Pive; Lds circle ptrnr w/ 4 Pive; Lys same	12;4;4
Lds RevR, All RipR, holding hands	2
Lds SL, SR, 11 Doppii, weaving through Lys & end to R of ptrnr	12
Lys Rev L; All Rip L, holding hands	2
Lys, pause 1 bar, 9 Salt, starting L, weaving through Lds, end to R of ptrnr	10
C1 separate w/ 2 MRip, then other Cs 4 Pive	2;4
C2 separate w/ 2 MRip, then Cs 3 & 4 do 4 Pive	2;4
C3 separate w/ 2 MRip, then C4 does 4 Piva	2;4
Repeat the dance, w/ C4 leading	

Italian Balli (15th Century)

Prexonera	(Domenico 1450)
(Couples)	== In 6/4 ==
Con LR; Singles LRL, Double R; Rev; Repeat	1;2;1;1;5
Ld Singles LR; Contrapassi LL, curve L to face Ly; Ly same (end apart to L)	1;2;3
Both Singles LR; Con LR; Repeat whole seq w/ Ly starting	1;1;8
8 piva (Ld grabbing Ly's hand, Ly following behind)	8
Ld Movi (jump twd Ly); Ly Respond (jump away); 4 passiti, Ld chasing Ly	1;1;2
Ly Movi (jump twd Ld); Ld Respond (jump away); 4 passiti, Ly chasing Ld	1;1;2
4 Saltarelli; Repeat dance w/ Ly leading contrapasso & piva sequences	4;46

Rosina	(Based on Ambrosio (Guglielmo) 1475)
(3 people, one of one gender in center, 2 of other on sides)	== In 4 ==
1 Double LR, MV; Double LR, MV	2;2
Center Single LR, Double L; Sides Single RL, Double R	2;2
2 Center turns, All Double LR, MV & Rip LR	4
CCW circle = Double L, MV, then RipR; Con LRLR	2;2
3 Single LR, Double L fwd, Double R back, Rev L	4
CCW circle = Double L, MV, then RipR; Con LRLR	2;2
4 Center & Side to their R = take R hands & circle w/ 4 Pive	4
Center & other Side take L hands & circle w/ 4 Pive	4
Hey w/ 8 Pive, Center & R Side start by passing R shoulders	8

Rostiboli Gioioso	(Guglielmo (Ambrosio) 1463)
(Couples)	== In 6 ==
P1 Reprise LR; Ld Singles LR; Doubles LR	2;1;2
(Ld MV) All Reprise LR; Ld Singles LR; Doubles LR home	2;1;2
Repeat above w/ Ly going out & back	10
P2 Reprise LR; 2 Singles; 3 Doubles; VdG (2x)	2;1;3;2 (2x)
P3 16 Salterelli	16
P4 (musically in 6)	== In 4 to dance ==
Movi (Ld then Ly); Ld Double L; Movi (Ly then Ld); Ly Double L to join Ld	1;1;1;1
Repeat; Repeat entire dance, roles reversed	4

Spero	(Domenico 1450)
(Set of 3 people)	== In 4 ==
P1 4 Salted, beat Fwd	4
P2 Center Sempii LR, Doppio L	2
Ends Sempii RL, Doppio R as Center MV w/ a Doppio R	2
P3 2 Salted, beat to side, MV	2
P4 Approach & Pass Center Betw in 4 Salt, MV R; Rip LR	== In 6 == 4; 2
P5 Rev L, Sempio L back; approach w/ Rip Portugalese RLR, ends MV R	1;3
Rip L; VT w/ Sepmi RL, Rip R; Rev L	12;1
P6 Center & R End: Take R hands & circle in Piva LRL	== In 4 == 3
Center & L Take L hands & circle in Piva RLR; Center Movi; Ends Movi	3;1;1
Center VT in Doppio L; Ends same; Repeat dance	2;2

Italian Balli (15th Century)

Tesara		(Domenico 1450)
(4 Couples in a line plus 1 shuttle at each end)		== In 6 ==
P1	8 Saltarelli, starting L	8
P2	Couples separate in Meza Rip, shuttle A MV to face B	1
	A&B 4 Piva to switch (pass R), MV; C's switch 4 Meza Rip (Lds in front)	4;2
	Movimenti (Ld1, then 2, 3, 4, then Ly 4, 3, 2, 1); Repeat P2	4;11
P3	B take C4's ribbons & lead to front in 4 doppi w/ close & side cut	12
	A&B take R hands & switch in 2 piva; A to bottom in 3 piva, end in MV R	2;3
	A lead C3 to front (as B led C4);ü A&B switch & B return to bottom as before	12;5
P4	B take C2 to front (holding ribbons) w/ Saltarelli LRL	3
	A&B R hands & switch in Saltarello R; A to bottom in Saltarelli LR, MV R	1;2
	A lead C1 to front (as B led C2); A&B switch & B return to bottom as before	3;3
P5	C1&C4 switch w/ ptrn in Doppio & form ribbon arch; A&B Doppio under arch	1;1
	C2&C3 switch w/ ptrn in Doppio & form ribbon arch; A&B under arch & meet	1;1
	Repeat w/ C2&C3; Repeat w/ C1&C4	2;2
P6	A&B switch under arches in 4 piva, passing R shoulders, MV R	4
	Couples drop ptrn's ribbon; Lds MV to face down as Lys face up	1
P7	Hey A, B, Ld1 & Ly 4 weave CCW around 3 stationary people to new position	
	A&B always start to L of 1 st stationary person (inside), Ld & Ly to R	4
	Repeat w/ A, B, Ld2 & Ly3; A, B, Ld3, Ly2; A, B, Ld4, Ly1	12
P8	Movi (Ld1,2, 3, 4, Ly 4, 3, 2, 1); Lds MV CCW in doppio L; Lys same	4;1;1
Vercepe		(Domenico 1450)
(3 Lords & 2 Ladies)		== In 6 ==
I	1 bar no movement; 11 Saltarelli, starting R	12
II	Ld2 & Ld3 Doppio LR, circling CCW halfway round Ly in front of him	2
	Ld2 & Ld3 Contrapasso LL, continuing to circle, switch weight to L foot	1½
	Ld2 & Ld3 Rip R to orig places, moving on a curve; Lys VdG	1;2
	Lys circle Lds in front of them w/ same steps Lds used; Lds VdG	4½;2
III	Contrapasso LLL, MV; repeat	== In 4 ==
	Ld MV (Step L, R CCW)	½
IV	Ld1 & Ld3 Hop on R foot	== In 6 ==
	Ld1 & Ld3 exchange places in 4 Saltarelli starting L, weaving among other	
	3 (Ld1 to R of Ly1, L of Ld2, R of Ly2, then to end as Ld 3 to L of Ly2, R of Ld2,	
	L of Ly1, then to front) Ld1 ends w/ MV R	4
V	Ly1 Doppio RLR, moving CW halfway round Ld 2 to Ly2's place as	
	Ly2 Doppio LRL moving CW into Ly1's place	2
	Ld1 & Ld3 Hop on L foot; Ld1 & Ld3 Saltarelli RLR circling nearest Ly CW	1;2
	Ly1 Doppio LRL, moving CW to orig place as	
	Ly2 Doppio RLR moving CW into orig place	2
	Ld2 Hop on R foot; Ld2 Saltarelli LRL circling Ly1 CCW	1;2
VI	Lds Movi, Lys Movi; Lds VT (4 steps starting L CCW)	== In 4 ==
	Lys Movi, Lds Movi; Lys VT (4 steps starting L CCW)	1;1

Italian Balli (15th Century)

Vita di Cholino	(Giovanninio)
(Ly betw 2 Lds)	== In 4 ==
V1 Con LR; Ly Singles LR, MV R, as Lds Singles LR back; RipLR	1;1;2
Ch Ly & Ld to her R Rev; Ly & Ld to L Rev; VT CW in Double R	1;1;1
V2 Ly & Ld to R take R hands & circle in Doubles LR	2
Ly & Ld to L take L hands & circle in Doubles LR; Repeat Ch	2;3
V3 Doubles LR (passing ea other), MV R; Rip LR; Repeat Ch	2;2;3
V4 Zig Zag past in Doubles LRL, MV L; Double R together	3;1
Repeat Chorus touching hand while Rev (R hand w/ Ld1, L w/ Ld2)	3
V5 Hey in 8 pive, Ly starting and passing Ld to R by R	4
Repeat Chorus, but Lds replace VT w/ Double R, MV (end in line)	3

Vite de Colei	(Nürnberg Manuscript 1517)
(One Couple, Ld on right)	== In 4 ==
V1 8 Pive fwd, Ly turning to face Ld on the last	4
Ch (holding both hands) Ld Rev; Ly Rev; Both VT	1;1;1
V2 8 Pive fwd, Ld turning to face Ly on the last	4
Repeat Chorus, Ly Rev first	3
V3 Ld fwd 2 Doubles, Rip w/ MV; Return w/ same (no MV)	2;2
Repeat Ch, Ld Rev first	3
V4 Ly same as Ld in V3; Repeat Chorus, Ly Rev fist	4;3
V5 R hands, circle CW w/ 4 Pive; L hands, circle CCW w/ 4 Pive	2;2
Repeat Chorus, Ld Rev first	3

Steps for 15th Century Italian Dance

Continenza (Con) - Shift weight to side, w/ bit of rise. Half bar.

Contrapasso – 4 steps, bending knee on first step

Doppio (Double) - 3 steps.

Passetino (PT) - a small step

Passo - an unornamented step

Piva - 3 steps, the 2nd cutting under first (ie place it under heel)

Meza Ripresa (Mrip) - Step to side, cut (put other foot under first)

Mezavolta (MV) - half turn. If not specified, it is a pivot in no time.

Movimento (Movi) (Shosso/Scosetto) - Rise on toes, directing attention at ptrn.

Reverance (Rev) - Kneel on knee given.

Ripresa (Rip) - Step to side, cut (put other foot under first), step to first side again.

Ripresa Portogalese (RipPort) – Rip on the diagonal (45 degree angle)

Saltarello (Salt) - 3 steps & hop. Put hop where pause is in doppio.

Saltarello Tedesco (Ted) - 3 steps & Meza Ripresa.

Sempio (Single) - step fwd on foot given, on first beat. Half bar.

Volta tonda (VT) full turn - steps specified in each dance

Volta del Gioioso (VdG) - A small circle CCW, done w/ 2 sempii & a MV w/ a ripresa.

Takes 2 bars in 6/4, as follows SR doing quarter turn CCW, SL doing quarter turn CCW,

MV (half turn CCW in no time, pivot on L foot) & Ripresa R.

Italian Balli (16th Century & later)

Allegrezza d'Amore (Il Ballarino)

(3 People in a Circle)

(Caroso 1581)

== In 3 ==

P1	Take hands & Rev; Drop hands & Spez LR, flanking back	4;4
	Passi LR, Cad to the L; Passi RL, Cad to the R	4;4
	Trab L to even feet flanking back (Leader first, then to R)	6
	Passi LR, Cad fwd; Slow Trab LR	4;4
	Spez LR, flanking back; Passi LR Cad fwd	4;4
P2	Fioretti a pie pari LR; Passi LR (back); Spez LR (switch, leader betw)	2;2;4
	Fioretti a pie pari RL; Passi RL (back); Spez RL (switch back)	2;2;4
	Rev (Leader first, then to R)	6
	6 Canarii turning L; 6 Canarii turning R; Passi LR, Cad fwd	12;4
P3	Chain w/ 8 Spez, touching hands	16
	Passi in Galliarda, Cad (kick, kick, jump) (Leader first, then to R)	6
	Scam LR; Puntate L fwd & R back; Turn L in Spez L, Cad	8;4;4
P4	Fioretti a pie pari LR; Trab LR, Passi LR, Cad to L	2;2;4
	Fioretti a pie pari RL; Trab RL, Passi RL, Cad to R	2;2;4
	Battute LR (stomp, stomp) (Leader first, then to R)	6
	Scorsi LR, Cad changing places (Leader first, then to R); Rev	12;4

Allegrezza d'Amore (Nobiltà di Dame)

(3 People in a Circle)

(Caroso 1600)

== In 3 ==

P1	Take hands & Rev; Drop hands & Saffici LR, flanking back	4;4
	Semidoppii L to L then R to R	8
	Canario LR (Leader first, then to R)	6
	Spez LR, flanking fwd	4
	Rip L, Fioretto L; Rip R, Fioretto R	2;2
	Trab LR, Saffice L; Trab RL, Saffice R	4;4
P2	Fioretti LR; Trab LR; Scorsi L, changing places	2;2;4
	Fioretti RL; Trab RL; Scorsi R, changing back	2;2;4
	Canario LR (Leader first, then to R)	6
	Spez LR, turning L; Passi LR; Saffice L, flanking back	4;2;2
	Spez RL, turning R; Passi RL; Saffice R, flanking back	4;2;2
P3	Chain w/ 8 Spez, touching hands	16
	Battuti LRLR (Leader first, then to R)	6
	Fioretti LR, Trab LR; Rip, Fioretto LR	4;4
	Puntati LR fwd & back; Saffice LR, flanking back	4;4
P4	Fioretti LR, Trab LR; Semidoppio L to L	4;4
	Fioretti RL, Trab RL; Semidoppio R to R	4;4
	Canario LR (Leader first, then to R)	6
	Puntati LR (Leader first, then to R), changing places; Rev	12;4

Italian Balli (16th Century & later)

Altezza d'Amore		(Caroso 1600)
(Couples)		== In 6 ==
P1	Rev; Con LR; Groppo L; Fioretti LR Semidoppio L; Groppo R; Fioretti RL; Semidoppio R Trab LR; Spez L; Trab RL; Spez R Scorsi LRLR (separating in S shape); Trab LR	1;1;½;½ 1;½;½; 1 ½;½;½;½ 2;½
P2	Ld 4 variations L; Ly 4 variations L; Ld 4 vars R; Ly 4 vars R easy galliard var: Ord LR flanking; Trab LR; Finto L complex var: Groppo L; Fioretti LR; Passi LR back Fioretti LR; Passi LR fwd; Trab LR Mezza Rev; Sottopiede L; Cad L	4;4;4;4 2;1;1 ½;½;½;½ ½;½;½ ¼; ½; ¼
P3	Spez Alterati LR; Fioretti LR; Saffice L; same starting R Spez LR (turning L); Canario LRL; Stamp RL Spez RL (turning R); Canario R L R; Stamp LR Groppo L; Fioretti LR; Spez Puntato L w/ Mezza Reverenza Same starting R; Trab LR	1;½;½; 2 1;1½;½ 1;1½;½ ½;½; 1 2;½
P4	Ld Stamp LR; Canario L; Stamp RLR; Can L; Ly same Ld Stamp RL; Canario R; Stamp LRL; Can R; Ly same Passo Puntato L; Mezza Rev; Passo Puntato R; Mezza Rev Ld Trab LR; Saffice L (flanking out); Ly do same Ld Trab RL; Saffice R (flanking out); Ly do same Spez LR (turning L); Passi LR; Saffice L (flanking in) Same starting R; Puntate LR; Rev	½;½;½;½; 2 ½;½;½;½; 2 ½;½;½;½ ½;½;½;½ ½;½;½;½ 1;½;½ 2;1;1

Alta Regina		(Caroso 1581)
(One Couple, facing)		== In 3 ==
V1	Rev; Scam L; Spez RL to switch; Turn L in Spez R, Cad	4;4;4;4
Ch:	Facing, Puntate L fwd & R back; Turn L in Spez L, Cad	4;4
V2	Spez LRLR in CW wheel; Facing, Scam LR; Repeat Chorus	2;2;2
V3	Ld: Passi fwd LR, Cad L; Passi back RL, Cad R; Trab LRLR; Turn L in Spez, L, Cad; All repeat chorus	4;4;4 4;8
V4	Ly do as Ld did in V3; All repeat chorus	16;8
V5	Trab LRLR; Doppio L; Trab RLRL; Doppio R; Repeat Chorus	4;4;4;4;8
V6	Rip LL, Trab LR; Doppio L; Rip RR, Trab RL, Doppio R; Chorus	4;4;4;4;8

Ballo del Fiore (for 2)		(Caroso 1581)
(Lds w/ Flowers & Lys along edge of floor)		== In 4 ==
Intro	Lds only Rev; Ord LR turning in place	2;2
V1	Lds Ord LRLR to face a ptrn; Con LR, Rev	4;4
V2	Together, fwd, Ord LR; Scorsi LR; (facing) Con LR, Rev	2;2;4
V3	Ord LR turning L; Ord LR to pass ptrn & face; Con LR, Rev	2;2;4
V4	Ord LRLR – zigzag to ptrn; Con LR, Rev, Ld kiss & pass flower	4;4
Repeat verses 1-4 w/ Ly seeking a new Ld		

Italian Balli (16th Century & later)

Ballo del Fiore (for 3)		(Caroso 1581)
Open:	Lds (holding flower) Rev; Con LR	2;2
P1	Lds Passi LR; Ord L; Passi RL, Ord R to Ly; Con LR; Rev 2 bars rest; Both Rev; Ord LRLR; Con LR; Rev facing	1;1;1;1;2;2 2;2;4;2;2
P2	Lds Rev; Con LR; Passi LR; Ord L Lds Passi RL; Ord R to meet new Ly; Con LR; Rev; rest Both Rev; Ord LRLR to meet Ly1, place Ly2 to R, form triangle Con LR, Rev	2;2;1;1 1;1;2;2;2 2;4 2;2
P3	Ord LR turning L; Ord L CW (in wheel); Ord R CCW Con LR; Rev	2;1;1 2;2
P4	Ord LR to meet, Ld in middle, Ld doffs hat; Scorsi LR to invert set Puntate L fwd & R back; Rev	2;2 2;2
P5	Ord LR into smaller circle; Rev Ld & Ly1 R hands: Passi LR, Ord L; R hands: Passi RL, Ord R Ld & Ly2 R hands: Passi LR, Ord L; R hands: Passi RL, Ord R Con LR; Rev	2;2 2;2 2;2 2;2
P6	Hey in 4 Scorsi; Con LR; Rev, giving flower to Ly 1	4;2;2
P7	Ld & Ly2r 4 Ord tog as Ly1 same to find new Ld; Con LR; Rev	4;2;2
Bella Gioiosa		(Caroso 1581)
(3 people in circle)		== In 6 ==
V1	Take hands & Rev w/ jump; Trab LRLR & drop hands Turn L: Spez LR, Passi LR; Cad Face L in wheel Spez LRLR; Scam LR	2;2 2;1;1 4;4
Ch	Leader turn L in Spez L, Cad; #2 (to R of Leader) same; #3 same	2 (3x)
V2	Leader Passi LR; Cad; Trab LRLR or Canario LRLRL (Leader only) Rip LL, Trab LR; (turn L in) Spez L; Cad Joust all L side in Spez L fwd; Spez R back; Spez LR to switch L side in Spez L fwd; Spez R back; Spez LR to switch; Chorus	1;1;2 1;1;1;1 1;1;2 1;1;2;6
V3	Verse 2 w/ #2 (to R of Leader) as Leader; Chorus w/#2 leading	16;6
V4	Verse 2 w/ #3 as Leader; Chorus w/ #3 leading	16;6
V5	Face L in wheel Semidoppio LR; Rip LL; Trab LR Turn L in Spez L, Cad Face R in wheel Semidoppio RL; Rip RR; Trab RL Turn R in Spez R, Cad; Chorus (w/ orig leader)	4;1;1 2 4;1;1 2;6
V6	Fioretti a pie pari LR; Passi LR (back) Spez LR (change places, leader pass betw) Fioretti a pie pari RL; Passi RL (back) Spez RL (change places, leader pass betw) Chain w/ 6 Spez (leader betw then L) Passi LR; Cad; repeat Chorus	1;1 2 1;1 2 6 1;1;6
V7	Trab LRLR; Canario LRLR Rip LL; Trab LR; (turn L in) Spez L; Cad Trab RLRL; Canario RLRL Rip RR; Trab RL; (turn R in) Spez R; Cad; Chorus	2;2 1;1;1;1 2;2 1;1;1;1;6

Italian Balli (16th Century & later)

Chiara Stella	(Caroso 1581)
(Couples, Ld facing Ly)	== In 6 ==
V1: Hold R hands, Rev; drop hands, 8 spez in CW wheel, starting L	2;8
Scambiata L, Cad L, landing to face ptr	2
Ch: Trab LRLR; Passi Trangati LR flanking back	2;2
Rip LL; Trab LR; turn L in Spez L, Cad	1;1;2
Rip RR; Trab RL; turn iR n Spez R, Cad	1;1;2
V2: Ld's solo: Spez LR flanking fwd; Passi LR fwd; Trab LR	2;1;1
Turn in Spez L, Cad; Repeat starting R	2;6
Repeat Chorus (both)	12
V3: Ly's solo: Lys do as Lds did in V2	12
Repeat Chorus	12
V4: Take R hands, Passi LR; Trab LR; Rip LL, Trab LR	1;1;2
Drop hands, Turn L in Spez L, Cad	2
Take L hands, Passi RL; Trab RL; Rip RR, Trab RL	1;1;2
Drop hands, Turn R in Spez R, Cad; Repeat Chorus.	2;12
Il Bianco Fiore	(Negri 1602)
(2 Couples in a diamond)	== In 6 ==
V1: Rev; Con LR; Figure 8: turn L in Ord LR, then R in Ord LR	2;2;4
Lords: Passi (grave) LR to center, Ord L; Turning R; Spez RL; Ord R	2;1;1
Ladies: Passi (grave) LR to center, Ord L; Turning R; Spez RL; Ord R	2;1;1
Ch: Sottopiede LLL, Cad L, Trab R; Ord L turning L	1;1
Sottopiede RRR, Cad R, Trab L; Ord R turning R	1;1
V2: Lords: Spez LRLR in CCW loop around ptr; Ord LR turning R	2;2
Ladies: Spez LRLR in CCW loop around ptr; Ord LR turning R	2;2
Lords: 4 measures of Galliard	4
Ladies: Snub seq; Ord L to center; Rip R away; Ord RL to center & back	1;1;2
Repeat Chorus	
V3: Circle w/ ptr (R hands) in Ord LR; counter circle L Ord LR	2;2
Circle w/ corner (L hands) in Ord LR; counter circle R in Ord LR	2;2
Lords: 4 measures of Galliard; Ladies: 4 measures of Galliard	4;4
Repeat Chorus	
V4: Grand RL: Start R hands w/ ptr & switch in Ord L; do 3 more switches	1;3
Keeping L hands w/ corner, complete the turn w/ Ord L	1
Take R hands w/ ptr & switch in Ord R; continue w/ 2 more switches	1;2
All do 4 measures of Galliard	4
Fioretti LR; turn L in Ord L; Fioretti RL; turn R in Ord R	1;1;1;1
Repeat Chorus	

Italian Balli (16th Century & later)

Bizzaria d'Amore		(Negri 1602)
(2 Couples in a diamond)		== In 4 ==
Verse 1	Lds Rev; Sottopiede LL & Sottopiede RR; Lys same	4;4;8
Chorus	Hop; Hop; Rip Min L; Hop; Hop; Rip Min R	1;1;2;1;1;2
	Spez LR back at 45 deg to R; Ord to place	1;1;2
	Spez RL back at 45 deg to L; Ord to place	1;1;2
Verse 2	Lds Exchange places (pass R shoulders) Spez LR; Ord L	2;2
	Counter circle in Spez RL; Ord R; Lys same, but pass L	2;2;8
Repeat Chorus		16
Verse 3	Circle w/ ptrn (R hands) in 2 Ord; counter circle in 2 Ord	4;4
	Circle w/ corner (L hands) in 2 Ord; counter circle in 2 Ord	4;4
Repeat Chorus		16
Verse 4	Lds Exchange places (R hands) in SpezLR; Ord L	2;2
	Counter circle in Spez RL; Ord R; Lys same but L hands	2;2;8
Repeat Chorus		16
Verse 5	R hands w/ ptrn, Ord L to switch; L hands, Ord R to place	2;2
	Counter circle in Ord LR	4
	L hands w/ corner, Ord L to switch; R hands, Ord R to place	2;2
	Counter circle in 2 Ord; repeat chorus	4;16
Verse 6	R hands w/ ptrn, circle in 2 Ord	4
	Grand RL (L to corner 1 st) in 4 Ord; L hands w/corner, 2 Ord	8;4
Repeat Chorus		16

Brando di Cales		(Negri 1602)
(3 Couples in a circle)		== In 6 ==
P1	C1 Rev (grave); Rip LR;	1;1
	Passi LR, Ord L turning L; Passi RL, Ord R turning R	1;1
	C2 do the same; C3 do the same	4;4
P2	Saltini a pie pari LR	1
	Take R hands w/ ptrn & circle in 5 Battute (stamps); Galliard turning L	1¼;¾
	Take L hands w/ ptrn & circle in 5 Battute (stamps); Galliard turning R	1¼;¾
P3	Lds Passi LR, Ord L (fwd); Circle to place Passi RL, Ord R	1;1
	Lys do the same	2
P4	C1 Spez LR, Ord L fwd; Spez RL, Ord R back	1;1
	C1 Rev breve to corner, then ; 2 Saltini a pie pari	1;1
	C1 Ord LR fwd; drop hands, turn L to place in Ord RL	1;1
	C2 do the same; C3 do the same	6;6
P5	Hands in circle – 4 Rip L; Saltino; 4 Rip R; Saltino	2½; 2½
P6	Lds Ord to pass ptrn inside to face on other side, take hands; saltino	1½
	Lds Ord inside CCW to face next Ly on other side; saltino; repeat	1½; 1½
P7	Hands in circle; 4 Rip L; Saltino; 4 Rip R; Saltino	2½; 2½
	Lys Ord to pass ptrn inside to face on other side, take hands; saltino	1½
	Lys Ord inside CW to face next Ld on other side; saltino; repeat	1½; 1½

Italian Balli (16th Century & later)

Candida Luna	(Caroso 1581)
(1 Couple, facing)	== In 3 ==
V1 Rev; Trab LRLR; Spez LR in wheel; Turn in Spez L, Cad	4;4;4;4
Ch Spez sideways L & honor; Spez R; & honor	4;4
Trangi LR diag back; Rip LL, Trab L to place	4;4
Spez sideways R & honor; Spez L; & honor	4;4
Trangi RL diag back; Rip RR, Trab R to place	4;4
Rip LL, Trab LR; (Turn over L sh) Spez L, Cad R	4;4
Rip RR, Trab RL; (Turn over R sh) Spez R, Cad L	4;4
V2 Take R hands & Spez LR; Trab LRLR; Take L hands & same	4;4;8
Repeat Chorus	48
V3 Turn L & Passi LR, Cad; Turn R & same; Trab LRLR; Turn in Spez L, Cad	4;4;4;4
Repeat Chorus	48

La Castellana	(Caroso 1581)
(1 Couple, facing)	== In 3 ==
V1 Rev; (in wheel) Spez LRLR; (turn over L sh) Spez LR	4;8;4
Ch Flank fwd & back w/ Putate LR; Trab LRLR; Spez L & rev; Spez R; & rev	4;4;4;4
Rip LL, Trab LR; (Turn over L sh) Spez L, Cad R	4;4
Rip RR, Trab RL; (Turn over R sh) Spez R, Cad L	4;4
V2 Spez LR to switch w/ R hands; Spez LR to curl L	4;4
Spez LR to switch w/ L hands; Spez LR to curl R; Repeat Chorus	4;4;32
V3 (in wheel) Passi LR, Cad L; Rip RR, Trab RL	4;4
Passi RL, Cad R; Rip LL, Trab LR; repeat Chorus	4;4;32

Chiaranzana	(Caroso 1581)
(Couples in a line) (Sequences, (S), then Patterns (P))	== in 3 ==
S1: Rev; Continenze LR; Puntata L fwd & Puntata R back	4;4;4
S2: Passi LR, Ord L; Passi RL back, Riprese RR; Con LR	4;4;4
S3: Take hands, Passi LR, Ord L CW; Passi RL, Ord R CCW	4;4
Take R hands, Spez L, Mezza Rev; Take L hands Spez R, Mezza Rev	2;2
P1: (Procession) - S1:1x; S2: any number of times	
P2: (Pass-Through) - Use S2: C1 convert; C1&C2 take hands; C1 pass-through; C1 & C3 take hands while C2 convert; Continue until C1 at head of set	
P3: (Casting) - Cast around w/ Spezzati	
P4: (Reel) - Use S3: C1 cross-over take hands w/C2; Continue til C1 at head of set	
P5: (Exit) Spezzati around floor; Spezzati off floor; Rev	

Italian Balli (16th Century & later)

Contentezza d'Amore (Il Ballarino)		(Caroso 1581)
(Couples)		== in 4 ==
V1	Take hands, Rev; Con LR; 4 Rip in circle L, then R Con LR; Rev, drop hands	4;4;4;4 4;4
V2	Ly away from ptrnr Puntate LR; Passi LR; Double L; Puntate RL Passi RL; Double R; Ly turn to face, both Puntata L fwd, & R back; Rev	4;2;2;4 ;2;2;4;4
V3	Ld join ptrnr in same steps; Both facing head Puntata L fwd & R back; Rev	16;4;4
V4	Ly pass front of Ld in ½ circle Passi LR, Double L; Passi RL, Double R Ld pass Ly in half circle w/ same steps; Puntata L fwd & R back; Rev	4;4 8;4;4
V5	Take hands & switch Puntate LR; 6 Doubles to back of the hall, & face Together Puntata L fwd, Puntata R back; Rev	4;12 4;4
V6	Take L hands & 2 Spez to switch; 6 Spez up the hall Take hands & 8 Rip in a circle L, then R; drop hands & 4 Trab; Rev	== in 3 == 4;12 8;8;4;4

Contentezza d'Amore (Nobiltà di Dame)		(Caroso 1600)
(Couples)		== in 4 ==
V1	Take hands, Rev; Con LR; Cicle CW in 2 Rip, 2 Trab, Ord L Circle CCW in 2 Rip, 2 Trab, Ord R; Con LR; Rev, take ord hands	4;4;4 4;4;4
V2	Up the hall: Puntate LR; Passi LR, Ord L; Puntate RL Passi RL, Ord L; (Facing) Trab LR; Trab LRL; Con RL	4;4;4 4; 2;2;4
V3	Down the hall: Puntate RL; Passi RL, Ord R; Puntate LR Passi LR, Ord R; (Facing) Trab RL; Trab RLR; Con LR	4;4;4 4;2;2;4
V4	Take R hands, Ord LR CW; Curl L, Ord LR Puntate LR (twd ptrnr); Ord LR flanking Trab LR; Destice L, Puntate RL	4;4 4;4 2;2;4
V5	Take L hands, Ord RL CCW; Curl R, Ord RL Puntate RL (twd ptrnr); Ord RL flanking Trab RL; Destice R, Puntate LR	4;4 4;4 2;2;4
V6	Take both hands, Spez LR CW; Curl L in Passi LR, Spez L Take both hands, Spez RL CCW; Curl R in Passi RL, Spez R Facing: RipLL, Trab LR; Passi LR, Saffice L Rip RR, Trab RL; Passi RL, Saffice R; Puntate LR; Rev	== in 3 == 4;4 4;4 4;4 4;4;4;4

Il Conto dell'Orco		(Caroso 1581)
(1 Couple, facing)		== in 4 ==
V1	Rev; Ord LRL in wheel to change places	2;3
Ch	Trab RLR; Trang flanking back LR; Turn L in Spez L, Cad	1;1;1
V2	Ord LRLRL circling to starting place; repeat Ch	5;3
V3	Ld Doppio L; Passi RL diagonal back; Slow Trab RL; Rip RR; Chorus	2;1;1;1;3
V4	Ly do as Ld did in V3	8
V5	Turn L: Passi gravi LR, Ord L; Turn R: Passi Gravi RL, Ord R Face: quick Doppio L; Repeat Ch; Rev	2;2 1;3

Italian Balli (16th Century & later)

Contra Passo

(Chigi Manuscripts, c1560's)

(4 Couples in a circle)

== in 6 ==

V1	Rev; Con LR; Turn L & Passi LR, Ord L; Passi RL, Ord R	4;4;4;4
V2	R hands w/ptnr & Passi LR, Ord L; L hands Passi RL, Ord R	4;4
	Indiv figure 8 Turn L in Ord LR; Turn R in Ord LR	4;4
V3	Repeat V2, taking R then L arms w/ ptnr instead of hands; all figure 8	8;8
V4	Repeat V2, taking 2 hands; all figure 8	8;8
V5	Hey in 8 Ord, starting R hands w/ptnr, then move around circle	16
V6	Face ptnr & Rev; Con LR; All figure 8	4;4;8
V7	Lds back Lys up Passi LR, Ord L; Lys back Lds up; All figure 8	4;4;8
V8	Lds Rev L; Lys Rev L; all figure 8; Rev	4;4;8

Contrapasso in Due

(Caroso 1581)

(Couples)

== in 6 ==

V1	Rev L; Con LR; Passi LR, Doppio L; back Passi RL, Rip RR	4;4;4;4
	Passi LR, Doppio L; back Passi RL, Rip RR	4;4
V2	R hands w/ptnr & Passi LR, Doppio L; L hands Passi RL, Doppio R	4;4
	Indiv figure 8 Turn L in Ord LR, M Rev; Turn R in Ord LR	4;4
V3	Repeat V2, taking R then L arms w/ ptnr instead of hands, all figure 8	16
V4	Repeat V2, taking 2 hands. Lys figure 8 as Lds flank back & fwd (4 Ord)	16
V5	Take hands w/ ptnr & 8 Ord, starting L (12 in some music)	16
V6	Face ptnr & Rev L; Con LR; All figure 8	4;4;8
V7	Lds back Lys up Passi LR, Doppio L; Lys back Lds up; All figure 8	4;4;8
V8	Lds Rev L; Lys Rev L; Lys figure 8 as Lds flank back & fwd	4;4;8

Contrapasso Nuovo

(Caroso 1600)

(3 Couples in a circle)

== in 6 ==

V1	Rev; Con LR	4;4
	Passi LR, Ord L to L; Passi RL, Ord R to R; Repeat	4;4;8
V2	R hands w/ptnr & Passi LR, Seg L to pass ptnr; L hands w/ next	4;4
	Indiv figure 8: Turn L in Passi LR, Ord L, M Rev; Turn R in Passi RL, Ord R	4;4
V3	Repeat V2, taking R then L arms instead of hands; all figure 8	8;8
V4	Repeat V2, taking two hands; all figure 8	8;8
V5	Hey in 6 Spndeo Dattile (Long, long long, short, short)	24
V6	Con LR; Rev; Doppii Francese LR;	4;4;8
V7	Ord LR in; Con LR; Doppii Francese LR	4;4;8
V8	Con LR; Ord LR in, flanking; Take Ptnr hand & Puntati Fwd & back; rev	4;4;4;4

Italian Balli (16th Century & later)

Contrapasso In Ruota (Nobiltà di Dame)		(Caroso 1600)
(Couples in a circle)		== in 6 ==
V1	Rev; Con LR	4;4
	Passi LR, Ord L to L; Passi RL, Ord R to R; Repeat	4;4;8
V2	R hands w/ptnr & Passi LR, Ord L; L hands Passi RL, Ord R	4;4
	Indiv figure 8: Turn L in Passi LR, Ord L, M Rev; Turn R in Passi RL, Ord R	4,4
V3	Repeat V2, taking arms instead of hands; Flank bsck & fwd in 4 Ord	8;8
V4	Repeat V2, taking two hands; Flank bsck & fwd in 4 Ord	8;8
V5	CW, Ord LR, Passi LR, Saffice L; CCW; Ord RL, Passi RL, Saffice R	8;8
V6	Rev; Con LR; all figure 8	4;4;8
V7	Lds back Lys up Passi LR, Doppio L; Lys back Lds up; Flank back & fwd	4;4;8
V8	Con LR; Ord LR in, flanking; Take Ptnr hand & Puntati Fwd & back; rev	4;4;4;4

Donna Leggiadra		(Caroso 1600)
(1 Couple)		== In 4 ==
P1	Rev; (circle L) Spez LRLR; Saffice LR; Puntato L fwd & R back	1;2;1;1
	Rip LL, Trab LR; Double L, Passi RL	1;1
P2	(circleR) Spez RLRLRL; Saffice RL; Puntato R fwd & R back	3;1;1
	Rip RR, Trab RL; Double R, Passi LR	1;1
P3	Lds Fioretti LR, Trab LR; Spez Puntato L (to L), Mezza Rev	1;1
	Fioretti RL, Trab RL; Spez Puntato R (to R), Mezza Rev	1;1
	Puntato L fwd & R back; Semidoppio LR (to L then R)	1;2
P4	Ly do as Ld did in P3	7
P5	Take R hands & Passi LR; Semidoppio L (circling CW)	1;1
	Take L hands & Passi RL; Semidoppio R (circling CCW)	1;1
	Puntato L fwd & R back; Rev grave	1;2

Fedelta		(Caroso 1581)
(Couples in a circle)		== In 3 ==
V1	Rev; Spez LRLR (CW wheel); Passi LR; Cad	4;8;2;2
	Spez RLRLRL (CCW wheel); Passi RL; Cad	12;2;2
Ch	Lds turn L in Ord L, Cad; Lys same	4;4
V2	R hands w/ ptnr & Semidoppii LR (circling to place)	8
	Face ptnr & Rip LL; Trab LR; Turn L in Spez L, Cad	2;2;4
	L hands w/ ptnr & Semidoppii RL (circling to place)	8
	Face ptnr & Rip RR; Trab RL; Turn R in Spez R, Cad	2;2;4
	Repeat Chorus	4;4
V3	Semidoppio L to L & R to R; Passi LR, Cad into circle; Passi RL, Cad out	8;8
	Scambiate LR; Rip LL; Trab LR; Turn L in Spez L, Cad	8;2;2;4
	Repeat Chorus	4;4

Italian Balli (16th Century & later)

Fedelta d'Amore		(Negri 1602)
(Ly betw 2 Lds)		== In 4 ==
P1	Rev; Rip LR; Ord LR turning L; Ord LR turning R	2;2;2;2
	Twd foot of hall Take hands & Spez LR; Ord L	1;1
	Spez RL; Ord R & turn to face head of hall	1;1
	8 Spez grave (haye, Ly passes Ld on L until Ld on R in middle)	8
	Mid Ld take R hands w/ Ly & circle in 2 galliards; L hands, 2 galliards	2;2
	Mid Ld does same w/ Ld on L	4
P2	4 Ord to head of hall & turn to face foot	4
	Sottopiede LL; Trab LR; Ord, turning L	½;½;1
	Sottopiede RR; Trab RL; Ord, turning R	½;½;1
	8 Spez grave (haye, as before); 8 galliards, as before	8;8
P3	Twd foot of hall 2 Spez; Ord; 2 Spez; Ord (& face head)	1;1;1;1
	Rip LR; Ord LR, turning L	2;2
	8 Spez grave (haye, as before); 8 galliards, as before (to orig place)	8;8
P4	Ord LR, Ly fwd, Lds turning L, end facing in triangle; Rip LR	2;2
	Ord LR circling L; Ord LR fwd, turn L & to place; same, but turn R	2;2;2
	Trab presti LR; Rip L; Trab presti RL; Rip R; Ord LR, circling L	1;1;1;1;2
(in 6)	Ly Passi fwd & back flat, fwd high, Cad; Rip RL; Galliard turning R	1;1;1
	Lds Saltino onto R, passi grave back, Cad; Zopetti Fwd & back, Cad	1;1
	Lds 3 Passi L, rising on R; Fioretto R & Battute Fwd & back	½;2/3
	Lds Sottopiede L, Battuta R, Passo fwd, Cad L	5/6
P5	Spez LR, Ord Ly circling L, Lds coming fwd to meet Ly	2
	Spez RL, Ord, to head of hall, all turning L	2
	Rip LR; Ord LR, turning L; 4 scorsi in haye (Ly to orig place); Rev	2;2;4;2

Fiamma d'Amore		(Caroso 1581)
(1 Couple, facing)		== In 3 ==
V1	Spez L, Rev; Spez R, Rev; Spez LR to switch in CW wheel	4;4;4
	Trab LRLR; Spez LRLR in CW wheel; Scambiate LR	4;8;8
Ch	Puntata L back, hop; Puntata R back, hop	3;3
	Spez L, turning over L shoulder, Cad	4
V2	Lds only: Spez LRL, Rev; Spez RLR, Rev	8;8
	Rip LL, Trab LR (flank back L); Passi LR, Cad (return to ptrn)	4;4
	Rip RR, Trab RL (flank back R); Passi RL, Cad (return to ptrn)	4;4
	Repeat Chorus	3
V3	Lys do what Lds did in V2	32
	Repeat Chorus	3
V4	Spiral in CW, Spez LR, SemiDoppio L; CCW Spez RL SemiDoppio R	8;8
	Rip LL, Trab LR (flank back L); Spez L & Rev (return & touch hands)	4;4
	Rip RR, Trab RL (flank back R); Spez R & Rev (return & touch hands)	4;4
	Repeat Chorus	3

Italian Balli (16th Century & later)

Dolce Amorosa Fiamma		(Caroso 1581)
(3 Couples in a line) (Based on <i>Dolce Amoroso Fuoco</i>)		== In 4 ==
V1	(Face head of hall) Rev; Con LR; 2 Ord; 2 Scorsi - pass R & curl L 2 Ord fwd; 2 Scorsi - pass L & curl R; (face ptrnr); Con LR; Rev	2;2;2;2 2;2;2;2
V2	Lds Spez LR to ptrnr, Trab LRL; Spez RL to place, Trab RLR All Con LR, Rev; Lys same as Lds above; All Con LR, Rev	2;2;2;2 2;2;8;2;2
V3	C1 begin grand RL by giving R hands (1 Ord per exchange) Lds Rev Lys; Lys Rev Lds; All slow turn to face the Presence & Rev	8 2;2;2;2

Florido Giglio		(Caroso 1581)
(1 Couple)		== In 3 ==
P1	Take R hands, Spez L to L, Rev; Turn R in Spez RL; Repeat to R Spez LR, circling L; Trab LRLR; Fioretti LR; Trab LR Turn L in Spez L, Cad; Scambiate LR Rip LL, Trab LR (flank back L); Passi LR, Cad (return to ptrnr) Rip RR, Trab RL (flank back R); Passi RL, Cad (return to ptrnr)	4;4;8 4;4;2;2 4;8 4;4 4;4
P2	Ld turn L & Passi LR, Trab LR, Spez L & honor; Same to R Ld Spez LR back; fwd Passi LR, Cad; Spez RL back; Passi RL, Cad Ld Stomp LR Canario L; Stomp RL, Canario R; Ly same Passi LR back, Trango L fwd; Turn R in Spez RL; Repeat starting R	8;8 8;8 4;4;8 4;4;8
P3	Ly Solo – P2, with Ly and Ld roles reversed	64
P4	Spez L to L; Trab RL; Rip RR, Trab RL; Same starting R Fioretti LR flanked back; Passi LR back; Passi RL fwd, Cad Fioretti RL flanked back; Passi RL back; Passi LR fwd, Cad Passo L & honor; Passo R & honor Passi LR back, Trango L fwd; Turn R in Spez RL; same starting R	2;2;2;2;8 2;2;4 2;2;4 4;4 4;4;8

In Forma Inglese, or The English Fit		(SCA Chor to tune of Half Hannikin)
(Couples)		== In 6 ==
V1	Rev; Spez L, Spez R; Spez LR to switch; curl CCW in Spez LR to face	2;2;2;2
Ch	Spez LR flanking back; Return w/ 3 Rip & Trab all to L Spez RL flanking back; Return w/ 3 Rip & Trab all to R	2;2 2;2
V2	circle CW w/ Spez LRLR to place; Scam LR; Repeat ch	4;4;8
V3	Ld Spez LR flank fwd; Trab LR, Cad; Spez LR to place; Trab LR, Cad All repeat ch	2;2;2;2 8
V4	Ly do as Ld did in V3; d; All repeat ch	8;8
V5	To L: Spez LR, Ord L; To R: Spez RL, Ord R; Repeat ch	4;4;8

Italian Balli (16th Century & later)

Fulgente Stella (Caroso 1581) == In 6 ==

P1	Rev; Trab LRLR; Spez L & honor; Spez R & honor In CW Wheel, Spez LRLR; Scambiate LR Rip LL; Trab LR; (turn L in) Spez L, Cad Rip RR; Trab RL; (turn R in) Spez R, Cad	2;2;2;2 4;4 1;1;2 1;1;2
P2	Ld: Passi LR, Cad; Trab LRLR; Spez L & honor; Spez R & honor 1 Couple: L hand w/ptnr & Spez LR to switch; turn R in Passi LR, Cad R hand w/ptnr & Spez LR to switch; turn L in Passi LR Cad 2 Couples: Same as for 1 Couple, but start w/ R hand, then L Rip LL; Trab LR; (turn L in) Spez L, Cad Rip RR; Trab RL; (turn R in) Spez R, Cad	2;2;2;2 2;2 2;2 8 1;1;2 1;1;2
P3	Ly do what Lord did in P2 and together do same braiding and end In 2 Couple version, Ly dances w/ the Ld on her right	24
P4	Trab LRLR; Semidoppio L; Trab RLRL; Semidoppio R Spez L & honor; Spez R & honor; Passi LRLR flanked back Rip LL; Trab LR; (turn L in) Spez L, Cad Rip RR; Trab RL; (turn R in) Spez R, Cad	2;2;2;2 2;2;4 1;1;2 1;1;2

Furioso (Caroso 1581) == In 4 ==

P1	Rev; Con LR;	4;4
P2	Mid C. meet Ord LR,Rev; switch w/ 2 Scorsi End C.'s same; Mirror hay (Lds R, Lys L) w/ 1 extra pass in 4 Scorsi	4;4 8;8
P3	Repeat P2 w/ new Mid C.; Repeat P2 w/ new Mid C.	24;24
P4	Rev; Con LR; Lds hay in 8 Spez; Lys haye in 8 Spez	4;4;16
P5	Rev; 2 Scorsi to form circle; 8 Rip L; Indiv Fig 8's in 4 Spez 8 Rip R; Indiv Fig 8's (as in Contrapasso)	4;4;8;8 8;8
P6	Lds Rev; Lys Rev; Spez LR (turning L); 4 Spez to start; Rev	4;4;4;8;4

Gentilezza D'Amore (Caroso 1581) == In 4 ==

P1	Rev;(turn L in) Spez L, Cad; Spez LR in CW wheel; Trab LRLR Trangi LR, flanked fwd; Turn L in Spez L, Cad; same starting R	1;1;1;1 1;1; 2
P2	Circle CW w/ Passi LR; Trab LR; Spez LR; repeat to finish wheel Scambiate LR; Rip LL; Trab LR; Turn L in Spez L, Cad	½;½;1; 2 2;½;½;1
P3	Ld: Passi LR, Spez L; Trab RLRL; back:Passi RL, Spez R; Trab LRLR Both: Trangi LR flanking back; Passi LR, Cad fwd; repeat start R	1;1;1;1 1;1;2
P4	Ly do as Ld did in V3,w/ both dancing the part for both	8
P5	Semidoppio L to L & R to R; Trab LRLR; Turn L in Spez L, Cad Trangi LR flanking back; Passi LR, Cad fwd; repeat start R; Rev	2;1;1 1;1;2;1

Italian Balli (16th Century & later)

Giunto M'Ha Amore		((Caroso 1581)
(Couples)		== In 6 ==
V1	Rev; Trab LRLR; Spez LR to switch; Scam L, Cad	2;2;2;2
Ch	Rip RR; Trab RL; Trangi RL flanked fwd; (turn R in) Spez R, Cad	1;1;2;2
V2	Circle CW w/Spez LRLR to place; Scam LR; repeat ch	4;4;12
V3	Ld approaches w/ Spez LR diagonally fwd; Ld Trab LRLR	2;2
V4	Ly do as Ld did in V3; repeat ch	8;12
V5	Passi LRL to L; Passi RLR to R; Scam LR; repeat ch	2;2;4;12

Gloria d'Amore		((Caroso 1581)
(Couples)		== In 6 ==
P1	Rev; Spez LR to switch; ScamLR; Puntate L fwd & R back Spez LR flanking back; Passi LR, Cad fwd	2;2;2;2;2 2;2
P2	Circle CW w/Spez LRLR to place; Trab LRLR; Turn L in Spez L, Cad Spez LR flanking back; return w/ Rip LL; Trab LR; (turn L in) Spez L, Cad	4;2;2 2;2;2
P3	Ld Fioretti a pie pari LR; Passi LR (back); Spez L & honor Ld Fioretti a pie pari RL; Passi RL (back); Spez R & honor	1;1;2 1;1;2
	Both: Puntate L fwd & R back; Rip LL; Trab LR; Turn L in Spez L, Cad	21;1;2
P4	Ly do as Ld did in V3, w/ both dancing the part for both	14
P5	Spez LR, Semidoppio L CW; Spez RL, Semidoppio R CCW Slow Trab L, touch R hands; Slow Trab R, touch L hands Spez LR flanking back; Passi LR, Cad fwd	4;4 1;1 2;2

Gracca Amorosa		((Caroso 1581)
(Couples)		== In 6 ==
V1	Rev; Spez LR to switch; curl CCW in Spez LR to face; Trab LRLR Spez sideways L & honor; Spez R; & honor	2;2;2;2 2;2
Ch	Spez L away from ptr; Spez R away; 3 Rip & Trab all to L Spez R away from ptr; Spez L away; 3 Rip & Trab all to R	1;1;2 1;1;2
V2	circle CW w/ Spez LRLR to place; Trab LRLR curl CCW w/ Spez LR to face; Scam LR; Repeat ch	4;2 2;4;8
V3	Ld Spez LR flank fwd; Trab LRLR; curl to place in Spez LR; Trab LRLR Ld Passo L & honor; Passo R & honor; All repeat ch	2;2;2;2 2;2;8
V4	Ly do as Ld did in V3; d; All repeat ch	12;8
V5	Ord L; Rip RR, Trab RL; Ord R; Rip LL, Trab LR Passo L & touch R hands; Passo R & touch L hands; Repeat ch	4;4 2;2;8

Italian Balli (16th Century & later)**Gratia d'Amore (Caroso 1581)****(Couples) == in 3==**

- P1-2 Rev (hold both hands); Turn L in Ord LR; Con LR, touch hands 4;4;4
 Passi LR; OrdL; Passi RL back; Rip RR; Con LR 2;2;2;2;4
- Opt. Ord LRLR; Con LR 8;4
- P3-4 R hands & Passi LR, Ord L; L hands & Passi RL, Ord R; Con LR 4;4;4
 Passi LR; Cast in Ord L; Passi RL down hall, Cast in Ord R; Con LR 4;4;4
- P5 Rev; Trade places & curl in Sepz LRLR; Trab LR (**Sciolta**) == in 6== 4;4;2
 Turn L in Spez L, Cad R ;2
- P6 Fioretti a piede pari LR; Passi LR back; Spez LR, clap R hands as pass 1;1;2
 Fioretti a piede pari LR; Passi LR back; Spez LR, clap L hands as pass 1;1;2
 Trab LR; Turn L in Spez L, Cad R 2;2
- P7 Spez LRLR flank fwd; Con LR, touch hands, Puntata L fwd, R back 4;4;4

Il Gratoso (Negri 1602)**(Ly betw 2 Lyds) == in 6==**

- P1: Rev; Barbell: Ly RipMin LR as Lds Ord LR over L sh 4;4
 Hands around, Passi LR; Ord L over L; Passi RL; Ord R over R 2;2;2;2
 Hay: RLd: 4 Ord to L of Ly, pass betw Ly & Ld, around Ld's place & end
 middle as Ly & Ld 4 spez to switch (Ly in front) & 2 Ord over L; Rev 8;4
 Repeat; Repeat Hay (w/o Rev Grave) 12;8
- P2: Rev Grave; Triangle: Ly Ord L fwd & over L sh as Lds 2 Ord over L 4;4
 Ly: RipMin LR as Lds: take R hands & switch w/ 2 Passi & 1 Ord over L sh 4
 Ly: 2 Ord over L sh as Lds exchange w/ L hands & turn R 4
 All: in CW wheel, 3 Ord; 1 Ord turning over L sh 6;2
 In CCW wheel, 3 Ord; 1 Ord turning over R sh 6;2
- P3: Rev Grave; Ly 2 Ord over L as Lds 2 Ord back to line 4;4
 Rip LR; Ord L over L sh; Rip RL; Ord R over R sh 2;2;2;2
 Hay: 6 Scorsi, - to start, Ly and LLd exchang w/ 1 Scorsi
 Then LLd & RLd, etc. until back to original place; Rev Grave 12;4

Griffoné d'Oro (A Lieta Vita) (SCA Choreography)**(Couples) == in 3==**

- P1 Rev; Semidoppio L, turn L; Spez RL to switch; Semidoppio R, turn R 4;4;4;4
 Ld Spez LR (flanking back); Ly Spez LR (flanking back) 4;4
 Semidoppio L, turning L; Semidoppio R to place 4;4
- P2 Ld Spez LR to ptrn; Semidoppio L turning to place 4;4
 Spez RL to ptrn; Semidoppio R turning to place 4;4
 Spez LRLR back& fwd in diamond; Semidoppio L, turn L; All Rev 4;4;4;4
- P3 Ly do as Ld did in P3; All Rev 28;4
- P4 Ld Spez LR flanking back; Ly same; Both Semidoppio L, turning L 4;4;4
 Semidoppio R to place 4
- P5 Take R hands & Spez LR to switch; Semidoppio L, turning L 4;4
 Take L hands & Spez RL to switch; Semidoppio R, turning R 4;4
 Spez LR flanking back; Spez LR flanking fwd (end w/ L shoulders) 4;4
 Semidoppio L, turning L; Rev 4;4

Italian Balli (16th Century & later)

Laccio d'Amore (Couples) (Caroso 1581) == in 4 ==

V1	Rev; Face L in wheel Spez LRLR; Face ptrn Trab LRLR	1;2;1
	Spez LR flanking back; turning L, Spez L, Cad R; Same starting R	1;1;2
V2	Ld's solo Passi LR, Trab LR; turning L, Spez L, Cad R	1;1
	Passi RL, Trab RL; turning R, Spez R, Cad L	1;1
	Take R hands & Spez LR; Passi LR, Cad L, Same w/L	1;1;2
V3	Ly do as Ld did in V3	8
V4	Fioretti a pie pari LR, Passi LR (flank bck); Semidoppio L (turn L)	1;1
	Fioretti a pie pari RL, Passi RL (flank bck); Semidoppio R (turn R)	1;1
	Passi LR, Batt di Piedi LR; Spez LR (flank bck)	1;1
	Rip LL, Trab LR; (turning L) Spez L, Cad R	1;1

Leggiadria d'Amore (Ld betw two Lys) (Caroso 1581) == in 2 ==

P1:	Rev; ContLR; Ord LR, turning L	2;2;2
P2:	3 Ord LRL; Ord R, turning R	3;1
	Spez L; Passi RL, Cad; Battute di Campenella RR; Trab R	½;½;½;½
P3:	Ld Ord LR; Ord L, turning L; Trab RLR	2;1;1
	All Spez L; Passi RL, Cad; Battute di Campenella RR; Trab R	½;½;½;½
P4:	Lys Ord LR; Ord L, turning L; Trab RLR	2;1;1
	All Spez L; Passi RL, Cad; Battute di Campenella RR; Trab R	½;½;½;½
P5:	3 Scorsi Hey; Trab RLR; Spez L, Passi RL, Cad; Batt di Camp RR, Trab R3;1;1;1	
P6:	Take hands Passi LR, Ord L CW; Passi RL, Ord R CCW	2;2
	Drop hands Spez LR, flanking back; Trab LR	1;1
P7:	Ord L fwd; Ord R back; Ord L, turning L; Trab RLR	1;1;1;1
	Ld Ord LR, turning L 1-½ times, while Lys Scorsi LR; Rev	2

Maraviglia d'Amore (Couples) (Caroso 1581) == in 3 ==

P1	Take R hands, Spez L to L, Rev; Rip RR; Trab RL; Repeat to R	4;2;2;8
	Spez LR, circling L; Trab LRLR; Scambiate LR	4;4;2
	Out L: Rip LL; Trab LR; Spiral in Passi LR, Cad; Repeat to R	2;2;4;8
P2	Ld Spez LR, flank back; Trab LRLR; Spez LR, turning L; Passi LR, Cad	4;4;4;4
	Both Trab LRLR; Spez L to L, Rev; Repeat to R	4;4;8
	Passi LR back; Trangato L fwd; Spez RL, turning R; Repeat to R	2;2;4;8
P3	Ly do as Ld did in P3, with both dancing the part for both	48
P4	In CW Wheel Passi LR; Spez L; Repeat tCCW, starting R; Scamb LR	2;2;4;8
	Fioretti pari LR; Passi LR back; Spez LR, clap R hands; Repeat to R	2;2;4;8
	Trab LRLR; Spez L, turning, Cad; Repeat to R; Rev	4;4;4;4

Italian Balli (16th Century & later)

Spagnoletta Regolata		(Caroso 1600)
(Couples)		== In 6 ==
V1	Rev; Spez LRLR; Passi LRLR; (facing) Rip LL, Trab LR	2;4;2;2
	Turn CCW in Semidoppio L; Rip RR, Trab RL; Semidoppio CW	2;2;2
Chorus	Spez LR (flank back), Semidoppio L fwd; Spez RL back, Semidoppio R	4;4
V2	Repeat Verse 1, replacing Rev w/ 2 Spez (6 Spez total); Chorus	16;8
V3	Ld: (face ptrn) Spez LR, Passi LR (in CCW circle); Saffice L	2;1;1
	Spez RL, Passi RL (in CW circle); Saffice R; Sottopiede LL	2;1;1;1
	Trab LR, Corinto L; Sottopiede RR; Trab RL, Corinto R; chorus	1;2;1;1;2;8
V4	Ly do as Ld did in V3; chorus	16;8
V5	(face fwd) Passi LR; Trab LR Saffice L; Passi RL; Treb RL Saffice R	2;2;2;2
	(face ptrn) Sottopiede LL, Treb LR; Semidoppio L (CCW circle)	2;2
	Sottopiede RR, Trab RL; Semidoppio R (CW circle)	2;2
Final Ch	Saffice LR (flank back); Spezi LR; Saffice RL back; Puntati RL; Rev	2;2;2;2;2

Lo Spagnoletto		(Negri 1602)
(2 Couples)		== In 6 ==
V1	Rev w/ jump; In wheel: Ord L; Spez RL; Ord R	2;2;2;2
Cha	Sottopiede LLL, Cad L, Trab R; Ord L turning L	2;2
	Sottopiede RRR, Cad R, Trab L; Ord R turning R	2;2
Chb	Passi LR back; Ord L fwd to place; Passi RL back; Ord R to place	2;2;2;2
V2	Lys slow Passi LR; Ord L to switch; Spez RL; Ord R to place	2;2;2;2
Cha	Lys only; Chb everone	8;8
V3	Lds do as Lys did in V2; Lds Cha; All Chb	8;8;8
V4	(In wheel L) Spez LR; Ord L; Spez RL; Ord R; chorus	2;2;2;2;16
V5	Lys Passi LR; Trab LR; Seguito L in tight circle	1;1;2
	Lys Passi RL; Trab RL; Seguito R to place	1;1;2
Cha	Lys only; Chb everone	8;8
V6	Lds do as Lys did in V5; Lds Cha; All Chb	8;8;8
V7	(R hands w/ptrn) Spez LR; Ord L turning L	2;2
	(L hands w/contrary) Spez RL; Ord R turning R; chorus	2;2; 16

Villanella		(Caroso 1581)
(one or more couples)		== In 3 ==
V1	Facing ptrn, Rev; Con LR; Ord LR fwd; Con L, Rip RR	4;4;4;4
V2	Fwd Passi LR, Ord L; Passi RL, Ord R; Con L, Rip RR; Rev	4;4;4;4
V3	Ld in front of Ly to her R: Passi LR, Ord L; Passi RL, Ord R	4;4
	Together: Con L, Rip RR; Rev	4;4
V4	Repeat, beginning w/ Ly passing in front Ld to his R	16
V5	Cast off to face down hall in Passi LR, Ord L; Cast off to face up	4
	the hall in Passi RL, Ord R; Con L, Rip RR; Rev	4;4
V6	Fast Spez LR to switch w/ R hands; Spez LR to curl L	2;2
	Spez LR to switch w/ L hands; Spez LR to curl R; Con L, Rip RR; Rev	2;2;4;4

Italian Balli (16th Century & later)

Torneo Amorofo		(Caroso 1581)
(Couples)		==In 2==
P1	(Fwd) Rev; Con LR; Puntate LR; Doppio L; Repeat w/R Ord LRLR	4;4;4;4 8
Ch	(Drop hands & face) Rip LLRR; Passi LR (flanking) Ord L (back)	4;2 2
	Rip RRL; (change places w/) Passi RL; Ord R	4;2
P2	(Fwd) Punt L (Ld); Punt L (Ly); Punt R (Ld); Punt R (Ly) Ord LR (flanking Ld); Ord LR (flanking Ly)	1;1;1;1 4;4
	Repeat above 2 lines; Chorus	12;16
P3	Repeat part 2 w/ Ly moving first each time; Chorus	24;16
P4	Rev; Spez LR (turn L); Spez LRLR (away) (Face) Spez Scorsi LL* (strike R hands); Spez LR (away) Repeat (strike L)	==In 6== 2;2;4 2;2 2;2;4
	Spez LRLR (flanking); Trab LRLR (strike opposite hands) (Take hands) Rev (next part ==In 3==)	4;2 2
P5	(Face) Ord LRLR (flanking back); Ord LRLR (Figure 8) Ord LRLR (change places); Ord LRLR (flanking fwd) Ly Figure 8 as Ld: Ord LR (turn L) & Ord (to Ly); Rev	8;8 8;8 8

Villanico (Negri 1602)

(2 Lds & 2 Lys in a square)		== In 4 ==
V1	Rev; Ord LRL	2;3
Ch	Passi RLR, Passo L w/ hop, turning R: Spez RL, Ord R w/ Cad	1;2
V2	5 Ord LRLRL in CW wheel Repeat chorus	5 3
V3	(Lds only) 2 Passi (grave) LR to center; Ord L Puntato R back turn L hip to center; Con LR; Rip R, Cad to face	1;1 1;1;1
	Lds only Repeat chorus	8
V4	Lys do what Lds did in V3	8
	Lys only Repeat chorus	8
V5	Ld1: Take R hands w/Ly on R & Ord LR, Drop hands Ord LR, turning L ; Rip LLRR ; Ord LR, turning L Ld1: Take R hands w/Ly on L & Ord LR, Drop hands Ord LR, turning L; Ord LR to Ly & back; Ord LR, turning L	2 2;2;2 2 2;2;2
V6	Ly1 repeats V5 (w/ Ld on R, then L)	16
V7	Ld2 repeats V5	16
V8	Ly2 repeats V5	16
V9	All repeat V5 together, begin w/ ptr	16
V10	In CW wheel: Passi LR, Ord L; CCW: Passi RL, Ord R	2;2
V11	All together Repeat V 3 Repeat Chorus	5 3
	For a shorter version of the dance, skip V5-V8	

Steps for 16th Century Italian Dance

Bransle - shift weight slowly to side & back to center
Cadenza (Cad)– jump & land w/ lead foot slightly fwd.
Canario (Seguito Battuto al Carario) – L heel fwd, L toe back, close w/ a stamp.
Continenza (Con) – A step to the side & close. Sink down on the ball of the foot as you step to the side, & rise up as you close w/ the other foot
Corinto - 3 reprises [or reprises sottopiede), followed by a trabucetto in same direction
Double (Doppio) – three steps, styling varies from dance to dance
Doppio Francese – Trab back, trab to the side, Ord to other side
Fioretto – swing lead foot fwd, to the side, and back, kicking it under the other foot.
Fioretto a Pie Pari – swing L foot to side & back, kicking the R foot to the other side.
Gropo - Trab L, R, L; cut R foot under left & kick L foot out in front
Passo – step lightly & carry through (do not close)
Puntata (Puntata Grave) - Step L. "Stab" RLift L heel off ground. Lower L heel.
Reverance (Rev) (lds) – move L foot fwd, sweep L foot back, shift weight onto back leg w/ knee bent, straighten back leg back gracefully into standing position
Ripresa (Rip)– step sideways over onto the toe & lower to floor w/ weight on other foot
Ripresa minuta – "charleston" type step side to side (heels together, toes together)
Saffice – Sottopiede, followed by a Trebucetto in the same direction
Saltino a pie pari – jump straight up & land on both feet
Scambiote – Step sideways w/ lead foot, undercut, cadenza
Scorsi – Rise up on toes & scurry for 8 steps in 4 beats; lower heels.
Seguito Ordinario (Ord) – Caroso - three steps (for Negri, see Seguito Semidoppio)
Seguito Semidoppio (Semidoppio)– 2 Passi, & a spezatto (Negri - Seg Ordinario)
Sottopiede – step sideways, cut other foot under first foot
Spezzato (Spez)– 3 steps on the balls of the feet, w/ an undercut on the second step
Spezzato Alterato (L)– raise L foot & hop onto R, spez L
Spezzato Scorsi LL – Spez LRLR at double normal speed
Trabucetto (Trab) – small jump sideways onto ball of foot
Passo Trangato/Trango – Step with lead foot and pull other foot to close

Galliard Variations from Compasso (*Ballo della Gagliarda*, 1560)

5-Step Basic Cinque Passi

1. In place.
2. Going to the side.
3. Going around the room.
4. Turning and going around the room.
5. As the *molinello*, i.e., one set turning over the left shoulder, and one set over the right.

Balzo (Bound, or Large Bound)

1. In quarter turns, w/ one beat per turn segment.
2. In quarter turns, w/ two or four beats per turn segment.
3. In quarter turns, w/ two or four beats per turn segment, and ending w/ feet together.
4. While turning for an unspecified amount of rotation, landing w/ feet together.

Galliard Variations from Compasso (*Ballo della Gagliarda*, 1560)

Campanella (Little Bell) and Balzetto (Little Bounds w/ Feet Together)

1. *Campanella*, in place.
2. *Campanella*, turning.
3. Two *balzetti* to the side, plus half a *campanella*.
4. Two *balzetti* to the side, plus half a turning *campanella*.
5. One *balzetto* turning 180°, plus 3 "rings" on *campanella*, end w/ feet closed.

Ponte è Calcagno (Toe and Heel)

1. In place.
2. Turning.
3. Going around the room.
4. Just one set of toe and heel, plus half a turning *campanella*.
5. Just one set of toe and heel, plus a two beat *Rev* to the side.

Zoppetto (Limping Hop)

1. Going around the room.
2. Two *zoppetti* (w/ working leg flat and syncopated), plus half a *campanella*.
3. Two *zoppetti* (w/ "lame" foot high), plus a two-beat *sottopiede*.
4. Two *zoppetti* (w/ "lame" foot high), plus a two beat *Rev*.

One-Off Variations

1. *La Ripresa in Sottopiede*.
One full *ripresa in sottopiede*.
2. *La Volta con la Gamba Alta*.
180° turn done w/ one leg higher in the air, plus half a *campanella*.
3. *La Gambata (Shaking Leg)*.
Two beats of *gambata*, plus half a turning *campanella*.

English Country

Adson's Saraband

(Playford 1651)

(3 Couples in a line)

== In 4 ==

- | | | |
|----|--|---------|
| P1 | Double fwd & back; Set & turn; repeat | 2;2;4 |
| | Lds Double away from Lys & back; Set & turn; Lys same | 2;2;4 |
| P2 | Lds Double down set as Lys up; pass & fall into ptrn's place; Set & turn | 1;1;2 |
| | Lds Double up set as Lys down; pass & fall into ptrn's place; Set & turn | 1;1;2 |
| P3 | Half a Hey for couples; Set & turn; complete Hey; Set & turn | 2;2;2;2 |
| P4 | Lds Double away, Lys catch up; Set & turn | 2;2 |
| | Lds 1&3 meet & back as Lys 1&3 same & C2 same; turn who you meet | 2;2 |
| | Switch w/ ptrn; Set & turn; C1 lead down middle & lead all L to place | 2;2;4 |

All in a Garden Green

(Playford 1651)

(3 Couples in a line)

== In 4 ==

- | | | |
|----|--|------------|
| V1 | Double fwd & back; Set & turn; repeat | 2;2;4 |
| C1 | Ld1 take R hands w/ Ly1; L w/ Ly2; R then L w/ Ly3; kiss 2x; turn | 1;1;1;1;1 |
| | Ld1 take R hands w/ Ly3; L w/ Ly2; R then L w/ Ly 1; kiss 2x; turn | 1;1;1;1;1 |
| V2 | Side R; Set & turn; Side L; Set & turn | 2;2;2;2 |
| C2 | The same as Chorus 1, except first Ly dances w/ the Lds | 10 |
| V3 | Arm R; Set & turn; Arm L; Set & turn; repeat Ch 1 | 2;2;2;2;10 |

English Country

Argeers		(Playford 1651)
(2 Couples facing)		== In 4 ==
V1	Corners join hands, Slip out & back ; Turn corner ½ ; Turn ptrn 1½	1;1;2
	Double fwd; Turn corner ½ ; Turn ptrn 1½	1;1;2
C1	Lds switch; Lys switch; Set & turn; Lys switch; Lds switch; Set & turn	1;1;2;1;1;2
V2	Double out & back w/ corner; Turn ptrn; Double back & fwd; Set & turn	2;2;2;2
C2	Lds slip R, Lys slip L (Lds inside); Slip back (Lys inside); Turn corner	1;1;2
	Lys fwd & back a double; Lds do single Hey to place	2;2
V3	Lds push corner back; Slip to Ld's R; Fall back; Set & turn	½;1;½;2
	Lds slip L, Lys R (Lds inside); Lds push Lys back & fall back; Set & turn	1;1;2
C3	Ld1 & Ly2 cast off & lead into ptrn's place; Cast again back to place	2;2
	Lds begin a single Hey for 4, do half the Hey; ladies join in	1;1
	Turn ptrn; Fall back into line of 4 & honor presence	2

Beautiful Joy		(SCA Choreography)
(3 Couples in a line)		== In 4 ==
V1	Double fwd & back; Set & turn; repeat	2;2;4
Ch	C1 Rev; C2 Rev; C3 Rev	1;1;1
V2	C1 Cast & go through arches, to bottom; C1 Set & turn	2;2
	Lds hands & Lys hands - Double back & switch w/ ptrn by 2 hands; repeat	2;2
	Repeat Ch	3
V3	C2 the same; repeat Ch	8;3
V4	C3 the same; repeat Ch	8;3
V5	Side R; Set & turn; Side L; Set & turn; repeat Ch	2;2;2;2;3
V6	Singles LR back from ptrn; Double to switch; repeat	1;1;2
	Hey for Couples; Repeat Ch	4;3
V7	Arm R; Set & turn; Arm L; Set & turn; Repeat Ch	2;2;2;2;3

Beggar Boy		(Playford 1651)
(3 Couples in a line)		== In 4 ==
V1	Double fwd & back; repeat	2;2
C1	C1 & C3 Double away from ptrn & to place, as C2 Double to meet ptrn & back 2	
	Lds take hands in a circle, Lys same & turn ½ to reverse order of line; repeat	2;4
V2	Side RL	4
C2	Lds 1&3 switch as Lys 1&3 switch as C2 Double back from ptrn & to place	2
	The first 4 full circle around while C in last place Set & turn; repeat	2;4
V3	Arm RL	4
C3	Double back from ptrn & to place; Lds half Hey as Lys half Hey; repeat	2;2;4

English Country

Black Nag	(Playford 1665)
(3 Couples in a line)	== In 4 ==
V1 Double fwd & back; repeat	2;2
C1 Slip up the line (C1; C2; then C3); Turn single; Slip down; Turn single 1;1;1;3;1	1;1;1;1
V2 Side RL	2;2
C2 Ld1 & Ly3 switch; then Ld3 & Ly1; then Ld2 & Ly2; Turn single	1;1;1;1
Ld1 & Ly3 return; then Ld3 & Ly1; then Ld2 & Ly2; Turn single	1;1;1;1
V3 Arm RL	2;2
C3 Lds Hey; Lys Hey	4;4

Boate Man	(Playford 1651)
(3 Couples in a line)	== In 4 ==
V1 Double fwd & back; Set & turn; repeat	2;2;4
C1 Ld2 & C1 ½ triangle Hey, while Ly2 & C3 the same; turn ptrn	2;2
Ld2 & C3 ½ triangle Hey, while Ly2 & C1 the same; turn ptrn	2;2
V2 Side R; Set & turn; Side L; Set & turn	2;2;2;2
C2 Ld2 & C1 ½ circle, while Ly2 & C3 the same; (C2 meet &) turn ptrn	2;2
Ld2 & C3 ½ circle, while Ly2 & C1 the same; (C2 meet &) turn ptrn	2;2
V3 Arm R; Set & turn; Arm L; Set & turn	2;2;2;2
C3 Ld1, Ly2 & Ld3 hands around Ld2; C2 turn ptrn	2;2
Ly1, Ld2 & Ly3 hands around Ly2; C2 turn ptrn	2;2

Bonny Bonny Broom	(Playford 1651)
(4 Couples in a line)	== In 4 ==
V1 Double fwd & back; C1&2 cast to place as C3&4 same; face down & repeat	2;2;4;4
C1 C1&3 meet & back; circle to place; C2&4 same	2;2;4
V2 Side R; Set & turn; Side L; Set & turn	2;2;2;2
C2 C1 & C2 switch(Ld w/Ld); C3&C4 switch; Set & turn; repeat	1;1;2;4
V3 Arm R; Set & turn; Arm L; Set & turn	2;2;2;2
C3 C1 fwd & back as Lds2&3 & Lys 2&3 away & back as C4 down & back	2
Circle half around; repeat	2;4

Burley Mariners	(SCA Choreography)
(3 Couples in a line)	== In 4 ==
V1 Double fwd & back; Set & turn; repeat; Hey for Couples; repeat	2;2;4;4;4
C1 Ld1 to bottom of set: Switch by R hnd w/ Ly1; L-Ld 2; R-Ly2; L-Ld3	1;1;1;1
Ld1 honor Ly3; Ly3 honor Ld1; 2 hand switch; all back-to-back	½;½;1;2
Ly1 zig zag to bottom of set, as Ld1 did (incl honors, switch, & back-to-back)	8
V2 Side R; Set & turn; Side L; Set & turn	2;2;2;2
Hey for Couples; repeat	4 (2x)
C2 Current Ld1 zig zags to bottom of set; current Ly1 same	8;8
V3 Arm R; Set & turn; Arm L; Set & turn	2;2;2;2
Hey for Couples; repeat	4 (2x)
C3 Current Ld1 zig zags to bottom of set; current Ly1 same	8;8

English Country

Chestnut		(Playford 1651)
(3 Couples in a line)		== In 4 ==
V1	Double fwd & back; repeat	2;2
C1a	Lds & Lys Double back from ptrn; Switch places w/ ptrn	1;1
C1b	Lds hands & Lys hands & ea group full circle; repeat (to place)	2;4
V2	Arm RL	4
C2	Do C1a; Lds half Hey, reversing order, as Lys same; repeat (to place)	2;2;4
V3	Side RL	4
C3	Do C1a; C1 lead down betw other couples, who follow, reversing the line This back again, but C1 (in C3 place) Cast off (not lead betw)	2;2 4

Confesse		(Playford 1651)
(2 lines of Ly, Ld, Ly facing each other)		== In 4 ==
V1	Double fwd & back; repeat	2;2
C1	Lds go betw the 2 Lys to his L, lead out a Double, turn and lead back a Double; Turn the person you are facing Lds lead their 2 Lys out of the set in a Double, turn and lead back in a Double Turn the person you are facing	2;2 2 2 2
V2	Slip L; Slip R	2;2
C2	Ld1 choose a Ly & bring into center; all others join hands and circle this couple, then fall to place, Ld1 & Ly fall back to place; That again w/ Ld 2	1;2;1;4
V3	Slip R; Slip L	2;2
C3	Lys Double away as Lds turn & Double away; Double to place Lds staying in center, Lys join hands & circle for 4 as Lds Turn single Lys Double away as Lds turn & Double away; Double to place Lys Turn single as Lds turn ea. other	1;1 2 1;1 2
V4	Fwd & back a double (2x)	2 (2x)
C4	Lds take hand of Ly to R & all back and fwd a Double as "spare" Lys come behind and through the arch made by hand holders Couples turn as "spares" meet and turn & all fall into place That again, Lds taking hand of Ly to L	2 2 4

Crossed Purposes		(SCA Choreography)
(6 Couples in a cross (square for 4 w/2 Couples inside))		== In 4 ==
V1	In lines across hall, Double fwd & back 2x; face down the hall & repeat	4;4
Ch	Middle Couples TAG (Two Fat Ladies) Hey up & down set, as Sides Back-to-back into a Gypsy & the contrary, til all come home Middle Couples TAG Hey across set as Heads back to back into gypsy	8 8
V2	Middles face Heads & Side RL as Sides same w/ own; Middles face Sides & Side RL as Heads same w/ own; repeat Ch	4 4;16
V3	Middles face Heads & Arm RL as Sides same w/ own; Middles face Sides & Arm RL as Heads same w/ own; repeat Ch	4 4;16

English Country

Cuckolds All A Row		(Playford 1651)
(2 Couples facing)		== In 4 ==
V1	Double fwd & back; repeat	2;2
C1	Back-to-back corner; Gypsy corner; Back-to-back ptrn; Gypsy ptrn	2;2;2;2
V2	Side R w/ ptrn; Side L w/ corner	2;2
C2	Lds switch places; Lys switch places; All join hands & circle L	1;1;2
	Lys switch places; Lds switch places; All join hands & circle L	1;1;2
V3	Arm R w/ ptrn; Arm L w/ corner	2;2
C3	Lds push corner back a double, Slip to Ld's R, Fall back to ptrn's place	2
	Lds cast R to old place and back to new place, ptrns following	2
	Lds push corner back a double, Slip to Ld's L, Fall back to orig place	2
	Lds cast L & back to place, ptrns following, all to orig place	2

Dafydd's Delight		(SCA Choreography)
(3 Couples in a circle)		== In 4 ==
V1	Lds double in & out; Lys Double in & out	2;2
	All set LR flanking fwd & Double back to place	2
C1	All facing ctr: Ld Double behind to ptr place as Ly Double in front to his	1
	Switch back, Ld in front; weave around circle starting w/ Ld behind corner	1;3
	Switch w/ ptr, Ld in front (end improper)	1
V2	Lds Slide fwd & R 1 place; Lys Slide L; repeat 2x until back to place	1;1;4
C2	Side R w/ ptrn; Meet L sh; pass to meet R sh w/ next, L w/ next, face ptrn	2;1;3
V3	Lds take R hands & move L 1 place; Lys L hands, to move R; repeat 2x	1;1;4
C3	Arm R w/ Ptrn; Arm L half w/ Corner; R half w/ next; Arm L w/ /Ptrn	2;2;2

Dargason		(Playford 1651)
(single line – Lds facing equal number of Lys)		== In 4 ==
P1	C1 side R; Set & turn moving into each others place	2;2
	Continue w/ new ptrns; progress until reach original place	2;2 (mult x)
P2	C1 arm R; Set & turn into each others place	2;2
	Continue w/ new ptrns, & progress as before	2;2 (mult x)
P3	Hey through entire set (grand RL)	1 (mult x)

Variation: 2 equal lines in a cross formation. Remain in original line; curve L when switching places in the middle. On Hey, do half a star to switch sides in the middle.

Dull Sir John		(Playford 1651)
(4 Couples in a square)		== In 4 ==
V1	Heads Double in, cast off w/ opp & return to place; Sides same	2;2
C1	Head Lds switch; Head Lys switch; Circle to place; Sides same	1;1;2;4
V2	(Side Lds behind Lys) C1 split betw corners to C3 as C3 Double to C1's place	1
	Repeat w/ C3 going through corners; Head Lds fall behind Lys; Sides same	1;2
C2	Heads (Lds still behind Lys) Hey to place, end side by side; Sides same	4;4
V3	Lds cast behind ptrn & advance 1 place R; Lys same; Repeat	1;1;2
C3	Heads Back-to-back; R hands to opp & switch L to ptrn; Sides same	2;1;1;4

English Country

Epping Forest

(Playford 1670)

(3 Couples in a circle)

== In 4 ==

V1	2 Doubles L; Set & turn; 2 Doubles R; Set & turn	2;2;2;2
Ch	Honor ptrn & kiss or Slow Set LR; Same to corner Turn corner full circle; turn ptrn full circle	2;2 2;2
V2	Side R; Set & turn; Side L; Set & turn; Chorus	2;2;2;2;8
V3	Arm R; Set & turn; Arm L; Set & turn; Chorus	2;2;2;2;8

Faine I Would If I Could

(Playford 1651)

(4 Couples in a square)

== In 4 ==

V1a	Double away from the set; turn & Double back to place	1;1
V1b	2 hand switch w/ corner; 2 hand switch across set (Heads w/ ptrn)	1;1
V1c	Repeat V1a w/ opposite; Repeat V1b, end in orig square	1;1;1;1
C1a	Heads Double fwd, 'pick up' Sides & double back	2
C1b	All turn opposite and fall into corner's original position	2
C1c	C1a, w/ Sides leading; C1b, falling into original square	2;2
V2	Side R w/ ptrn; V1b above; Side L w/ opposite; V1b above	2;2;2;2
C2a	'Cloverleaf' - Heads cast away from ptrn & walk small circle through nearest corner position & back to place, each corner following nearest leader	2 2
C2b	Each head couple & their corners take 4 hands round to your places	2
C2c	C2a, but the Sides lead; C2b, but w/ each Side couple & their corners	2;2
V3	Arm R w/ ptrn; V1b above; Arm L w/ opposite; V1b above	2;2;2;2
C3a	Heads double in & turn back-to-back; Sides hands & circle R	2;2
C3b	C3a, but Sides back-to-back while Heads circle R & fall back in original square	4

Fiddlesticks (Not your gaffer's Fedelta)

(SCA Choreography)

(Couples in a circle)

== In 4 ==

V1	Slip L; Set & turn; Slip R; Set & turn	2;2;2;2
Ch	Lds turn single; Lys same	1;1
V2	Arm R; Set & turn; Arm L; Set & turn; Repeat Ch	2;2;2;2;2
V3	Set, Double in & out, set Ms Cary's Reprise L&R (3 steps to side, rock back, turn single) Repeat ch or, at end of dance replace turns with honors	4 4 2

Fine Companion

(Playford 1651)

(4 Couples in a circle)

== In 4 ==

V1	Double fwd & back; Set & turn; repeat	2;2;4
C1	Lds double in & out; Lys in as Lds out; Lys out as Lds in & circle Lys double in & out; Lds in as Lys out; Lds out as Lys in & circle	2;2 2;2
V2	Side R; Set & turn; Side L; Set & turn	2;2;2;2
C2	Heads in & out; Sides in (as Heads out) & out as Heads in & circle Sides in & out; Heads in (as Sides out) & out as Sides in & circle	2;2 2;2
V3	Arm R; Set & turn; Arm L; Set & turn	2;2;2;2
C3	Lds to center; Lys circle; Lds to place; repeat w/ Lds circle Lys	1/2;3;1/2;4

English Country

Gathering Peascods		(Playford 1651)
(About 4 - 7 Couples in a circle)		== In 2 ==
V1	Slip L; Turn single; Slip R; Turn single	4;2 [2x]
C1	Lds take hands, Circle round to places; Lys the same	6 [2x]
	Lds meet & clap; Lys same (as Lds out); Lds same, no clap, turn to place	2;2;4
	Lys meet & clap; Lds same (as Lys out); Lys same, no clap, turn to place	2;2;4
V2	Side R; Turn single; Side L; Turn single	4;2 [2x]
C2	Same as chorus 1, except Lys do everything 1st and Lds after	28
V3	Arm R; Turn single; Arm L; Turn single; Chorus 1	4;2 [2x];28

Glory of the West		(Playford 1651)
(2 Couples facing)		== In 4 ==
V1	Double fwd & back; Slow Set away from ptrn & back	2;2
	Double back & fwd; Slow Set away from ptrn & back	2;2
C1	Lds Double back; Lys Turn single; Lys Double back; Lds Turn single	1;1;1;1
	Lds switch in 2 Doubles; Lys switch; All circle to place	2;2;2
V2	Side R w/ corner; Slow Set; Side L w/ ptrn; Slow Set	2;2;2;2
C2	Lds cast L to stand back to back w/ ptrn, then cast back	2
	Lys same to R; Hey for 4 start R hands w/corner; R hand star	2;4;2
V3	Arm R w/ corner; Slow Set; Arm L w/ ptrn; Slow Set	2;2;2;2
C3	Lds meet & take R hands; Lys same	1;1
	Lds circle under arch to place; Lys same	2;2
	Switch w/ corner by R, then ptrn by L	2
	Circle halfway, then open up to face presence	2

Goddesses		(Playford 1651)
(4 Couples in a line)		== In 4 ==
V1	Double fwd & back; repeat	2;2
Ch	C1 cast to foot of set as others follow; Cast from foot of set to place	2;2
V2	Ld1 lead Lds around the Lys; Last Ld leads line back; repeat Chorus	2;2;4
V3	Lys take hands and go behind Lds & back; repeat Chorus	4;4
V4-5	Lds circle Lys; repeat Chorus; Lys circle Lds; repeat Chorus	4;4;4;4
V6-8	Lds circle together; Chorus; Lys circle; Chorus; All Circle; Chorus	4;4;4;4;4;4
V9-10	Lds Hey; repeat Chorus; Lys Hey; repeat Chorus	4;4;4;4
V11	All Hey; repeat Chorus	4;4

Grimstock		(Playford 1651)
(3 couples in a line)		== In 4 ==
V1	Double fwd & back; Set & turn; repeat	2;2;4
C1	Hey for Couples	4
V2	Side R; Set & turn; Side L; Set & turn	2;2;2;2
C2	Arches Hey w/ C1 leading under to start	4
V3	Arm R; Set & turn; Arm L; Set & turn	2;2;2;2
C3	Crossover Hey - C1 cross over & Hey down the set (on ptrn's side), C1 crosses back at bottom of set & Hey up the set (on own side)	4

English Country

Heart's Ease		(Playford 1651)
(2 Couples facing)		== In 4 ==
V1	Double fwd & back; repeat	2;2
Ch	(facing ptr) Double away from & toward ptr; Turn corner (facing corner) Double away from & toward corner; Turn ptr	2;2 2;2
V2	Side R & L; repeat Chorus	2;2;8
V3	Arm R & L; repeat Chorus	2;2;8

The Health		(Playford 1651)
(4 Couples in a line)		== In 4 ==
P1	Double fwd & back; Slow Set (2x)	2;2 (2x)
	C1 & C4 Double together as others Double back	1
	C1 & C4 turn to face away from ea other	1
	C1 & C4 cast, the others following til back to current position	2
	C2 & C3 the same	4
P2	All take hands in circle facing out & go halfway; Slow Set (2x)	2;2 (2x)
	C1 & C4 Double together as others Double back	1
	C1 & C4 turn to face away from ea other	1
	C1 & C4 take hands facing out & circle	2
	C2 & C3 the same	4
P3	Switch w/ ptr w/both hands; C1&C2 switch as C3&C4 switch; Slow Sets	2;2(2x)
	Ld1 & Ly4 Double together & take R hands; Ly1 & Ld4 the same	1;1
	C1 & C4 R hand star; C2 & C 3 the same	2;4

Heralds in Love		(SCA Choreography)
(4 Couples in a line)		== In 4 ==
V1	Double fwd & back; Set & turn; repeat	2;2;4
C1	Ld1 & Ly2 switch w/ R hands, as Ld3 & Ly4 do same	1
	Ld1 & Ly4 switch w/ L hands; Continue until all are back to orig places	1;6
V2	Side R; Set & turn; Side L; Set & turn	2;2;2;2
C2	Ld2 & Ly3 switch w/ R hands; Ld2 & 4 switch w/ L hands as Ly3 & 1 same; Continue until all are back to place	1;1;6
V3	Arm R; Set & turn; Arm L; Set & turn	2;2;2;2
C3	Do chorus 1 & chorus 2 together	8

Hit and Misse		(Playford 1651)
(2 Couples facing)		== In 4 ==
V1	Double fwd & back; repeat	2;2
Ch	Double in; Double out to side w/ opp Double in; Double back to place w/ ptr Single Hey for 4, begin by passing R shoulders w/ opp	1;1 1;1 (3 or 4)
V2	Side R & L; repeat Chorus	4;(7 or 8)
V3	Arm R & L; repeat Chorus	4;(7 or 8)

English Country

Hyde Park

(Playford 1651)

(4 Couples in a square)

== In 4 ==

- V Heads Double fwd & back; Sides same 2;2
- C1 Heads slip into center to meet other C; slip out w/ corner through nearest Inactive C; cast to place; Sides same; repeat V 1;1;2;4;4
- C2 Sides change places w/ ptrn & make arch while Heads pass ptrn by R & continue around set to meet corner outside of arch; Heads go through arches to meet ptrn; fall back to place 2;1;1
This again, Heads and Sides switching roles; repeat V 4;4
- C3 All Lds pass ptrn by the inside shoulder & continue around set, Going around the Lys by alternating shoulders 4
All Lys pass ptrn by the inside shoulder do same around Lds 4

If All the World Were Paper

(Playford 1651)

(4 Couples in a square)

== In 4 ==

- V1 Double fwd & back; Set & turn (2x) 2;2 (2x)
- C1 Head Lds switch places, then Lys; Hey to place; Sides same 2;2;4
- V2 Side R; Set & turn; Side L; Set & turn 1;1;1;1
- C2 Heads double in; take corner betw Sides; cast to place; 2 hand turn; Sides same 1;1;2;4
- V3 Arm R; Set & turn; Arm L; Set & turn 1;1;1;1
- C3 Heads do Hey for 4 start R hands w/ opposite; Sides same 4;4

The Irish Gypsy (or Sionnain's Shamrock)

(SCA Choreography)

(4 Couples in a square)

== In 4 ==

- V1 Heads double fwd & back; Heads double fwd & cast to place; Sides same 2;2;4
- C1 Heads slip in; set LR; Slip w/ opp betw Sides & cast to place; Sides same 1;1;2;4
½ Hey begin by passing ptrn by R; gypsy w/ ptrn; repeat 2;2;4
- V2 Side R w/ ptrn; Set & turn; Side L w/ corner; Set & turn 2;2;2;2
- C2 Pass & post Heads walk through the set (Ldys pass on inside); give near arm to nearest Side & post to face into set; repeat 3x; Sides same 1;1;6; 8
- V3 Arm R w/ ptrn; Set & turn; Arm L w/ corner; Set & turn 2;2;2;2
- C3 Lds form for L hand star & pass in front of ptrn to next Ldy; 1
Take Ldy by R hand & circle 1x, ending back in the L hand star; repeat 3x 1;6
Lys form for R hand star & do as Lds did 8

Jenny Pluck Pears

(Playford 1651)

(3 Couples in a circle)

== In 4 ==

- V1 Slip L; Set & turn; Slip R; Set & turn 2;2;2;2
- C1 Ld1 turns Ly into center; Ld2 same; Ld 3 same; All Rev 1;1;1;1
Lds skip around L; then R 4;4
Ld1 turns Ly to place; Ld2 same; Ld3 same; All Rev 1;1;1;1
- V2 Side R; Set & turn; Side L; Set & turn 2;2;2;2
- C2 Same as C1, except Ly turn Ld in & skip around 16
- V3 Arm R; Set & turn; Arm L; Set & turn 2;2;2;2
- C3 Same as C1 16

English Country

Jack Pudding

(Playford 1651)

(3 Couples in a line)

== In 4 ==

V1	Double fwd; C1 & C2 separate & Double back as C3 Double fwd	1;1
	C1 & C2 Double fwd (still apart) as C3 Double back	1
	C1 & C2 take hands & all Double back	1
C1	C3 move betw C1 & C2 as Lds 1&2 make an arch & Lys same	2
	C3 cast round C1, under arches & cast round C2, to place, proper	4
	C1 & C2 join hands & circle once around as C3 does full turn	2
V2	Side RL	4
C2	Lds form a circle & go once around, raising arms	2
	Lys under arches & turn ptrn back to place	2
	Repeat w/ genders reversed 4	
V3	Arm RL	4
C3	C1 turn to face down as C3 heads up line	
	C2 moves to C3 place as C1 makes arch & C3 passes under	1
	C3 change places and face down as C1 turns to face up	1
	C1 & C3 take hands & go once around; C2 heads up the line	2
	C1 moves to C3's original position as C2 makes an arch & C3 passes under	1
	C3 change places & face up as C2 turn to face down	1
	C2 & C3 take hands & go once around; C2 turn to face up	2

Kelsterne Gardens

(Playford 1726)

(3 Couples in a line)

== In 4 ==

	Hey for Couples; C1 figure 8 crossing through C2, as C2 follows (start outside)	2;2
	C1 & C2 circle; C1 cast down 1 place; C1&C3 circle; C1 cast to bottom of set	2;1;2;1

Kemps Jegg

(Playford 1651)

(3 Couples in a circle)

== In 4 ==

P1	Ld1 lead Lys1&3 fwd & back a Double (2x)	2(2x)
	Ld1 honor Ly3, then Ly1; Ld1 turns Ly2 to progress to Ld2's place as	
	Lds2&3 rotate CCW into next place (Ly2 returns to own spot)	2;2
	Repeat 2x, w/ same active Ld until all are back to place	16
	Repeat entire Part 2x w/ Lds2&3 active	48
P2	Ld1 lead Lys1&3 fwd & back a Double (2x)	2(2x)
	Ld1 & Ly3 switch by R hands; Ld1 & Ly1 switch by L as Ly3 to orig place	1;1
	Ld1 & Ly2 full turn as Ly1 to place & Lds2&3 rotate CW to new places	2
	Repeat as in P1	16;48
P3	Ld1 w/ Lys1&3 Double fwd & back, hold Lys outsd hnds behind backs(2x)	2(2x)
	Ld1 unwinds Ly3 & kisses her; Ld1 unwinds Ly1 & kisses	1;1
	Ld1 turn Ly2 to progress as Lds2&3 rotate CCW	2
	Repeat as in P1	16;48

Short Version: Ignore direction to "repeat entire part 2x w/ same active Ld" – Ld 1 is now active for only 1 repeat of each verse. Lds2&3 do likewise.

Egalitarian Version: Ignore direction to "repeat entire part 2x w/ same active Ld" Once the Lds all been active, the dance begins again w/ the Lys active.

English Country

Kettle Drum		(Playford 1651)
(4 Couples in a square)		== In 4 ==
V1	Double fwd & back; repeat	2;2
C1	Lys R hands across; Lds same; all turn ptrn by R hand	1;1;2
	Lds L hands across; Lys same; all turn ptrn by L hand	1;1;2
V2	Side RL	4
C2	Heads in a double; Heads back as Sides in a double;	1;1
	Sides R hand w/ corner & turn into their place	2
	Same w/ Sides doing what Heads did and vice versa	4
V3	Arm RL	4
C3	Ptrns take 2 hands, swing in, out, & in, break hands & turn to cmr	2
	Lean in & kiss corner, lean back; repeat	1;1
	Take corner by both hands & do same swings, face ptrn	2
	Lean in & kiss ptrn, lean back; repeat	1;1

Lord of Camavan's Jegg		(Playford 1651)
(4 Couples in a line)		== In 4 ==
P1	Double Fwd & back (2x); Do-Si-Do w/ ptrn (2x)	2(2x);2(2x)
P2	C1 cross over & go behind C2 into their place (on ptrn's side)	2
	C1 cross over & go behind C3 into their place (on own side)	2
	C1 go betw C4, cast off & lead line around; Arm R 1½	2;2
	(order from top to bottom is now C1, C4, C3, C2)	
	Repeat w/ C2 leading in other direction (order ends C3, C4, C1, C2)	16
	Repeat w/ C3 leading in first direction (order ends C3, C2, C1, C4)	16
	Repeat w/ C4 leading in other direction (order ends C1, C2, C3, C4)	16

Lord Sun & Lady Moon		(SCA Choreography)
(3 Couples in a line, the middle Couple improper)		== In 4 ==
P1	C1 & C2 take R hands across; Rotate CW halfway around	1
	C1 & C3 take L hands across; Rotate CCW halfway around	1
	C2 & C3 take R hands across; Rotate CW halfway around; all honor ptrn	1;1
P2	C1 & C2 take L hands & Rotate CCW; C1 & C3 take R hands & Rotate CW	1;1
	C2 & C3 take L hands across; Rotate CCW halfway around; all honor ptrn	1;1
P3	Lys walk in a CW circle (no hands) around Ld2 & back to place	2
P4	Lds walk in a CW circle (no hands) around Ly2 & back to place	2
P5	C1 & C2 take hands in a circle of four & circle CW halfway around;	1
	C2 drops hands while Ld1 turns Ly1	1
P6	C1 & C3 take hands in a circle of four & circle CW halfway; All honor ptrn	1;1
	(Order of couples is C2, C3 (improper), C1, becoming C1, C2 & C3 for next repeat)	

English Country

Lull Me Beyond Thee		(Playford 1651)
(2 Couples facing 2 Couples C3, C1, C2, C4))		== In 4 ==
V1	Double fwd & back (2x)	2(2x)
C1	C3 & C4 Double together as rest Double away from set	1
	New lines Double back; turn your opposite	1;2
	C3 & 4 Double back as rest Double together; Lines Double back; turn ptrnr	1;1;2
V2	Side R w/ ptrnr; C1 & C2 side L w/ corner as C3 & C4 side L w/ ptrnr	2;2
C2	Lead away from ptrnr, fall back into circle; go once around	2;2
	Lead away from corner, fall back into circle; go once around	2;2
V3	Arm R w/ ptrnr; Arm L w/ person you sided L w/	2;2
C3	C1 & C2 lead out & in (to wall & back) forming arch as	
	C3 & C4 lead in, then out w/corner under arch	2
	C1 & C2 lead out (to C3 & C4 places) as rest lead in & all turn ptrnr	2
	Repeat w/ C3 & C4 leading out first	2;2

Mage on a Cree		(Playford 1651)
(4 Couples in a circle)		== In 4 ==
V1	All join hands, Double fwd & back, Set & turn (2x)	4(2x)
C1	Lds circle facing out; turn Corner; Lys circle facing out; turn ptrnr	2;2;2;2
V2	Side R; Set & turn; Side L; Set & turn	2;2;2;2
C2	Lds weave L in front of Co. Ly & behind next; Lds meet, clap & Double back	2;2
	Lds weave L in front & behind 2 Lys; Lds meet, clap & Double back	2;2
	Lys do as Lds did, but weaving to the R	8
V3	Arm R; Set & turn; Arm L; Set & turn	2;2;2;2
C3	All turn Corner 1½ times to progress; continue until to place	8

Maid Peeped Out the Window		(Playford 1651)
(Even number of Couples in a line)		== In 4 ==
V1	Double fwd & back (2x)	2(2x)
C1	C1 Cast & lead to bottom; Set & turn; C1 Cast & lead to top; Set & turn	2;2;2;2
V2	Side RL	4
C2	All slide across at L diagonal; Double into ptrnr's place; Set & turn	1;1;2
	All slide back at L diagonal; Double into own place; Set & turn	1;1;2
V3	Arm RL	4
C3	Ld1 push Ly2 back as Ld2 push Ly1 back, then Lds fall back to each other's places as rest of line does same; Set & turn	2;2
	Repeat above, Lds pushing their ptrnr back & falling to place; Set & turn	2;2

Maiden Lane		(Playford 1651)
(3 Couples in a line)		== In 4 ==
V1	Double fwd & back (2x); Double L & back	4;2
	Double speed single Hey on both sides; Set & turn (2x)	2;4
V2	Side RL; Back a double & switch w/ ptrnr; repeat; Set & turn (2x)	4;2;2;4
V3	Arm RL; Ld1 & Ly2 switch, Ld2 & Ly1 switch as C3 switch	4;1;1
	Ld1 & Ly3 switch, Ld3 & Ly1 switch as C2 switch; Set & turn (2x)	1;1;4
Couples should now be progressed, ready to do the dance 2 more times.		

English Country

Merry Merry Milk Maids		(Playford 1651)
(4 Couples in a line)		== In 4 ==
V1	Double fwd & back; Set & turn; repeat	2;2;4
C1	C1 & C3 Double to meet ptrn; slip down betw C below (who moves up)	1;1
	In groups of 4, R hand star; L hand star	2;2
	C2 & C4 (in new positions) same; R hand star; L hand star	2;2;2
V2	Side R; Set & turn; Side L; Set & turn	2;2;2;2
C2	Lds cast from front to invert set; Lys same; Set & turn	2;2;2
	Lds cast from bottom to orig place; Lys same; Set & turn	2;2;2
V3	Arm R; Set & turn; Arm L; Set & turn	2;2;2;2
C3	Lds back & fwd a double; Lds Hey; Lys back & fwd a double; Lys Hey	2;4;2;4

Milke-Mayds Bobb		(Playford 1651)
(4 Couples in a line)		== In 4 ==
V1	Double fwd & back (2x)	2(2x)
C1	C1&2 Hey for 4, start w/ R hands to ptrn as C3&4 same	4
V2	Side RL	4
C2	C1 2 hands & slip betw C2 as C3 slip betw C4; switch w/ ptrn	1;1
	C2 2 hands & slip betw C1 as C4 slip betw C3; switch w/ ptrn	1;1
V3	Arm RL	4
C3	Ld1 & Ly2 switch by R hands as Ld3 & Ly4 same	1
	Ld2 & Ly1 switch by R hands as Ld4 & Ly3 same; repeat	1;2

Never Give Consent		(SCA Choreography)
(2 Couples facing 2 Couples)		== In 4 ==
V1	Double fwd & back	2
	Squish the set: Insides change places w/ ptrn & Double back as outsides Double fwd & change places w/ opposite	2
	Double fwd & back w/ opposite; Squish the set	2;2
C1	Outsides cast away from set & back to place, insides following	2
	Groups of 4 circle halfway; turn single; R hand star; turn single	1;1;1;1
	Squish the set; Repeat chorus w/ new outsides leading	2;8
V2	Side R w/ ptrn; Squish the set; Side L w/ opposite; Squish the set	2;2;2;2
C2	Outsides cast as before; Arches: Lds slip under Lys arches	2;1
	Lys slip under Lds; Insides slip under outsides; Outsides under insides	1;1;1
	Squish the set; Repeat chorus	2;8

English Country

Newcastle (Playford 1651)

(4 Couples in a square) **== In 4 ==**

V1	Double fwd & back; Set to ptrn; Set to next of opp gender (2x)	2;2 (2x)
C1	Arm R w/ ptrn; Lds L hand into center as Lys circle around set	1;3
	Arm R w/ ptrn; Lys L hand into center as Lds circle around set	1;3
V2	Side R; Side L & pass; repeat w/ next	2;2;4
C2	Heads Double fwd & back, make arch	2
	Sides Cast behind, through arch & to place	2
	Sides Double fwd & back, make arch	2
	Heads Cast behind, through arch, & to place	2
V3	Arm RL; Pass by in extra ½ turn; repeat w/ next	3;1;4
C3	Double back in line (Heads split); Turn single; Double fwd & switch across	1;1;2
	Double back in line (Sides split); Turn single; Double fwd & switch across	1;1;2

New Exchange (Playford 1651)

(3 Couples in a line) **== In 4 ==**

V1	Double fwd & back; Set & switch w/ ptrn; repeat	2;2;4
C1	Ld1 Set to Ly1; Ld2 Set to Ly2; C3 2 hand turn back to place	1;1;2
	Ld3 Set to Ly3; Ld2 Set to Ly2; C1 2 hand turn back to place	1;1;2
V2	Side R; Set & switch w/ ptrn; Side L; Set & switch w/ ptrn	2;2;2;2
C2	Ld1 & Ly3 meet; Ld3 & Ly1 meet; Ld1 & Ly3 switch;	1;1;½;
	Ld3 & Ly1 switch; C2 switch; Repeat entire chorus	½;1;4
V3	Arm R; Set & switch w/ ptrn; Arm L; Set & switch w/ ptrn	2;2;2;2
C3	Half Hey for Couples; Set & turn; Half Hey for Couples; Set & turn	2;2;2;2

The Night Peece (Playford 1651)

(3 Couples in a line) **== In 4 ==**

V1	Double fwd & back (2x)	2 (2x)
C1	C2 fall back a Double & slip up to C1 place as C1&3 switch(3X)	2 (3x)
V2	Side RL	4
C2	C1 cross & cast to C2 place as C2 slides up; Same w/ C3; Repeat 2x	1;1;2;2
V3	Arm RL	4
C3	Ld1 & Ly2 switch; Ly1 & Ld2 switch; C3 switch	½;½;1
	Ld1 & Ly3 switch; Ly1 & Ld3 switch; C2 switch; Set & turn	½;½;1;2

Nonesuch (Playford 1651)

(4 Couples in a line) **== In 4 ==**

V1	Double fwd & back (2x); Set & turn (2x)	4;4
C1	C1 slip betw C2; C1 turn to face C2	1;1
	C1 push C2 & switch places twice, C2 ending in C1 position; C1 turn	4;2
	C1 repeat w/C3; then w/ C4 as C2 w/C3; C2 w/C4, etc	64
V2	Side R; Side L; Set & turn (2x)	2;2;4
C2	Form a line (1 at a time) w/ double to center - Ld1 face down, Ly1 next, etc.	8
V3	Arm R & L; 3 slips L & back; 3 slips R & back	4;2;2
C3	1 at a time as before, double to improper side	8
	Grand RL in a "U", crossing at bottom - 1st switch is C1 w/ C2 & C3 w/C4	8

English Country

The Old Mole

(Playford 1651)

(3 Couples in a line)

== In 4 ==

P1	Double fwd & back; Set & turn; repeat	2;2;4
	Double L & back; Set & turn; Double R & back; Set & turn	2;2;2;2
P2	Ld1 & Ly3 switch (Double fwd & back, then past)	4
	Ly1 & Ld3 same; C2 same	4;4
	Lys 1&2 & Lds 2&3 arches (Double fwd & back then through) 4x to place	4(4x)
	Ld1 & Ly3 switch as before; Ly1 & Ld 3 switch; Ld2 & Ly2 switch	4;4;4
P3	Lds hands, & Lys hands - Double fwd; C1&C3 Double back	1;1
	C2 turn as Lys 1&3 turn & Lds 1&3 turn, then Side R; turn your own	1;2;1
P4	Lds single Hey; Lys single Hey; Hey for Couples 2x	2;2;4
	Cast from front to place; Cast from the back to place	2;2

On the Banks of the Helicon

(SCA Choregraphy)

(3 Couples in a line)

== In 4 ==

V1	Double fwd; Turn single (away from ptrn); Double back (2x)	1;1;1(2x)
Ch	Half-S-Hey Ld2 w/ C1, Ly2 w/ C3 (C2 ends in ptrn's place)	2
	Half-S-Hey Ld2 w/ C3, Ly2 w/ C1 (C2 ends in own place)	2
	C1 R hands & switch; L hands to next & switch;	
	R hands to next & switch; C1 L hands & switch	1;1;1;1
V2	Double fwd (toward ptrn) to meet R shoulders,	1
	Turn single (away from ptrn); fall back a Double to place	1;1
	Repeat, this time meeting L shoulders; repeat chorus	3;8
V3	Give R arm to ptrn & turn half-way; turn single L	1;1
	Take R arms w/ ptrn again & turn half-way to place	1
	Do same w/ L arm (w/ single turn R); repeat chorus	3;8

Oranges & Lemons

(Playford 1665)

(4 Couples in a square)

== In 4 ==

V1	Double fwd & back (2x)	2 (2x)
C1	Lds rev to ptrn; rev to corner; Join hands & circle half around	½;½;2
	Lys rev to ptrn; rev to corner; Join hands & circle half around; repeat	½;½;2;6
V2	Side RL	4
C2	Ptnrs R hands & step R; L hands & step L	½;½
	Switch R and then L w/ next; repeat until back to place	2;3 (3x)
V3	Arm RL (C1 moves to face C2; C3 moves to face C4)	4
C3	Rev to other C; Rev to ptrn; Each pair of Cs circle halfway to the L	½;½;1
	C2 back into 3rd place, C1 following as C4 backs into 1 st place, C3 following	1
	Repeat this pattern until everyone returns to their places	3 (3x)

English Country

Parson's Farewell		(Playford 1651)
(2 Couples facing)		== In 4 ==
V1	Double fwd; 4 slips L; Double back; 4 slips R	1;1;1;1
C1	Lds rise; Lys rise; all rise 4x; 2 hand turn w/ corner; repeat Lys start	1/2;1/2;1;2;4
V2	Double fwd; out w/ corner & return; Double back to place w/ ptrnr	1;2;1
C2	Lds meet, cross R hands then L, turn & switch places	1
	Turn corner w/ R hand; cross back & turn ptrnr w/ L hand	1;2
	Repeat w/ Lys starting & crossing L hands then R	3
V3	Take hands w/ ptrnr do 4 slips into set; take corner & slip out;	1;1
	Slip back in w/ corner & out to place w/ ptrnr	1;1
C3	Turn ptrnr by R hand; Half Hey across formation	
	Lds pass L shoulders	1
	curving into corner's place as Lys 1/2 turn R to ptrnr's orig place, Lys pass L	
	& curve to other Ly's orig place as Lds 1/2 turn R to other Lds orig place	2
	Turn ptrnr by R hand; then by L hand	1;1
	Complete the Hey w/ Lys starting (passing R to ptrnr's orig place)	2
	Turn ptrnr by L hand (Hey may be done as Grand RL w/o hands)	1

Penelope		(SCA Choreography)
(4 Couples in a circle, holding ribbons)		== In 2 ==
V1	Turn single; Double back	2;2
	Ribbon Toss: Head Lds, then Head Lys; Side Lds, then Side Lys	2;2
	Slip L; Turn single; Ribbon toss; Slip R; Turn single	4;2;4;4;2
C1	Head Lds toss to ptrnr; Double fwd; Head Lys toss to opp; Circle 3/4	1;2;1;3
	Heads lead 6 exchanges of an Arches Hey == In 3 ==	6
	Side Lys toss to opp; Sides circle 3/4 as Heads switch, meet corner & toss	1;3
	Sides lead Arches Hey == In 3 ==	6
	Head Lds toss to ptrnr; Heads circle 3/4 as Sides switch, meet corner & toss	1;3
	Heads fall back as Sides Double fwd; Side Lds toss to ptrnr	2;1
	Sides circle 3/4; Sides fall back a Double	3;2
V2	Sides Side R as Heads arch over w/ ribbons to opp place	4
	Heads Side R as Sides arch over; Repeat siding L	4;8
C2	Head Lds meet & toss ribbons; Head Lds make arch; Side Lds same	2;1;3
	Head Lys switch under arch as Side Lys circle CW to switch	4
	Side Lys switch under arch as Head Lys circle CW	4
	All Double fwd; Head Lys toss to Side Lys; Side Lys toss to Head Lys	4;2;2
	Lds L hand Star as Lys Circle CW; Lds Lead out under Lys arches	4;2
	Lys turn single to Opp Ld; Repeat to place, Lds & Lys switching roles	2;25
V3	Arm L w/ Ptrnr; Lys go to Opp place as Lds curl into ptrnr's place	4;4
	Arm L w/ Opp; Lds go to Opp place as Lys curl into opp's place	4;4
C3	Ld1 weave around circle, starting outside ptrnr == In 3 ==	
	Every 6 counts, next begins weaving (3 counts around each person)	14
	Turn single; Double back; Ribbon Toss; Honor all	2;2;4;1

English Country

Pennsic Dance		(SCA Choreography)
(4 Couples in a square)		== In 4 ==
V1	Double fwd & back; Set & turn; repeat	2;2;4
C1	Heads Double in & L hand star half way; Hey half way along lines; turn next	2;2;2
	Repeat w/ Sides; Turn ptr	6;2
V2	Side R; Set & turn; Side L; Set & turn	2;2;2;2
C2	Heads cast away from ptr, through nearest corner position	
	to place, each corner following nearest head;	2
	Each Head couple & their corners take 4 hands half way round	1
	Heads back a Double as Sides fwd to meet; circle half way to opposite place	1;2
	Repeat; Turn ptr	6;2
V3	Arm R; Set & turn; Arm L; Set & turn	2;2;2;2
C3	Face Corner & Heads Hey as Sides Gypsy; Sides Hey as Heads Gypsy;	2;2
	Turn Corner. Sides Hey as Head Gypsy; Heads Hey as Sides Gypsy	2;2;2
	Turn Corner; Turn ptr	2;2

Picking of Sticks		(Playford 1651)
(3 Couples in a line)		== In 4 ==
V1	Double fwd & back (2x)	2;2
C1	Top L switch back to back w/ 2nd R, then 3rd L; All fwd & back a Double	2;2
	Top R switch back to back w/ 2nd L, then 3rd R; All fwd & back a Double	2;2
	Repeat above until back to place	2;2(4x)
V2	Side RL	2;2
C2	C1 slip betw C2 as they move up, then C2 slip betw C1 (2x) as	
	C3 cross & skip around set; Repeat w/ C2&3 slipping & C1 around set	4;4
V3	Arm RL	2;2
C3	Sheepskin Hey - Lds weave through Lys; as last Ld passes	
	second Ly, he cuts around to take the lead; Each Ld cuts once,	
	& then pass behind the Lys & back to place	8
	Repeat above w/ Lys weaving betw Lds	8

Prince William's Hey		(Walsh 1731)
(3 Couples in a line)		== In 4 ==
P1	C1 cross over Hey betw person 2 & 3 on the other side	4
	C1 cross back and Hey as before	4
P2	C1 take R hands & switch; Cast to C2 place as C2 slips to 1 st place	1;1
	C1 turn 2 hands, 1½ times around; C2 take R hands & switch	2;1
	C2 cast home, as C1 slip up; C2 turn 2 hands, 1½ times around	1;2
P3	Ld1 to Ly3, while Ly1 to Ld2; Those 4 arm R; C1 arm L	2;2
	Ld1 to Ly2, while Ly1 to Ld3; Those 4 arm R; C1 arm L	2;2
P4	C1 casts out betw Ly 2 & 3, (hold L hands, so Ly's arm is across her body)	2
	C1 returns to the center from the top & bottom of the set, & arm R	2
	C1 casts out betw Ld2 & 3, (hold R hands, so Ld's arm is across his body)	2
	C1 turn two hands 1½ times, moving to the bottom of the set	2
Repeat the dance (w/ the couple at the head of the set now being C1, etc.)		

English Country

Puzzle Box (Revised)		(SCA choreography)
(4 Couples in a square)		== In 4 ==
V1	Heads Double fwd & 2 hand switch w/ opp	2
	Heads Double back as Sides fwd to meet & switch	2
C1	<i>Face across the short dimension of the set</i>	
	Lds honor Lys, then Lys Lds; Sides Double back & arch as Heads Dbl fwd	1;1
	Heads lead opp through arch; Heads Cast to place as Sides switch	1;1
	<i>Face across short dimension of set</i> Lys honor Lds, then Lds honor Lys	1
	Heads back a Double & form arches while Sides Double fwd	1
	Sides lead opp out through the arches, then cast back to place; Heads wait until Sides have passed through, then use last 4 counts to trade places	2
V2	Sides back a Double as Heads fwd to meet; Head hands around halfway	1;1
	Heads back a Double as Sides fwd to meet; Sides hands around halfway	1;1
C2	<i>Face across short dimension of set</i> Lds honor Lys, then Lys honor Lds	1
	Sides back a Double while Heads Double fwd	1
	Heads cast away & to place, Sides each following nearest Head	2
	<i>Face across short dimension of set</i> Lys honor Lds, then Lds honor Lys	1
	Heads back a Double while Sides Double fwd	1
	Sides cast away & to place, Heads following nearest Side	2
V3	Take hands all around & circle w/ 8 slips to the L; 8 slips to the R	2;2
	<i>While circling expand the set from its "collapsed" form back into a square</i>	
C3	(Death Spiral) Lds honor the set; Lys honor the set	½;½
	Lds Double fwd to form a small square in the center	1
	Lds rotate the square CW & fall back to place	2
	Lys honor the set; Lds honor the set	½;½
	Lys do death spiral as Lds did	3

The Return of Spring		(SCA Choreography)
(3 Couples in a line)		== In 4 ==
V1	Double fwd & back; Set & turn; repeat	2;2;4
Ch	C1 R hands & switch; Ly1 & Ld2 switch w/ L hands as	
	Ld1 & Ly2 switch; C1 turn as C2 switch	1;1;2
	C1 take R hands & switch; Ly1 & Ly3 switch w/	
	L hands while Ld1 & Ld3 switch, C1 turn as C3 switch	1;1;2
V2	Side R, Set & turn, Side L; Set & turn; repeat Chorus	2;2;2;2;8
V3	Arm R, Set & turn, Arm L; Set & turn; repeat Chorus	2;2;2;2;8

Ruffy Tufty		(Playford 1651)
(2 Couples facing)		== In 4 ==
V1	Double fwd & back (2x)	4
Ch	(facing ptrn) Set & turn (2x)	4
	Lead ptrn out a Double & back; Turn single	2;1
	Lead corner out a Double & back; Turn single	2;1
V2	Side RL; repeat Chorus	4;10
V3	Arm RL; repeat Chorus	4;10

English Country

St. Joan

(SCA Choreography (late 17th C style))

(4 Couples in a Square)

== In 4 ==

P1	Heads Double in; take corner betw side C; cast to place	1;1;2
	Heads lead the Grand square; reverse it home	4;4
	Sides Double in; take corner betw side C; cast to place	1;1;2
	Sides lead the Grand square; reverse it home	4;4
P2	Lys Set to the middle; R hand star; fall back to place	1;2;1
	Heads lead the Grand square; reverse it home	4;4
	Lds Set to the middle; R hand star; fall back to place	1;2;1
	Sides lead the Grand square; reverse it home	4;4
P3	Heads split & pass betw near side C to opposite place;	2
	Meet corner in middle, 1/2 R hand turn back to place	2
	Heads lead the Grand square; reverse it home	4;4
	Sides the same; Sides lead Grand square; reverse it	4;4;4
P4	Half a grand right & left; Heads lead the Grand square; reverse it	4;4;4
	Repeat, w/ Sides leading the Grand square	12
Note	Grand Square: Heads Double in as Sides Double back away from ptrn;	
	Heads Double away from ptrn (w/corner), as Sides Double to meet corner;	
	Heads Double away from corner as Sides Double in w/ corner;	
	Heads Double to meet ptrn as Sides fall out to place w/ ptrn	

Scotch Cap

(Playford 1651)

(3 Couples in a line)

== In 4 ==

V1	Double fwd & back (2x)	2(2x)
C1	Top 2 Lys & Last 2 Lds back up; tHey switch; other 2 switch	1;1;2
	Repeat 5 more times	20
V2	Side RL	2;2
C2	Gender lines Double back & fwd; Arm R (Lys 1&3, C 2, Lds 1&3)	2;2
	Ends (Ly2 w/ C3, Ld2 w/ C1) Double back & fwd; Arm L (w/ ptrn)	2;2
V3	Arm RL	2;2
C3	Lds slip up hall as Lys slip down; Give RL hands back to place	2;2
	Lys slip up hall as Lds slip down; Give LR hands back to place	2;2

Sellinger's Round

(Playford 1670)

(Couples in a circle)

== In 4 ==

V1	Slip L; Slip R	2;2
Ch	Lys Double fwd & clap; return to place; Set & turn (Facing ptrn)	1;1;2
	Lds Double fwd & clap; return; Set & turn	1;1;2
V2	Take hands, Double in (whooping) & out (2x); repeat Chorus	2(2x);8
V3	Side RL; repeat Chorus	4;8
V4	Arm RL; repeat Chorus	4;8

English Country

Saint Martins		Playford 1651)
(2 Couples, facing)		== In 4 ==
V1	Double fwd to meet Corner; ptrns Slip out & in 2 steps	1;1
	Turn single out of set (Lds L, Lys R); Turn single into set	1;1
	Double fwd to meet Corner & pass through; Switch w/ Ptnr; Turn single	2;1;1
C1	Lds fall back a Double as Lys Turn single, Lds switch by L hand	1;1
	Corners take R hand & turn 1 1/2 times	2
	Lys fall back a Double as Lds Turn single; Lys switch by R hand	1;1
	Ptnrs take L hands & turn 1 1/2 times (to orig place)	2
V2	Double fwd to meet Corner & pass through; Set & turn; Repeat	2;2;4
C2	Lds meet; Lys same; Circle L halfway slipping; Turn single	1;1;1;1
	Lys meet; Lds same; Circle L halfway (to place); Turn single	1;1;1;1
V3	Double Fwd to meet Corner; 2 Slip steps out, then in w/ Corner	1;1
	Lds cast over L shoulder, through Ptnr's place to place, as Ptnrs follow	2
	Double back; Switch w/ ptnr, Ly in front	1;1
	Lds Gypsy & fall back to place, Lys doing same as Lds cross in middle	2
C3	Lds Honor; Lys same; Star R once around	1;1;2
	Lys Honor; Lds same; Star L & fall into line to honor presence	1;1;2
Shepherd's Holiday/Labour in Vaine		(Playford, 1651)
(3 Couples in a line)		== In 4 ==
V1	Double fwd & back; Switch w/ Ptnr; Double down & back; Switch	2;1;2;1
C1	C1 slip down in front of C2; C3 slip up behind C2 to create line	1;1
	Ld1 & Ly1 each cast to L, leading gender lines to orig places	2
	Repeat Chorus w/ C3 leading the slipping	4
V2	Side R; Switch w/ Ptnr; Side L; Switch w/ Ptnr	2;1;2;1
C2	Gender lines back a Double	1
	Lds meet & make circle as Lys same; All circle L	1;2
	Gender lines back a Double	2
	Lines meet in circles facing out; All circle L	1;2
V3	Arm R; Switch w/ Ptnr; Arm L; Switch w/ Ptnr	2;1;2;1
C3	Ld1 & Ly2 switch; Ly1 & Ld2 switch; C3 switch	1;1;2
	Ld1 & Ly3 switch; Ly1 & Ld3 switch; C2 switch	1;1;2
Sweet Nothings (Not your gaffer's Gracca)		(SCA Choreography)
(2 Couples facing)		==In 4==
V1	Double fwd & back (2x); Set and turn	2(2x); 2
Ch	Ptnrs back & fwd a Double; Corners the same	2;2
V2	Hands 4 & Circle L, then R; Set & turn; Repeat Chorus	4;2;4
V3	Lds Side LR; Set & turn; Repeat Chorus	4;2;4
V4	Lys Side LR; Set & turn; Repeat Chorus	4;2;4
V5	Arm w/ ptnr RL; Set & turn; Repeat Chorus	4;2;4

English Country

Spanish Jeepie (Playford, 1651)

(4 Couples in a line) ==In 4==

- V1 Double fwd & back (2x) 2(2x)
Turn your back to ptrnr; turn to face ptrnr; Half gypsy switch & back w/ ptrnr 1;1;2
- C1 End Couples Fwd & Back a Double (down the middle of the set) 2
Turn your back to opp; turn to face opp; Full gypsy R, then L w/ opp 1;1;4
Repeat Ch w/ middle two couples 8
- V2 Side RL 4
Turn your back to ptrnr; turn to face ptrnr; Half gypsy switch & back w/ ptrnr 1;1;2
- C2 Same as C1, except replace full gypsies w/ join hands for 4 & circle LR 16
- V3 Arm RL 4
your back to ptrnr; turn to face ptrnr; Half gypsy switch & back w/ptrnr 1;1;2
- C3 Same as C1, except replace full gypsies w/ R hand star then L hand star 16

Stingo (Playford, 1651)

(3 Couples in a line, facing) ==In 4==

- V1 Double back & fwd from ptrnr; Double fwd & back w/ ptrnr 2;2
- C1 Lds R hand star; All Set & turn; Lys L star; All Set & turn 2;2;2;2
- V2 Side RL 4
- C2 Double to L & turn; Double R & face; Set & turn 1;1;2
Double to R & turn; Double L & face; Set & turn 1;1;2
- V3 Arm RL 4
- C3 C1 Double to cross & face C2; C1 Set to C2 (Ld1 to Ly2) & Set to C3 1;1
C1 go back to place passing betw C3 & C2 & crossing at top of set 2
C1 cast & return to place in 1 Double; C1 two hand turn in 1 Double 1;1
C1 cast off and end at bottom of line, creating new C1 2

Two Fat Ladies (SCA Choreography , 18th C style)

(4 Couples in a line) == In 4 ==

- P1 Ends pull past ptrnr by R hand & face center, as Centers ½ R hand star 1
& turn to face nearest End couple dancer; pull past that person by R hand 1
That again (switching End & Center roles) 3x 2(3x)
- P2 Lines Double to meet; Centers fall back Double as Ends bend in the line 1;1
Lds Star R & Lys Star L, crossing over as tHey go down the middle & leading 2;1
out of the star on the other side to form longways set; honor your own 2
Lds Star L & Lys Star R, again crossing over & forming longways set 2
Progress: Couple 1 takes hands and leads down the middle to take C4 1
position as other couples move up one place. 1

Upon a Summer's Day (Playford 1651)

(3 Couples in a line) == In 4 ==

- V1 Double fwd & back; Set & turn (2x) 2;2 (2x)
- Ch Lds hands, & Lys hands - Double fwd & back; 2
C1 split & under arch on own side to C3 position; repeat 2x 2;8
- V2 Side R; Set & turn; Side L; Set & turn; repeat Chorus 2;2;2;12
- V3 Arm R; Set & turn; Arm L; Set & turn; repeat Chorus 2;2;2;12

English Country

Violets Fancie

(SCA Choreography)

(3 Couples in a line)

==In 4==

V1	Double fwd & back; Slow Sets; repeat	2;2;4
C1	Ld1 & Ly 3 Cast off L (others following); Full turn ptrn	2;2
	C2 as much (C3 follow Ld2, C1 follow Ly2); Ld3 & Ly1 as much casting R	4;4
V2	Side R; Slow Set; Side L Slow Sets	2;2;2;2
C2	C1 lead full Crossover Hey and 1 extra pass; Reverse back to place	4;4
V3	Arm R; Slow Set; Arm L; Slow Sets	2;2;2;2
C3	Ld1 change places with Ly2; Ld2; Ly3; Honor.	1;1;1;1
	Ly2 as much, etc. (4x)	4(4x)

Whirlygig

(Playford 1651)

(3 Couples in a line)

==In 4==

V1	Double fwd & back (2x)	2(2x)
C1A	Mushrooms – C2 pass up betw C1 & cast to place; C2 cross over & go around C1 to place; Face down & do same betw C3	2;2;4
ChB	C1 cast to bottom & make arch; C2 & C3 follow & go through to new place (Order of set is C2, C3, C1); Repeat entire chorus (2x)	2;2;12;12
V2	Side RL	2;2
C2A	Triangle-Heys - Ld2 pass through C1 passing Ly1 by R shoulders & Hey for 3 w/ C1 as Ly1 does the same w/ C3	4
	Same w/ Ld2 through C3 by L shoulders & Ly2 w/ C1; Chorus B	4;4
	Repeat entire chorus (2x) until all are back to original place	12;12
V3	Arm RL	2;2
C3A	½ Cast to Star – C1 & C2 ½ cast down & to place; R hand Star	2;2
	Repeat w/ C2 & C3 casting up in L hand star	4
	Repeat Chorus B; Repeat entire chorus 2x	4;12;12

Woodcock

(Playford 1651)

(3 Couples in a line)

==In 4==

V1	Double fwd & back (2x); Set & turn (2x)	2(2x); 2(2x)
C1	Couple 2 lead up betw C1, Cast off, return to place	2
	Couple 2 lead down betw C3, Cast off, return to place	2
	Set & turn (2x)	2(2x)
V2	Side RL; Set & turn (2x)	4;2(2x)
C2	Ld2 cross over & circle Ly1 to place as Ly 2 cross & circle Ld 1 to place	2
	Ld2 cross and circle Ly3 to place as Ly2 circle Ld3; Set & turn (2x)	2;2(2x)
V3	Arm RL; Set & turn(2x)	4;2(2x)
C3	Lds Hey; Set & turn (2x); Lys Hay; Set & turn (2x)	2; 2(2x);2;2(2x)
	Double Hey; Set & turn (2x)	2; 2(2x)

Progression Dances

Female Sailor	(Recueil de Contradances 1706)
(Couples in a line)	== In 4 ==
(A) Up through line, around outside, & back to place	2
(A) Down through line, around outside, & back to place	2
(A) Cross over & down through line, around outside into ptrn's place; 2 hand turn	2;2
(A w/ l) (A face down set, l up) Back to back; Two hand turn	2;2
All w/ ptrn Back to back	2
(A) 1/2 two hand turn, cast off & move down the set as	
(l) full two hand turn, moving up the set	2
The Fryar and the Nun	(Playford 1651)
(Couples in a line)	== In 4 ==
Intro Lds Double fwd & Turn single, face down hall Lys same	2;2
Lys Double down hall & Turn single, face ptrn; Lds same	2;2
V1 Lds 1&2 back a Double & Turn single; Lys 1&2 same	2;2
Grand RL start w/ ptrn (2 Doubles); then corner (1 Double); then ptrn	2;1;1
Repeat pattern until all are back to original places	8(Nx)
V2 Lds 1&2 take hands & trade places; Lys 1&2 the same	1;1
Keeping hands, slip to center; Turn single	1;1
Hands around to circle halfway; all Turn single	1;1
R hand Star halfway around; Turn single	1;1
Repeat pattern until all are back to original places	8(Nx)
Half Hannigan	(Playford 1651)
(Circle of Couples)	== In 4 ==
Double fwd & back (2x); Ptrns side R & L	2(2x); 4
Ptrns arm R once around; arm L 1 1/2 times to pass on to new ptrn	2;2
A Health to Betty	(Playford 1651)
(Couples in a line)	== In 4 ==
V1 Double fwd & back, Set & turn (2x)	4(2x)
C1 C1 side R; C1 turn 1 1/2 times to switch; C1 face down & same w/C2	2;2;4
Continue pattern w/ all couples until all return to place	8(Nx)
V2 Side R, Set & turn, Side L; Set & turn	2;2;2;2
C2 C1 face & fwd & back a Double; C1 cast down 1 place as C2 move up	2;1
C1 full turn; continue pattern w/ all couples until all to place	1;4(Nx)
V3 Arm R, Set & turn, Arm L; Set & turn	2;2;2;2
C3 C1 fall back a Double & meet; C1 slip into C2's place (C2 up) & Turn single	2;2
Continue pattern w/all couples until all to place	4(Nx)
Hole in the Wall	(Playford 1696)
(Couples in a line)	== In 6 ==
(A) Rev, Cast down through IC & to place, Rev; (l) same, casting up through AC	2;2
(A Ld, l Ly) Rev, switch, Rev; (l Ld, A Ly) Rev, switch, Rev	1;1
Hands around halfway; (A) cast down 1 place as (l) pass up betw them	1;1

Progression Dances

Irish Washerwoman (SCA Choreography)

== In 4 ==

P1	Double fwd & back	2
	C1 Cast to C2 place as C2 lead to C1 place & cast, face down hall	2
P2	Double fwd & back; Circle hands 4 once around	2;2
P3	Gender lines take hands & Double back & fwd; Turn ptrn by 2 hands	2;2
	Gender lines Double back & fwd; Turn ptrn 1½ times & face up hall	2;2

Jamaica (Playford 1670)

== In 4 ==

P1	C1 takes R hands 1 st beat, L hands 3 rd beat; turn halfway	1;1
	C1 face C2, take hands similarly; turn halfway	1;1
	C1 full figure eight through C2, half turn to end proper	4
	Repeat pattern until all are back to original places (C1 start P2 when C2 free)	
P2	Ld1 & Ly2 two hand turn; Ly1 & Ld2 two hand turn	2;2
	Lds turn two hands 1½ while Lys turn two hands 1½	2
	All turn own ptrns 2 hands; Repeat pattern to orig places	2;8(Nx)

Jog On (Playford 1651)

== In 4 ==

Intro	Double fwd & back, Set & turn (2x)	4(2x)
V1	Ld1 pull Ly1 twd himself, then push away; Ld1 push Ly1 betw C2	1;1
	Ld1 join hands w/ C2 & circle Ly1	2
	Repeat pattern until all are back to original places	4(Nx)
V2	Ld1 push Ly1 around Ly2 into C2's position (C2 moves up)	2
	C1 two hand turn; Repeat pattern until all back to original places	2;4(Nx)
V3	C1 pass by R and stand behind C2; C1 push C2 diag up hall & make kiss	1;1
	C1 arm R; Repeat pattern until all back to original places	2;4(Nx)
V4	C1 cast into C2 place as C2 double fwd & back up into C1's place	2
	C1 arm R; ; Repeat pattern until all back to original places	2;4(Nx)

Juice of Barley (Playford 1689)

== In 4 ==

	Back to back w/ ptrn; Two hand turn w/ ptrn	2;2
	Lds half figure 8 betw Lys into other Ld 's place	2
	Clap (on down beat), Circle hands 4, once around	2
	Lys half figure 8 as Lds did; Clap & circle	2;2

Progression Dances

My Lady Cullen

(Playford 1651)

(Couples in a line)

== In 4 ==

- P1 Double fwd & back (2x); Set & Turn single (2x) 2(2x); 2 (2x)
P2 (A) Cross by R shouldrs & behind (l); Cross R again to outside of (l) 1;1
Taking hands 4 abreast, fwd & back a double to orig place 2
R hand star; L hand star 2;2
P3 (A) cast out & below (l) & slip up betw; (l) cast out & above (A) & slip betw 2;2
Arches (A) slip under (l) as (l) slip up; (l) under as (A) up; set & turn 2;2
P4 Cross as in P2 4
Clap & (A) Ly & (l) Ly arm 1½ times as Lds do same; arm w/ ptrn 2;2

Paul's Steeple

(Playford 1651)

(Couples in a line)

== In 4 ==

- V1 Double fwd & back, Set & turn (2x) 4(2x)
C1 C1 take near hands facing C2; Ld1 lead Ly1 a Double to Ly2 1;1
Ld1 take Ly2 w/ R hand; Ld1 slip w; Lys1&2 to C1's place 1;1
Ly2 cast to place; Ly1 same; Ld1 cast & turn to place 1;1;2
Continue pattern w/ all couples until all return to place 8(Nx)
V2 Side R, Set & turn, Side L; Set & turn 2;2;2;2
C2 C1 take near hands & face C2; Ld1 leads Ly1 a Double to Ly2 1;1
Ld1 1 take Ly2 w/ R hand; Ld1 slip w' Lys to C1's place 1;1
Ld1 kiss Ly2's hand; Ld1 kiss Ly1's hand; All turn to place 1;1;2
Continue pattern w/ all couples until all return to place 8(Nx)
V3 Arm R, Set & turn, Arm L; Set & turn 2;2;2;2
C3 C1 take near hands & face C2; Ld1 leads Ly1 a Double to Ly2 1;1
Ld1 1 take Ly2 w/ R hand; Ld1 sets Lys back to back in center 1;1
Ld1 kiss Ly2; Ld1 kiss Ly1; All turn to place 1;1;2
Continue pattern w/ all couples until all return to place 8(Nx)

Peppers Black

(Playford 1651)

(Circle of Couples, numbered CW)

== In 4 ==

- P1 Slide L; Slide R; Set & turn (2x) 2;2;2(2x)
P2 C1 Fwd & back to C2 (2x); Turn Corner; Turn Ptrn 2(2x);2;2
Continue pattern until back to place, w/other couples following & performing
The same pattern in order (Note: C2 starts when C1 gets to C4) 8 (mult x)
P3 C1 Fwd & back to C2 (2x); Hey, Lds start passing R 2(2x);4
Continue until back to place w/ other couples following 8 (mult x)
P4 C1 & Ld2 Fwd & back (2x) 2(2x)
Ld1 turn body ½ turn L, pulling Ly1 under L arm's arch 2
Ld 1 pull Ld2 under R hand's arch; Ld 1 drop L hand & ½ turn R w/ Ly1 2
Repeat w/ Ly 2; Continue til back to place, other couples following 4;8 (mult x)

Progression Dances

Rose is White and Rose is Red		(Playford 1651)
(Couples in a circle, numbered CCW)		== In 4 ==
V1	Holding hands, Double fwd & back; Set & turn; repeat	2;2;4
C1	C1 Fwd & back to Ld2; C1 take hands w/Ld2 & circle; repeat w/ Ly2	2;2;4
	Continue pattern until back to place, w/ other couples following & performing	
	The same pattern in order (Note: C2 starts when C1 gets to C4)	8 (mult x)
V2	Side R, Set & turn, Side L; Set & turn	2;2;2;2
C2	C1 Fwd & back to Ld2; C1 Hey w/Ld2, Ld 1 starting; repeat w/ Ly2	2;2;4
	Continue until back to place w/ other couples following	8 (mult x)
V3	Arm R, Set & turn, Arm L; Set & turn	2;2;2;2
C3	C1 Fwd & back to Ld2; Ld2 pass under C1 arch, C1 full turn	2;2
	Repeat w/ Ly2; Continue til back to place, other C's following	4; 8 (mult x)

Stanes Morris		(Playford 1651)
(Couples in a line)		== In 4 ==
P1	Double fwd & back; that again	2;2
	Turn & Double L; Turn & Double R; Set & turn (2x)	1;1;2(2x)
P2	Ld1 approach last Ly; Ld1 & last Ly side R; they take R hands, then L	2;2;2
	Ld1 & last Ly ½ turn to L & kiss; ½ turn to R & kiss; go to top of set	1;1;2
	Repeat dance until all Lys have been active; Can have Ld1 cast to bottom on repeat.	

Trenchmore		(Playford 1722)
(Couples in a line)		== in 4 ==
	Double fwd & back (2x)	2(2x)
	C1 take 3 steps fwd, & cast, leading other couples to bottom of set then to place	4
	C1 face down & lead under C2' for an Arches Hey until all to place	1(Nx),
	C1 arm R 1½; C1 arm L w/ C2; C1 arm R, etc. to end of line	8(Nx)
	Repeat the dance w/ the new C1	

Up Tails All		(Playford 1651)
(about 4-7 Couples in a circle, numbered CCW)		==In 2==
P1	Double fwd & back; set & turn; repeat	4;4 (2x)
P2	C1 lead out betw C2 & cast to inside & clap; C1 arms R	4;4
	C1 same w/ C3 & so fwd, the rest following & doing the like	4;4 (mult x)
P3	C1 lead & cast as in P2, C1 & C2 clap	4
	take R hands across once round	4
	C1 same w/ C3 & so fwd, the rest following & doing the like	4;4 (mult x)
P4	C1 lead & cast as in P2, C1 & C2 clap	4
	take hands & circle once round	4
	C1 same w/ C3 & so fwd, the rest following & doing the like	4;4 (mult x)

Dances from the Gresley Manuscript, circa 1500

Le Bens Distonys

(Couples)

	== in 4 ==
Inside Single, Outside Single; Double	1;1
Ld Double fwd & turn to face as Ly Double back	1
Double into ea other's original place (facing fwd)	1
Ly Double fwd & turn to face as Ld Double back	1
Double to own original place (facing fwd)	1
(together) Single fwd, Single back; Turn single	1;1

Eglamour

(3 people, single file)

	== in 6 ==
Trace- 6 doubles	12
1 at a time, 3 singles fwd; 1 at a time cast to back in 2 doubles	6;12
1 at a time, cast L fwd	6
1&3 switch in 2 doubles as 2 turns single; 2 cast to head of line	4;2
Repeat twice more w/ new leader.	

Grene Gynger

	== in 6 ==
Single fwd, Single back, double fwd; Repeat	1;1;2;4
Heart: 2 Singles moving away from ptrnr; 1 Double casting to face	2;2
2 Slip steps down the hall holding leading hands; turn back to back	1;1
Still holding hands, 2 slip steps up the hall; turn to face	1;1
turn L, double away from your ptrnr; turn, return in a double & face	2;2
Double back from ptrnr and fwd to meet	4
Heart: facing down the hall, same as above	4

New Yer de Tribus

(set of 3 people in a file)

	== in 6 ==
4 Doubles fwd	8
Ld1 Double away; Ld2 Double to catch up; Ld3 same	2;2;2
All half turn in a Double 3x	2(3x)
Ld3 Double away; Ld2 Double to catch up; Ld1 same	2;2;2
All half turn in a double to reset in orig direction	2

Prenes a Gard

(set of 3 people abreast)

	== in 6 ==
A Trace- 12 piva	12
B 1st jump, 2nd jump, 3rd turn; 3rd jump, 2nd jump, 1st turn	1;1;2; 1;1;2
1st jump, 3rd jump, 2nd turn	1;1;2
C 2nd 3 singles fwd, 1&3 3 singles back	3
1st turn; 2nd 1/2 turn; 3rd jump	3
D 1st & 3rd switch, 2nd through (2 doubles)	4
E 1st turn, retreat, rake; 2nd turn, rake, retreat	
3rd retreat, rake, turn	4
F flowrdelice; double to place	2;2
(The B parts happen sequentially. In parts C, D, and E each person does their own steps simultaneously)	

Dances from the Gresley Manuscript, circa 1500

Rawty de Duobus

(Couples)

== in 6 ==

Single fwd, Single back; Double fwd w/stomp; Double back w/stomp; repeat 2;2;2;6
Ld Single fwd, Single back, Double Fwd & turn; Both 3 kicks; Double to meet 4;2;2
Gallop L ; 3 Kicks; Double fwd to meet 2;2;2

Talbott

(Couples)

== in 3 ==

A Trace 18 piva (end turning to face) 18
B1 Single L fwd, Single R back, double fwd, passing R sh (pause) 2;2;1
B2 Brawle LR (facing),double fwd, not passing (pause) 2;2;1
C Single L fwd, single R back, take R hands, switch in 3 singles. 5
D 2 doubles fwd, taking ordinary hands. (pause) 5
E Rake LR, full turn in place. 2;3
REPEAT

Steps in Gresley Dances

Trett- Step fwd & close
Retrett- Step back & close
Brawle- Step sideways
Rake- Step diagonally fwd, w/ a sweeping motion
Flowrdelice- 3 kicks

Other Dances

John Tallow's Canon

(Adaptation of Shaw 20th C)

(2 couples in square, partner opposite)

== In 4 ==

First couple starts dance; second couple repeats all steps 4 counts later
Forward & back a double 2
Forward & curve around switching places (? pattern) 2
Repeat doubles & ? pattern 4
Take R hands & circle CW back to place; Step L&R, & turn single 2;2
Take L hands & circle CCW back to place; Step L&R, & turn single 2;2

Quen Quer Que na Virgen Fia

(SCA choreography)

(circle)

== In 4 ==

V Double LR; Single LR; Double L; Single R 2;1;1;½
Same, but spin on 1st Double L; Same but spin on 2nd Double L 4½;4½
Same but spin on both Doubles L 4½
Ch Same pattern of steps, but Sprial in & out (moving L) on Double LR (2x) 4½(2x)
Repeat many times (music begins w/Ch; Ch repeats 2x at end of dance)

Other Dances

Oncoming Pelican (SCA choreography) **(4 couples in a Square)** == In 4 ==

(Sides do everything 8 beats after the Heads. Instructions are for the Heads)

V1	Double fwd & back; Set & turn; Repeat	2;2;4
C1	Turn Opposite by R hand; lead to place & cast to corner position	2;2
	Double fwd raising arch for sides; switch w/ ptrnr, 1 couple under other's arch1;1	
	Double to place; Switch w/ ptrnr	1;1
V2	Side L; Set & turn; Side R; Set & turn	2;2;2;2
C2	Double fwd; Circle 5/8 (Lds have backs to Sides, Lys to Heads)	1;1
	Double straight back; Turn R w/ Double R (to end in corners)	1;1
	Double fwd, circle facing out to place	2
	Double to place; turn single to face in	1;1
V3	Arm L; Set & turn; Arm R; Set & turn	2;2;2;2
C3	Heads do C1 then C2 as Sides do C2 then C1	16

Saint Barbara's (SCA Choreography) **(Longways for as Many as Will)** == In 4 ==

C1 dances as normal, each other C dances 2 bars behind the one in front.

V1	Double fwd & back; Set & turn; repeat	2;2;4
C1	Double fwd; Turn single away from Ptnr; Cast down 2 places	1;1;2
	Double fwd; Turn single away from Ptnr; Turn Ptnr	1;1;2
V2	Side R; Set & turn; Side L; Set & turn	2;2;2;2
C2	Take R hands w/Ptnr; Star 1/4 w/ 2 Singles	1
	Lead down center of set to next C; Star 1/4 w/ 2 Singles	1;1
	Turn single up the set to Ptnr's position; repeat	1;4
V3	Arm R; Set & turn; Arm L; Set & turn	2;2;2;2
C3	Pass down betw C below & cast to place; repeat w/ C above	2;2
	Cast around C below and lead to place; repeat w/ C above	2;2

Saltarello la Regina (SCA Choreography) **(Couples)**

V1	Inside single; Outside single	1/2;1/2
Ch	Inside double; Outside single away from your ptrnr	1;1/2
	Inside single toward your ptrnr; Outside double back	1/2;1
V2	Repeat V1; Chorus	1;3
V3	Ld turn under Ly's arm in 2 inside singles; Ly same under Ld's arm	1;1
Chorus		3
V4	Repeat V3, Ly turning first; Chorus	2;3
V5	Ld circles around Ly in 4 singles; Chorus	2;3
V6	Repeat V5, Ly circling; Chorus	2;3
V7	The couple joins both hands & turns in a CW circle in 6 singles	3
Chorus		3
V8	Repeat V7, circling in the opposite direction; Chorus	3;3

Other Dances

Saltarello II (Prendente in Gyro)		(SCA choreography)
(Circle of 3 or more Couples)		== In 4 ==
A	Beginning L, double in; double out	1;1
	Palm R w/ ptrn & switch in a double	1
	Palm L w/ ptrn & switch back in a double	1
	Palm R w/ contrary & switch; take hands in a circle	1
B	Beginning R, double in & drop contrary's hand	1
	Convert a double w/ ptrn; double out	1;1
	Dropping hands, palm R w/ ptrn & switch in a double	1
	Palm L w/ ptrn & switch in a double	1
C	Hey in 4 doubles, Lds CCW, Lys CW pass 4 people beginning w/ R shoulders & alternating	4
	Repeat Part A; B	5;5
D	Palm L w/ ptrn & switch in a double (completing circle)	1
	Figure 8 circle around counter in 2 doubles, passing R shoulders	2
	Circle around ptrn in 2 doubles, passing L shoulders	2
	Circle around counter in 2 doubles, passing R shoulders	2
	Repeat Part A; B; D; Repeat Part A,;B; C; A	5;5;7;5;5;4;5
	Close In & out a double, honors	1;1

Salcanio	(SCA Choreography to La Bounette from Mulliner)
(couples)	== In 4 ==

P1	2 Doubles fwd, 2 quick Doubles fwd & back, Double fwd; Repeat contrariwise	8;8
P2	Double L sideways, Double R turning to place	4
	Take L hands & 2 quick Doubles fwd & back & 1 Double circling L	4
	Repeat contrariwise (ie: switching starting foot)	8
P3	Left – heel, toe, heel, close; Right – heel, toe, heel, close	4
	2 quick Doubles fwd & back; Double to turn; Repeat contrariwise	2;2;8

Spanish Pavan	(Arbeau 1589)
(Couples)	

P1	Step L, Close R; Step R, Close L; Step L & cut R under L 7 Fleurets (3 kicks, pause) in fig 8 pattern, & small leap to end facing ptrn (fig 8 - turn away from ptrn, cross in ctr Ly above, turn to meet on ptrn's side) Kick RLR (face down hall); Repeat P1 & end facing up hall
P2	Step L, Close R; Step R, Close L; Step L & cut R under L Join hands & Kick RR, LL; full turn in 2 Fleurets Kick RR, LL; half turn in Fleuret, leap to face ptrn Kick RLR (face down hall); Repeat P2 & end facing up hall
P3	Step L, Close R; Step R, Close L; Step L & cut R under L 3 Galliards, 1 Fleuret, leap in X pattern (Ly upper half of X, Ld lower), Kick RLR (face down hall); Repeat P3 & end facing up hall
P4	Step L, Close R; Step R, Close L; Step L & cut R under L Kick back R, Fwd L, back R, land; Kick back L, fwd R, back L, land Kick LR & la Volta half turn (Ly leaps & man lift w/ L knee) Kick RLR (face down hall); Repeat P4 & end facing up hall

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